## **Health Equity Coalition**









Welcome!

Tell us about you in the Zoom Chat: name, organization and role + one thing of beauty within your view

# **Group Introductions**Who's here today?

Preferred Name + Pronouns	Organization you are representing today & Your role within it	What is an item of beauty within your view?		
Kandra King (she, her, hers)	Community Action Head Start, Health Services Manager	Tiny humans learning and growing		
Jodi-Renee Giron (she/her)	LPS Community Learning Centers, Community Builder	A piece of art painted by my high school son		
Emily Trauernicht (she/her)	LPS Community Learning Centers, Community Builder	My plants!		
Courtney Eitzmann (she/her)	Nebraska Extension, Extension Assistant	Sunshine!		

### **Group Introductions**

Who's here today?

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Jenee Kucera She/her	LPS Community Learning Centers	
Molly Petrik She/her	Bluestem Health	
Joni Pagenkemper	Bluestem Health	
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## **Emily Gratopp**

- Norfolk Native; lived in Lincoln since 2006
- Love Lincoln for "small town feel", diversity & celebrations of cultures
- Have 3 kids ages 4, 4, and 1 that I want to raise in Lincoln
- Want to see our community thrive, embrace differences, join together to create health equity
- Bachelor's in Nutrition Science
- Master's in Leadership Education & **Health Promotion**
- Worked for Extension for 7 years



### Pam Whisenhunt

- Lived in Lincoln the past 25 years
- Husband, children and grandchildren live in Lincoln
- Retired Active National Guard with 30 years of service
- Have worked on legislative initiatives over for 20 years
- Passionate about supporting healthy lifestyles and community service
- Bachelor's Degree in Public Administration
- Master Health Volunteer



Youth Master Health Volunteer

## Crystal Xu

- Grew up in Lincoln, graduated Lincoln East High School in 2019
- Currently a sophomore at Yale University
- Studying chemistry, plan to pursue a career in the medical field
- Certified as an EMT and drone pilot
- Enjoys community service and volunteering
- Hopes to promote health equity in Lincoln

### **Health Equity**



"Health equity means that everyone has a fair and just opportunity to be as healthy as possible.

This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care."

- Robert Wood Johnson Foundation









### **Well Connected Communities**







### Made up of Youth & Adults

Use combined youth-adult voice and action to recognize and address systemic health inequities in communities





#### **COOPERATIVE EXTENSION SYSTEM**

of the Nation's Land-grant Universities

Across Extension, scale successful innovations from this work and make institutional shifts in order to catalyze ambitious changes at the local-, state-, and national-level.



### THE NATION'S HEALTH EQUITY MOVEMENT

So that life-long health and well-being are within everyone's reach.



### County Health Rankings & Roadmaps

**Building a Culture of Health, County by County** 

### Data

#### Lancaster (LA) County Demographics + Lancaster (LA) Error Top U.S. Nebraska Rank (of 78) 1 Performers 1 Margin County Health Outcomes 17 Length of Life 14 Premature death 5,100 4,800-5,400 5,200 5,900 Quality of Life 33

### Data



- Excluded City Limits
- Data Source: Lancaster County Wital Records Мар: ШСНО

#### Life Expectancy 2013-2017

Life expectancy is the statistically probable length of time an individual born today can be expected to live. In this map, life expectancy is based on mortality patterns of the population in a specific census tract given the risk factors in that location. While most people don't live their entire life in the same census tract, this map shows the geographic variance in life expectancy and the influence a person's address can have on health, especially during critical formative years. Life expectancy in Lancaster County improved slightly from 80.1 years in 2015 to 80.4 years in 2017, unlike life expectancy in the United States as a whole which has declined for the last three years.



- Poverty > Average
- Minority Population > Average
- Both Poverty and Minority Population > Average
- Excluded
- Current City Limits

Data Source U.S. Genus Bornas Max linch Lancater County Health Department (UOE)

#### Poverty\* and Minority Population\*\* 2018

There is a correlation between census tracts with higher poverty and a higher percentage of people who identify as a minority. Of the 31 census tracts with above average minority population, 80% also have a higher than average poverty rate. Of the 39 census tracts with below average minority population, only 18% have a higher than average poverty rate. The purple census tracts reveal where both factors exceed the average for the city of Lincoln.

- \* Poverty is defined as 100% of the federal poverty threshold as determined by the U.S. Census Bureau \*\* Includes all racial minorities and Hispanic population

# Proposed (draft) Vision & Mission of Coalition

Vision: Lincoln, Nebraska is a community that provides health equity for all community members through cohesive action and intentionality.

Mission: To bring adults and youth from all walks of life together to eliminate the life expectancy gaps between various neighborhoods in Lincoln, NE by deeply understanding health disparities and taking intentional, collective action across all sectors of the community.

# Proposed (draft) Vision & Mission of Coalition

deeply understanding health disparities

# Action of Coalition: Journey through a process to sustained action

- 1. Deeply understand health disparities
  - a. Existing data
  - b. New data
- 2. Determine community strengths, opportunities, and needs
- 3. Take action

# Community Based Participatory Research

Focus groups/interviews with people who live, work, learn, play, shop and worship in areas of greatest health disparities according to Place Matters maps.

Put your name in the chat if you'd like to be a part of the core team to dive into the 'deep understanding of health disparities'.

- join in meetings to recruit participants for focus groups/interviews
- help inform research process
- join discussions on aggregate analysis of data
- inform community-based action through the coalition



### Group share:

What is one thing you heard about the intent behind building this Health Equity Coalition?

[Unmute & Speak or Type in Chat]

# What impact do you foresee this coalition having on our community?

[Unmute & speak up or Type in the Chat]



### What did you like about the idea of building this Health Equity Coalition?

alition?		How will this coalition build relationships	about?		
Collaboration	everyone wins	Partnerships		with community members and residents instead of only share information and	How do we create policy change within this coalition?
COMMUNITY BASED action - give the power to the people				Concerned it will be "service oriented" and not "community oriented"	How will we center the community's voice?
Collaborative approach and Amplifying resources	Community Leaders help facilitate the direction	Improving the Community together		How does this differ from what Partnership w/ Healthy Lincoln does?	
	We can elevate the voices of community members and their experiences	Finding solutions that build off of our strengths			
19	We can make a difference, united	Action			

What do you have

questions/comment/concerns

# What are our next steps for building this coalition?

### What are you willing to commit to?

- Coalition member?
- Coalition affiliate or sponsor?
- Core team of Community Based Participatory Research to guide this coalition in deeply understanding health disparities?

# (Who are we missing?)

Type names in the chat or send Emily an email: emily.gratopp@unl.edu

# How frequently should we meet? Next meeting date:

# Thank You.

Well Connected Communities is a nationwide effort to cultivate wellness led by America's Cooperative Extension System, in partnership with National 4-H Council, with support from the Robert Wood Johnson Foundation.



### **Participating Land-Grant Universities**













- Princess Anne-Eden
- Fruitland
- Pocomoke

- Lake Andes
- Lower Brule
- De Smet

- Coffee County (Tullahoma Community)
- Meigs County
- Pickett County









- Frogtown / Rondo Neighborhood
- Milan
- Moorhead

- Davis County (Clearfield Community)
- Duchesne/Uintah Counties (Ute Indian Tribe)
- Emery County



### **Participating Land-Grant Universities**





- Seaford
- Wilmington
- Dover





- Colquitt County
- Calhoun County
- Washington County



- Burley
- Caldwell
- Marsing





- Scott County
- Gibson County
- Fayette County





- Pendleton County
- Hart County
- Rowan County





- Garrett County
- Cecil County
- Baltimore City



### **Participating Land-Grant Universities**





- Nemaha County
- Lincoln (North 27th Street Corridor)
- Thurston County





- Philadelphia County (Norris Square Community)
- Tioga County
- Beaver County