

# **EXTENSION CALENDAR**

All events will be held at the Lancaster Extension Education Center, 444 Cherrycreek Road, Lincoln, unless otherwise noted.

#### **October**

November			
1	Deadline for Extension Board Applications		
2	4-H Youth Science Day for Home-Schooled Youth 9 a.m. & 1 p.m.		
4	CPR/AED and First Aid Training 8:30 a.m12:30 p.m.		
4	4-H Paper Basket Workshop 9 a.m.—12 p.m.		
7	Nutrition & Physical Activity Self-Assessment for Child Care		
	(NAP SACC)12:30–3:30 p.m.		
7	4-H Council Meeting6 p.m.		
12	4-H Teen Council Meeting3 p.m.		
13	Pesticide Applicator NDA Walk-in "Testing Only" Session 9 a.m.—2 p.m.		
14	Nutrition & Physical Activity Self-Assessment for Child Care		
	(NAP SACC)12:30–3:30 p.m.		
17	Extension Board Meeting8 a.m.		
18	Make It With Wool Contest9 a.m.		
December			
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8	Extension Board Meeting	a.m.
10	4-H Teen Council Meeting3	
11	Pesticide Applicator NDA Walk-in "Testing Only" Session 9 a.m2	
14	Co-Parenting for Successful Kids Class9 a.m12:30	
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#### 31 4-H Award and Scholarship Applications Due to Extension

#### **4-H Service**

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- Fusion 4-H'ers sewed 43 pillowcases and donated them to the Christian Heritage Foster program.
- Go, Go, Goat Getters brought goats to two 4-H Clover College workshops and went to a Tractor Supply Store to talk to customers about goats. The club also picked up trash at Oak Lake and made hygiene kits they donated to the People's City Mission.
- Rabbits R Us club members took rabbits, chickens and dogs to two nursing homes to share with residents.
- Super Shamrocks made holiday cards for the East Lincoln Community Church to send to homebound people. The club also made care boxes and donated them to Operation Christmas Child through Samaritan's Purse International Relief.
- Multiple 4-H clubs provide carnival-type games at the annual Kiwanis Karnival held at Elliott Elementary School and/or staff shifts at 4-H Council's food stand during the Lancaster County Super Fair, of which all proceeds benefit Lancaster County 4-H.



JP2 Crew sewed 16 pillowcases for the People's City Mission.



Five Star 4-H'ers made 8 fleece tied blankets for the Children's Hospital and Medical Center in Omaha.

#### **Outgoing 4-H Council Members**

The October 4-H Council meeting marked the final meeting for four outgoing 4-H Council members. Abby Babcock served one year, Cathy Plager served six years, Kari Price served six years and Jenny Schnase served three years, including two as treasurer. **Lancaster County** 4-H thanks them for their leadership,



time and expertise! Adult 4-H Council members can serve two consecutive terms of three years each. Teen 4-H Council members can serve two consecutive terms of two years each.

## **Extension Board Applications**

The Lancaster County Board of Commissioners seek community members to serve on the Lancaster County Extension Board. Vacancies will be filled with three year appointments beginning in January 2018.

Extension Board members advocate for and assist Extension staff in focus areas such as: 4-H youth development; beef systems; community environment; community vitality; cropping & water systems; food, nutrition & health; and the learning child. The board meets monthly (usually the second Friday of the month at 8 a.m.).

Registered Lancaster County voters interested in serving should complete an Extension Board application by Nov. 1. Additional information and an application can be obtained from: Nebraska Extension in Lancaster County, 444 Cherrycreek Road, Suite A, Lincoln, NE 68528 or by calling 402-441-7180. Applications are also online at http://lancaster.unl.edu/lancaster-county-extension-board

#### **Ag Society Annual Meeting, Dec. 12**

The Lancaster County Agricultural Society (which acts as the Fair Board) will hold its Annual Meeting & Board Election on Tuesday, Dec. 12 at the Lancaster Event Center, 84th & Havelock, in the Lancaster Room (use Business Center entrance, north side of Pavilion 1). Voting will take place 5:30-6:30 p.m. for three positions on the Lancaster Agricultural Society Board (three-year terms). Any registered voter in Lancaster County may vote.

Any Lancaster County resident interested in running for a position on the board must submit a short biography to arrive by Wednesday, Nov. 15 in order to be placed on the ballot. Send the biography to: ATTN Jamie Bauman, LCAS Secretary; Lancaster Event Center; P.O. Box 29167; Lincoln, NE 68529. Biographies can also be sent by email to SuperFair@LancasterEventCenter.org

The Annual Meeting, starting at 6:30 p.m., is an opportunity for the public to learn more about the Super Fair and the Lancaster Event Center. The regular monthly meeting of the Ag Society will follow the annual meeting.

Regular monthly meetings are usually held the third Thursday of every month at 7 p.m. (November-March) or 7:30 p.m. (April-October) and are open to the public. For more information, contact Lancaster Event Center Managing Director Amy Dickerson, at 402-441-6545 or adickerson@LancasterEventCenter.org.

# **EXTENSION NEWS**

# Kristen Houska is **SNAP-Ed Educator**

Kristen Houska, MS, is the new Extension Educator for the Supplemental Nutrition Assistance Program-Education (SNAP-Ed) program in Lancaster County, part of Nebraska Extension. She previously served six years as an **Extension Assistant** in the same program.

SNAP-Ed provides nutrition education to limited-resource populations primarily through direct education, but also through



policy, system and environmental changes.

This past year, Kristen was an Extension Educator and Team Nutrition Coordinator on University of Nebraska-Lincoln East Campus. She focused on conducting research with the school enrichment nutrition kit curricula, presenting teacher trainings about healthy school practices and distributing Family and Consumer Science mini-grants to schools state-wide looking to increase nutrition education and nutrition promotion.

Kristen is excited to return to Nebraska Extension in Lancaster County to begin her new role. She is looking forward to serving the limited-resource populations of the county again, and facilitating growth within the SNAP-Ed program.

### **Jody Green Receives Communication Award**

The team of Extension **Educators Jody Green** (Lancaster County) and Jonathon Larson (Douglas/ Sarpy Counties) were one of three national finalists for the National Association of County Agricultural Agents (NACAA) Communication Award for Fact Sheet. The award was presented for their head lice fact sheet, "Head Lice, School and Your Child: A Helpful Guide" online in English and Spanish at http://lancaster.unl.edu/ pest/lice.



#### 2017 UNL Service Awards

Recently, University of Nebraska-Lincoln staff reaching an anniversary year of employment were honored for their years of service to the university. The following Nebraska Extension in Lancaster County staff were recognized:

- **Tracy Anderson**, Extension Educator 20 years
- **Jim Wies**, Extension Associate 20 years
- **Kristin Geisert**, Extension Associate 5 years

### **UNL Explore Horticulture Event** for High School Students

University of Nebraska-Lincoln's Department of Agronomy and Horticulture is hosting a free Explore Horticulture event for high school students on Thursday, Nov. 9, 3:30-5:30 p.m. Learn about the degree options available to students in the horticulture major. Meet faculty, staff and current students. Explore campus in person. Please register at https://agronomy.unl.edu/explore-horticulture. For more information, call 402-472-1640.