

# Retirement Reception for Alice Henneman

Friday, March 16, 3:30–5 p.m.

*Formal presentation at 4 p.m.*

Lancaster Extension Education Center  
444 Cherrycreek Road, Lincoln

Public is  
invited!



*Extension Educator Alice Henneman has been with Nebraska Extension in Lancaster County for 37 years!*

# Alice Henneman Retires

## Public Invited to Reception March 16

Extension Educator Alice Henneman is retiring after 37 years with Nebraska Extension in Lancaster County.

**The public is invited to Alice's retirement reception on Friday, March 16 from 3:30 to 5 p.m. with a formal presentation at 4 p.m. at the Lancaster Extension Education Center, 444 Cherrycreek road, Lincoln.**

Alice has worked at Nebraska Extension since 1980 as the Extension Educator focusing on food, nutrition and food safety.

For her first 12 years, Alice administered the Expanded Food & Nutrition Education Program (EFNEP) which works with limited-resource individuals and youth. Alice then became a full-time educator working with the general public.

Working in a large urban county, Alice's goal has always been to package information in several forms to reach as many people as possible: face-to-face presentations, radio, handouts, posters, TV, print newsletters/news releases and via the Internet.

She earned her bachelor's degree in Family & Consumer Science Education and master's degree in Nutrition at the University of Nebraska–Lincoln. Her first job out of college was as a Family & Consumer Science teacher at Omaha Public Schools. She also worked as an instructor in the UNL Food & Nutrition Department (currently called the Department of Nutrition & Health Sciences) and an Assistant Professor at the University of Nebraska Medical Center College of Nursing–Lincoln Division.

Alice lives in Lincoln with her husband, David Palm. She grew up on a farm in Hooper, Neb. and first became involved with Extension as a 4-H member participating in the Dodge County 4-H program.

### Accomplishments

**Programs** — Presented numerous programs to local groups, including

highly attended annual presentations at Bryan East Campus.

#### Educational materials

— Created/co-created 19 food & nutrition PowerPoints for local presentations, then shared online for use nationally. These could be viewed by consumers and/or downloaded by those who teach consumers.

**Website** — Helped create, contribute to, recruit a team and grow *food.unl.edu* into UNL's 3rd most visited website (2.8 million pageviews/year).

**Social Media** — Active on Twitter, Facebook, YouTube, Pinterest, LinkedIN, Flickr and Vimeo to promote upcoming programs and educational resources.

**Email Newsletters** — Started one of the first email newsletters by an Extension Educator in the country in 1996, "Food Reflections;" Started a second email newsletter, "Cook It Quick," about two years later.

**Teaching Extension Professionals** — Alice has taught numerous Extension professionals how to best use the Internet to communicate with broader audiences. She has presented workshops and poster sessions at national meetings, traveled to other states to present workshops and held webinars. Topics have included using social media and communicating with images.

### Professional Organizations

Alice is an active member of many professional organizations including:

- National, state and regional member of the Academy of Nutrition and Dietetics.
- Society for Nutrition Education and Behavior.
- National Extension Association of Family & Consumer Sciences.

### Awards/Honors

During her career, Alice earned many awards and honors including:

- "Outstanding Extension Educator



of the Year" (2017), Central Region; "Continued Excellence Award" (2015); and nine 1st place or finalist awards for communications and programs (1995–2017), National Extension Association of Family & Consumer Sciences.

- "Outstanding Nutrition Education for the Public Member Award" (2015), Nutrition Education for the Public Dietetic Practice Group, National Academy of Nutrition & Dietetics.
- "Helen Denning Ullrich Annual Award of Excellence" (2009), Society for Nutrition Education & Behavior.
- "Omtvedt Innovation Award" (2004), University of Nebraska Institute of Agriculture & Natural Resources.
- "Distinguished Extension Educator" (2004), Nebraska Extension.
- "Community Health Award" (2004), Lincoln–Lancaster County Board of Health.
- "Anita Owen Award for Innovative Nutrition Education for the Public" (1996), Academy of Nutrition & Dietetics.
- "Recognized Young Nebraska Dietitian" (1977) and "Outstanding Nebraska Dietitian" (1988), Nebraska Academy of Nutrition & Dietetics.