



HEART OF 4-H VOLUNTEER AWARD

Kate Rawlinson

Lancaster County 4-H is proud to announce Kate Rawlinson as winner of October's "Heart of 4-H Award" in recognition of outstanding volunteer service.

Kate has volunteered with 4-H for more than five years, starting when she was still a member. She is co-leader of the Esprit de Corps 4-H horse club, helps the club superintendent the 4-H Dressage Show at the Lancaster County Super Fair and is a tester at horsemanship advancement level testings. She also coaches horse hippology and quiz bowl teams competing at the state 4-H Stampede. The hippology team she coached in 2016 earned first place at the 4-H/FFA Western National Roundup in Denver.

"I love being a part of 4-H's journeys and using my experience to help them create their own successes," says Kate. "Many great 4-H volunteers helped me on my path to many successes and I love to be able to say I did the same for someone else. I love watching a difficult horse transform after a lot of hard work, but my favorite experience was taking my first hippology team to Denver and bring home a national title!"

She is a senior at the University of Nebraska-Lincoln majoring in veterinary science, and just applied for vet school.

Lancaster County 4-H thanks Kate for donating her time and talents. People like her are indeed the heart of 4-H!



Household Pets Fest, Sept. 30

A 4-H Household Pets Fest will be held Saturday, Sept. 30, 9 a.m.-12 noon at the Lancaster Extension Education Center, 444 Cherrycreek Road, Lincoln. Open to all youth ages 8 & up and their families. No registration is necessary. Cost is \$2 per family (includes three free raffle tickets). Bring your small critter or just come for info and fun! For more information, call Kate Pulec at 402-441-7180.

4-H Rabbit Clinic, Oct. 21

A free 4-H Rabbit Clinic will be held Saturday, Oct. 21, 9 a.m.-12 noon at the Lancaster Extension Education Center, 444 Cherrycreek Road, Lincoln. This is a great opportunity to learn about the 4-H rabbit program. For more information, call Kate Pulec at 402-441-7180.

4-H Paper Basket Workshop, Nov. 4

4-H youth ages 8 and up are invited to a workshop to construct a woven paper basket using recycled newspapers on Saturday, Nov. 4 from 9 a.m.-12 p.m. at the Lancaster Extension Education Center, 444 Cherrycreek Road, Lincoln. No cost to attend. Register by Oct. 27 by calling 402-441-7180. Bring a needle nose wire cutter for cutting wire. All other supplies will be provided.

All Lancaster County 4-H Volunteers Must be Rescreened in 2017

Every four years, all Nebraska 4-H volunteers must be rescreened through the 4-H Youth Protection Volunteer Screening. This year, 2017, is the year our district must be rescreened.

The form is available at the Extension office or online at <http://lancaster.unl.edu/4h/club>. Volunteers will need to verify their identity by completing section A (have a notary public sign, then mail the form to Kim Novotny, State 4-H Office, 114 Ag Hall, Lincoln, NE 68583) or section B (have an Extension staff member sign). Must show photo ID for either option.

The screening ensures a safe, positive and nurturing environment for all youth involved with the Nebraska Youth Development program. If you have questions, please contact the Extension office at 402-441-7180.

4-H Horse Awards Night, Oct. 5

The annual Lancaster County 4-H Horse Awards Night will be Thursday, Oct. 5, 6:30 p.m. at the Lancaster Extension Education Center, 444 Cherrycreek Road, Lincoln. The Horse VIPS Committee will provide snacks. Awards presentation includes Incentive Awards, Horsemanship Levels, All-Around Awards, Herdsmanship, Top Judging buckles and ribbons, and a few surprise awards! Come help celebrate the outstanding accomplishments of the 2017 Lancaster County 4-H Equestrians!

4-H Leader Training, Oct. 26

All 4-H leaders and volunteers helping with clubs and independent members are encouraged to attend the Fall 4-H Update on Thursday, Oct. 26 at the Lancaster Extension Education Center, 444 Cherrycreek Road, Lincoln. Attend either the 9 a.m. or 6:30 p.m. update. Training will focus on 4-H club organization, static exhibits, leadership, opportunities for your 4-H members and more. This is a great opportunity to connect with other parents and leaders. You MUST preregister by Oct. 24 by calling 402-441-7180.

4-H Thanks Sponsors

Lancaster County 4-H would like to thank all of the businesses, organizations and individuals who sponsored 4-H events, activities, programs and trophies during the 2016-2017 4-H year. This support enhances the educational experience of the 4-H youth.

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Kiwanis - Lincoln Center
Kubicek Club Lambs
LaKaBrTyDe Farms
Lancaster County 4-H Council
Lancaster County 4-H Dog VIPS
Committee
Lancaster County 4-H Horse VIPS
Committee
Lancaster County 4-H Livestock
Booster Club
Lancaster County 4-H Rabbit
VIPS Committee
Lancaster County 4-H Teen
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Lancaster County Agricultural
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Lyle & Ann Woerth
Dana & Pamela Wolfe
Women's Clinic of Lincoln

*We apologize for any inaccuracies.
If you notice any corrections,
please call 402-441-7180.*

Thank You to Volunteers

Nebraska Extension in Lancaster County thanks all of the people who donate their time and talents to help enrich the lives of the youth in the Lancaster County 4-H youth development program.