



Super Fair Showcases 4-H'ers Learning Experiences

The 2024 Lancaster County Super Fair was held Aug. 1–10 at the Sandhills Global Event Center fairgrounds. 4-H & FFA is a big part of the first weekend of the fair, giving youth an opportunity to showcase projects they've worked on throughout the year. The Nebraska Extension 4-H youth development program offers youth ages 5–18 a variety of hands-on learning experiences. At this year's Super Fair, 502 4-H/FFA exhibitors entered 4,696 exhibits (including static exhibits, Clover Kids, animals and contest entries). Lancaster County 4-H thanks all the volunteers and sponsors who make 4-H youth learning experiences possible!

**See
 Super Fair
 4-H top results
 on pages
 8–9.**



The 4-H/FFA Swine show at Super Fair includes many exhibitors from the Pick A Pig club, which gives non-farm youth an opportunity to help raise and show hogs.



324 4-H exhibitors entered 2,415 static exhibits. The Super Fair features the largest county 4-H static exhibit display in Nebraska. The day before the fair opens, static exhibits are judged and youth can talk to judges about their projects (pictured).



Now in its fifth year, the Unified Showing 4-H club gives special needs youth the opportunity to show sheep with the help of youth buddies. Club members practice several months prior to fair.



Lancaster County has the largest 4-H county fair horse show in the state, with 41 events spanning 5 days. Pictured is the Western Horse 3 show in which Western attire and tack are used.



Clover Kids are 4-H'ers ages 5–7. At Super Fair, this age group participates non-competitively in static exhibits, Show & Tell (pictured), animal showmanship and Fashion Show modeling.



The 4-H Table Setting contest is a fun way to learn how to set a table, plan a menu with healthy foods and give a short presentation to a judge.

Photos by Vicki Jedlicka and Karen Wedding, Nebraska Extension in Lancaster County

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10 Money-Saving Grocery Shopping Hacks You Need to Try

By Alyssa Havlovic, MS, RDN, ACSM EP-C, Extension Educator in Lancaster County

It's no secret grocery prices have spiked in recent years, and we have all felt the effects on our monthly food budgets. So how do we continue to nourish our bodies with the healthy nutrients we need without breaking the bank? Read on to discover 10 must-try grocery shopping hacks for saving money.

- 1. Make a list.** Start by planning your weekly menu for meals and snacks. Try planning around items you already have on hand or items that are on sale and then make your grocery list. You can make a digital list on your phone or just good old-fashioned pen and paper will do the trick!
- 2. Read nutrition facts labels.** Compare nutrition labels to ensure you get the most nutritional bang for your buck. Choose foods that meet your specific health needs. Select foods with lower amounts of sodium, saturated fat, trans fat and added sugars.
- 3. Calculate the unit price.** Get the best value for your money by calculating the unit price. The unit price shows you the cost per ounce, pound or another unit when comparing different size packages or brands. Some stores display the unit price on the shelf sticker. If you can't find the unit price, you can calculate it on your own. Use the equation:
Total Price ÷ Amount = Unit Price
- 4. Check expiration dates.** Always check the expiration date on the products you are buying. You don't want to buy food that will expire before you have time to use it.
- 5. Limit purchases of pre-packaged foods.** It may be tempting to buy pre-made or ready-to-eat foods to save you time, but often those items may have undesirable ingredients and are more expensive than preparing foods at home.

- 6. Only buy sale items you need.** Don't fall victim to buying something just because it is on sale. Ask yourself first, "Would I normally buy this item?" If the answer is yes, then buying the item may be worth it. However, if you have to buy the item in bulk, you might be better off passing on the deal. Ask yourself, "Can I use it all before it spoils?" and "Does it still fit within my food budget?" Buy sale items that are good for you and you know you will eat.

- 7. Buy in-season produce.** In-season produce typically tastes better and costs less than out of season produce. If the produce item you want is not in season, consider buying it frozen. Frozen vegetables are frozen at their peak ripeness, yielding better flavor and can be a more affordable option with the same nutritional value.

- 8. Buy generic brands.** There are many generic products on the market that taste the same, yet cost less. Consider buying a less expensive brand and see if you notice a difference.
- 9. Avoid shopping on an empty stomach.** I know you've heard this tip before, but it's a good reminder! Shopping when you are hungry can provoke you to stray from your list and buy items you don't really need. Try to eat a high protein or fiber-rich snack before shopping to keep your stomach full and satisfied.

- 10. Try online shopping.** This hack can truly save you both time and money. Online shopping can help you stay within your budget since you can see your cart total before you checkout. This way you can prioritize what fits your health and budget. When shopping from the comfort of your home, you can easily check to see what you already have on hand to avoid buying more than you need. You can also save time by shopping from anywhere — while enjoying your morning coffee, waiting at the doctor's office or after the kids go to bed. You can even schedule curbside pick up on your way home

from work. It's also a great option for individuals who are immunocompromised or have young children and don't want to be exposed to others during cold and flu season.

Source: For more tips on healthy eating, meal planning and shopping, visit *The Dish: Real Talk About Food* website at <https://thedishrealtalk.com>



RECIPE OF THE MONTH

By Alyssa Havlovic MS, RDN, ACSM EP-C, Extension Educator in Lancaster County

October is National Pork Month. Pork can be a good source of protein and other essential nutrients such as iron, zinc, selenium and B vitamins.

AIR FRYER PORK & APPLE BURGERS

(Yield: 6 servings)

- 1 egg
- 1 apple, scrubbed with clean vegetable brush under running water, grated (about 1 cup)
- 1 pound ground pork
- 1/2 cup breadcrumbs
- 1/2 teaspoon onion powder
- 1/2 teaspoon garlic powder
- Salt and pepper, to taste
- 6 whole wheat burger buns
- Sauce of choice (optional)
- 1 tomato, gently rubbed under cold running water, sliced
- 1-1/2 cups spring greens or arugula, gently rubbed under cold running water



Photo by Marissa Jones, Nutrition Education Program

1. Wash hands with soap and water.
2. Crack egg into a large bowl and beat with fork. Wash hands with soap and water after cracking raw eggs.
3. Add grated apple, ground pork, breadcrumbs, onion and garlic powder. Season with salt and pepper if desired. Mix well.
4. Divide the mixture into 6 parts and shape into patties. Wash hands with soap and water after handling raw meat.
5. Set the air fryer to 400°F and preheat for 5 minutes.
6. Place the patties in an air fryer basket. Make sure they are not touching. Cook for 5 minutes. Flip and cook an additional 5 minutes, or until the meat reaches an internal temperature of 160°F on a food thermometer.
7. Toast buns (if desired). Assemble with a sauce of your choice (if desired), cooked patties, slices of tomato and top with spring greens.
8. Store leftovers in a sealed container in the refrigerator for up to four days.

Nutrition Information: Serving Size (1 burger): Calories 350; Total Fat 9g; Saturated Fat 2.5g; Cholesterol 85mg; Sodium 260mg; Total Carbohydrates 36g; Fiber 2g; Total Sugars 7g, includes 3g Added Sugars; Protein 32g; Vitamin D 0%; Calcium 10%; Iron 15%; Potassium 10%.

Nutrition Software Used: ESHA Food Processor

Growing **WOODY** Floral Plants in the Home Garden

By Sarah Browning, Extension Educator in Lancaster County

Woody plant species having colorful or unusually shaped stems, buds, flowers, fruits or leaves, are often called “woody florals” because they are sold to florists for use in flower arrangements. But they also bring interest and color to the home landscape or can be used in home decorations.

Colorful Stems

A group of plants grown for the attractive color of their stems are varieties of Redosier dogwood, *Cornus sericea*. These woody shrubs prefer full sun, are adaptable to many soil types and hardy in Zones 2–7. They reach 7–9 feet in height with a spread of 10 feet or more, so they must be allotted enough space to grow well and develop a nice shape.

Maintain their beautiful stem color by pruning out a few of the oldest stems each spring, just before new growth starts. Cut the old stems down as close to the soil as possible. This encourages the crown to continually send up new young stems with bright coloration.

Varieties of Redosier dogwood with very colorful stems include:

- ‘Arctic Fire’ — compact form 3–4 feet tall; dark red stems.
- ‘Bailey’s Red’ or ‘Cheyenne’ — bright red stems.
- ‘Cardinal’ — bright cherry-red stems
- ‘Flaviramea’ or yellowtwig — chartreuse stems.

Another plant with interesting stem color and shape is corkscrew willow, *Salix matsudana*. Reaching 25–30 feet in height with a spread of 15 feet, these plants are small trees. They also prefer full sun and develop into an oval-rounded canopy with fine-textured twisted and curled branches. Hardy to Zone 5.

Additional willows with interesting stems include the following:

- ‘Scarlet Curls’ willow — scarlet red young stems in winter, the older stems are golden brown.
- ‘Golden Curls’ willow — golden yellow

stems with a semi-drooping nature.

Tends to develop a more shrubby form than Scarlet Curls.

- Curly willow ‘Tortuosa’ — gnarled and contorted gray-brown branches make a wonderful conversation piece and a great accent in the winter landscape.

Attractive Buds

Pussy willows, *Salix caprea*, have attractive, fuzzy buds which are a pleasant childhood memory for many gardeners. They are usually treated as a shrub in the home landscape, but unpruned, grows into a small tree reaching 15–25 feet at maturity. Its most arresting feature is the 1–2 inch long, fuzzy, whitish-buds appearing in March and early April.

Pussy willow stems can also be cut while the dormant buds are still covered with reddish bud scales, and brought into the house where water and warmth causes them to open. Their stems are beautiful additions to home floral arrangements and other decorations.

Other plants in the willow family with attractive buds include:

- Black pussy willow, *S. melanostachys*, has deep purple-black, fuzzy buds with brick red anthers. It is an unusual and attractive plant that reaches a mature height of 6–10 feet. Zone 5.
- ‘Black Cat’ (*S. chaenomeloides*) is a new cultivar



Image from Proven Winners, <https://provenwinners.com>.

‘Black Cat’ pussy willow.

from Proven Winners.

- Rosegold pussy willow, *S. gracilistyla*, has pinkish or reddish-tinged silky buds, although there is a great deal of variation in the degree of bud coloration and is much rarer than the other willows, so they can be very hard to find. Mature height, 6–10 feet. Zone 5.

Beautiful Fruits

Plants with attractive fruits, such as bittersweet and holly, are commonly incorporated into fall and holiday decorations. In the plant world, both bittersweet and holly are unusual because they have separate male and female flowers on separate plants. This means that two plants are required: a male to pollinate the female flowers and a female to develop the attractive fruits we desire.

American bittersweet, *Celastrus scandens*, is a very vigorous twining vine with deep, glossy-green leaves needing lots of space to grow. Not a great plant for small home gardens where it will quickly overrun every small shrub and tree in sight, but nice for rough areas where it can be allowed to scramble over fences or brush piles. Be sure to plant American bittersweet, not the invasive oriental bittersweet, *C. orbiculatus*.

Traditional holly can be a challenging plant to grow in Nebraska, but winterberry holly, *Ilex verticillata*, is a great alternative. Winterberry is a deciduous shrub that loses its leaves in winter, but produces beautiful red berries on bare stems which can be cut and used indoors. Look for females ‘Winter Red,’ ‘Red Sprite,’ ‘Berry Nice’ or ‘Sparkleberry’ and males ‘Jim Dandy,’ ‘Southern Gentleman’ or ‘Apollo.’

Winterberry prefers full or partial sun and moist soils (great for wet areas of the landscape) with high organic matter. However, it is tolerant to clay soil and dry conditions once it is established.

Try one of these great plants to brighten up your winter landscape!



‘Berry Poppins’ winterberry holly



GARDEN GUIDE

THINGS TO DO THIS MONTH

By Mary Jane Frogge, Extension Associate in Lancaster County

Fall watering is important for trees and shrubs. Continue to water until the soil freezes.

Dig and bring in cannas, dahlias and gladiolus. Dry, clean and store in a cool location free from frost.

Remove leaves from lawn to reduce lawn problems. Compost or shred and use them for mulch.

Cut down stems and foliage of herbaceous perennials after two or three hard frosts and when leaves begin to brown.

Christmas cactus needs special care now to get its beautiful flowers this December. Buds will form at 50–60°F or if the plant is exposed to at least 13 hours of complete darkness each night.

Plant spring flowering bulbs such as tulips, daffodils and crocus.

After several hard frosts, add mulch to your perennial flower garden. A 1-inch layer of straw or chopped leaves will help conserve soil moisture and protect the root system.

When deciding on new trees or shrubs to plant around your home, remember to select varieties that will fit the location when they are at their mature height. This will greatly reduce pruning and other maintenance in the future.

Make a note of any particularly productive or unsatisfactory varieties of vegetables you planted this year. Such information can be very useful when planning next year’s garden.

Remove any diseased or insect-infested plant material from your garden; it may harbor overwintering stages of disease or insect pests. If you leave this plant material in your garden, you are leaving diseases and insects which will begin to reproduce again next spring and add to next year’s pest problem.

October is a good time to control broadleaf weeds in the lawn, such as white clover, dandelion and ground ivy.

Pick bagworms from evergreen plants. This will eliminate the spring hatch from over-wintered eggs.

Image from Proven Winners, <https://provenwinners.com>.

Highboy Cover Crop Interseeding Project

By John Nelson, Extension Educator in Lancaster County

Most cover crops are seeded in Eastern Nebraska after fall corn or soybean harvest. Average first frost dates between the last week of September and first week of October across the region give us an indication of the limited time we have to accumulate fall cover crop biomass in Eastern Nebraska when seeding after fall harvest.

One option to potentially increase fall cover crop biomass growth is to broadcast interseed into standing crops



Photo by: Mathews Ribeiro Extension Educator in Saline County

High clearance machine seeding cover crops in York County.

prior to harvest. Nebraska Extension began conducting an on-farm research and demonstration project in 2022, to determine the effectiveness of broadcast interseeding cover crops into standing corn around the R5 corn growth stage. This effort, officially titled the Highboy Cover Crop Interseeding Project (HiCCIP) is funded by the Nebraska Department of Environment and Energy (NDEE) and the United States Department of Agriculture (USDA).

One of the main goals of this project

is to encourage cover crop adoption across the region by demonstrating an effective and time-efficient method to improve the benefits of including cover crops in the typical corn-soybean rotation.

Initial results from a farmer's field in Gage County are shown in Table 1. The data indicates that interseeded cover crops can accumulate significantly more fall and spring biomass than cover crops drilled after corn harvest.

Nearly all HiCCIP research is

conducted in cooperation with local growers, so our team is always looking for more farmers interested in trying this method in one of their fields. We provide up to 200 acres of cover crop seed, as well as application equipment and labor. Preference is given to growers located in the Waverly Wellhead Protection Area; Lower Platte North NRD's Wahoo Creek & Shell Creek watersheds; Richland/Schuyler Phase III or Bellwood Phase II areas; the Upper Big Blue NRD's Beaver Creek & Lincoln Creek watersheds;

Lower Platte South NRD priority areas; wellhead protection areas and National Water Quality Initiative areas.

| | FALL 2023 | | SPRING 2024 | |
|----------------|----------------------------|----------------------|----------------------------|----------------------|
| | Cover Crop Biomass (lb/ac) | Weed Biomass (lb/ac) | Cover Crop Biomass (lb/ac) | Weed Biomass (lb/ac) |
| Check | — | 0.0 | — | 132.8 |
| Interseeded R5 | 1642.1* | 0.0 | 7716.2A | 0.0 |
| Drill | 28.8B | 0.0 | 4377.4B | 0.0 |
| P-Value | 0.0008 | — | 0.034 | — |

Table 1. Interseeded vs. drilled comparison of cover crop and weed biomass taken in Fall 2023 and Spring 2024 in Gage County.

FOR MORE INFORMATION

Go to <http://go.unl.edu/hiccip>, or contact John Nelson at jnelson158@unl.edu.

Car Seat Safety for Your Family

By Hayley Jackson-Perez, Extension Educator in Lancaster County

Car seats are essential safety devices for children. They significantly reduce the risk of serious injury or death in a car accident. For parents of children ages birth to 5 years old, understanding car seat safety is crucial. Here's a guide to help you ensure your child is properly protected on the road.

Choosing the Right Car Seat

- **Rear-facing car seats:** For infants and toddlers, rear-facing car seats are the safest option. They provide optimal head, neck and spine protection in a crash.
- **Forward-facing car seats:** Once your child outgrows their rear-facing car seat (usually around 2-years-old or when they reach the maximum height and weight limit), they can transition to a forward-facing car seat. These seats

are designed to protect children from 4–8 years old.

- **Booster seats:** When your child outgrows their forward-facing car seat, they should use a booster seat. Booster seats help position the seat belt correctly to protect your child's chest, abdomen and pelvis.

Proper Installation

- **Read the manual:** Always refer to the car seat manufacturer's manual for specific installation instructions.
- **LATCH or seat belt:** Most car seats can be installed using either the LATCH system (Lower Anchors and Tethers for Children) or the vehicle's seat belt.
- **Tightness:** Ensure the car seat is securely fastened and doesn't move more than an inch in any direction.
- **Tether strap:** If applicable, use the tether strap to anchor the top of the car seat to the vehicle's rear anchor point.

Harnessing Your Child

- **Shoulder straps:** The shoulder straps should be at or slightly below your child's shoulders.
- **Chest clip:** The chest clip should be at your child's armpit level.
- **Harness tightness:** The harness should fit snugly, with no more than one finger between the harness and your child's chest or shoulder.

Additional Tips

- **Never place a child in a car seat while wearing a bulky winter coat.** The coat can create a dangerous gap between the child and the car seat harness, which may not restrain them properly in a crash.
- **Regular inspections:** Have your car seat inspected by a certified child passenger safety technician (CPST) to ensure proper installation and use.
- **Avoid air bags:** If possible, place your child's car seat in the backseat to avoid potential injuries from airbags.

- **Stay up-to-date:** Keep informed about the latest car seat safety guidelines and recommendations.

By following these guidelines, you can help ensure your child's safety on the road.

FOR MORE INFORMATION

For resources, visit the National Highway Traffic Safety Administration (NHTSA) website at <http://nhtsa.gov/safety>.





HEART OF 4-H VOLUNTEER AWARD

Lorene Bartos

Lancaster County 4-H is proud to announce Lorene Bartos of Lincoln as winner of the October "Heart of 4-H Award" in recognition of outstanding volunteer service.

An Extension Educator Emeritus, Lorene has continued to contribute to the 4-H program since she retired from Nebraska Extension in Lancaster County in 2015, such as being a 4-H Clover College instructor.

As a member of Lincoln Center Kiwanis, Lorene helps coordinate the club's ongoing support of Lancaster County 4-H through sponsoring the Outstanding 4-H Club Awards and a 4-H college scholarship. Kiwanis also hosts an annual Kiwanis Karnival with the help of 4-H clubs. Lorene is the lead organizer of the Karnival and Outstanding 4-H Club Awards, often attending the annual 4-H Achievement Celebration.

"4-H gives youth the opportunity to choose areas they are interested in," she says. "I enjoy watching youth grow through the years and as they become adults and leaders in the community, sharing their skills with others. 4-H has been a part of my life since I was 8 years old and has helped me take leadership roles in many organizations. Kiwanis' mission is to change the world one child and one community at a time."



4-H Livestock Scholarship Recipients

The Lancaster County 4-H Livestock Booster Club typically awards two \$500 college scholarships each year which are presented at the Lancaster County Super Fair 4-H/FFA Livestock Premium Auction. This year, three scholarships were awarded! Recipients were Clara Johnson, Kaelin Kuebler and Claire Polk. A portion of the proceeds from the auction funds these scholarships.



4-H is a community of youth learning in partnership with caring adults!

WHY 4-H?

4-H is America's largest youth development organization!
In 4-H, youth:

- Choose from over 50 projects to "learn by doing" (such as STEM, photography, food & nutrition, home design or various animals).
- Develop practical and life skills.
- Participate in leadership and community service activities.
- Have fun while making new friends!

YOUTH: JOIN 4-H!

Ways youth ages 5-18 can participate:

- Join a new or existing 4-H club.
- Be an independent member.
- Participate in 4-H activities such as workshops, camps and contests.

ADULTS: VOLUNTEER!

Ways adults can help youth grow:

- Help start a new 4-H club.
- Help with an existing 4-H club.
- Volunteer at events like the Super Fair.

BE PART OF SOMETHING BIG!
JOIN 4-H!

Many 4-H youth showcase their projects at the Super Fair!



LEARN MORE



4-H INFORMATION NIGHT
Sunday, Oct. 6 • 5pm

Nebraska Extension in Lancaster County,
444 Cherrycreek Rd., Suite A, Lincoln

Free hot dogs & refreshments!

See examples of 4-H projects such as STEM, art and more! Plus animals such as rabbits!

NO FEES TO JOIN
Lancaster County 4-H!

Call 402-441-7180 or go to
lancaster.unl.edu/join4h



State 4-H Horse Expo Top Results



Liz Boshart



Xavyer Bourek



Kiara Eppenbach



Claira Heinzle



Caraline Higgins



Josie Johnson



Morgan Roof



Ava Schepers



Paige Schepers



Lily Wood

The 2024 Fonner Park State 4-H Exposition was held July 13–17 in Grand Island. There were 239 exhibitors, 351 horses, 1,306 entries representing over 45 Nebraska Counties. Here are the Lancaster County 4-H purple ribbon and top 10 winners. Complete results are at <http://4h.unl.edu/horse/state-expo>.

Ch=Champion; Res=Reserve

JUDGING TEAM: Lancaster 3 (Ch): Cayle Callahan, Kayla Isaacs, Shea Frink, Taeva Taylor; Lancaster 4 (Res Ch) Grace Chevalier, Hannah Chevalier, Madalyn Chevalier; Lancaster 1 (3rd): Corrine Byrne, Gracen Byrne, Lena Gropp; Lancaster 2 (6th): John Chevalier, Thomas Chevalier, Mary LaPlante; coached by Roger Bell

JUDGING INDIVIDUALS: Cayle Callahan (Ch), Taeva Taylor (4th), Kayla Isaacs (5th), Madalyn Chevalier (6th), Hannah Chevalier (7th), Shea Frink (8th), Grace Chevalier (9th)

SENIOR HIPPOLOGY TEAM: Saunders/Lancaster (Res Ch) Ada Bordivsky, Amelia Proffitt, Max Roberts; coached by Ann Gillentine

SENIOR HIPPOLOGY INDIVIDUAL: Amelia Proffitt (7th)

1–2 YEAR OLD HALTER MARES: Morgan Roof (Ch), Claira Heinzle (4th)

3–5 YEAR OLD HALTER MARES: Lily Wood (3rd), Lauren Johnson (4th), Caraline Higgins (5th)

6–10 YEAR OLD HALTER GELDINGS: Morgan Roof (3rd)

6–10 YEAR OLD HALTER MARES: Claira Heinzle (Res Ch), Josie Johnson (6th), Taeva Taylor (7th)

11+ YEAR OLD HALTER MARES: Lena Barnes (10th)

MINIATURE/SHETLAND PONY HALTER GELDINGS: Ava Schepers (Ch), Paige Schepers (Res Ch), Thaxton Bourek (3rd)

MINIATURE/SHETLAND PONY HALTER MARES: Paige Schepers (Ch), Ava Schepers (Res Ch), Collin Schepers (3rd)

SENIOR SHOWMANSHIP: Caraline Higgins (5th), Scarlett Battles (8th)

JUNIOR SHOWMANSHIP: Lily Wood (Ch), Josie Johnson (4th), Claira Heinzle (5th), Xavyer Bourek (6th)

ELEMENTARY SHOWMANSHIP: Lauren Johnson (7th)

MINIATURE/SHETLAND PONY IN-HAND TRAIL: Kiara Eppenbach (Ch), Ava Schepers (Res Ch), Paige Schepers (3rd)

SENIOR TRAIL HORSE: Caraline Higgins (Ch)

JUNIOR TRAIL HORSE: Josie Johnson (Ch), Lauren Johnson (Res Ch)

2 YEAR OLD WESTERN PLEASURE: Morgan Roof (Res Ch)

SENIOR WESTERN PLEASURE: Morgan Roof (7th)

JUNIOR WESTERN PLEASURE: Josie Johnson (Res Ch), Kiara Eppenbach (3rd), Xavyer Bourek (7th), Claira Heinzle (10th)

ELEMENTARY WESTERN PLEASURE: Lauren Johnson (Ch)

SENIOR RANCH PLEASURE: Shea Frink (5th), Caraline Higgins (10th)

JUNIOR RANCH PLEASURE: Lily Wood (Ch), Kayla Isaacs (7th)

ELEMENTARY RANCH PLEASURE: Evelyn Smith (3rd), Madalyn Chevalier (5th)

SENIOR WESTERN HORSEMANSHIP: Caraline Higgins (Res Ch), Liz Boshart (10th)

JUNIOR WESTERN HORSEMANSHIP: Josie Johnson (Ch), Xavyer Bourek (4th), Lyra Krutak (7th), Kayla Isaacs (10th)

ELEMENTARY WESTERN HORSEMANSHIP: Lauren Johnson (Ch)

ADVANCED WESTERN HORSEMANSHIP: Kayla Isaacs (3rd)



Horse Judging Lancaster 3 team qualified for nationals! Team members are (L-R): Taeva Taylor, Shea Frink and Kayla Isaacs. Cayle Callahan is not pictured.

ENGLISH & WESTERN DRESSAGE – ADVANCEMENT LEVEL 2: Xavyer Bourek (Ch English), Claira Heinzle (3rd English), Liz Boshart (3rd Western), Amelia Proffitt (4th Western)

ENGLISH & WESTERN DRESSAGE – ADVANCEMENT LEVEL 3: Xavyer Bourek (Ch English), Claira Heinzle (3rd English), Lyra Krutak (Ch Western), Liz Boshart (Res Ch Western), Amelia Proffitt (4th Western)

SENIOR RANCH RIDING: Scarlett Battles (3rd), Makenna Coe (6th), Caraline Higgins (7th)

JUNIOR RANCH RIDING: Evelyn Smith (6th)

SENIOR REINING: Scarlett Battles (4th)

JUNIOR REINING: Evelyn Smith (5th)

SENIOR HUNTER UNDER SADDLE: Taeva Taylor (Ch), Morgan Roof (Res Ch), Liz Boshart (4th), Scarlett Battles (10th)

JUNIOR HUNTER UNDER SADDLE: Kayla Isaacs (Ch), Claira Heinzle (5th), Xavyer Bourek (6th), Lauren Johnson (8th), Josie Johnson (9th)

JUNIOR HUNT SEAT EQUITATION: Claira Heinzle (Ch), Xavyer Bourek (5th)

WORKING RANCH HORSE: Scarlett Battles (7th)

SENIOR POLE BENDING: Shea Frink (10th)

ELEMENTARY POLE BENDING: Lauren Johnson (Ch)

ELEMENTARY BARREL RACING: Lauren Johnson (4th)



Lauren Johnson

Lancaster County Volunteers Receive Statewide 4-H Awards!



Above L-R: Marsha Prior and Associate Dean/State 4-H Program Administrator Kathleen Lodl. Right: Kearah "Key" Perreault.



Two Lancaster County 4-H volunteers were recognized with Nebraska 4-H state-level awards in 2024. Lancaster County 4-H recognized these volunteers with an informal presentation at the Lancaster County Super Fair. Nebraska 4-H recognized all the statewide award winners at a formal ceremony at the Nebraska State Fair.

OUTSTANDING ADULT VOLUNTEER (1 of 11 individuals)

Marsha Prior has been an exceptional leader in Lancaster County for nearly three decades. She previously led the Clover Kids 4-H club (in which her children were members) and currently is leader of the Fusion 4-H'ers club (in which her grandchildren are members). Marsha's clubs have been recognized as a Nebraska 4-H Club of Excellence and Lancaster County Outstanding 4-H Club multiple times. She serves on 4-H Council, has taught multiple workshops and helps at the Life Challenge Contest and Lancaster County Super Fair.

EMERGING ADULT VOLUNTEER (1 of 11 individuals)

Kearah "Key" Perreault joined the 4-H Master Health Volunteers in 2022, in which she has devoted over 70 hours to building health equity for all community members, with a focus on serving those in need. Some of the initiatives she has volunteered with includes:

- Organizing an effort with the Poverty Impact Network to provide feminine hygiene kits to young women in need.
- Initiating a project of sharing resources among non-profit organizations in Lincoln to enable equitable assistance to those in need.
- Helping develop and present a poster at the True Leaders in Equity Institute in Washington, D.C.



Announcements FOR 4-H'ERS AND VOLUNTEERS

The 4-H e-newsletter at <https://go.unl.edu/lan4hnews> has up-to-date information about 4-H opportunities.



HORSE AWARDS NIGHT, OCT. 24 —

The annual Lancaster County 4-H Horse Awards Night will be Thursday, Oct. 24, 6:30 p.m. at the Nebraska Extension in Lancaster County conference rooms, 444 Cherrycreek Road, Suite A, Lincoln. Awards presentation includes Incentive Awards, Horsemanship Levels, All-Around Awards, Herdsmanship, Top Judging buckles and ribbons, as well as a few surprise awards! Come help celebrate the outstanding accomplishments of the 2024 Lancaster County 4-H Equestrians!

4-H LEADER UPDATE/TRAINING, OCT. 30 —

All 4-H leaders and volunteers helping with clubs and independent members are encouraged to attend the Fall 4-H Leader Update/Training on Wednesday, Oct. 30, 9 a.m. via Zoom or in-person at the Nebraska Extension in Lancaster County conference rooms, 444 Cherrycreek Road, Suite A, Lincoln. The training theme will be "You Are a Builder" and will focus on 4-H club organization, new information for the upcoming 4-H year, opportunities for your 4-H members and more. This is a great time to connect with other parents and leaders. You MUST register by Friday, Oct. 18 by calling Kristin Geisert at 402-441-7180 or emailing kristin.geisert@unl.edu. Please indicate if you will be attending in-person or via Zoom.

PAPER BASKET WORKSHOP, NOV. 9 —

4-H youth ages 8 and up are invited to a "Design My Place" workshop to engineer and construct a woven paper basket using recycled newspapers and wire on Saturday, Nov. 9 from 9 a.m.-12 p.m. at the Nebraska Extension in Lancaster County conference rooms, 444 Cherrycreek Road, Suite A, Lincoln. No cost to attend. Learn paper weaving techniques to make a home décor basket that may be exhibited at the Super Fair. Adults are encouraged to attend to help, especially if their child is 8 or 9 years old. Register by Monday, Nov. 4 by calling Kristin Geisert at 402-441-7180 or emailing kristin.geisert@unl.edu. Bring a needle nose wire cutter for cutting wire. All other supplies will be provided.



Super Fair 4-H/FFA Top Results

4-H/FFA complete results, photos and videos are online at <http://lancaster.unl.edu/4h/fair>



Top Favorite Photography and Leta Guenther Bremer Memorial Needle Arts Award — Reese Dell



Top Photography Level 1 — David Bauman



Top Food Preservation Exhibit — Jocelyn Schmoll



Fashion Show Top 7 (L-R) — Emily Bauman, Harper Cordes, Clara Johnson (Grand Champion), Dayton Jons (her wool coat also earned the Alice Doane Memorial Wool Award), Vanessa Peterson, Piper Pillard (Reserve Champion) and Alexa Smith



Top Clothing Accessory — Makenna Coe

Ch=Champion; Res=Reserve

Top Static Exhibits

GENERAL AREAS

Poster: Harper Cordes
Quilt Ch: Mia Crawford
Quilt Res Ch: Owen Hoesche
Dog: Alexa Smith

SCIENCE, TECHNOLOGY, ENGINEERING & MATH

Aerospace/Rockets/Drones: Liam Powers
Engineering: Ethan Gabel
Woodworking: Kanyon Plugge

SAFETY

Safety: Elizabeth Hilkemann

FOOD & NUTRITION

Cookie Exhibit: Violet Troupe
Quick Bread: Brooklynn Nelsen
Yeast Exhibit: Reagan Breuer
Cake or Pie: Clara Johnson
Food Preservation: Jocelyn Schmoll

HUMAN DEVELOPMENT

Human Development: Morgan Gabel

HOME DESIGN & RESTORATION/ VISUAL ARTS

Top 3: Mac Ousey
Top 3: Meredith Marsh
Top 3: Jaxon Vlasnik
Leta Guenther Bremer Memorial Needle Arts Award: Reese Dell

HERITAGE

Heritage: Marylynn Rauert

PHOTOGRAPHY

Level 1: David Bauman
Level 2: Tenley Bauman
Level 3: Nettie Lunquist
Favorite Photo: Reese Dell
Creative Photography: Elizabeth Hilkemann
Black & White Photograph: Addison Rocolo
Portrait: Adam Gabel

CLOTHING

STEAM Clothing 1: Sandrafaye Schulz
STEAM Clothing 2: Ari Hamblin
STEAM Clothing 3: Vanessa Peterson
Beyond the Needle: Alexa Smith
Accessory: Makenna Coe
Fiber Arts - Crocheting: Emmett Keierleber
Fiber Arts - Knitting: Catherine Friesen
Shopping in Style: Alexa Smith
Alice Doane Memorial Wool Award: Dayton Jons

HORTICULTURE

Vegetable: Benedict Rauert
Herb: Parker Hansen
Annual: Avery Vlasnik
Perennial: Parker Hansen
Rose: Evan Mittan-DeBuhr
Specimen Plant: Mason Pillard

CONSERVATION & WILDLIFE AND FORESTRY

Conservation and Wildlife: Zora Halsey-Craig
Forestry: Elizabeth Hilkemann

OUTDOOR ADVENTURES

Outdoor Adventures: Alexa Smith

Top Contest Awards

PRESENTATIONS

Sr Ch: Kamryn Wanser
Int Ch: Parker Hansen
Int Res Ch: Andrea Bettenhausen
Jr Ch: Ian Bettenhausen
Jr Res Ch: Cora Pracheil

SPEECH & PSA

Speech Sr Ch: Acacia Carlson
Speech Sr Res Ch: Kamryn Wanser
Speech Int Ch: Amorita Payne
Speech Int Res Ch: Callia Thompson
Speech Jr Ch: Braxton Thompson
Speech Jr Res Ch: Cora Pracheil
PSA Sr Ch: May Frain
PSA Sr Res Ch: Emma Thomson
PSA Int Ch: Callia Thompson
PSA Int Res Ch: Helayna DeBuhr
PSA Jr Ch: Korben Payne
PSA Jr Res Ch: Braxton Thompson

LIFE CHALLENGE

Sr Ch: Emily Bauman
Sr Res Ch: Emma Thomson
Jr Ch: Lena Gropp
Jr Res Ch: Payzleigh Belew

FASHION SHOW

Grand Ch: Clara Johnson
Res Grand Ch: Piper Pillard
Top 7: Emily Bauman
Top 7: Harper Cordes
Top 7: Dayton Jons
Top 7: Vanessa Peterson
Top 7: Alexa Smith
Shopping in Style Top 3: Dayton Jons
Shopping in Style Top 3: Josie Johnson
Shopping in Style Top 3: Amorita Payne
Beyond the Needle: Alexa Smith

Make One/Buy One Level 1: Cora Pracheil
Make One/Buy One Levels 2 & 3: Tenley Bauman
Clothing Level 1: Ari Hamblin
Clothing Level 2: Harper Cordes
Upcycled Garment: Emily Bauman
Apron: Sofia Hunt
Garment(s) Made for Others: David Bauman

PLANT SCIENCE

Horticulture: Kaily Wesely
Tree Identification: Elizabeth Hilkemann
Grass & Weed Identification: Elizabeth Hilkemann

TABLE SETTING

Picnic Sr: Vanessa Peterson
Picnic Int: Kathryn Weaver
Picnic Jr: David Bauman
Casual Sr: Mollie Clarke
Casual Int: Brooklynn Nelsen
Casual Jr: Korben Payne
Formal Sr: Olivia Mays
Formal Int: Andrea Bettenhausen
Formal Jr: Piper Bauman
Birthday Sr: Emily Bauman
Birthday Int: Gracie Tetzlaff
Birthday Jr: Clare Friesen

DOG VIRTUAL TRIVIA

Sr Ch: Kamryn Wanser
Int Ch: Kathryn Weaver

LIVESTOCK ELITE SHOWMANSHIP

1st Place: Josie Johnson
2nd Place: Lexi McCaffree
3rd Place: Olivia Vanderford
4th Place: Emberlin Johnson
5th Place: Ezra Kubicek

LIVESTOCK JUDGING

Sr Ch: Kaelin Kuebler
Sr Res Ch: Connor Paitz
Int Ch: Kyler Plugge
Int Res Ch: Cody Petta
Jr Ch: Norah Bruss
Jr Res Ch: Maddox Bruss



Livestock Elite Showmanship — (front L-R) Josie Johnson, Lexi McCaffree (back L-R) Olivia Vanderford, Emberlin Johnson and Ezra Kubicek



Rabbit All-Around Exhibitor Award — (L-R) Elizabeth Hilkemann and Josiah Schmoll



Market Lamb Grand Champion — Michael Lockee



Market Swine Grand Champion — Izek Lockee

Top Animal Awards

BEEF

Showmanship Supreme Ch: Kanyon Plugge
 Showmanship Sr Ch: Emberlin Johnson
 Showmanship Int Ch: Kanyon Plugge
 Showmanship Jr Ch: Micah Mueller
 Breeding Heifer Supreme Ch: Amilya Johnson
 Breeding Heifer Supreme Res Ch: Kaden Gana
 Feeder Calf Supreme Ch: Emberlin Johnson
 Market Animal Supreme Ch: Kanyon Plugge
 Market Heifer Grand Ch: Kanyon Plugge
 Market Steer Grand Ch: Kanyon Plugge
 Market Steer Res Grand Ch: Connor Paitz
 Lancaster Born and Raised - Breeding Ch: Amilya Johnson
 Lancaster Born and Raised - Market Ch: Kanyon Plugge
 Rate of Gain Market Steer Ch: Kanyon Plugge
 Rate of Gain Market Heifer Ch: Kyler Plugge
 Overall Cow/Calf Pair Ch: Connor Paitz

BUCKET CALF

Current-year Int Ch: Madalyn Chevalier
 Current-year Sr Ch: Ezra Kubicek
 Second-year Jr Ch: Micah Mueller
 Second-year Int Ch: Madalyn Chevalier

SHEEP

Showmanship Sr Ch: Josie Johnson
 Showmanship Int Ch: Olivia Jelinek
 Market Lamb Grand Ch: Michael Lockee
 Market Lamb Res Grand Ch: Josie Johnson
 Lancaster Born and Raised Market Lamb Ch: Lexi McCaffree
 Breeding Ewe Supreme Ch: Lexi McCaffree
 Rate of Gain Ch: Makenna Coe

SWINE

Showmanship Sr Ch: Olivia Vanderford
 Showmanship Int Ch: Derek Bruss
 Showmanship Jr Ch: Kenleigh Schwartz
 Market Swine Grand Ch: Izek Lockee
 Market Swine Res Grand Ch: Izek Lockee
 Breeding Gilt Ch: Harper Cordes
 Breeding Gilt Res Ch: Hannah Chevalier
 Pen of Three Ch: Derek Bruss
 Pick-a-Pig Market Swine Grand Ch: Adam Graybill
 Pick-a-Pig Market Swine Res Grand Ch: Caroline Schwartz
 Carcass Swine Ch: Sydney Docter
 Carcass Swine Res Ch: Trevor Gentry

DAIRY/PYGMY GOAT

Showmanship Sr Ch: Ezra Kubicek
 Showmanship Int Ch: Cody Petta
 Showmanship Jr Ch: Zoey Petta
 Best in Show Dairy/Pygmy Goat: Ezra Kubicek
 Res Best in Show Dairy/Pygmy Goat: Ezra Kubicek

MEAT GOAT

Showmanship Sr Ch: Josie Johnson
 Showmanship Int Ch: Olivia Jelinek
 Market Goat Overall Grand Ch: Clara Johnson
 Market Goat Overall Res Grand Ch: Lauren Johnson
 Breeding Goat Overall Ch: Khloe Cuttlers
 Breeding Goat Overall Res Ch: Josie Johnson
 Lancaster Born & Raised Ch: Khloe Cuttlers
 Rate of Gain Ch: Ryan Henry

RABBIT

All-Around Exhibitor Award Ch: Elizabeth Hilkemann
 All-Around Exhibitor Award Res Ch: Josiah Schmoll
 Showmanship Sr Ch: Marylynn Rauert
 Showmanship Int Ch: Elizabeth Hilkemann
 Showmanship Jr Ch: Josiah Schmoll
 Commercial Breed - Best 6 Class Ch: Adelaide Metcalf
 Commercial Breed - Best 6 Class Res Ch: Alandra Huntley
 Fancy Breed - Best 4 Class Ch: May Frain
 Fancy Breed - Best 4 Class Res Ch: Adelaide Metcalf
 Judging Contest Sr Ch: Emma Thomson
 Judging Contest Int Ch: Tenley Bauman
 Judging Contest Jr Ch: Violet Rhoades
 Breed ID Contest Sr Ch: Jocelyn Schmoll
 Breed ID Contest Int Ch: Elizabeth Hilkemann
 Breed ID Contest Jr Ch: Josiah Schmoll
 Breeder's Choice Sr Ch: May Frain

POULTRY

Showmanship Sr Ch: Marylynn Rauert
 Showmanship Int Ch: Lawrence Rauert
 Showmanship Jr Ch: Benedict Rauert
 Judging Contest Sr Ch: Kamryn Wanser
 Judging Contest Int Ch: Lawrence Rauert
 Judging Contest Jr Ch: Benedict Rauert
 Quiz Bowl Sr Ch: Noah Jelinek
 Quiz Bowl Int Ch: Lathan Huntley
 Quiz Bowl Jr Ch: Sophie Huenink
 Large Fowl Grand Ch: Reagan Dinger



Poultry Best of Show: Reagan Dinger



Dog Obedience Beginning B Champion — Liam Powers



Horse Groom and Care Champion — Saylor Bontrager

Bantam Grand Ch: Kyla Wharton
 Water Fowl Grand Ch: Piper Pillard
 Best of Show: Reagan Dinger

HOUSEHOLD PETS

Mammal Ch: Clarity James
 Mammal Res Ch: Rachel Koch
 Non-Mammal Ch: Joseph Wesely

CAT

Best in Show Ch: Dayton Jons

DOG

Showmanship Trophy Ch: Katie Fisher
 Showmanship Sr Ch: Ruby Dean
 Showmanship Int Ch: Dayton Jons
 Showmanship Beginning Ch: Sophie Huenink
 Beginning Agility A - Level 2 Ch: Dayton Jons
 Intermediate Agility - Level 3 Ch: Ruby Dean
 Pre-beginning Agility B - Level 1 Ch: Alexa Smith
 Pre-beginning Agility A - Level 1 Ch: Ruby Dean
 Obedience - Novice Ch: Ruby Dean
 Obedience - Beginning A Ch: Reese Dell
 Obedience - Beginning B Ch: Liam Powers

HORSE

English Showmanship Sr Ch: Caraline Higgins
 English Showmanship Jr Ch: Josie Johnson
 English Showmanship Elem Ch: Isla Strasburger
 Hunter Hack Sr Ch: Natalie Plautz
 Hunter Hack Jr Ch: Kayla Isaacs
 Hunter Hack Elem Ch: Gracen Byrne

English Hunter/Saddleseat Ages 4 and Up Grand Ch: Clairra Heinzle
 English Hunter/Saddleseat Ages 4 and Up Res Grand Ch: Makenna Coe
 English Hunter/Saddleseat Aged Horse Grand Ch: Kayla Isaacs
 English Hunter/Saddleseat Aged Horse Res Grand Ch: Shea Frink
 Miniature Showmanship Jr/Sr Ch: Kiara Eppenbach
 Miniature Showmanship Elem Ch: Gemma Bunz
 Western Showmanship Sr Ch: Caraline Higgins
 Western Showmanship Jr Ch: Lily Wood
 Western Showmanship Elem Ch: Isla Strasburger
 Groom and Care Ch: Saylor Bontrager
 Western Stock Horses Ages 4 and Up Grand Ch: Josie Johnson
 Western Stock Horses Ages 4 and Up Res Grand Ch: Taeva Taylor
 Western Stock Horses Aged Horse Grand Ch: Lola Bunz
 Western Stock Horses Aged Horse Res Grand Ch: Lena Barnes
 Xtreme Versatility Ch: Scarlett Battles
 Ranch Horse Versatility Sr Ch: Caraline Higgins
 Ranch Horse Versatility Jr Ch: Lyra Krutak
 Ranch Horse Versatility Elem Ch: Evelyn Smith
 Additional horse awards will be announced at 4-H Horse Awards Night.



State Fair 4-H Top Results

Congratulations to the Lancaster County 4-Hers who showcased their projects at the Nebraska State Fair! Here are the top results. Complete results are at <http://nebraska4hresults.com>.

Top Awards

| | |
|----------------------------------|---|
| Reese Dell | Champion Obedience Beginning Novice Division A |
| May Frain | Rabbit: Best of Breed Rabbit: 3rd Overall Best of Show |
| Ethan Gabel | Science & Technology Award: Premier Science Award |
| Kyson Gana | Beef: Champion Angus Breeding Heifer Beef: Reserve Champion Shorthorn Breeding Heifer Beef: 3rd Place Champion Breeding Heifer |
| Elizabeth Hilkemann | Judging Contests: Tree ID: Intermediate, 1st Place Judging Contests: Weed & Grass ID: Intermediate, 4th Place Science & Technology Special Award: Premier Science Award |
| Sophie Huenink | Dog: Junior Showmanship, 1st Place Dog: Skillathon, 1st Place |
| Noah Jelinek | Poultry: Senior Showmanship, 1st Place |
| Clara Johnson | Sheep: Reserve Champion Division II: Hampshire Market Lambs |
| Lauren Johnson | Meat Goat - Champion Division III: Market Goat |
| Blake Mueller | Beef: Reserve Champion Charolais Breeding Heifer |
| Micah Mueller | Beef: Champion Composite Charolais Breeding Heifer |
| Catherine Polk | Judging Contests: Horticulture: Senior, 5th Place Judging Contests: Tree ID: Senior, 4th Place |
| Josephine Polk | Judging Contests: Tree ID: Intermediate, 4th Place |
| Maria Polk | Judging Contests: Horticulture: Intermediate, 3rd Place Judging Contests: Tree ID: Intermediate, 3rd Place |
| Benedict Rauert | Poultry: Junior Showmanship, 3rd Place Rabbit: Junior Showmanship, 3rd Place |
| Lawrence Rauert | Rabbit: Senior Showmanship, 2nd Place |
| Ava Schepers | Dog: Junior Showmanship, 3rd Place |
| Paige Schepers | Dog: Intermediate Showmanship, 1st Place Dog: Skillathon, 2nd Place Dog: Champion Obedience Beginning Novice Division B |
| Joseph Wesely | Judging Contests: Horticulture: Junior, 3rd Place Judging Contests: Tree ID: Junior, 5th Place |
| Kaily Wesely | Judging Contests: Horticulture: Senior, 2nd Place Judging Contests: Tree ID: Senior, 3rd Place |

Special Recognition

DESIGN GALLERY SELECTIONS

About 20 Visual Arts, Design Decisions, Clothing or Fashion Show exhibits were selected to be displayed in the 4-H Design Gallery at State Fair.

Piper Pillard (A Stitch Further - Dress or Formal).....STEAM Clothing 3
Kamryn Wanser (Accessory - Original Made from Glass)...Design Decisions

RAINBOW RIBBON RECOGNITION

Rainbow Recognition awards recognizes unique and outstanding items.

| | |
|----------------------------------|--|
| Emily Bauman | STEAM Clothing 3 - Upcycled Garment |
| Makenna Coe | STEAM Clothing: Beyond the Needle - Fashion Accessory |
| Khloe Cuttlers | Floriculture - Marigold |
| Reese Dell | Human Development - Language & Literacy Development |
| Catherine Friesen | Knitting Level 2 - Knitted Clothing |
| Adam Gabel | Human Development - Activity with a Younger Child |
| Ethan Gabel | Robotics - Kit Labeled Robot |
| Elizabeth Hilkemann | Entomology - Insect Poster/Display Safety - Disaster Kit Safety - Scrapbook |
| Mary Kate Ingracia | Heritage Level 1: Depicting Heritage |
| Emmett Keierleber | Crochet Level 2 - Home Design & Restoration Item |
| Brigham Moore | Computers - Produce a Slideshow Presentation |
| Amorita Payne | Citizenship - i2i - This Is Who I Am Poem Photography 2 - Creative Techniques & Lighting |
| Piper Pillard | STEAM Clothing 3 - Dress or Formal |
| Kanyon Pluge | Environmental & Earth Science - Inventing Wildlife/Fish Harvesting Equipment, Aid or Accessory |
| Alexa Smith | Outdoor Adventure Level 2 - Other Camping Items |
| Kamryn Wanser | Design Decisions - Accessory - Original Made from Glass Visual Art Mediums - Original Mixed Media |

PHOTOGRAPHY SPECIAL SELECTIONS

Selected for display during the next year on UNL East Campus

Elizabeth Hilkemann (Kitten Sniffing Flower)...Animal Science Department
Nettie Lunquist (Inside of Sculpture).....East Campus Visitors Center
Tenley Bauman (Light Through Trees).....East Campus Visitors Center

VISUAL ARTS SPECIAL SELECTION

Selected for display during November and December on UNL East Campus

Evan Mittan-DeBuhr (Pencil Drawing of Light Bulb)...East Union Loft Gallery

LIVESTOCK ACHIEVEMENT PROGRAM

At the beginning of the 4-H year, youth plan what to accomplish. At the end of the 4-H year, they report on their completed accomplishments.

Piper Bauman.....Rabbit Project Area, Junior
Tenley Bauman.....Rabbit and Dairy Goat Project Area, Intermediate
May Frain.....Rabbit Project Area, Senior
Adelaide Metcalf.....Rabbit Project Area, Junior

FINAL DRIVE (FORMERLY CALLED PARADE OF CHAMPIONS)

Top livestock exhibitors were invited to participate in the "Final Drive."

Piper Bauman.....Livestock Achievement
Tenley Bauman.....Livestock Achievement
May Frain.....Livestock Achievement
Kyson Gana.....Breeding Heifer
Lauren Johnson.....Meat Goat Market
Adelaide Metcalf.....Livestock Achievement

Purple Ribbons

| | |
|----------------------------|---|
| Emily Bauman — | Fashion Show - Constructed STEAM 3 Clothing Garment • Photography Unit 2 - Portfolio • Human Development - Health and Physical Development • STEAM Clothing 3 - Dress or Formal • STEAM Clothing 3 - Upcycled Garment • STEAM Clothing Beyond the Needle - Embellished Garment with Original Design |
| Nicholas Bauman — | Wildlife Habitat - Houses |
| Piper Bauman — | Leadership and Citizenship - Service Items |
| Tenley Bauman — | Rabbit: Breeding - Mini Lop Jr. Buck • Rabbit: Breeding - Mini Lop Sr. Buck • Rabbit: Breeding - Netherland Dwarf Sr. Buck • Heritage Level 1 - 4-H Member Scrapbook • Heritage Level 1 - Family Traditions Book • Leadership and Citizenship - Care Package Display • Leadership and Citizenship - Service Items • Photography Unit 2 - Creative Composition • Photography Unit 2 - Creative Techniques & Lighting • Photography Unit 2 - Portfolio • Computers - Produce a Slideshow Presentation |
| Pazyleigh Belew — | Cooking 201 - Healthy Baked Product |
| Ian Bettenhausen — | Conservation and Wildlife - Reptile or Amphibian Display |
| Joey Branch — | Human Development - Activity with a Younger Child |
| Auren Burkey — | Meat Goat: Breeding - Commercial Doe Kids (born between 9/1/2023 and 6/1/2024) • Sheep: Breeding - Commercial Meat Breed Ewe Lambs (born 9/1/2023 and after) |
| Chloe Casebolt — | Visual Arts Mediums - Original Mixed Media |
| Makenna Coe — | Sheep: Breeding - Commercial Meat Breed Ewe Lambs (born 9/1/2023 and after) • Sheep: Market - Crossbred Lambs • Design Decisions - Accessory - 3D • STEAM Clothing: Beyond The Needle - Fashion Accessory |
| Harper Cordes — | Fashion Show - Constructed STEAM Clothing 2 - Garment |
| Emily Crawford — | Leadership and Citizenship - Service Items • Quilt Quest - Quilted Exhibit - Small • STEAM Clothing 2 - Bottom • STEAM Clothing 2 - Top |
| Mia Crawford — | Leadership and Citizenship - Service Items • Quilt Quest - Quilted Exhibit - Medium |
| Khloe Cuttlers — | Floriculture - Marigold |
| Ruby Dean — | Dog: Agility - Level 3 |
| Lundy Dell — | Quilt Quest - Quilt Designs Other Than Fabric • STEAM Clothing: Beyond The Needle - Embellished Garment with Original Design |
| Maddox Dell — | Heritage Level 1 - Other Historical Exhibit |
| Reese Dell — | Dog: Obedience - Beginning Novice Division A • Dog: Showmanship - Intermediate • Heritage Level 2 - 4-H Club/County Scrapbook • Heritage Level 2 - 4-H Member Scrapbook • Heritage Level 2 - Special Events Scrapbook • Photography Unit 2 - Creative Composition • Design Decisions - Accessory - Original Needlework/Stitchery • Human Development - Language and Literacy Development • Cooking 401 - Candy |
| Reagan Dinger — | Poultry: Mediterranean - Sicilian Buttercup Pullet |
| Roy Egelhoff — | Computers - 3-D Printing - Unique Object |
| Adella Kendrick — | STEAM Clothing: Beyond The Needle - Embellished Garment with Original Design |
| Frankie Kendrick — | Design Decisions - Accessory - 3D |
| May Frain — | Rabbit: Breeding - Mini Lop Jr. Buck • Rabbit: Breeding - Mini Lop Jr. Doe • Rabbit: Breeding - Mini Lop Sr. Buck • Rabbit: Breeding - Mini Lop Sr. Doe • Photography Unit 2 - Expression Through Color • Heirloom Treasures and Family Keepsakes - Furniture |
| Anne Friesen — | Visual Arts Mediums - Original Watercolor Painting |
| Catherine Friesen — | Knitting Level 2 - Knitted Clothing |
| Shea Frink — | Photography Unit 2 - Candid Photography |
| Adam Gabel — | Heritage Level 2 - Other Historical Exhibit • Heritage Level 2 - Story or Illustration about a Historical Event • Leadership and Citizenship - Citizenship Game • Photography Unit 3 - Portrait Print • Human Development - Activity with a Younger Child • STEAM Clothing: Beyond The Needle - Embellished Garment with Original Design • Conservation and Wildlife - Wildlife Essay • Outdoor Adventure Level 2 - Other Camping Items • Food Preservation - Unit 3 - Boiling Canning - 1 Jar Tomato • Food Preservation - Unit 4 - Pressure Canning - 1 Jar Vegetable or Meat Exhibit • Computers - Virtual Platform Presentation • Visual Art Mediums - Original Mixed Media |
| Ethan Gabel — | Robotics Showcase - Build a Robot • Heritage Level 2 - Community Report • Heritage Level 2 - Story or Illustration about a Historical Event • Food Preservation - Unit 3 - Boiling Canning - 3 Jar Tomato Exhibit • Computers - Virtual Platform Presentation • Robotics - 3-D Printed Robotics Parts • Robotics - Kit Labeled Robot |



Ethan Gabel's Lego-sorting robot programmed with AI-image recognition earned 1 of 10 Premier Science Awards. Read about his project, at <http://go.unl.edu/sciaward1>



Elizabeth Hilkemann's notebook documenting a cookie experiment earned 1 of 10 Premier Science Awards. Read more at <http://go.unl.edu/sciaward2>



Evan Mittan-DeBuhr's pencil drawing was selected for display at the Loft Gallery.



Two Lancaster County 4-H'ers exhibits were selected for the Design Gallery and earned Rainbow Recognition awards:

- Piper Pillard's pink floral dress (a STEAM Clothing 3 - constructed garment).
- Kamryn Wanser's blown glass globe (a Design Decisions - Original Made from Glass)

(Photos are from the Lancaster County Super Fair.)



4 On the Floor 4-H dog club members who participated at State Fair included (L-R) Ruby Dean, Ava Schepers, Paige Schepers, Bella Croghan, Club Leader, John Croghan, Sophie Huenink, Remington Tate, Olivia Jelinek and Dayton Jons. Not pictured: Reese Dell and Tillie Karmann.

Morgan Gabel — Citizenship - i2i - Biography • Heritage Level 2 - Community Report • Heritage Level 2 - Other Historical Exhibits • Heritage Level 2 - Video/DVD or Slide/Tape Documentary of a Family or Community Event • Design Decisions - Accessory - Textile - 3D • Human Development - Activity with a Younger Child • Human Development - Social Emotional Development • Conservation & Wildlife - Wildlife Essay • Cooking 301 - Specialty Rolls • Food Preservation - Unit 3 - Boiling Canning - 3 Jar Tomato

Kaden Gana — Beef: Commercial Breeding - Heifer

Kyson Gana — Beef: Angus Breeding - Angus Yearling Heifers Calved Jan./Feb. 2023 • Beef: Shorthorn Yearling Heifers Calved Jan./Feb. 2023

Nicole Gee — STEAM Clothing 3 - Dress or Formal • STEAM Clothing: Beyond The Needle - Embellished Garment with Original Design

Aleigha Gyhra — Design Decisions - Accessory - Textile - 3D • Quilt Quest - Quilted Exhibit - Medium

Zora Halsey-Craig — Conservation & Wildlife - Wildlife Diorama

Ari Hamblin — STEAM Clothing 2 - Skirt • STEAM Clothing 2 - Textile Clothing Accessory • STEAM Clothing 2 - Top

Parker Hansen — Human Development - Math • Floriculture - Any Other Perennial • Horticulture - Any Other Herb

Jaxon Harvey — Rockets - Any Skill with Wooden Fins, Painted Using Commercial Application • Woodworking - Article

Quentyn Hein — Design Decisions - Accessory - Recycled/Upcycled Item for the Home

Elizabeth Hilkemann — Judging Contest - Tree ID - Intermediate • Judging Contests - Weed and Grass ID - Intermediate • Heritage Level 1 - Other Historical Exhibit • Heritage Level 1 - Story or Illustration about a Historical Event • Photography Unit 2 - Creative Composition • Photography Unit 2 - Expression Through Color Display • Photography Unit 2 - Portfolio • Entomology - Insect Poster/Display • Entomology - Reports or Journals • Forestry - Living Tree Display • Forestry - Seed Display • Outdoor Adventure Level 2 - Other Camping Items • Range Management - Parts of a Range Plant Poster • General Foods - Food Science Explorations • Safety - Careers in Safety • Safety - Disaster Kit • Safety - Experiences • Safety - Scrapbook • Computers - Produce a Slideshow Presentation • Veterinary Science - Large Animal Poster, Notebook or Display

Kelton Hoesche — Design Decisions - Furniture - Recycled/Remade • Visual Art Mediums - Original Watercolor Painting • Visual Art Themes - Original Art Inspired by Landscapes

Sophie Huenink — Dog: Agility - Level 2 • Dog: Obedience - Beginning Novice Division B • Dog: Showmanship - Junior • Dog: Skillathon - Junior

Sofia Hunt — STEAM Clothing 2 - Skirt • STEAM Clothing 2 - Top

Maria Kate Ingracia — Heritage Level 1 - Depicting Heritage of Member's Family or Community

Noah Jelinek — Poultry: RCCL Bantams - Wyandotte Black Hen • Poultry: Senior Showmanship

Olivia Jelinek — Dog Agility - Level 1 • Dog: Showmanship - Intermediate • Dog Skillathon - Intermediate • Rabbit: Breeding - Netherland Dwarf Sr. Buck

Clara Johnson — Fashion Show - Constructed STEAM Clothing 3 Garment • Meat Goat: Market - Wethers • Sheep: Breeding - Hampshire Ewe Lambs (born 9/1/2023 and after) • Sheep: Senior Showmanship

Josie Johnson — Meat Goat: Breeding - Commercial Doe Kids (born between 9/1/2023 and 6/1/2024) • Sheep: Market Sheep - Crossbred Lambs • Sheep: Market - Hampshire Lambs • Meat Goat: Senior Showmanship • Sheep: Senior Showmanship

Lauren Johnson — Meat Goat: Market - Wethers • Sheep: Crossbred Market Lambs • Sheep: Senior Showmanship • Cooking 401 - Family Food Tradition

Dayton Jons — Fashion Show - Shopping In Style Purchased Outfit and Written Report • Dog: Showmanship - Intermediate • STEAM Clothing 3 - Dress or Formal • STEAM Clothing: Beyond The Needle - Embellished Garment with Original Design

Emmett Keierleber — Crochet Level 2 - Home Design & Restoration Item

Jaelynn Kliment — Sheep: Market Sheep - Crossbred Lambs • Sheep: Senior Showmanship

Rachel Koch — Cooking 201 - Coffee Cake • Food Preservation - Unit 3 - Boiling Canning - 1 Jar Jelled

Michael Lockee III — Sheep: Breeding - Commercial Meat Breed Ewe Lambs (born 9/1/2023 and after) • Sheep: Market - Crossbred Lambs • Sheep: Market - Hampshire Lambs • Sheep: Senior Showmanship

Nettie Lunquist — Photography Unit 3 - Advanced Techniques & Lighting

Meredith Marsh — Crochet Level 2 - Home Design & Restoration Item • Design Decisions - Accessory - Original Made from Wood • Design Decisions - Accessory - Recycled/Upcycled Item for the Home

Evan Mittan-DeBuhr — Visual Art Mediums - Original Pencil Drawing

Brigham Moore — STEAM Clothing: Beyond The Needle - Embellished Garment with Original Design • Computers - Produce a Slideshow Presentation

Isaiah Morse — Heritage Level 1 - 4-H Member Scrapbook

Blake Mueller — Beef: Charolais Breeding - Charolais Yearling Heifers Calved Jan./Feb. 2023

Micah Mueller — Beef: Composite Charolais Breeding - Heifer Calved Nov./Dec. 2023 • Beef: Composite Charolais Breeding - Heifer Calved Sep./Oct. 2023

TJ Mueller — Beef: Mainetainer Breeding - Heifer Calved Jan.-April 2024 • Beef: Mainetainer Breeding - Yearling Heifers Calved May/June 2023

Emma Mumm — Heritage Level 1 - Framed Family Groupings (or Individuals) of Pictures Showing Family History

Brooklynn Nelsen — Cooking 201 - Biscuits or Scones

Meredith Noack — Crochet Level 2 - Clothing

Leo Otteman — Heritage Level 1 - Family Genealogy/History

Mac Ousey — Visual Art Mediums - Original Single Media Not Listed

Abigail Page — Food Preservation - Unit 2 - Drying - Dried Herbs

Amorita Payne — Fashion Show - Shopping in Style Purchases Outfit and Written Report • Citizenship - i2i - This Is Who I Am Poem • Photography 2 - Creative Techniques & Lighting

Vanessa Peterson — STEAM Clothing 3 - Coat, Blazer, Suit Jacket or Outerwear • STEAM Clothing 3 - Romper or Jumpsuit • Cooking 401 - Foam Cake

Lucy Pflanz — Design Decisions - Accessory - Outdoor Living

Piper Pillard — Fashion Show - Constructed STEAM Clothing 3 Garment

Kanyon Plugge — Harvesting Equipment - Inventing Wildlife/Fish Harvesting Equipment, Aid or Accessory • Cooking 201 - Baking with Whole Grain • Woodworking - Article

Catherine Polk — Judging Contests - Horticulture - Senior • Judging Contests - Tree ID - Senior • Visual Art Mediums - Original Ink Drawing

Maria Polk — Judging Contests - Horticulture - Intermediate • Judging Contests - Tree ID - Intermediate

Aiden Powers — Rockets - Any Skill with Wooden Fins, Painted Using Commercial Application • Woodworking - Article

Liam Powers — Heritage Level 1 - Other Historical Exhibit • Rockets - Any Skill with Wooden Fins, Painted Using Commercial Application • Woodworking - Article

Benedict Rauert — Poultry: Junior Showmanship • Rabbit: Breeding - Mini Rex Jr. Buck • Rabbit: Junior Showmanship • Horticulture - Salad Tomatoes

George Rauert — Rabbit: Breeding - Mini Rex Jr. Buck • Rabbit: Breeding - Mini Rex Sr. Doe • Food Preservation - Unit 3 - Boiling Canning - 1 Jar Pickled • Horticulture - Okra • Horticulture - Salad Tomatoes

Lawrence Rauert — Rabbit: Breeding - Mini Rex Jr. Doe • Rabbit: Intermediate Showmanship • Horticulture - Okra • Horticulture - Salad Tomatoes

Marylynn Rauert — Poultry: Ducks - Bant East Indie Old Male • Poultry: Senior Showmanship • Rabbit: Senior Showmanship • Food Preservation - Unit 2 - Drying - Dried Herbs

Hadley Reimers — Beef: Chianina Breeding - Heifer Calved Jan.-April 2024 • Beef: Feeder Calf - Heifer

Hudson Reimers — Beef: Feeder Calf - Heifer

Addison Rocole — Heritage Level 1 - 4-H Member Scrapbook • Design Decisions - Accessory - Original Made from Wood • Quilt Quest - Quilted Exhibit - Small

Ava Schepers — Dog: Showmanship - Junior

Paige Schepers — Dog Obedience - Beginning Novice Division B • Dog Rally - Beginning Rally • Dog: Showmanship - Intermediate • Dog Skillathon - Intermediate

Jocelyn Schmall — Entomology - Macrophotography

Alexa Smith — Fashion Show - Beyond the Needle - Textile Arts Garment • Leadership and Citizenship - Care Package Display • Leadership and Citizenship - Service Items • STEAM Clothing 2 - Skirt • STEAM Clothing 2 - Top • STEAM Clothing: Beyond The Needle - Embellished Garment with Original Design • Shopping in Style - Best Buy for Your Buck Ages 8-13 • Outdoor Adventure Level 2 - Journal/Binder • Outdoor Adventure Level 2 - Other Camping Items

Agatha Sullivan — Visual Art Mediums - Original Charcoal Drawing

Emma Thomson — STEAM Clothing 3 - Dress or Formal

Cora Vander Woude — Cooking 301 - Whole Wheat or Mixed Grain Bread

Nolan Vander Woude — Cooking 201 - Creative Mixes

Ryan Vander Woude — Cooking 201 - Coffee Cake • Cooking 201 - Healthy Baking Project

Olivia Vanderford — Swine: Senior Showmanship

Avery Vlasnik — Design Decisions - Accessory - Outdoor Living • Food Preservation - Unit 3 - Boiling Canning - 1 Jar Jelled • Food Preservation - Unit 3 - Boiling Canning - 1 Jar Pickled • Floriculture - Gomphrena

Jaxon Vlasnik — Floriculture - Any Other Perennial • Rockets - Any Skill with Wooden Fins, Painted Using Commercial Application • Woodworking - Article

Kamryn Wanser — Design Decisions - Accessory - Original Made from Glass • Visual Art Mediums - Original Mixed Media

Kaily Wesely — Judging Contests: Horticulture - Senior • Judging Contests - Tree ID - Senior

Joseph Wesely — Judging Contests - Tree ID - Junior

Julia Wolfe — Beef: Breeding - Angus Yearling Heifers Calved May/June 2023

Nebraska Extension in Lancaster County
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EXTENSION NEWS

2024 UNL Service Awards

University of Nebraska–Lincoln staff reaching an anniversary year of employment were recently honored for their years of service to the university. The following Nebraska Extension in Lancaster County staff are being recognized:

- **Karen Wobig**, Extension Educator — 25 years
- **Jaci Foged**, Extension Educator — 15 years
- **Emily Gratopp**, Extension Educator — 10 years
- **Hayley Jackson Perez**, Extension Educator — 5 years



(L-R) Karen Wobig, Hayley Jackson Perez, Jaci Foged and Emily Gratopp



EXTENSION CALENDAR

All events held at the Nebraska Extension in Lancaster County conference rooms, 444 Cherrycreek Road, Suite A, Lincoln, unless otherwise noted.

September

- 28 Composting Demonstration, Pioneers Park, Across from the Nature Center 10 a.m.**
30 4-H Council's Alumni Scholarship Deadline

October

- 1 4-H Council Meeting 6 p.m.**
6 4-H Information Night 5 p.m.
6–12 National 4-H Week
10 Pesticide Applicator NDA "Walk-In" Testing Session 9 a.m.–2 p.m.
11 Extension Board Meeting 8 a.m.
12 Composting Demonstration, Pioneers Park, across from the Nature Center 10 a.m.
13 4-H Teen Council Meeting 3 p.m.
24 4-H Horse Awards Night 6:30 p.m.
30 4-H Leader/Volunteer Training 9 a.m.

Youth Science Day for Homeschooled Youth, Nov. 5

Nebraska Extension in Lancaster County will present a Youth Science Day for Homeschooled Youth on Tuesday, Nov. 5, 9 a.m.–12 p.m. at the Nebraska Extension in Lancaster County conference rooms, 444 Cherrycreek Road, Suite A, Lincoln. Open to all homeschooled youth, grades K–6th (most lessons are geared towards 3rd–5th graders). Fee is \$10 per youth, due at event check-in. Youth will focus on lessons involving science, technology, engineering and math (STEM) activities. Register online at <https://go.unl.edu/2024-homeschool-youth-science-day> by Monday, Oct. 28.



2023 Youth Science Day for Homeschooled Youth

Make It With Wool Contest

The 2024 Nebraska Make It With Wool contest will be held Saturday, Nov. 23 beginning at 9 a.m. in Lexington at Lexington Middle School, 1100 N. Washington Street. Open to youth and adults, participants model their creations in sewing, knitting, crocheting, spinning and weaving of wool fabrics and yarns. There is also a "Made for Others" category. The fabrics/yarns used for the wool contest must be 100% wool or wool blend (minimum 60% wool or specialty wool fiber).

The state entry fee is \$15, plus the national entry fee is \$15. In addition, there is a \$7 wool testing fee per each different fabric swatch and/or 36-inch length of each yarn. Entry forms, wool samples, registration and wool testing fees are due by Oct. 15 to Andrea Nisley, P.O. Box 757, Lexington, NE 68850. For more information, go to <https://go.unl.edu/2024-make-it-with-wool> or call 308-324-5501. More information is also available on the National Make It With Wool website at <https://makeitwithwool.com>.

Deadline For Extension Board Applications, Nov. 1

The Lancaster County Board of Commissioners seek community members to serve on the Lancaster County Extension Board. Vacancies will be filled with three-year appointments beginning in January 2025. Extension Board members advocate for and assist Extension staff in program areas such as: 4-H youth development; early childhood; horticulture, landscape & environmental systems; food, nutrition & health; and water & cropping systems. The board meets monthly (usually the second Friday of the month at 8 a.m.). Registered Lancaster County voters interested in serving should complete an Extension Board application by Nov. 1. Additional information and an application can be obtained from: Nebraska Extension in Lancaster County, 444 Cherrycreek Road, Suite A, Lincoln, NE 68528 or by calling 402-441-7180. Applications are also online at <https://lancaster.unl.edu/extensionboard>.