#### NEBRASKA EXTENSION PRESENTS

## PHOTOVOICE EXHIBITION

Organized by Nebraska Extension's 4-H True Leaders in Equity.





# REFLECTION

#### WHAT DID YOU LEARN?

How does being an immigrant or refugee impact mental health?

How does being a youth in an immigrant or refugee families impact that youth?

What are the mental health impacts to the youth who have to translate for their families?

What mental health supports do these young adults rely on?

### WHAT DOES THIS MEAN FOR THE LINCOLN COMMUNITY?

What strengths and assets exist in Lincoln to support refugee youth that can be celebrated?

What might need to change to best support refugee youth?

What does this mean for you? What action can you take?



LEARN MORE: lancaster.unl.edu/wcc



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