Head Lice Poem

By Jody Green

Head lice don’t fly, head lice don’t hop.
You can swim, bathe or shower, but head lice won’t stop.

They may hang out on a brush, clothes, hat or a comb.
If you share these things at school, you may carry them home.

By accident, you might share lice with others.
They can spread to your friends, cousins, sisters or brothers.

Lice suck the blood right out of your head,
And head-to-head contact is how they are spread.

They won’t make you sick, but they might make you shout.
Lice are annoying –
Gotta comb them out!

Lice may show up at sleepovers, in ‘selfies’ and hugs.
Share kindness and laughter, but please don’t share bugs.

For more information about head lice

Contact Jody Green at Nebraska Extension
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