



Super Fair Showcases 4-H'ers Learning Experiences

The 2023 Lancaster County Super Fair was held Aug. 2–8 at the Lancaster Event Center Fairgrounds. 4-H & FFA is a big part of the first weekend of the fair, giving youth an opportunity to showcase projects they've worked on throughout the year. The Nebraska Extension 4-H youth development program offers youth ages 5–18 a variety of hands-on learning experiences. At this year's Super Fair, 496 4-H/FFA exhibitors entered 4,880 exhibits (including static exhibits, Clover Kids, animals and contest entries). Lancaster County 4-H thanks all the volunteers and sponsors who make 4-H youth learning experiences possible!

See more
Super Fair 4-H
coverage —
including top
results — on
pages 7–9.



Photos by Vicki Jedlicka, Nebraska Extension in Lancaster County



Clover Kids are 4-H'ers ages 5–7. At Super Fair, this age group participates non-competitively in static exhibits, Show & Tell (pictured), animal showmanship and Fashion Show modeling.

323 4-H exhibitors entered 2,435 static exhibits. The Super Fair features the largest county 4-H static exhibit display in Nebraska. Numerous volunteers work behind-the-scenes to organize and display the exhibits, as well as track ribbons. The day before the fair opens, static exhibits are judged and youth talk to judges about their projects (pictured).



Lancaster County has the largest 4-H county fair horse show in the state, with 41 events spanning 5 days. This year, 89 horse exhibitors competed in 1,012 total entries. Pictured is the English Horse show in which English attire and tack are used.



The 4-H poultry show increased from 138 birds last year to 247 this year — an increase of 79%. This reflects the national trend of backyard flocks growing in popularity. Pictured is judging of Modern Game Bantams.



Nearly 200 4-H youth and adults volunteered at the 4-H food stand this year, which is 4-H Council's primary fundraiser. Proceeds support the 4-H program throughout the year. Youth also learn skills such as responsibility and handling food safely.

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4-H Youth Use Videovoice to Address Health Equity

By Emily Gratopp, MS, Extension Educator in Lancaster County

Nebraska Extension in Lancaster County had the opportunity to take three youth and a community partner to the national True Leaders in Equity Institute (TLEI) in July. The 4-H True Leaders in Equity team is planning a project entitled, "Videovoice: Stories of Health Inequities."

The Youth-Adult Health Equity Team

The Lancaster County-based team consists of Emily Gratopp (Extension Educator), Shelan Rasho (an employee of Friendship Home and a Yazidi migrant) and 4-H youth leaders Kearah, Nansi and Wesal.

A few members of the team were youth participants of last year's local Photovoice project focused on immigrant and refugee mental health led by last year's TLEI 4-H youth leaders. After participating in the Photovoice project, they volunteered to be leaders this year and wanted to swap photos for more popular, engaging videos to share personal, health-based messages that evoke social change. The youth are passionate about finding unique ways to address health inequities, especially those inequities they see their friends, family, neighbors and community members experiencing.

True Leaders in Equity Institute

National 4-H Council hosts TLEI annually in Bethesda, Md., which is near Washington D.C. The national Well Connected Communities initiative sponsored the Nebraska team to attend. The mission of TLEI is to prepare youth-adult teams to be change agents within the Cooperative Extension System and work to create more welcoming and inclusive environments.

TLEI is a training and leadership opportunity that challenges participants to craft and champion equity-related projects that grow 4-H in their communities. At the event, the Nebraska youth were delighted to hear from a lineup of speakers as diverse as they are. They took initiative to connect with the speakers



Videovoice Health Equity Project leaders posed in front of their project poster presented at the national True Leaders in Equity Institute.

and are now forming international networks. One Nebraska youth capitalized on an invitation presented by one of the speakers and is now a member of the national Access, Equity and Belonging Committee associated with the National 4-H Council.

Videovoice Project Planning

In addition to the excellent professional development opportunities, TLEI provided time for the Lancaster County team to plan, present and receive feedback on their upcoming health equity project. The team will use Videovoice to inspire action to eliminate health inequities by capturing and sharing health equity stories. Videovoice is a health advocacy and promotion methodology wherein participants use participatory videography and interviewing techniques to identify issues of concern, communicate knowledge and advocate for community health.

In partnership with a local videographer's expertise, the team has begun their 9-month long project journey with the youth leaders sharing their own experiences of health inequities. These initial videos will serve the project's goal of reducing health inequities while also assisting in recruiting additional community members to share their health inequity experiences.

All health inequity videos will be linked to various solutions, either as they happened or potential future solutions based on existing or needed community



The True Leaders in Equity team presented their project idea to other Institute attendees with the aid of a video story board created by Visual-Logic.

resources. The purpose of the project is to make health inequities and potential solutions/community resources real and relatable with an empathy-evoking storyline based on real community

members' needs and stories shared in an easily-consumable format.

Can You Help Us?

The target audience for both the Videovoice participants and the content are low-income individuals and young families ages 15–24. The target story includes a health inequity experienced personally by the storyteller that also includes a message of hope in successfully using community resources to address the health inequity. If you

have connections or resources to support this work, or if you or someone you know has health inequity experiences or stories to share, please reach out to Emily Gratopp at emily.gratopp@unl.edu.

RECIPE OF THE MONTH

By Emily Gratopp, MS, Extension Educator in Lancaster County

Be inspired by the fact that several members of the 4-H True Leaders in Equity team are Middle Eastern, and try this refreshing Jajic recipe. It is formally known as a salad, but I prefer it as a veggie dip or sauce on meat and rice dishes.

JAJIC MIDDLE-EASTERN CUCUMBER SALAD

(Yield: 6 servings)

- 3–5 Persian cucumbers OR 1 large cucumber, scrubbed with clean vegetable brush under running water, chopped*
- 2 Tablespoons fresh mint, gently rubbed under running water, finely chopped OR 2 teaspoons dried mint
- 1/4 cup fresh dill, gently rubbed under running water, finely chopped**
- 1 cup plain non-fat Greek yogurt
- 2 garlic cloves, minced
- 1/2 teaspoon salt (optional)



1. Wash hands with soap and water.
2. Combine all ingredients in a medium-sized bowl. Refrigerate until serving.
3. Serve chilled with meat and fish dishes, or as a dip with pita bread.
4. Store leftovers in a sealed container in the refrigerator for up to 4 days.

Notes: *To serve the salad as a dip, grate cucumbers instead of chopping.

**Substitute or add more fresh herbs to taste, such as parsley, cilantro or chives.

Nutrition Information: Serving Size (1/2 cup); Calories 30; Total Fat 0g; Saturated Fat 0g; Cholesterol 0mg; Sodium 15mg; Total Carbohydrates 4g; Fiber 0g; Total Sugars 2g, includes 0g Added Sugars; Protein 4g; Vitamin D 0%; Calcium 4%; Iron 0% and Potassium 2%

Nutrition Software Used: ESHA Food Processor

Source: This recipe was created in collaboration with Community Crops and Yazidi Project.

American Bittersweet Brightens Up Fall

By Sarah Browning, Extension Educator in Lancaster County

Bittersweet berries are a beautiful fall decoration, and gardeners may think growing their own is a great idea. But bittersweet is a fast-growing vine, which can easily get out of control. Vines twine and climb over shrubs and up nearby trees, which can severely damage or kill them. It's a poor choice for a finished area of an urban landscape, but it does make sense for wild areas, acreages or farms with a back fence, rock pile, old windmill or declining tree where it can scramble. Or, for a smaller in-town landscape, it could be planted in a whiskey barrel or other container to control its growth — just provide a trellis for it to climb.



'Autumn Revolution' bittersweet unripened fruit clusters.

Easy to Grow

American bittersweet, *Celastrus scandens*, is native to north America from Canada to South Dakota and New Mexico. It's a woody perennial vine or vine-like shrub with lustrous dark green alternate leaves, turning greenish-yellow to yellow in fall. Plants produce non-showy greenish-white flowers, which are easily overlooked by gardeners in May and June.

It is very easy to grow, thriving in any soil type, including dry locations and high pH soil. In fact, one way to slow down its aggressive nature is to purposefully plant it in a location with very poor soil; it will quickly outgrow

its bounds when growing in good soil. It blooms and fruits best when grown in full sun.

Plant height is often listed as 20 feet, but it will continue to grow if it has something to grow upon. Plants are hardy to Zone 3.

Autumn Revolution

Wild bittersweet plants are dioecious, meaning they have either all male flowers or all female flowers. Only female plants produce berries, but pollen from the male vine's flowers is needed for berry set. However, a 1:1 ratio of male and female plants is not needed — a single male plant can pollinate several female plants.

The difficulty, until recently, has been that male and female plant lines were not identified at the garden center. So, if unnamed bittersweet seedlings were purchased at a garden center or online, there was no way to know if they were female or male plants.

However, in 2009 Bailey Nursery introduced 'Autumn Revolution' a unique bittersweet with "perfect" flowers — meaning its flowers have both male and female structures in each flower. This means gardeners can buy one plant and it will produce the beautiful fruit clusters, avoiding the headache of finding male and female plants. 'Autumn Revolution' also has larger-than-normal berries. Michael Dirr, author of "The Manual of Woody Landscape Plants," describes them as marble-sized and the fruit clusters like a "cluster of grapes." It's available from online, mail-order nurseries.

Don't Plant Oriental Bittersweet

When purchasing bittersweet, make sure you know what species you are buying! A related species, Oriental bittersweet, *C. orbiculatus*, is considered a priority species by the Nebraska Invasive Species Program. This means it is a top priority for eradication of new or existing populations so it does not become a noxious weed, as it is considered in



'Autumn Revolution' bittersweet ripened berries (close up).

many other states.

Invasive non-native plants, like Oriental bittersweet, crowd out favorable native plants, degrading habitat for wildlife and insects.

American bittersweet and Oriental bittersweet can be identified by their fruit clusters. American bittersweet clusters are fewer in number but larger, often 2–4 inches in length, and develop at the tip of each vine. Oriental bittersweet produces more fruit clusters, but they are smaller and develop at the junction where a leaf attaches to the main stem. Thus, each Oriental bittersweet vine may have several small fruit clusters scattered along the end of each vine.



'Autumn Revolution' bittersweet ripened berries.

GARDEN GUIDE

THINGS TO DO THIS MONTH

By Mary Jane Frogge, Extension Associate in Lancaster County

October is a good time to control broadleaf weeds in the lawn, such as white clover, dandelion and ground ivy.

Pick bagworms from evergreen plants. This will eliminate the spring hatch from over-wintered eggs.

Fall is an excellent time for taking soil samples in your lawn and garden. Soil tests will measure the pH of the soil, organic matter content and the levels of some of the major elements required for plant growth, such as phosphorus and potassium.

Christmas cactus needs special care now to get its beautiful flowers this December. Buds will form at 50–60°F or if the plant is exposed to at least 13 hours of complete darkness each night.

Plant spring flowering bulbs such as tulips, daffodils and crocus.

Cure pumpkins, butternut and hubbard squash at temperatures between 70–80°F for 2 or 3 weeks immediately after harvest. After curing, store them in a dry place at 55–60°F.

Fall watering is important for trees and shrubs. Continue to water until the soil freezes.

Dig and bring in cannas, dahlias and gladiolus. Dry, clean and store in a cool location free from frost.

Remove leaves from lawn to reduce lawn problems. Compost or shred and use them for mulch.

Cut down stems and foliage of herbaceous perennials after 2 or 3 hard frosts and when leaves begin to brown.

After several hard frosts, add mulch to your perennial flower garden. A 1-inch layer of straw or chopped leaves will help conserve soil moisture and protect the root system.

Nut trees are a fine addition to the home landscape. They may accent the house, provide shade in the summer and even become a food source.

Use dried herbs to make fragrant wreaths and dried flower arrangements.

Helping Children Calm Down

By Hayley Jackson, Extension Educator in Lancaster County

This is fourth and final in a series of articles. Previous NEBLINE issues are at <https://lancaster.unl.edu/nebline>.

Challenging behavior in young children is defined as a repeated pattern of behavior that impedes the ability of the child to engage in appropriate social interactions with both their peers and adults (NCPMI, 2023). There are some simple strategies we can use to lessen the likelihood that challenging behaviors are going to happen.

This month, we will be examining the importance of helping children calm down and identify two strategies we can use to support children in regulating their emotions. There are many times throughout the course of a typical day that

young children will experience strong emotions and need support in helping to calm their bodies. Take, for example, a child who has to wait their turn to play with the iPad because their older sibling is using it. That child may experience disappointment in not getting the iPad right away, frustration at having to wait their turn and anger directed at their sibling.

These are powerful emotions that are likely difficult to manage for a young child. Below are some strategies caregivers can use to help support the young children in their life manage big emotions.

1. Emotion Recognition

— One of the first steps in supporting children's ability to manage their emotions is to teach them about emotions and the names for

complex emotions such as anger, happiness or frustration. Reading books about different emotions or singing songs about emotions is a great way to introduce these feelings to young children and give them the language needed to correctly identify and label emotions. A few examples of feelings books are "Glad Monster, Sad Monster" by Ed Emberly, "Sometimes I'm Bombaloo" by Rachel Viel and "The Way I Feel" by Janan Cain.

2. Deep Breathing

— When children experience intense emotions, one of the best ways to help them calm down is by taking deep breaths. Taking deep breaths engages the body's parasympathetic nervous system which is respon-

sible for calming the body after a stressful event. You can teach children to take a "belly breath" by having them place their hands on their tummy and then taking a deep breath in and out. Ask children to pay attention to the way their tummy moves as they continue to take long breaths in and out. Visuals can also be helpful when teaching children to take deep breaths. Using a pinwheel is one way for

children to visualize taking a deep breath. Show children how the pinwheel moves when you take a deep breath and then exhale near the pinwheel. Encouraging children to make the pinwheel move with their own breath is a great way to encourage deep breathing.

Helping children learn to calm down and regulate their emotions is a valuable skill they will use for the rest of their lives. Deep breathing and learning to recognize our emotions are just two strategies that can support children learning this skill. As with any new skill, the more you practice, the easier it will become, so I encourage you to practice with the young children in your life today.



Photo provided by Canva

Adding Wheat to Your Corn-Soybean Rotation Has Many Benefits

By John Nelson, Extension Educator in Lancaster County

The corn-soybean rotation is the most widely used cropping system in southeast Nebraska. However, many can remember a time when wheat was also a very common crop in the area. According to the United States Department of Agriculture National Agricultural Statistics Service (USDA-NASS), wheat acres in Southeast Nebraska have declined from over 600,000 acres in the 1950s to less than 20,000 in 2019.

There are, of course, many factors involved in this decline, but one of the main drivers may have been the stagnation of average wheat yields in the region for a period of nearly 30 years from the early 1970s to the late 1990s. In contrast, average corn and soybean yields

across the United States have steadily improved each year since the 1950s.

When we begin to build a case for adding wheat back into our rotations in Southeast Nebraska, we look at the same USDA-NASS information discussed previously. From the end of the 1990s to present day, average wheat yields in the region have improved from around 35 bu/acre to over 60 bu/acre.

Genetic improvements and refinement of farming practices can explain a large portion of this yield increase. We also know there is plenty of untapped wheat yield potential in the area under high levels of management. For example, the 2021 UNL variety trial in nearby Jefferson County averaged nearly 110 bu/acre, with the best varieties yielding over 120 bu/acre.

Benefits of Wheat

The benefits of higher wheat yields are not the only positive aspects of including wheat in our typical corn-soybean rotations. The most obvious positive impact shown in two long-term studies in the Midwest is the increase in corn and soybean yields after wheat was added to the rotation. In these studies, corn yields were 9–12 bu/acre higher in soybean-wheat-corn systems than in typical corn-soybean rotations. Additionally, soybean yields were approximately 3 bu/acre higher in the rotations that included wheat.

Soil health is becoming a common focus for growers attempting to improve soil productivity and resilience. The same studies previously referenced showed increases in water stable aggregates in

rotations including wheat. This water stable aggregate indicator is a good general descriptor of soil health, as improvements in aggregate stability can result in improved organic matter accumulation, soil porosity, nutrient cycling and plant water availability.

There are obviously many difficult obstacles for growers to overcome when considering adding wheat to their rotations, and economics is always a concern. However, other income opportunities are available with wheat, including selling straw, raising forage crops immediately after wheat and integrating livestock into the system. There are also incentive programs offered by the USDA Natural Resource Conservation Service (NRCS) to encourage including wheat and cover crops in corn-soybean systems.

It is always difficult to make significant changes to our systems and crop rotations. There are many barriers to overcome when modifying a well-established system. However, research from all around the United States has indicated that a more intensive and diverse cropping system will ultimately be more resilient and productive in the long term if producers have the patience and willingness to test new ideas.

Sources: US Dept. of Ag - National Ag Statistics Service (USDA-NASS) and Nathan Mueller, Extension Educator in Saline, Jefferson and Gage Counties.

FOR MORE INFO

To read more about wheat, go to: <https://croptechcafe.org/winterwheat>. There you will find newsletters, resources and all things wheat related.



HEART OF 4-H VOLUNTEER AWARD

Kari Schepers

Lancaster County 4-H is proud to announce Kari Schepers of Roca as winner of the October "Heart of 4-H Award" in recognition of outstanding volunteer service.

A 4-H volunteer for 4 years, she helps in a variety of ways:

- Leader of the Wonder Cats 4-H club, which she founded.
- A parent volunteer with the 4 On the Floor 4-H dog club.
- A parent volunteer with the Tails N' Trails 4-H horse club.
- Member of Lancaster County 4-H Council.

Kari also helps her 4-H clubs participate in community service projects, such as the Wonder Cats hosting a carnival-type booth at Kiwanis Carnival for Elliot Elementary school families, and taking miniature horses to nursing homes and events for children.

"I like being a 4-H volunteer because 4-H offers such a neat variety of programs for youth, and I enjoy learning with the 4-H members," she says. "My favorite experience as a 4-H volunteer was when our Wonder Cats club was interviewed on Arden Moore's nationally syndicated radio show, 'Four Legged Life.' The club learned how a radio show is produced and got to talk on the air with Arden."



Youth Science Day for Homeschooled Youth, Nov. 7

Nebraska Extension in Lancaster County will present a Youth Science Day for Homeschooled Youth on Tuesday, Nov. 7, 9-11:30 a.m. at the Nebraska Extension in Lancaster County conference rooms, 444 Cherrycreek Road, Suite A, Lincoln. Open to all homeschooled youth, grades K-6th (most lessons are geared towards 3rd-5th graders). Fee is \$5 per youth, due at event check-in. Youth will focus on lessons involving science, technology, engineering and math (STEM) activities. Register online at <https://go.unl.edu/2023homeschoolyouthscienceday> by Monday, Oct. 30.



BE PART OF SOMETHING BIG!
JOIN 4-H!

4-H is a community of youth learning in partnership with caring adults!

WHY 4-H?

4-H is America's largest youth development organization!
In 4-H, youth:

- Choose from over 150 projects to "learn by doing" (such as STEM, photography, foods, home environment or animals).
- Develop practical and life skills.
- Participate in leadership and community service activities.
- Have fun while making new friends!

Many 4-H youth showcase their projects at the Super Fair!



YOUTH: JOIN 4-H!

Ways youth ages 5-18 can participate:

- Join a new or existing 4-H club.
- Be an independent member.
- Participate in 4-H activities such as camps, workshops and contests.

ADULTS: VOLUNTEER!

Ways adults can help youth grow:

- Help start a new 4-H club.
- Help with an existing 4-H club.
- Volunteer at events such as the Super Fair.

LEARN MORE



4-H INFORMATION NIGHT
Sunday, Oct. 22 • 6pm

Nebraska Extension in Lancaster County,
444 Cherrycreek Rd., Suite A, Lincoln

Free hot dogs,
nachos &
refreshments!

See examples of 4-H projects such as STEM, art and other exhibits, plus animals such as rabbits!

NO FEES TO JOIN
Lancaster County 4-H!

Call 402-441-7180 or go to
lancaster.unl.edu/join4h



State 4-H Horse Expo Top Results

The 2023 Fonner Park State 4-H Exposition was held July 15-19 in Grand Island. Here are the Lancaster County 4-H'er purple ribbon and top 10 winners. Complete results are at <http://4h.unl.edu/horse/state-expo>.

JUDGING TEAM:

(Res Ch) Dillon Docter, Faith Oldemeyer, Amelia Proffitt, Max Roberts; coached by Roger Bell

JUDGING INDIVIDUALS:

Lena Gropp (4th, Blue Ribbon), Faith Oldemeyer (6th, Blue Ribbon), Amelia Proffitt (10th, Blue Ribbon)

HIPPOLOGY TEAM:

Senior Hippology – Saunders/Lancaster/Washington (Ch) Shea Frink, Brin Egr, Colleen Savig, Madeline Spreeman; coached by Ann Gillentine, Saunders County

3-5 YEAR OLD HALTER GELDINGS:

Josie Johnson (Res Ch), Liz Funk (9th)

3-5 YEAR OLD HALTER MARES: Caraline Higgins (3rd), Skylar Frisbie (6th, Blue Ribbon), Lillie McHenry (10th, Blue Ribbon)

6-10 YEAR OLD HALTER GELDINGS: Lena Gropp (6th)

6-10 YEAR OLD HALTER MARES: Josie Johnson (Ch), Ava Smith (6th), Lillie Beach (10th, Blue Ribbon)

11+ YEAR OLD HALTER GELDINGS: Kiara Eppenbach (3rd)

11+ YEAR OLD HALTER MARES: Amelia Proffitt (Ch), Scarlett Battles (8th)

MINIATURE/SHETLAND PONY HALTER GELDINGS: Paige Schepers (Ch), Collin Schepers (3rd)

MINIATURE/SHETLAND PONY HALTER MARES: Paige Schepers (Ch), Collin Schepers (3rd), Violet Green (4th, Blue Ribbon), Lyra Krutak (6th, Blue Ribbon)

SR SHOWMANSHIP: Caraline Higgins (4th), Taylor Root (8th), Scarlett Battles (9th), Skylar Frisbie, Ava Smith

JR SHOWMANSHIP: Lily Wood (Ch), Clairra Heinzle (3rd), Josie Johnson (5th), Kiara Eppenbach, Kayla Isaacs, Taeva Taylor

ELEMENTARY SHOWMANSHIP: Lauren Johnson (Ch), Xavyer Bourek (Res Ch), Lena Gropp (9th)

MINIATURE/SHETLAND PONY IN-HAND TRAIL: Paige Schepers (Ch)

SR TRAIL HORSE: Makenna Coe (4th, Blue Ribbon)

JR TRAIL HORSE: Josie Johnson (Ch), Lauren Johnson (3rd, Blue Ribbon)

WESTERN PLEASURE PONIES: Skylar Frisbie (5th)

SR WESTERN PLEASURE: Scarlett Battles (10th), Caraline Higgins (Finalist), Kali Maytum, Ava Smith, Liz Boshart, Lillie Beach



Judging reserve champion team (L-R) Max Roberts, Amelia Proffitt, (not pictured) Faith Oldemeyer and Dillon Docter.

JR WESTERN PLEASURE: Kiara Eppenbach (3rd), Josie Johnson (7th), Clairra Heinzle (Finalist)

ELEMENTARY WESTERN PLEASURE: Lauren Johnson (Res Ch), Anne Hastings (7th), Lena Gropp (8th), Xavyer Bourek (10th), Violet Green (Finalist)

SR RANCH PLEASURE: Caraline Higgins (Ch), Scarlett Battles (Finalist), Shea Frink (Finalist), Makenna Coe, Lillie McHenry, Addison Gropp

JR RANCH PLEASURE: Lyra Krutak (Finalist), Max Roberts

ELEMENTARY RANCH PLEASURE: Lauren Johnson (3rd), Xavyer Bourek (9th), Evelyn Smith (Finalist)

SR WESTERN HORSEMANSHIP: Taylor Root (5th), Caraline Higgins (6th), Ava Smith (Finalist), Lillie Beach

JR WESTERN HORSEMANSHIP: Kiara Eppenbach (Finalist), Lyra Krutak (Finalist), Paige Schepers (Finalist), Clairra Heinzle, Josie Johnson

ELEMENTARY WESTERN HORSEMANSHIP: Lauren Johnson (Ch), Anne Hastings (Res Ch), Violet Green (4th), Xavyer Bourek (10th)

ENGLISH & WESTERN DRESSAGE – ADVANCEMENT LEVEL 2: Xavyer Bourek (Ch), Lyra Krutak (Res Ch), Liz Boshart (4th, Blue Ribbon), Amelia Proffitt (5th, Blue Ribbon), Max Roberts (6th, Blue Ribbon)

ENGLISH & WESTERN DRESSAGE – ADVANCEMENT LEVEL 3: Calli Robinson (Ch), Skylar Frisbie (3rd, Blue Ribbon)

HUNTER HACK: Paige Schepers (3rd)

ADVANCED HUNTER UNDER SADDLE: Paige Schepers (3rd)

ADVANCED HUNT SEAT EQUITATION: Paige Schepers (3rd)

SR RANCH RIDING: Caraline Higgins (5th)

JUNIOR RANCH RIDING: Josie Johnson

ADVANCED WESTERN PLEASURE: Paige Schepers (3rd)

ADVANCED WESTERN HORSEMANSHIP: Paige Schepers (Res Ch)

SR REINING: Scarlett Battles (5th)

JR REINING: Josie Johnson (7th, Blue Ribbon), Taeva Taylor (9th, Blue Ribbon)

SR HUNTER UNDER SADDLE: Taylor Root (4th), Lillie Beach (6th), Liz Funk (8th), Skylar Frisbie (10th), Makenna Coe, Kali Maytum, Ava Smith, Scarlett Battles

JR HUNTER UNDER SADDLE: Lauren Johnson (Res Ch), Josie Johnson (3rd), Violet Green (4th), Anne Hastings (7th), Clairra Heinzle (10th), Xavyer Bourek (Finalist), Lena Gropp

SR HUNT SEAT EQUITATION: Makenna Coe (Finalist)

JR HUNT SEAT EQUITATION: Josie Johnson (Ch), Lauren Johnson (Res Ch), Violet Green (3rd), Xavyer Bourek (5th), Clairra Heinzle (Finalist)

WORKING RANCH HORSE: Caraline Higgins (5th), Scarlett Battles (8th, Blue Ribbon)

SR POLE BENDING: Shea Frink (5th), Katie Marsh (6th), Lillie Beach (8th)

ELEMENTARY POLE BENDING: Lauren Johnson (3rd), Anne Hastings (4th), Violet Green (7th)

SR BARREL RACING: Shea Frink (6th), Lillie Beach (7th), Liz Funk (9th)

ELEMENTARY BARREL RACING: Lauren Johnson (3rd), Violet Green (4th Blue Ribbon)



Photos ©2023 Faye Zmek Photography

English & Western Dressage Level 2 champion Xavyer Bourek



Miniature/Shetland Pony Halter Gelding champion Paige Schepers



Junior Showmanship champion Lily Wood

13-Year-Old Tenley Bauman Embraces 4-H Learning Experience at Fairs

By Vicki Jedlicka, Extension Publication and Media Assistant in Lancaster County

When many people think about county and state fairs, they envision carnivals, fried food and fun. Fairs also include hands-on learning through the 4-H youth development program. Tenley Bauman, a 13-year-old who lives in Hickman, loves the 4-H learning experience and recognition she gets at fairs. She started this year's Lancaster County Super Fair with 56 static exhibits she worked on in the months leading up to the fair. During the fair, she interviewed 16 of her static exhibits, participated in 9 contests and exhibited 6 animals (rabbits and poultry).

Tenley finished the fair with a toolbox of new and refined skills under her belt. Practical skills such as creating computer presentations, baking, sewing, cutting and painting wood, photography, genealogy, research and care of animals. She also gained life skills such as goal setting, time management, persistence, critical thinking, leadership, public speaking and self-confidence.

Along the way, she had fun and hung out with friends and earned premium money! What could be better? Going on to the Nebraska State Fair! Tenley had 15 static exhibits qualify and she participated in the 4-H rabbit show.

Learning is Fun

"I just love 4-H and fair. It's my favorite thing in the summer," Tenley says. "I do 4-H because I get good learning experiences in a supportive environment. People are always willing to help you because they want you to learn. I like to see which projects are successful and where I have areas to grow. I've always liked being at the fair, and I love being able to do new things."

The 4-H portion of fairs is organized by Nebraska Extension. Youth ages 5–18 work with adult volunteers



Tenley Bauman with several of her projects at the Lancaster County Super Fair.

on hands-on projects throughout the year. Many youth then showcase their projects at county and state fairs.

Tenley is a member of three 4-H clubs: Southern Lancaster Kids which works on a variety of projects, Rabbits R Us which focuses on rabbits and 4-H Teen Council which focuses on leadership activities. These clubs usually meet monthly. Her mother, Hope Bauman, is leader of the Southern Lancaster Kids club. During the Super Fair, Rabbits R Us has a tent space where members can spend time together.

Hope says, "Tenley just seems to shine when she's at the Super Fair, and it brings out the best in her. She loves everything about it and loves being in the barns and taking care of the animals. She loves working hard and being recognized for her accomplishments. She has good friends she met through 4-H that she enjoys seeing and hanging out with at fair. She's always sad when fair's over, and she can't wait for the next year."

After the fair season, Tenley starts thinking of what projects she might want to work on for the next year.

During the winter, she brainstorms ideas and starts on projects that take longer, such as cross stitch. After the school year, Tenley and her mom sit down together and finalize a list of projects Tenley wants to complete, then plan a tentative weekly schedule and what supplies are needed.

Preparation for Vet School

Since she was 3 years-old, Tenley has wanted to be a vet or zookeeper when she grows up. 4-H has helped confirm her career path of becoming a veterinarian. In addition to raising rabbits and showing poultry, Tenley completes 4-H vet science projects and participates in many animal contests, such as livestock judging and quiz bowls.

"Showing animals really helps you learn a lot to prepare for vet school, because it helps you learn about flaws and defects in animals," she says. "There are so many cool opportunities in 4-H that I'm just learning about, which can open doors for great learning experiences and resume-building opportunities."



4-H Announcements FOR 4-H'ERS AND VOLUNTEERS

The 4-H Youth Development Program is open to all youth ages 5–18 and free to join in Lancaster County. If interested in joining or volunteering, call 402-441-7180.

4-H LEADER UPDATE/TRAINING, OCT. 19 — All 4-H leaders and volunteers helping with clubs and independent members are encouraged to attend the Fall 4-H Leader Update/Training on Thursday, Oct. 19, 9 a.m. via Zoom or in-person at the Nebraska Extension in Lancaster County conference rooms, 444 Cherrycreek Road, Suite A, Lincoln. The training theme will be "You Are an Important Piece of the Puzzle" and will focus on 4-H club organization, new information for the upcoming 4-H year, opportunities for your 4-H members and more. This is a great time to connect with other parents and leaders. You MUST pre-register by Monday, Oct. 9 by calling Kristin Geisert at 402-441-7180 or emailing at kristin.geisert@unl.edu. Please indicate if you will be attending in-person or via Zoom.

HORSE AWARDS NIGHT, OCT. 26 The annual Lancaster County 4-H Horse Awards Night will be Thursday, Oct. 26, 6:30 p.m. at the Nebraska Extension in Lancaster County conference rooms, 444 Cherrycreek Rd., Suite A, Lincoln. Awards presentation includes Incentive Awards, Horsemanship Levels, All-Around Awards, Herdsmanship, Top Judging buckles and ribbons, as well as a few surprise awards! The Horse VIPs Committee will provide snacks. Come help celebrate the outstanding accomplishments of the 2023 Lancaster County 4-H equestrians!

PAPER BASKET WORKSHOP, NOV. 4 — 4-H youth ages 8 and up are invited to a "Design My Place" workshop to engineer and construct a woven paper basket using recycled newspapers and wire on Saturday, Nov. 4 from 9 a.m.–12 p.m. at the Nebraska Extension in Lancaster County conference rooms, 444 Cherrycreek Road, Suite A, Lincoln. No cost to attend. Learn paper weaving techniques to make a home décor basket that may be exhibited at the Super Fair. Adults are encouraged to attend to help, especially if their child is 8 or 9 years old. Register by Monday, Oct. 30 by calling Kristin Geisert at 402-441-7180 or emailing kristin.geisert@unl.edu. Bring a needle nose wire cutter for cutting wire. All other supplies will be provided.



Super Fair 4-H/FFA Top Results

4-H/FFA complete results, photos and videos are online at <http://lancaster.unl.edu/4h/fair>



(TOP ROW PHOTOS L-R):

- Fashion Show Top 5 (L-R) — Clara Johnson, Piper Pillard, Clare Bauman, Dayton Jons, Vanessa Peterson.
- Livestock Elite Showmanship — (front L-R) Lauren Johnson, Josie Johnson, (back L-R) Aleya Cuttlers, Olivia Vanderford, Ezra Kubicek
- Premier Science Award — Ethan Gabel with a solar heater made of recycled aluminum cans.
- Best of Show Poultry Overall: Lawrence Rauert with his Rhode Island Red rooster.

(BOTTOM ROW PHOTOS L-R):

- Top Food Preservation exhibit — Elise Schwinck
- Top Creative Photography — Jocelyn Schmoll
- Horse Xtreme Versatility — Taylor Root



Ch=Champion; Res=Reserve

Top Static Exhibits

GENERAL AREAS

Poster: Kyla Jueneman
Quilt Ch: Mia Crawford
Quilt Res Ch: Reese Dell
Dog Static Exhibit: Olivia Jelinek
Banner: Lancaster Leaders

SCIENCE, ENGINEERING & TECHNOLOGY

Aerospace: Micah Pracheil
Engineering: Ethan Gabel
Woodworking: Madelyn Egelhoff

SAFETY

Safety: Kylie Hansen

FOOD & NUTRITION

Yeast Exhibit: Vanessa Peterson
Quick Bread: Tenley Bauman
Food Preservation: Elise Schwinck
Cake or Pie: Vanessa Peterson
Cookie Exhibit: Macey Mays

HUMAN DEVELOPMENT

Human Development: Reese Dell

HOME ENVIRONMENT/VISUAL ARTS

Top 3: Meredith Marsh

Top 3: Canyon Plugge
Top 3: Agatha Sullivan
Leta Guenther Bremer Memorial Needle Arts
Award: Reese Dell
Premier Science Award: Ethan Gabel

HERITAGE

Heritage: Silas Pracheil

PHOTOGRAPHY

Level 1: Payeton Milligan
Level 2: Shea Frink
Level 3: Charlotte Sanio
Favorite Photo: Madelyn Egelhoff
Creative Photography: Jocelyn Schmoll

CLOTHING

STEAM 1 Clothing: Avery Vlasnik
STEAM 2 Clothing: Emily Crawford
STEAM 3 Clothing: Vanessa Peterson
Beyond the Needle: Dayton Jons
Accessory: Charlotte Sanio
Fiber Arts - Crocheting: Clara Johnson
Fiber Arts - Knitting: Catherine Friesen
Shopping in Style: Emily Bauman
Alice Doane Memorial Wool Award: Vanessa Peterson

HORTICULTURE

Vegetable: Khloe Cuttlers
Herb: Parker Hansen
Annual: Jocelyn Schmoll
Perennial: Eleanor Senft
Rose: Laurel Frogge
Specimen Plant: Reese Pillard

CONSERVATION & WILDLIFE AND FORESTRY

Conservation and Wildlife: Tyler Plugge
Forestry: Elizabeth Hilkemann

OUTDOOR ADVENTURES

Outdoor Adventures: Olivia Wandzilak

Top Contest Awards

LIFE CHALLENGE

Sr Ch: Emily Bauman
Sr Res Ch: Charlotte Sanio
Jr Ch: Lena Gropp
Jr Res Ch: Monica Bauman

FASHION SHOW

Grand Ch & Top 5: Clara Johnson
Res Grand Ch & Top 5: Piper Pillard
Top 5: Clare Bauman
Top 5: Dayton Jons
Top 5: Vanessa Peterson
Shopping in Style Top 2: Dayton Jons
Shopping in Style Top 2: Emma Thomson
Beyond the Needle: Dayton Jons
Make One/Buy One Level 1: Sophie Huenink
Make One/Buy One Levels 2 & 3: Tenley Bauman
Clothing Level 1: Piper Pillard
Clothing Level 2: Dayton Jons
Upcycled Garment: Piper Pillard
Apron: Amorita Payne
Garment(s) Made for Others: Emily Bauman
Attention Shoppers: Gracie Mittan-DeBuhr

PLANT SCIENCE

Horticulture: Kaily Wesely
Tree Identification: Catherine Polk
Grass & Weed Identification: Maria Polk

TABLE SETTING

Picnic Sr: Kylie Hansen
Picnic Int: Kathryn Weaver
Picnic Jr: Adella Fendrick
Casual Sr: Babbs Waite
Casual Int: Brooklynn Nelsen
Formal Int: Catherine Friesen
Formal Jr: Piper Bauman
Birthday Int: Grace Tetzlaff
Birthday Jr: Clare Friesen

DOG VIRTUAL TRIVIA

Sr Ch: Rhianna Metcalf
Int Ch: Kathryn Weaver
Int Res Ch: Tenley Bauman

LIVESTOCK ELITE SHOWMANSHIP

1st Place: Lauren Johnson
2nd Place: Josie Johnson
3rd Place: Aleya Cuttlers
4th Place: Olivia Vanderford
5th Place: Ezra Kubicek

LIVESTOCK JUDGING

Sr Ch: Kaelin Kuebler
Sr Res Ch: Clara Johnson
Int Ch: Fox Funk
Int Res Ch: Grace Chevalier
Jr Ch: Micah Mueller
Jr Res Ch: Hannah Chevalier

Top Animal Awards

BEEF

Showmanship Supreme Ch: Josie Johnson
 Showmanship Sr Ch: Josie Johnson
 Showmanship Int Ch: Kyler Plugge
 Showmanship Jr Ch: Lauren Johnson
 Breeding Heifer Supreme Ch: Kaden Gana
 Breeding Heifer Supreme Res Ch: Kyler Plugge
 Feeder Calf Supreme Ch: Micah Mueller
 Feeder Calf Supreme Res Ch: Hudson Reimers
 Market Animal Supreme Ch: Clara Johnson
 Market Heifer Grand Ch: Connor Paitz
 Market Steer Grand Ch: Clara Johnson
 Market Steer Res Grand Ch: Josie Johnson
 Lancaster Born and Raised - Breeding Ch: Kyler Plugge
 Lancaster Born and Raised - Market Ch: Blake Mueller
 Rate of Gain Market Steer Ch: Lilee Chevalier
 Rate of Gain Market Heifer Ch: Connor Paitz
 Overall Cow/Calf Pair Ch: Jackson Hollman

BUCKET CALF

Current-year Bucket Calf Jr Ch: Micah Mueller
 Current-year Bucket Calf Int Ch: Jackson Hollman
 Second-year Bucket Calf Jr Ch: Kanyon Plugge

SHEEP

Showmanship Sr Ch: Lauren Johnson
 Showmanship Int Ch: Josie Johnson
 Showmanship Jr Ch: Cohen Rasby
 Market Lamb Grand Ch: Josie Johnson
 Market Lamb Res Grand Ch: Lauren Johnson
 Lancaster Born and Raised Market Lamb Ch: Lexi McCaffree
 Lancaster Born and Raised Market Lamb Res Ch: Michael Lockee III
 Breeding Ewe Supreme Ch: Josie Johnson
 Rate of Gain Ch: Makenna Coe-Ahl

SWINE

Showmanship Sr Ch: Olivia Vanderford
 Showmanship Int Ch: Khloe Cuttlers
 Showmanship Jr Ch: Grace Mentzer
 Market Swine Grand Ch: Olivia Vanderford
 Market Swine Res Grand Ch: Grace Mentzer
 Breeding Gilt Ch: Olivia Vanderford
 Breeding Gilt Res Ch: Khloe Cuttlers
 Pen of Three Ch: Jaxon Bruss
 Pen of Three Res Ch: Grace Mentzer
 Pick-a-Pig Market Swine Grand Ch: Grace Mentzer
 Pick-a-Pig Market Swine Res Grand Ch: Timothy Egelhoff
 Carcass Swine Ch: Bailey Docter
 Carcass Swine Res Ch: Derek Bruss

DAIRY/PYGMY GOAT

Showmanship Sr Ch: Ezra Kubicek
 Showmanship Jr Ch: Grace Chevalier
 Dairy Goat Supreme Ch: Ezra Kubicek
 Dairy Goat Res Supreme Ch: Ezra Kubicek
 Best in Show Dairy/Pygmy Goat: Ezra Kubicek
 Res Best in Show Dairy/Pygmy Goat: Ezra Kubicek

MEAT GOAT

Showmanship Sr Ch: Aleyna Cuttlers
 Showmanship Int Ch: Lauren Johnson
 Showmanship Jr Ch: Olivia Jelinek
 Market Goat Overall Grand Ch: Lauren Johnson
 Market Goat Overall Res Grand Ch: Clara Johnson
 Breeding Goat Overall Ch: Aleyna Cuttlers
 Breeding Goat Overall Res Ch: Khloe Cuttlers
 Lancaster Born and Raised Ch: Khloe Cuttlers
 Lancaster Born and Raised Ch: Isabella Hytrek
 Rate of Gain Ch: Ryan Henry
 Rate of Gain RC: Makayla Anselmo-Gilliam

RABBIT

All-Around Exhibitor Award Ch (tie): Rhianna Metcalf
 All-Around Exhibitor Award Ch (tie): May Frain
 All-Around Exhibitor Award Res Ch: Grace Mentzer
 Showmanship Sr Ch (tie): Rhianna Metcalf
 Showmanship Sr Ch (tie): Cally Sullivan
 Showmanship Sr Ch (tie): Hannah Thomson

Showmanship Int Ch: Noah Babcock
 Showmanship Jr Ch: Josiah Schmoll
 Best 6 Class - Commercial Breed Ch: Rhianna Metcalf
 Best 6 Class - Commercial Breed Res Ch: Kaily Wesely
 Best 4 Class - Fancy Breed Ch: Benedict Rauert
 Best 4 Class - Fancy Breed Res Ch: Adelaide Metcalf
 Judging Contest Sr Ch: Rhianna Metcalf
 Judging Contest Int Ch: Marylynn Rauert
 Judging Contest Jr Ch: Lawrence Rauert
 Breed Identification Contest Sr Ch: Rhianna Metcalf
 Breed Identification Contest Int Ch: Kaily Wesely
 Breed Identification Contest Jr Ch: Elizabeth Hilkemann
 Breeder's Choice Sr Ch: May Frain
 Breeder's Choice Jr Ch: Grace Mentzer

POULTRY

Showmanship Sr Ch: Marylynn Rauert
 Showmanship Jr Ch: Peter Lawson
 Judging Contest Sr Ch: Noah Jelinek
 Judging Contest Jr Ch: Lawrence Rauert
 Quiz Sr Ch: Marylynn Rauert
 Quiz Jr Ch: Lawrence Rauert
 Large Fowl Grand Ch: Noah Jelinek
 Water Fowl Grand Ch: Cally Sullivan
 Bantam Grand Ch: Lawrence Rauert
 Best of Show Poultry Overall: Lawrence Rauert

HOUSEHOLD PETS

Mammal Ch: Rachel Koch
 Mammal Res Ch: Clarity James
 Non-Mammal Ch: Kamryn Wanser
 Non-Mammal Res Ch: Kamryn Wanser
 Caged Bird Ch: Reese Rockenbach

CAT

Best in Show Ch: Olivia Clark

DOG

Showmanship Trophy Ch: Bella Croghan
 Showmanship Sr Ch: Katie Fisher
 Obedience - Novice Ch: Dayton Jons
 Obedience - Graduate Novice Ch: Bella Croghan
 Showmanship Int Ch: Olivia Jelinek
 Showmanship Beginning Ch: Sophie Huenink
 Beginning Agility A - Level 2 Ch: Katie Fisher
 Pre-beginning Agility A - Level 1 Ch: Olivia Jelinek
 Obedience - Beginning B Ch: Katie Fisher

HORSE

English Showmanship Sr Ch: Scarlett Battles
 English Showmanship Jr Ch: Lily Wood
 English Showmanship Elem Ch: Xavyer Bourek
 Hunter Hack Sr Ch: Natalie Plautz
 Hunter Hack Jr Ch: Ozzie Pederson
 Hunter Hack Elem Ch: Braylee Thompson
 English Hunter/Saddleseat Ages 4 and Up Grand Ch: Morgan Roof
 English Hunter/Saddleseat Ages 4 and Up Res Grand Ch: Clairra Heinze
 English Hunter/Saddleseat Aged Horse Grand Ch: Shea Frink
 English Hunter/Saddleseat Aged Horse Res Grand Ch: Paige Schmickrath
 Miniature Showmanship Jr/Sr Ch: Lily Wood
 Miniature Showmanship Elem Ch: Lena Gropp
 Western Showmanship Sr Ch: Ava Smith
 Western Showmanship Jr Ch: Lily Wood
 Western Showmanship Elem Ch: Isla Strasburger
 Groom and Care Ch: Gracie Mittan-DeBuhr
 Western Stock Horses Ages 4 and Up Grand Ch: Ava Smith
 Western Stock Horses Ages 4 and Up Res Grand Ch: Josie Johnson
 Western Stock Horses Aged Horse Grand Ch: Lola Bunz
 Western Stock Horses Aged Horse Res Grand Ch: Thomas McHenry
 Xtreme Versatility Ch: Taylor Root
 Ranch Riding Sr Ch: Caraline Higgins
 Ranch Riding Jr Ch: Josie Johnson
 Ranch Riding Elem Ch: Xavyer Bourek

Additional horse awards will be announced at 4-H Horse Awards Night.

Lancaster County Volunteers Receive Statewide 4-H Awards!



Recognition at the Lancaster County Super Fair:
 (L-R) Allison Walbrecht, Harry Muhlbach and
 Extension Educator Tracy Anderson

Two Lancaster County 4-H volunteers were recognized with Nebraska 4-H state-level awards in 2023! Lancaster County 4-H recognized these volunteers with an informal presentation at the Lancaster County Super Fair. Nebraska 4-H recognized all the statewide award winners at a formal ceremony at the Nebraska State Fair.

OUTSTANDING ADULT VOLUNTEER (1 of 11 individuals)

Harry Muhlbach has been involved with the 4-H program for more than 50 years, including 43 years in Lancaster County. He is the longtime superintendent of the 4-H/FFA Swine Show at the Lancaster County Super Fair. Harry started the Pick-A-Pig club in 2008 to give non-farm youth an opportunity to raise pigs and show at the county fair. His wife, Lois, is a co-leader of the club.

EMERGING ADULT VOLUNTEER (1 of 11 individuals)

Allison Walbrecht is a Lancaster County 4-H member and leader for the Unified Showing 4-H club, which she founded to give youth with disabilities the opportunity to learn how to care for, practice leading and show sheep. Youth with disabilities are paired with a teenage "buddy" who helps ensure the youths' and animals' safety. Now in its third year, the club has expanded to Otoe and Gage counties.

4-H Livestock Scholarship Recipients

The Lancaster County 4-H Livestock Booster Club typically awards two \$500 college scholarships each year which are presented at the Lancaster County Super Fair 4-H/FFA Livestock Premium Auction. This year, three scholarships were awarded! Recipients were Aleyna Cuttlers, Luke Johnson and Olivia Vanderford. A portion of the proceeds from the auction funds these scholarships.



State Fair 4-H Top Results

Congratulations to the Lancaster County 4-Hers who showcased their projects at the Nebraska State Fair! Here are the top results. Complete results are at www.nebraska4hresults.com.

Top Awards

Horticulture Judging Contest – Senior Team: Catherine Polk, Claire Polk, Kaily Wesely, 1st Place

Horticulture Judging Contest – Intermediate Team: Josephine Polk, Maria Polk, Gianna Wesely, 3rd Place

Samuel Babcock..Judging Contests: Insect ID - Senior, 2nd Place

May FrainRabbit: Best Opposite
Rabbit: Best of Breed
Rabbit: Champion Fancy Division
Rabbit: Reserve Best of Show Rabbit

Kyson GanaBeef: Reserve Champion Shorthorn Breeding Heifer

Clara JohnsonBeef: Reserve Champion Maintainer Steer
Meat Goat - 3rd Place Market Goat

Josie JohnsonMeat Goat - Champion Division III Market Goat
Meat Goat - Champion Intermediate Showmanship

Lauren Johnson ..Beef: Champion All Other Breeds Steer
Meat Goat: 3rd Place Intermediate Showmanship
Sheep: Champion Intermediate Showmanship

Lexi McCaffreeSheep: Reserve Champion Breeding Ewe
Sheep: Reserve Champion Division VII: Commercial
Meat Breed Ewes

Zach PittmanRabbit: Best of Breed

Kyler PluggeBeef: Champion Red Angus Breeding Heifer
Beef: Reserve Champion Red Angus Breeding Heifer

Catherine Polk.....Judging Contests: Horticulture - Senior, 6th Place
Judging Contests: Tree ID - Senior, 6th Place

Claire Polk.....Judging Contests: Horticulture: Senior, 7th Place
Judging Contests: Tree ID: Senior, 7th Place

Josephine PolkJudging Contests: Tree ID: Intermediate, 4th Place

Maria PolkJudging Contests: Horticulture: Intermediate, 5th Place
Judging Contests: Tree ID: Intermediate, 2nd Place

Lawrence Rauert..Rabbit: Reserve Champion Intermediate Showmanship

Marylynn Rauert ..Poultry: 3rd Place Senior Showmanship
Rabbit: 3rd Place Senior Showmanship
Rabbit: Best of Breed

Kaily WeselyJudging Contests: Horticulture: Senior, 5th Place
Judging Contests: Tree ID: Senior, 5th Place

Special Recognition

DESIGN GALLERY SELECTIONS

About 30 Sketchbook Crossroads, Portfolio Pathways, Design Decisions, Clothing or Fashion Show exhibits were selected to be displayed in the 4-H Design Gallery at State Fair.

Meredith Marsh (Accessory - Original Made from Metal).. Design Decisions

Piper Pillard (Constructed STEAM Clothing 3 Garment)..... Fashion Show

RAINBOW RIBBON RECOGNITION

Rainbow Recognition awards recognizes unique and outstanding items.

Emily Bauman..... Human Development - Language & Literacy Development

Reese Dell..... Human Development - Language & Literacy Development

Catherine Friesen..... Knitting - Level 2 Knitted Clothing

Gwendolyn Friesen ..Conservation & Wildlife - Bird Display

Adam Gabel..... Citizenship - i2i - Biography

Morgan Gabel Leadership and Citizenship - Citizenship Game

Galen Goforth..... Design Decision - Accessory-Original Made from Glass

Elizabeth Hilkemann..Entomology - Reports or Journals

Forestry - Twig Display

Clara Johnson Crochet - Level 2 Crochet Home Environment Item

Meredith Marsh..... Design Decision - Accessory-Outdoor Living

Micah Pracheil Aerospace - Rocket-Any Skill With Wooden Fins,
Painted Using Commercial Application

Silas Pracheil Heritage - Level I: Beginning - Other Historical Exhibit

Kathryn Weaver Aerospace - Rocket-Any Skill With Wooden Fins,
Painted Using Commercial Application

PHOTOGRAPHY SPECIAL SELECTIONS

Selected for display during the next year at the UNL Animal Science Building Exhibition or UNL East Campus Visitors Center.

Sydney Kruse (Pink Flower)..... UNL East Campus Visitors Center

Elizabeth Hilkemann (Lizard Shadow on Leaf)..UNL East Campus Visitors Center

Morgan Gabel (Astrophotography)UNL East Campus Visitors Center

Dayton Jons (Cat Looking Up)..... UNL Animal Science Department

LIVESTOCK ACHIEVEMENT PROGRAM

At the beginning of the 4-H year, youth plan what to accomplish. At the end of the 4-H year, they report on their completed accomplishments.

Tenley Bauman.....Rabbit Project Area, Intermediate Level

Grace ChevalierDairy Goat Project Area, Intermediate Level

Hannah Chevalier...Dairy Goat Project Area, Intermediate Level

Lilee Chevalier.....Beef, Dairy Goat and Swine Project Areas, Senior Level

Madalyn Chevalier..Dairy Goat Project Area, Intermediate Level

May FrainRabbit Project Area, Senior Level

Jocelyn Schmoll.....Rabbit Project Area, Intermediate Level

FINAL DRIVE (FORMERLY CALLED PARADE OF CHAMPIONS)

Top livestock exhibitors were invited to participate in the "Final Drive."

Tenley Bauman.....Livestock Achievement

Grace ChevalierLivestock Achievement

Hannah Chevalier...Livestock Achievement

Lilee Chevalier.....Livestock Achievement

Madalyn Chevalier..Livestock Achievement

May FrainLivestock Achievement

Clara JohnsonMeat Goat Market

Josie Johnson.....Meat Goat Showmanship

Lauren JohnsonMeat Goat Showmanship & Sheep Showmanship

Lexi McCaffreeSheep Breeding Ewe

Jocelyn Schmoll.....Livestock Achievement

Purple Ribbons

Samuel Babcock – Entomology - Macrophotography • Entomology - Reports or Journals • Judging Contests: Insect ID - Senior

Clare Bauman – Photography Unit III - Advanced Techniques & Lighting Display or Print • Entrepreneurship Investigation - Marketing Package • Entrepreneurship Investigation - Photos of an Original Product • Shopping in Style - Best Buy for Your Buck Ages 14-18 • Fashion Show - Constructed STEAM Clothing 3 Garment

Emily Bauman – Heritage - Level I: Beginning - 4-H Member Scrapbook • Heritage - Level I: Beginning - Family Traditions Book • Photography Unit II - Level 2 Portfolio • Human Development - Language and Literacy Development • STEAM Clothing 3 - A Stitch Further - Alter/Design Your Pattern • Shopping in Style - Best Buy for Your Buck Ages 9-13

Piper Bauman – General Foods - Cooking Basics Recipe File

Tenley Bauman – Heritage - Level I: Beginning - 4-H Member Scrapbook • Heritage - Level I: Beginning - Family Genealogy/History Notebook • Leadership and Citizenship - Service Items • Design Decision - Accessory-Original Made from Glass • Entrepreneurship Investigation - Photos of an Original Product • Entrepreneurship Investigation - Sample of an Original Product • General Foods - Cooking Basics Recipe File • Rabbit: Breeding Rabbits - Netherland Dwarf Sr. Buck • Rabbit: Intermediate Showmanship • Veterinary Science - Large Animal Poster, Notebook or Display • Computers - Produce a Computer Slideshow Presentation • Veterinary Science - Small Animal/Pet Poster, Notebook or Display

Ashley Brown – Cooking 301 - Shortened Cake

Auren Burkey – Sheep: Market Sheep - Crossbred Market Lambs

Lilee Chevalier – Beef: Shorthorn Breeding Beef - Shorthorn Yearling Heifers Calved May/June 2022

Jude Clarke – Heirloom Treasures and Family Keepsakes - Furniture

Emily Crawford – STEAM Clothing 2 - Simply Sewing - Alter Your Patterns • STEAM Clothing 2 - Simply Sewing - Dress • Cooking 201 - Loaf Quick Bread

Bella Crogan – Dog Agility - Level 3

Aleyna Cuttlers – Horticulture - Jalapeno Peppers

Khloe Cuttlers – Horticulture - Garlic • Horticulture - Okra • Horticulture-Special Garden Project - Fresh Cut Flowers or Harvested Vegetables

Helayna DeBuhr – Portfolio Pathways - Original Acrylic Painting

Maddox Dell – Geospatial - GPS Notebook

Reese Dell – Heritage - Level II: Advanced - 4-H Club/County Scrapbook • Heritage - Level II: Advanced - Framed Family Groupings (or Individuals) of Pictures Showing Family History • Heritage - Level II: Advanced - Other Historical Exhibit • Heritage - Level II: Advanced - Special Events Scrapbook • Design Decision - Accessory-2D • Design Decision - Accessory-Original Needlework/Stitchery • Quilt Quest - Quilt Designs Other Than Fabric • STEAM Clothing: Beyond The Needle - Color Wheel • Geospatial - GPS Notebook

Bailey Docter – Quilt Quest - Barn Quilt Created Less than 4x4 • Cooking 201 - Biscuits or Scones

Dillon Docter – Welding - Welding Joints

Blaighn Donlan – Geospatial - Geocache

Adella Fendrick – Cooking 301 - Specialty Rolls

Leo Fendrick – Fire Safety - Fire Safety Poster

Katie Fisher – Cooking 201 - Creative Mixes • Horticulture - Other Potatoes

May Frain – Design Decision - Accessory-Original Floral Design • Rabbit: Breeding Rabbits - Mini Lop Jr. Buck • Rabbit: Breeding Rabbits - Mini Lop Jr. Doe • Rabbit: Breeding Rabbits - Mini Lop Sr. Buck • Rabbit: Breeding Rabbits - Mini Lop Sr. Doe

Catherine Friesen – Knitting - Level 2 Knitted Clothing • Knitting - Level 3 Knitted Clothing • Portfolio Pathways - Original Watercolor Painting

Gwendolyn Friesen – Conservation & Wildlife - Bird Display

Shea Frink – Photography Unit II - Candid Photography Display or Print • Portfolio Pathways - Original Watercolor Painting



Two Lancaster County 4-H youth's exhibits were selected for the Design Gallery: (above)

Piper Pillard's colorfully embroidered blue chambray jumpsuit and (below) Meredith Marsh's welded dog barbecue grill.



At the Horticulture Judging Contest, the senior team of (L-R) Catherine Polk, Kaily Wesley and Claire Polk earned 1st place.

Adam Gabel — Citizenship - i2i - Biography • Food Preservation - Unit 3 - Boiling Canning - 1 Jar Tomato Exhibit

Ethan Gabel — Photography Unit II - Candid Photography Display or Print • Photography Unit II - Creative Techniques & Lighting Display or Print • Entomology - Insect Habitats • Energy - Solar as Energy Display

Morgan Gabel — Heritage - Level II: Advanced - Other Exhibits - Depicting the Heritage of the Member's Family or Community • Heritage - Level II: Advanced - Other Historical Exhibit • Leadership and Citizenship - Citizenship Game • Photography Unit II - Creative Techniques & Lighting Display or Print • Outdoor Adventure - Level 2 - Journal/Binder • Outdoor Adventure - Level 2 - Other Camping Items • Food Preservation - Unit 3 - Boiling Canning - 1 Jar Tomato Exhibit • Safety - Safety Experiences

Kaden Gana — Beef: Angus Breeding Beef - Angus Yearling Heifers Calved August/December 2021 • Beef: Angus Breeding Beef - Angus Yearling Heifers Calved January/February 2022

Kyson Gana — Beef: Shorthorn Breeding Beef - Shorthorn Yearling Heifers Calved March/April 2022

Galen Goforth — Design Decision - Accessory-Original Made from Glass

Kylie Hansen — STEAM Clothing 3 - A Stitch Further - Alter/Design Your Pattern • Horticulture - Beets • Horticulture - Snap Beans

Parker Hansen — STEAM Clothing 2 - Simply Sewing - Bottom • Safety - Safety Scrapbook

Sydney Harvey — Cooking 201 - Coffee Cake

Ryan Henry — Meat Goat: Breeding Meat Goat - Commercial Yearling Does (Born Between 9/1/2021 and 8/31/2022)

Elizabeth Hilkemann — Heritage - Level I: Beginning - Book Review about Local, Nebraska or Regional History • Heritage - Level I: Beginning - Family Traditions Exhibit • Photography Unit II - Creative Composition Display or Print • Entomology - Macrophotography • Entomology - Reports or Journals • Forestry - Design Your Own Exhibit • Forestry - Seed Display • Forestry - Twig Display

Kelton Hoesche — Sketchbook Crossroads - Original Pencil or Chalk Drawing

Sophie Huenink — Dog: Showmanship - Intermediate (9-13) • Dog Skillathon - Intermediate

Caleb Hundley — Citizenship - i2i - Biography • Heritage - Level I: Beginning - Book Review about Local, Nebraska or Regional History • Heritage - Level I: Beginning - Other Historical Exhibit

Elizabeth Hundley — Citizenship - i2i - Biography • Citizenship - i2i - Play Script • Cooking 201 - Healthy Baked Product

Sofia Hunt — STEAM Clothing 2 - Simply Sewing - Romper or Jumpsuit

Mary Kate Ingracia — Design Decision - Accessory-Textile-3D • Cooking 401 - Double Crust Fruit Pie

Noah Jelinek — Poultry: Feather Legged Bantams - Langshan, Black Ck • Poultry: Feather Legged Bantams - Langshan, Black Pul

Olivia Jelinek — Dog Agility - Level 1 • Dog: Showmanship - Intermediate (9-13) • Poultry: Game Bantams - Modern Division - Mod Game Brown Red Cock • Poultry: Game Bantams - Modern Division - Mod Game Brown Red Hen • Poultry: RCCL Bantams - Wyandotte Black Cock • Rabbit: Breeding Rabbits - American Fuzzy Lop Sr. Doe

Clara Johnson — Beef: Angus Breeding Beef - Angus Yearling Heifers Calved May/June 2022 • Beef: Senior Showmanship • Beef: Market Beef - Registered Steers - Mainetainer • Crochet - Level 2 Crochet Home Environment Item • STEAM Clothing 3 - A Stitch Further - Upcycled Garment • Cooking 201 - Biscuits or Scones • Food Preservation - Unit 2 - Drying - Baked Item Made with Dried Produce/Herbs • Meat Goat: Market Goats • Fashion Show - Constructed STEAM Clothing 3 Garment • Meat Goat: Senior Showmanship

Josie Johnson — Cooking 301 - Dinner Rolls • Meat Goat: Market Goats • Meat Goat: Intermediate Showmanship • Sheep: Market Sheep - Crossbred Market Lambs • Sheep: Intermediate Showmanship

Lauren Johnson — Beef: Intermediate Showmanship • Beef: Market Beef - Registered Steers - All Other Breeds • Cooking 401 - Family Food Tradition • Cooking 401 - Foam Cake • Food Preservation - Unit 2 - Drying - Dried Fruits • Meat Goat: Market Goats • Meat Goat: Intermediate Showmanship • Sheep: Market Sheep - Crossbred Market Lambs • Sheep: Intermediate Showmanship

Dayton Jons — Photography Unit II - Creative Composition Display or Print • Design Decision - Accessory-Textile-3D • STEAM Clothing 2 - Simply Sewing - Upcycled Garment • STEAM Clothing: Beyond The Needle - Item (Garment or Non clothing Item) Constructed from Original Designed Fabric • Shopping in Style - Clothing First Aid Kit • Dog Agility - Level 1 • Dog: Showmanship - Intermediate (9-13) • Dog: Rally - Rally 1 • Cooking 201 - Biscuits or Scones • Fashion Show - Constructed STEAM Clothing 2 Garment • Fashion Show - Shopping In Style Purchased Outfit and Written Report

Rachel Koch — Design Decision - Accessory-Textile-3D

Sydney Kruse — Photography Unit II - Expression Through Color Display or Print

Kaelin Kuebler — Beef: Angus Breeding Beef - Angus Yearling Heifers Calved July/August 2022

Park Lieske — Computers - 3-D Printing - Unique Object

Michael Lockee III — Sheep: Market Sheep - Crossbred Market Lambs

Meredith Marsh — Design Decision - Accessory-Outdoor Living • Sketchbook Crossroads - Original Pencil or Chalk Drawing

Eizley Martinsen — Floriculture - Snapdragon

Olivia Mays — Heritage - Level I: Beginning - Other Exhibits - Depicting heritage of member's family or community

Lexi McCaffree — Sheep: Breeding Sheep - Commercial Meat Breed Ewe Lambs (Born 9/1/2022 and after) • Sheep: Market Sheep - Crossbred Market Lambs

Grace Mentzer — Poultry: Feather Legged Bantams - Cochin, Black Pul • Poultry: Intermediate Showmanship • Rabbit: Breeding Rabbits - Mini Lop Sr. Doe • Rabbit: Intermediate Showmanship

Matthew Mentzer — Rabbit: Breeding Rabbits - Himalayan Sr. Doe • Rabbit: Breeding Rabbits - Polish Sr. Doe

Ruby Miller — Dog: Showmanship - Intermediate (9-13)

Gracie Mittan-DeBuhr — Design Decision - Accessory-3D (String Art, Wreath, Etc.)

Samuel Moje — Knitting - Arm or Finger Knitted Item

Blake Mueller — Beef: Maine Anjou Breeding Beef - Maine Anjou Yearling Heifers Calved May/June 2022 • Beef: Mainetainer Breeding Beef - Mainetainer Heifer Calved January-April 2023

TJ Mueller — Beef: Commercial Breeding Beef - Commercial Breeding Heifer

Hannah Mumm — Heritage - Level I: Beginning - Heritage Poster or Flat Exhibit



(L-R) Siblings Josie Johnson, Lauren Johnson and Clara Johnson all qualified for, and participated in, the Final Drive.



4 On the Floor 4-H dog club members participating at State Fair included (L-R) Dayton Jons, Olivia Jelinek, Ruby Dean, Bella Croghan and Ruby Miller.

Brooklynn Nelsen — Leadership and Citizenship - 4-H Club Exhibit • Design Decision - Accessory-2D

Amorita Payne — Veterinary Science - Small Animal/Pet Poster, Notebook or Display

Korben Payne — Heirloom Treasures and Family Keepsakes - Cleaned Restored Heirloom Accessory or Furniture

Vanessa Peterson — STEAM Clothing 3 - A Stitch Further - Pants or Shorts Combination • Cooking 301 - Shortened Cake • Safety - Disaster Kit (Emergency Preparedness) • Fashion Show - Constructed STEAM Clothing 3 Garment

Piper Pillard — Fashion Show - Constructed STEAM Clothing 3 Garment

Reese Pillard — Plants - Floriculture - Sedum

Zach Pittman — Poultry: Asiatic - Langshan Black Cock • Poultry: Ducks - Hvy Pekin Old Male • Poultry: Feather Legged Bantams - Silkie, Bearded Black Pul • Poultry: Feather Legged Bantams - Silkie, Bearded White Ckl • Poultry: Geese - Lt Tufted Roman White Old Fem • Rabbit: Breeding Rabbits - English Spot Sr. Buck

Kanyon Plugge — Beef: Red Angus Breeding Beef - Red Angus Yearling Heifers Calved January/February 2022 • Design Decision - Accessory-Recycled/Upcycled Item for the Home • Veterinary Science - Large Animal Poster, Notebook or Display

Kyler Plugge — Beef: Intermediate Showmanship • Beef: Red Angus Breeding Beef - Red Angus Yearling Heifers Calved January/February 2022 • Beef: Red Angus Breeding Beef - Red Angus Yearling Heifers Calved March/April 2022 • Wildlife Habitat - Houses • Veterinary Science - Large Animal Poster, Notebook or Display

Catherine Polk — Judging Contests: Tree ID - Senior

Claire Polk — Heritage - Level II: Advanced - Heritage Poster or Flat Exhibit • Design Decision - Accessory-2D • Food Preservation - Unit 3 - Boiling Canning - 3 Jar Jelled Exhibit • Portfolio Pathways - Original Watercolor Painting

Maria Polk — Forestry - Leaf Display • Judging Contests: Tree ID - Intermediate

Silas Pracheil — Heritage - Level I: Beginning - Other Historical Exhibit

Benedict Rauert — Horticulture - Salad Tomatoes • Poultry: AOCCL Bantams - Ameraucana Black Pul • Poultry: Intermediate Showmanship • Rabbit: Breeding Rabbits - Mini Rex Sr. Buck • Rabbit: Breeding Rabbits - Mini Rex Sr. Doe

Lawrence Rauert — Poultry: Ducks - Bant East Indie Old Fem • Poultry: Intermediate Showmanship • Poultry: SCCL-Non Game Bantams - Rhode Island Red Ckl • Rabbit: Breeding Rabbits - Mini Rex Jr. Doe • Rabbit: Breeding Rabbits - Mini Rex Sr. Doe • Rabbit: Intermediate Showmanship

Marylynn Rauert — Food Preservation - Unit 3 - Boiling Canning - 1 Jar Pickled Exhibit • Poultry: AOCCL Bantams - Ameraucana Black Ckl • Poultry: Intermediate Showmanship • Poultry: SCCL-Non Game Bantams - Rhode Island Red Pul • Rabbit: Breeding Rabbits - Mini Rex Jr. Buck • Rabbit: Senior Showmanship

Addison Rocole — Heritage - Level I: Beginning - 4-H Member Scrapbook • Cooking 201 - Creative Mixes

Lydia Rogers — Cooking 201 - Coffee Cake

Charlotte Sanio — STEAM Clothing: Beyond The Needle - Beginning Fashion Accessory • Portfolio Pathways - Original Acrylic Painting

Jocelyn Schmall — Conservation & Wildlife - Wildlife Essay • Food Preservation - Unit 2 - Drying - Fruit Leather • Food Preservation - Unit 3 - Boiling Canning - 1 Jar Pickled Exhibit • Food Preservation - Unit 3 - Boiling Canning - 1 Jar Tomato Exhibit • Food Preservation - Unit 3 - Boiling Canning - 3 Jar Pickled Exhibit

Josiah Schmall — Food Preservation - Unit 3 - Boiling Canning - 1 Jar Pickled Exhibit

Noah Schmall — Food Preservation - Unit 2 - Drying - Fruit Leather

Eliese Schwinck — STEAM Clothing: Beyond The Needle - Beginning Fashion Accessory • Food Preservation - Unit 3 - Boiling Canning - 1 Jar Fruit Exhibit • Food Preservation - Unit 4 - Pressure Canning - 3 Jar Meat Exhibit • Food Preservation - Unit 4 - Pressure Canning - Jar Vegetable or Meat Exhibit

Alexa Smith — Leadership and Citizenship - Public Adventure Poster • Leadership and Citizenship - Service Items • Design Decision - Accessory-Textile-2D • STEAM Clothing 2 - Simply Sewing - Dress • STEAM Clothing 2 - Simply Sewing - Upcycled Clothing Accessory • STEAM Clothing: Beyond The Needle - Item (Garment or Non Clothing Item) Constructed from Original Designed Fabric • Outdoor Adventure - Level 2 - Journal/Binder • Outdoor Adventure - Level 2 - Other Camping Items • Outdoor Adventure - Level 2 - Poster • Shooting Sports - Practice Game or Activity

Agatha Sullivan — Sketchbook Crossroads - Original Pencil or Chalk Drawing

Grace Tetzlaff — Food Preservation - Unit 3 - Boiling Canning - 1 Jar Tomato Exhibit

Emma Thomson — Fashion Show - Shopping In Style Purchased Outfit and Written Report

Corra Vander Woude — Cooking 201 - Non-Traditional Baked Product

Kamryn Wanser — Leadership and Citizenship - Written Citizenship Essay

Kathryn Weaver — Cooking 401 - Candy • Cooking 401 - Family Food Tradition

Kaily Wesely — Judging Contests: Horticulture - Senior • Judging Contests: Tree ID - Senior

Nebraska Extension in Lancaster County
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Deadline For Extension Board Applications, Nov. 1

The Lancaster County Board of Commissioners seek community members to serve on the Lancaster County Extension Board. Vacancies will be filled with three-year appointments beginning in January 2024. Extension Board members advocate for and assist Extension staff in program areas such as: 4-H youth development; early childhood; environmental systems; food, nutrition & health; livestock systems; and water & cropping systems. The board meets monthly (usually the second Friday of the month at 8 a.m.).

Registered Lancaster County voters interested in serving should complete an Extension Board application by Nov. 1. Additional information and an application can be obtained from: Nebraska Extension in Lancaster County, 444 Cherrycreek Road, Suite A, Lincoln, NE 68528 or by calling 402-441-7180. Applications are also online at <https://lancaster.unl.edu/extensionboard>.

Make It With Wool Contest

The 2023 Nebraska Make It With Wool contest will be held Saturday, Nov. 18 beginning at 9 a.m. in Hastings at Adams County Extension Office, 2975 South Baltimore Avenue. Open to youth and adults, participants model their creations in sewing, knitting, crocheting, spinning and weaving of wool fabrics and yarns. There is also a “Made for Others” category. The fabrics/yarns used for the wool contest must be 100% wool or wool blend (minimum 60% wool or specialty wool fiber). Specialty wool fibers include alpaca, angora, camel, cashmere, llama, mohair and vicuna. Entry forms, wool samples, registration and wool testing fees are due Oct. 15 to Andrea Nisley, P.O. Box 757, Lexington, NE 68850. For more information, go to <https://extension.unl.edu/statewide/dawson/> or call 308-324-5501. More information is also available on the National Make It With Wool website at <https://makeitwithwool.com>.



EXTENSION CALENDAR

All events held at the Nebraska Extension in Lancaster County conference rooms, 444 Cherrycreek Road, Suite A, Lincoln, unless otherwise noted.

September

- 23 **Composting Demonstration, Pioneers Park, across from the Nature Center. . . . 10 a.m.**
30 **4-H Council's Alumni Scholarship Deadline**

October

- 3 **4-H Council Meeting 6 p.m.**
1–7 **National 4-H Week**
8 **4-H Teen Council Meeting. 3 p.m.**
12 **Pesticide Applicator NDA “Walk-In” Testing Session. 9 a.m.–2 p.m.**
13 **Extension Board Meeting. 8 a.m.**
19 **4-H Leader/Volunteer Training 9 a.m.**
21 **Composting Demonstration, Pioneers Park, across from the Nature Center. . . . 10 a.m.**
22 **4-H Information Night. 6 p.m.**
26 **4-H Horse Awards Night. 6:30 p.m.**

Super Fair 2024 Dates

Save the dates! The 2024 Lancaster County Super Fair is scheduled for Thursday, Aug. 1–Saturday, Aug. 10 at the Lancaster Event Center Fairgrounds. 4-H/FFA exhibits and events will be Thursday, Aug. 1–Sunday, Aug. 4. 4-H Horse Shows are planned for Wednesday, July 31–Sunday, Aug. 4.

EXTENSION NEWS

New Nutrition Education Program Staff Member

Nebraska Extension in Lancaster County recently hired a staff member who will help support the Nutrition Education Program (NEP) in Lancaster County.

Zahraa Rida joined the NEP team in August as a full-time staff member. Zahraa will focus efforts on teaching nutrition classes to limited-resource individuals and families, in coordination with community agencies. Zahraa will utilize her multilingual skills in English, Arabic and Persian to reach a diverse audience. She has a bachelor's degree in Natural Sciences and Diploma of Education Qualification from Damascus, Syria.



Zahraa Rida

2023 UNL Service Awards

University of Nebraska–Lincoln staff reaching an anniversary year of employment are being honored for their years of service to the university. The following Nebraska Extension in Lancaster County staff are being recognized:

- **Alyssa Havlovic**, Extension Educator — 10 years
- **Elizabeth Thiltges**, Extension Assistant — 5 years

Lancaster County Years of Service

Recently, a Lancaster County employee at Nebraska Extension in Lancaster County was recognized for years of service to Lancaster County:

- **Karen Wedding**, Clerk Typist II (support staff), 25 years of service.