



HEART OF 4-H VOLUNTEER AWARD

Tabetha Burnham

Lancaster County 4-H is proud to announce Tabetha Burnham of Lincoln as winner of the July "Heart of 4-H Award" in recognition of outstanding volunteer service.

She is a project leader for the Fusion 4-Hers club, which has been recognized as Nebraska Club of Excellence the past three years. She helps with the monthly meetings and club's many community service projects, including Kiwanis Carnival. In addition, Tabetha has helped at the Lancaster County Super Fair during 4-H static exhibit judging and in the 4-H food stand.

"I have a passion for serving our community and growing our youth," she says. "My favorite experience as a 4-H volunteer was learning to sew with my daughter and adding another hobby to my list. Thanks to our wonderful leaders with amazing sewing skills, we have both learned so much. I wanted to learn so I could be another pair of hands to help our club and my daughter with sewing. We now have a sewing room in our house and enjoy making several items."

Lancaster County 4-H thanks Tabetha for donating her time and talents. People like her are indeed the heart of 4-H!



4-H district speech/PSA contest results

The 2018 4-H Southeast District Speech and Public Service Announcement (PSA) contest was held in May at University of Nebraska-Lincoln East Campus. The top five in each division received medals. Medal winners in the senior divisions advance to the state contest which will be held during the Nebraska State Fair. The following Lancaster County 4-Hers earned purple ribbons. Congratulations to all youth who participated!

SPEECH CONTEST

- **Junior division:** Khloe Cuttlers, Ethan Gabel, Micah Pracheil
- **Senior division:** Addison Wanser (medal)

PUBLIC SERVICE ANNOUNCEMENT (PSA) CONTEST

- **Junior division:** Holly Bowen, Vanessa Peterson (medal)
- **Intermediate division:** Sarah Lange, Riley Peterson, Eliese Schwinck (medal)

4-H Companion Animal Challenge results

The statewide 4-H Companion Animal Challenge was held on March 10 at UNL East Campus. Youth entered in five events: dog skill-a-thon, dog quiz bowl, demonstration, art contest and photography contest. Congratulations to all Lancaster County 4-H members who participated! Below are the Lancaster County purple ribbon winners and champions.

DOG SKILL-A-THON

- **Senior division:** Emmi Dearthmont (champion)
- **Intermediate division:** Taylor Root (champion), Maleah Jamison (reserve champion)

DEMONSTRATIONS

- **Team:** Taylor Root & Maleah Jamison (champion)

ART CONTEST

- **Intermediate division:** Isabella Grosskopf (reserve champion)
- **Senior division:** Elisabeth Moyer (champion)

PHOTOGRAPHY CONTEST

- **Junior division:** Zoey Jamison (champion) (blue ribbon winner)

SUPER FAIR 4-H/FFA ANIMAL ENTRIES MUST BE SUBMITTED ONLINE BY JULY 1

New in 2018, all 4-H/FFA animal entries for the Lancaster County Super Fair must be entered online at <http://lancaster.fairmanager.com>. This includes stall requests and livestock/poultry exhibitor T-shirt sizes. No paper forms will be accepted!

Deadline is Sunday, July 1, 11:59 p.m. No late entries will be accepted! Beef, dairy cattle, bucket calf and llama/alpaca bedding fees, and Horse Roping/Working Ranch Show livestock fees will have online worksheets to fill out, print and submit to the Extension office with payment (cash or check) by Friday, July 6.

Step-by-step instructions with pictures is at <http://lancaster.unl.edu/4h/fair>. If you have questions about the process or need access to a computer, call Heather Odoski at 402-441-7180.

Horse reminder — you must have all Horsemanship Level requirements completed before July 1 to show at the Super Fair.

4-H summer camps

It is not too late to sign up for 4-H summer camps which are offered through Aug. 7. With locations at Gretna and Halsey, there are over 45 camps ranging from half day to five days/four nights. Many camps still have openings! Open to all youth ages 5-18 (need not be in 4-H).

A wide variety of programs are offered including:

- team-building challenge courses — low initiatives, high initiatives, zip lines
- shooting sports — archery, air rifles, shot gun, .22 rifle, muzzleloader
- aquatics — canoeing, fishing, tubing, kayaking, tanking, swimming
- nature programing and GPS
- arts, crafts, exploration, campfires, games, songs and fun!

More information is at <http://4h.unl.edu/camp-centers> and the Extension office.



4-H/FFA Livestock Booster Club scholarships

Applications for the Lancaster County 4-H/FFA Livestock Booster Club \$500 college scholarship are due July 6. Open to all Lancaster County 4-H/FFA seniors, but preference to those who have exhibited production livestock in 4-H or FFA. The application is at the Extension office and online at <http://go.unl.edu/5bg>. For more information, contact Cole at 402-441-7180. Two winners will be announced at the Youth Livestock Premium Auction.

4-H sewing help sessions

Kath Conroy, a 4-H clothing superintendent, is offering to help 4-H youth with their sewing projects again this year. This exceptional seamstress has many years of experience helping 4-Hers. Four help sessions will be held Monday, July 9 through Thursday, July 12, 12:30-4:30 p.m. each day at the Bernina Sewing Center at 5625 'O' Street, Lincoln. Bring your sewing machine, sewing supplies and project. Kath will be available to help with fitting, cutting fabric, zippers or anything else needed. 4-Hers may attend some or all sessions. There is no cost and registration is not required.

Babysitting Training for 5th-7th graders, July 18

A Babysitting Training through the American Red Cross taught by Extension Educator Jaci Foged will be held Wednesday, July 18, 8:30 a.m.-4:30 p.m. at the Lancaster Extension Education Center. Register by Tuesday, July 9. Open to all youth ages 11-15 (do not need to be in 4-H). Cost is \$35. Bring a sack lunch. If class fills up, a second training will be held Thursday, July 19. More information and a registration form is online at <http://lancaster.unl.edu/family/babysittingclass18.pdf>.

HORSE BITS

State 4-H Horse Show

The Fonner Park State 4-H Horse Exposition will be held July 15-19 at Fonner Park in Grand Island. Information is at <http://4h.unl.edu/horse/state-expo>.

Health papers

A 14-day health certificate and a negative Coggins Test will be required for all horses attending the State 4-H Horse Expo in Grand Island. All horses will be checked.

No 4-H horse exhibitors and/or owner shall exhibit a horse at the Fonner Park State 4-H Horse Exposition that has been given, in any manner whatsoever, internally or externally, a narcotic, stimulant, depressant, analgesic, local anesthetic or drug of any kind within 24 hours before the first scheduled event of each show day at 8 a.m.

If your horse is prescribed phenylbutazone and/or aspirin-like products, you must file a statement in the 4-H Horse Show office before the horse can be shown. This statement must describe the treatment reason and be signed by an accredited D.V.M.

Notice to exhibitors

Please bring a stall gate at least 48-inches wide. All stalls will be required to have bedding and must be cleaned before releasing. Shavings will be available for purchase on the grounds. Please bring your own feed.

Horse Incentive forms due July 27

Any Lancaster County 4-Her may participate in the horse incentive program and earn points by participating in horse-related activities between January 1 and July 20. The more points you earn, the more valuable the reward! The points you tracked from participating in horse-related activities must be totaled on the Horse Incentive Summary Sheet. Official sheets and Reward Request Form are due to the Extension office no later than Friday, July 27. More information can be found at <https://lancaster.unl.edu/4-h-horse-project-resources>.