

Lancaster County

2025 Impact At-A-Glance



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“The Nutrition Kits and Extension Educators have been a tremendous resource for providing incredible nutrition education to over 18,000 students annually in LPS.” —Matt Avey, LPS Curriculum Specialist

To help prevent childhood obesity and chronic disease through early establishment of healthy habits, Lincoln Public Schools (LPS) asked Extension to develop classroom kits with lesson plans and all supplies needed for teachers to present hands-on nutrition education. The Nutrition School Enrichment Kits (SEK) Program initially served three grade levels in 12 schools and now is core health curriculum for grades K–5 in 41 LPS elementary schools. To complement lessons, Extension staff provide in-class experiences. In 25 years, SEK has reached more than 184,000 students in over 10,000 classrooms.

NEBRASKA EXTENSION is RELENTLESSLY RELEVANT.



EXPLORE ALL 2025 IMPACT HIGHLIGHTS

\$789,060

is the value of 24,689 hours of service given by 2,252 Extension volunteers.

37,555

youth engaged in 4-H programs through clubs, workshops, schools and community sites.

7,000+

questions were answered by horticulture, insect and water experts via calls, emails and walk-ins.

STRENGTHEN NEBRASKA AGRICULTURE & FOOD SYSTEMS

INSPIRE NEBRASKANS & THEIR COMMUNITIES

ENHANCE THE HEALTH & WELLBEING OF ALL NEBRASKANS



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