

DAILY  
*Check-In*

DATE: \_\_\_\_\_



**TODAY I AM GRATEFUL FOR:**

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**QUOTE OF THE DAY:**

*"EVERYTHING WE'VE EVER  
WANTED IS ON THE OTHER  
SIDE OF FEAR."*

— ANONYMOUS

**TODAY'S MOOD:**



ANGRY



TIRED



SAD



HAPPY



EXCITED

**REFLECTION OF THE DAY:**

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**NOTES/REMINDERS:**

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**GOALS FOR TOMORROW:**

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**TODAY I AM GRATEFUL FOR:**

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**QUOTE OF THE DAY:**

*"TEACHING IS NOT A JOB. IT'S  
A LIFESTYLE. IT PERMEATES  
YOUR WHOLE LIFE."*

— JILL BIDEN

**TODAY'S MOOD:**



ANGRY



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**QUOTE OF THE DAY:**

*"ONE CHILD, ONE TEACHER,  
ONE BOOK, ONE PEN, CAN  
CHANGE THE WORLD."*

— MALALA YOUSAFZAI

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"LET THE CHILD BE THE  
SCRIPTWRITER, THE DIRECTOR,  
AND THE ACTOR IN HIS OWN  
PLAY."*

— MAGDA GERBER

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"TEACHING IS THE HIGHEST  
FORM OF UNDERSTANDING."*

— ARISTOTLE

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"DOUBT KILLS MORE DREAMS  
THAN FAILURE EVER WILL."*

— SUZY KASSEM

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"YOU WILL NEVER REACH  
YOUR DESTINATION IF YOU  
STOP AND THROW STONES AT  
EVERY DOG THAT BARKS."*

— WINSTON CHURCHILL

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"BEHAVIOR IS THE MIRROR IN WHICH WE CAN DISPLAY OUR IMAGE."*

— MAHATMA GANDHI

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"YOU HAVE TO REMEMBER  
THAT THE HARD DAYS ARE  
WHAT MAKE YOU STRONGER."*

— SIMONE BILES

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"LET THE LIGHT WITHIN YOU  
BE BRIGHTER THAN THE  
STORM OUTSIDE OF YOU."*

— UNKNOWN

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"THE MORE LIGHT YOU ALLOW  
WITHIN YOU THE BRIGHTER  
THE WORLD YOU LIVE IN WILL  
BE."*

— SHAKTI GAWAIN

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"AS WE WORK TO CREATE  
LIGHT FOR OTHERS, WE  
NATURALLY LIGHT OUR OWN  
WAY."*

— MARY ANNE RADMACHER

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"YOUR GREATEST TEST IS  
WHEN YOU ARE ABLE TO BLESS  
SOMEONE ELSE WHILE YOU  
ARE GOING THROUGH YOUR  
OWN STORM."*

— UNKNOWN

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"STARS DON'T SHINE BECAUSE THEY WANT TO BE SEEN. THEY SHINE BECAUSE THEY ARE STARS."*

— ALEXANDER DEN HEIJE

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"IN THE MIDST OF DARKNESS,  
LIGHT PERSISTS."*

— MAHATMA GANDHI

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"CHILDHOOD IS WHERE  
DREAMS ARE BORN AND TIME  
IS NEVER PLANNED."*

— UNKNOWN

**TODAY'S MOOD:**



ANGRY



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**QUOTE OF THE DAY:**

*"SUCCESS CONSISTS OF GOING  
FROM FAILURE TO FAILURE  
WITHOUT LOSS OF  
ENTHUSIASM."*

— WINSTON CHURCHILL

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"YOUR WORK IS TO DISCOVER WHO YOU ARE AND THEN WITH ALL YOUR HEART GIVE YOUR LIGHT TO THE WORLD."*

— JENNIFER WILLIAMSON

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"IF YOU WANT TO GIVE LIGHT  
TO OTHERS YOU HAVE TO  
GLOW YOURSELF."*

— THOMAS S. MONSON

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"TEACHING IS THE ART OF  
MANAGING A SEA OF BLANK  
STARES AND TURNING THEM  
INTO TWINKLES OF  
UNDERSTANDING, PREFERABLY  
BEFORE THE BELL RINGS."*

— UNKNOWN

**TODAY'S MOOD:**



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**TODAY I AM GRATEFUL FOR:**

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**QUOTE OF THE DAY:**

*"YOU CANNOT ALWAYS BE STRONG, BUT YOU CAN ALWAYS BE BRAVE."*

— SIMONE BILES

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"TEACHERS ARE LIKE  
MAGICIANS; THEY CAN TURN  
CAFFEINE AND CHAOS INTO  
EDUCATION AND WISDOM."*

— UNKNOWN

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"CHILDHOOD MEANS  
SIMPLICITY. LOOK AT THE  
WORLD WITH A CHILD'S EYE,  
IT IS VERY BEAUTIFUL."*

— KAILASH SATYARTH

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"YOU HAVE TO BELIEVE IN YOURSELF WHEN NO ONE ELSE DOES."*

— SERENA WILLIAMS

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"CHILDREN ARE LIKELY TO  
LIVE UP TO WHAT YOU  
BELIEVE OF THEM."*

— LADY BIRD JOHNSON

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**QUOTE OF THE DAY:**

*"CHILDREN MUST BE TAUGHT  
HOW TO THINK, NOT WHAT TO  
THINK."*

— MARGARET HEAD

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**QUOTE OF THE DAY:**

*"WHEN WE SEE A CHILD DIFFERENTLY, WE SEE A DIFFERENT CHILD."*

— STUART SHANKER

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**QUOTE OF THE DAY:**

*"I DECIDED I CAN'T PAY A PERSON TO REWIND TIME, SO I MIGHT AS WELL GET OVER IT."*

— SERENA WILLIAMS

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**QUOTE OF THE DAY:**

*"CHILDREN ASPIRE TO BE THE HERO THEY SEE IN US EVERY DAY."*

— UNKNOWN

**TODAY'S MOOD:**



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**QUOTE OF THE DAY:**

*"CHILDREN ARE NOT THINGS  
TO BE MOLDED, BUT PEOPLE  
TO BE UNFOLDED."*

— JESS LAIR

**TODAY'S MOOD:**



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3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

DAILY  
*Check-In*

DATE: \_\_\_\_\_



**TODAY I AM GRATEFUL FOR:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**QUOTE OF THE DAY:**

*"BECAUSE CHILDREN GROW UP, WE THINK A CHILD'S PURPOSE IS TO GROW UP. BUT A CHILD'S PURPOSE IS TO BE A CHILD."*

— TOM STOPPARD

**TODAY'S MOOD:**



ANGRY



TIRED



SAD



HAPPY



EXCITED

**REFLECTION OF THE DAY:**

\_\_\_\_\_

**NOTES/REMINDERS:**

\_\_\_\_\_

**GOALS FOR TOMORROW:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_