### RESOURCES FOR NON-EMERGENCY MEDICAL CARE

#### CLINIC WITH HEART

1707 S 17th St, Suite 4G, (402) 421-2924 Open 4:00 p.m. - 7:00 p.m. Mon. - Thurs. Waiting room opens at 2:00 p.m. Free health care clinic offering medical, dental, physical therapy, mental health, vision and hearing care.

## DEPARTMENT OF HEALTH: HEALTH SERVICES

3140 N St. First Floor, (402) 441-8015 Provides same-day results and free or reduced costs

### MATT TALBOT: FOOT CARE

2121 N. 27th St., (402) 477-4116 Foot care provided to adults. Free socks every month and free shoes every 6 months for attendees.

### **FAMILY PLANNING**

5631 S 48th St. Suite 100, 1-877-811-7526 Health care for men and women. Provides general medical care, cholesterol and diabetes screenings, physical exams, thyroid screenings, etc. Pregnancy testing, STD services, testing and treatment.



Created by Nebraska Extension 4-H Youth Health Equity Project Team



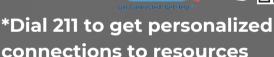
#### **FIND MORE RESOURCES:**

\*App and website for









## LANCASTER COUNTY MEDICAL SOCIETY

233 S 13th St. Suite 1200, (402) 483-4800 This location provides medical referrals for individuals with or without health insurance.

# THE MISSION OF THE PEOPLE'S CITY

110 Q St., (402) 465-1303 Provides mental health, dental, chiropractic and podiatry services at various times. Call to make an appointment