

Teen Council 4-H'ers Are True Leaders at 4-H Lock-In



The teens in the Games Committee planned and led several entertaining games for the 4th and 5th graders including a "maze" game.



The Craft Committee planned and led four craft activities, including making aliens out of pom-poms.



The Education Committee organized and led activities focusing on topics such as planets and space travel.

In January 2019, 38 4-H Teen Council members organized and led the overnight 4-H Lock-In for 38 4th and 5th graders. This year, teens chose the theme, "Journey to the Stars," and divided into four groups: games, education, crafts and food. At the Lock-In, attendees rotated through each of the four groups, made friends, slept a little and had lots of fun. More photos are at www.flickr.com/photos/unextlanco/albums.

Here's what some of the teens said about this year's 4-H Lock-In.

Valuable Leadership Skills

This year's Lock-In was a lot of fun for both the teens and kids attending. We chose the theme "Journey through the Stars" which lent itself to many fun games, crafts and food. My favorite being the pom-pom

aliens! For the teens planning the event, the Lock-In provides a great learning opportunity. We get to learn valuable leadership and organization skills in addition to learning how to interact with younger kids. For the 4th and 5th graders attending, the Lock-In is a fun event in which they get to make memories with their friends, meet new people and participate in engaging activities. I saw many smiles all throughout the night from everyone involved, and I am excited for next year's Lock-In!

—Abigail Kreifels

Positive Learning Opportunities

A long time ago, when I was in fourth and fifth grade, I participated in the 4-H Lock-In. From my young eyes, the teen leaders seemed so organized, ready for fun and were young people I admired. Now I am

a leader of these activities, promoting learning in a fun way. The 4-H Lock-In brings together positive learning opportunities and a chance to make new friends. It's been a great experience both as a participant and as a teen leader.

—John Swotek

Friends and Fun

We took a journey to the stars at this year's Lock-In. Along the way, the 4th and 5th graders played games, made crafts, had some yummy snacks and learned about space and planets. The youth made new friends and learned something new along the way. The teens had been working since November to make this a fun and enjoyable event. We had a blast interacting with the youth and seeing our hard work pay off. It's the highlight of the year for Teen Council!

—Ellie Babcock

Youth for the Quality Care of Animals Requirements for 4-H/FFA Members Exhibiting ANY Livestock Project at the Lancaster County Super Fair and/or Nebraska State Fair

4-H/FFA youth enrolled in any of the following animal projects will need to complete Youth for the Quality Care of Animals (YQCA) training:

- Beef (bucket calf, feeder calf, breeding beef, market beef)
- Dairy cattle
- Goat (breeding meat goat, market meat goat, dairy goat)
- Poultry
- Rabbit
- Sheep (breeding sheep, market sheep)
- Swine (breeding swine, market swine)

Deadline to complete YQCA is **JUNE 15**. Youth must be currently enrolled at <https://ne.4honline.com>. Only parents/guardians may enroll 4-H members. In Lancaster County, youth may choose one of three options to complete their YQCA requirements:

- Complete online training at <https://yqca.learnrow.io>. Cost is \$12. For directions and more information, visit <https://4h.unl.edu/yqca>. Once training is complete, send completed certificates to Heather at heather.odoski@unl.edu or 444 Cherrycreek Rd., Ste. A, Lincoln, NE 68528. If certificates are not submitted, we have no way of knowing if trainings have been completed.
 - Attend a face-to-face training held Thursday, May 30 or Thursday, June 6, 6–7 p.m. at the Lancaster Extension Education Center, 444 Cherrycreek Rd., Lincoln. To sign up for face to face trainings, you must go to <https://learnrow.io> before the training. The training will cost \$3 payable by credit or debit card on the website. We cannot take payments in person, all families must register and pay online. You must sign in as proof of attendance — certificates will be available online.
 - For a test-out option, contact Heather for details.
- If you have further questions, contact Heather at 402-441-7180 or heather.odoski@unl.edu.

New in 4-H at Super Fair



Aug. 1–10, 2019

4-H & FFA Exhibits & Events

Aug. 1–4

4-H Horse Shows July 30–Aug. 4

The Lancaster County 4-H & FFA Fair Book contains entry information for exhibiting in 4-H/FFA at the Super Fair. Fair Books have been mailed to all 4-H/FFA families. It is also available at the Extension office and online at <http://lancaster.unl.edu/4h/Fair>. The online version indicates changes from last year in green text. Many fair handouts, forms and videos are, or will be, on this website.

New Exhibit Opportunities

See the Fair Book for detailed information about each of the following new classes or changes:

- **Fashion Show:** STEAM Beyond the Needle "Wearable Technology Garment."
- **Special County Exhibits:** "Leather item or accessory" and "N|150 Stepping Stone."
- **Citizenship:** "Leadership poster or display."
- **Photography:**
 - ▶ Unit II: "Action display or print," "Theme print – Beautiful Nebraska" and "Digitally altered display or print."
 - ▶ Unit III: "Challenging print," "Theme print – N|150" and "Digitally altered print."
- **Food & Nutrition:** Cooking 101 – "Small or standard size pie."
- **Clothing:**
 - ▶ STEAM Clothing 2: Non-Sewn: "Sewing for Profit."
 - ▶ STEAM Clothing 2 & 3: "Alter/Design Your Pattern" and "Garment Constructed from Sustainable or Unconventional Fibers."
 - ▶ Beyond the Needle: "Advanced Fashion Accessory," "Wearable Technology Garment and Accessory."
 - ▶ Level 2 & 3 Fiber Arts – Knitting: "Arm or finger knitted item," "Loom knitted item" and "Machine knitting."
- **Science, Engineering & Technology:**
 - ▶ Aerospace/Rockets – Drones – Unit 5: "Drone poster."
 - ▶ Computers – Unit 3: "Digital fabrication."
- **Poultry:** classes have been restructured under Large Fowl and Bantam to follow the guidelines of the American Poultry Association.
- **Llama/Alpaca:** Beginner Pack Class.
- **Rabbit:**
 - ▶ New 4-H rabbit substitution rule — a rabbit may be substituted for a 4-H registered rabbit for the fair, based on the following: same breed, same sex, same age, same class number (per the fair book). A maximum of two substitutions per exhibitor may be permitted.
 - ▶ Educational rabbit static exhibits now also include toys.
- **Horse:** There are many changes in the horse show schedule, such as Dressage will be held before the fair. Review carefully.
 - ▶ Western Dressage has now been expanded into age divisions.
 - ▶ English Bareback and Western Bareback are now offered as two separate pattern classes per riding discipline.
 - ▶ English Discipline Rail and Western Discipline Rail are now offered as two separate classes per riding discipline.
 - ▶ Miniature Pleasure Driving will now require an adult header for the class.
 - ▶ ASTM/SEI helmets are required for all Hunt Seat and English classes, both non-jumping and jumping. Hunt caps will not be permitted.
 - ▶ ASTM/SEI helmets will also be required for Miniature Pleasure Driving and Timed Cones.

Grooming of Livestock

2019

Preparation and grooming of an animal should be the primary responsibility of the exhibitor; however, assistance may be provided by other 4-H or FFA exhibitors, immediate family members or another person acting in a mentoring and teaching capacity. The intent of this policy is to promote and foster positive youth development and a high-quality learning experience which are core values of 4-H and FFA.

All animals will be subject to visual inspection and/or toweling (before and/or after entering the show ring) for the presence of any grooming compound not allowed as stated in the species section of the Fair Book. Inspection of the animal may include, but is not limited to, the topline, legs, chest, belly, flank and cod/udder areas. If, after inspection, the animal is found to have any grooming compound not allowed, it will be disqualified from competition. Any premiums (physical or monetary) will be forfeited and no refunds will be made.