



HEART OF 4-H VOLUNTEER AWARD

Megan Starner

Lancaster County 4-H is proud to announce Megan Starner of Bennet as winner of the April "Heart of 4-H Award" in recognition of outstanding volunteer service.

Megan is a parent volunteer with the Esprit de Corps Horse Dressage 4-H club and member of 4-H Horse Volunteers in Program Service (VIPS) committee.

About five years ago, she took on the role of coordinating the annual Spring Fling Dressage Schooling Show which raises funds for the 4-H horse program. Three years ago, Megan became superintendent of the 4-H Horse Dressage Show at the Lancaster County Super Fair, with the assistance of the rest of the club.

"I like being a 4-H volunteer because, in coordinating shows, I help bring in extra funds for the horse program to be able to offer extra incentives for the kids whether it be awards for time they put in with their horses, or educational opportunities," Megan says. "I enjoy the kids, parents, leaders, Extension staff and exhibitors who are all part of 4-H. I also enjoy being able to help in some small way, and seeing how that shapes these kids and their futures is pretty exciting."

Lancaster County 4-H thanks Megan for donating her time and talents. People like her are indeed the heart of 4-H!



Pick Up 4-H Awards From Achievement Celebration

All 4-H awards not picked up at the recent 4-H Achievement Celebration must be picked up from the Lancaster Extension Education Center, 444 Cherrycreek Road, Lincoln. This includes certificates, plaques, awards, activity certificates, and 3-year member and senior pins, etc. Lancaster County 4-H seniors who graduate in spring 2019 are eligible for a free 4-H alum T-Shirt, courtesy of Lancaster County 4-H Council. Unsure if you have an item to pick up? Call Extension at 402-441-7180.

4-H Kids K9 Clinic, April 6

Lancaster County 4-H Dog VIPS Committee is presenting a fun-filled and informative Kids K9 Clinic on Saturday, April 6, 11 a.m.–1 p.m. at Kenl Inn, 10241 Old Cheney Road, Lincoln. No cost to attend. Register by March 25.

4-H members ages 8 & up are invited, though ages 10–15 may benefit most. This clinic will help prepare youth and their dogs for the 4-H dog shows at Super Fair and/or State Fair.

Topics will include:

- Showmanship
- Obedience
- Agility
- Grooming/basic husbandry

To register or for more information, contact Ivy Dearthmont at ivydearthmont@gmail.com or 402-429-8632 (call or text). Register by providing:

- 4-Hers name, age and years handling dog.
- Name and age of dog attending.

Bring a leash and portable dog carrier/kennel. Dogs not well-behaved will be asked to leave the premises.

Runza Night for Lancaster County 4-H, April 16

Support 4-H by eating at Runza on 33rd and Pioneers on Tuesday, April 16 from 5–8 p.m. Simply mention 4-H and Lancaster County 4-H Council will receive 10 percent of the proceeds. 4-H Council helps support 4-H programs, activities and scholarships.

Spring Rabbit Show, April 27

The 4-H Spring Rabbit Show will be held Saturday, April 27, 9 a.m. at the Lancaster Event Center – Exhibit Hall. Open to all youth ages 8–18. Show flyer is at <https://lancaster.unl.edu/4h/documents/RabbitShowSpring19.pdf>. For more information, call Bob at 402-525-8263 or the Extension office at 402-441-7180.

4-H/FFA Sheep & Meat Goat Weigh-in, May 14

4-H/FFA market sheep or market meat goat exhibitors planning to participate in the performance class based on rate of gain at the Lancaster County Super Fair must have their lambs and goats weighed on Tuesday, May 14, 6–7 p.m. at the Lancaster Event Center – Pavilion 1. All lambs and goats will utilize USDA Scrapie tags as the 4-H identification. No official 4-H/FFA tags will be utilized. Bring your scrapie tags and we can help tag. Breeding ewes and does are welcome as well if you need help putting in scrapie tags. The breeder must supply scrapie tags or 4-Hers must order their own tags. If you need to order tags, call 866-USDA-TAG (873-2824). For more information, call Calvin DeVries at 402-441-7180.

Now Is a Good Time to Start 4-H Diamond Clover Program

The Nebraska 4-H Diamond Clover program consists of six levels in which 4-Hers plan and report a broad range of age-appropriate accomplishments, which could include (depending on age/level):

- Participate as a member of a 4-H club.
- Recruit a new 4-H member or participant.
- Participate in a service-learning project.
- Complete at least one project from a new project area.

The statewide program is designed to enable every 4-H member willing to exert the effort an opportunity to be recognized, regardless of how they are involved in 4-H. Now is a good time for 4-Hers to plan their goals for next year! Complete information and forms are at <https://4h.unl.edu/diamond-clover>.

Nebraska 4-H Gives Back

The Nebraska 4-H Gives Back program is an opportunity for a 4-H member or a team of 4-Hers to make a meaningful contribution to their community. Formerly a part of the Diamond Clover program (Level 6 service learning project), this award recognizes the impact that 4-H youth make in their communities and celebrates the spirit of service learning, a pillar of the 4-H experience. To achieve the Nebraska 4-H Gives Back honor, a 4-H member or team must complete a major service-learning project that benefits his/her community.

Participants of the Nebraska 4-H Gives Back program receive a certificate of recognition, a diamond crystal and a \$100 award.

Kiwanis Karnival, April 12

Families of 4-H members and Elliott Elementary School students are invited to attend the annual Kiwanis Karnival, a FREE family event. Sponsored by Lincoln Center Kiwanis, Kiwanis Karnival will be held Friday, April 12, 5:30–7:30 p.m. at Elliott Elementary School, 225 S. 25th St., Lincoln. The Karnival features carnival-type games for youth, bingo for adults, prizes, snacks, fun and fellowship. Lincoln Center Kiwanis has sponsored this event for over 50 years — providing prizes and snacks.

4-H clubs are needed to provide carnival-type booths. If your 4-H club or family would like to have a booth or for more information, call Lorene at 402-423-7541 or 402-310-3481, or email lbartos1@unl.edu.

HORSE BITS

4-H Horsemanship Level Testings, April 9 & 23

The first 2019 riding skills level testing will be held on Tuesday, April 9, 5:30 p.m. at the Lancaster Event Center – Pavilion 2 arena. Anyone wishing to be tested must register by April 2. Contact Kate Pulec at kpulec3@unl.edu or 402-441-7180.

A second testing is scheduled for Tuesday, April 23, 5:30 p.m. at the Lancaster Event Center in the Pavilion 2 arena. Registration deadline for the April 23 testing is April 16.

Remember, all other horsemanship level requirements must be completed and handed in to Kate before the riding portion can be done.

It is important to note: 4-Hers need to be testing with their own 4-H projects. The horse is being tested (and acclimated) also. In addition, youth testing for level II must have their horses groomed/clipped for show readiness. This is part of the level II test. If youth/horse do not pass this portion, they will need to come back and retest.

Notice From Horse VIPS About 'No Shows' at 4-H Level Testings

4-Hers must notify Kate (kpulec3@unl.edu or 402-441-7180) at least 24 hours in advance if they can't attend the testing they are registered for. A \$20 fee will be assessed to anyone who register for a testing and then fails to attend or doesn't notify Kate before the testing date. The fee will need to be paid before the 4-Her will be allowed to test on another date.

Spring Fling Dressage Schooling Show, May 4

The annual Spring Fling Dressage Schooling Show, presented by the Lancaster County Horse VIPS Committee and Esprit de Corps 4-H club, will be held on Saturday May 4, 8 a.m.–5 p.m. at the Lancaster Event Center – Pavilion 3. Open to all ages to benefit the 4-H horse program. Entries are due April 24. Show flyer and registration form is at <https://go.unl.edu/2019springfling>.

Dressage Clinic, May 5

The Lancaster County Horse VIPS committee and Esprit de Corps 4-H Club are offering opportunities for 45-minute clinic rides with judge Marie Maloney on Sunday, May 5 at the Lancaster Event Center – Pavilion 3, the day following the Spring Fling Dressage Schooling Show. A limited number of riders will be accepted, and priority will go to youth riders. Times are on a first-come, first-served basis, so register early! Entries are due April 24. Register on the Spring Fling Dressage Schooling Show flyer and registration form at <https://go.unl.edu/2019springfling>.

Discover 4-H Camps

4-H SUMMER CAMP brochures are now available online at <http://4h.unl.edu/camp-centers> and at the Extension office. Camps are open to all youth ages 6–18 (need not be in 4-H). With locations at Gretna and Halsey, there are over 50 camps ranging from 3-day day camps to 4-day/3-night overnight camps. Early bird discount of 10 percent before April 15. The discount is applied as promo code "earlybird2019" during the checkout process.

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BIG RED SUMMER ACADEMIC CAMPS are residential, career exploration camps held at University of Nebraska–Lincoln campus and are open to all youth grades 10th–12th. During the week-long camps, participants work with UNL faculty to explore the topic of their particular camp, like animation, teaching, weather & climate science, engineering and veterinary science. Brochures are available online at <http://4h.unl.edu/big-red-camps> and at the Extension office.