

# Lincoln, Nebraska Resources

## For Parents Experiencing Divorce and/or Custody Issues

*(See also “Nebraska Resources” Handout)*

Compiled by Nebraska Extension  
 For additional resources, check the Internet or phone book

LEGAL RESOURCES		
The Mediation Center	610 J Street <b>402-441-5740</b>	<a href="http://www.themediationcenter.org">www.themediationcenter.org</a>
University of Nebraska Civil Clinic (English and Spanish)	172 Welpton Courtroom Building <b>402-472-3271</b>	<a href="http://law.unl.edu">http://law.unl.edu</a>

DIVORCE SUPPORT GROUPS		
Christ’s Place Church	1111 Old Cheney Road <b>402-421-1111</b>	<a href="http://www.cplace.org">www.cplace.org</a>
College View Seventh-Day Adventist Church DivorceCare	4801 Prescott Avenue <b>402-486-2880</b>	<a href="http://www.collegeviewchurch.org">www.collegeviewchurch.org</a>
First Free Church DivorceCare	3280 South 84 Street <b>402-483-7635</b>	<a href="http://www.firstfreelincoln.org">www.firstfreelincoln.org</a>
First Plymouth Congregational Church Rebuilding After Divorce (adults)	2000 D Street <b>402-476-7565</b>	<a href="http://www.firstplymouth.org">www.firstplymouth.org</a>
Lincoln Berean Church DivorceCare for Adults and DivorceCare for Kids	6400 South 70 Street <b>402-483-6512</b>	<a href="http://www.lincolnberean.org">www.lincolnberean.org</a>
Saint Mark’s United Methodist Church Divorce Recovery (adults)	8550 Pioneers Boulevard <b>402-489-8885</b>	<a href="http://www.stmarks.org">www.stmarks.org</a>
Southwood Lutheran Church DivorceCare and Divorce Care for Kids	4301 Wilderness Hills Boulevard <b>402-423-5511</b>	<a href="http://www.southwoodlutheran.org">www.southwoodlutheran.org</a>

Print additional copies at <http://extension.unl.edu/divorce>. Updated November 2016. List is updated annually.  
 Forward suggestions to Extension Educator Gail Brand at [gail.brand@unl.edu](mailto:gail.brand@unl.edu) or 855-308-8037.

Nebraska Extension’s “Co-Parenting for Successful Kids” is a research-based education class designed to help separating and divorcing parents cope with divorce and custody.

**ON-SITE class information at <http://child.unl.edu/divorce>**  
**ONLINE classes available at <http://go.unl.edu/coparenting>**  
**ONLINE spanish classes available at <http://go.unl.edu/coparenting-spanish>**  
 or call 855-308-8037 (toll-free) or email [parenting@unl.edu](mailto:parenting@unl.edu)

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## PARENTING CLASSES – IN-DEPTH

<b>Circle of Security™-Parenting</b> <i>Circle of Security™-Parenting is an 8-week parenting program based on years of research about how to build a strong relationship with your children. It is designed to help you learn how to respond to your child's needs in a way that enhances your connection with him, which often leads to changes in the child's behavior.</i>	Offered statewide, including: Nebraska Extension in Lincoln 444 Cherrycreek Road <b>402-441-7180</b>	<a href="http://www.necosp.org">www.necosp.org</a>
<b>Family Service</b> <i>"Successful Parenting" is an 8-week series educating on basic parenting skills. Topics covered are: ages and stages of development, preventative discipline, parenting styles, family communication, and safety and supervision.</i>	501 South 7 Street <b>402-441-7949</b>	<a href="http://familyservicelincoln.org/classes/successful-parenting">http://familyservicelincoln.org/classes/successful-parenting</a>
<b>CEDARS Youth Services</b> <i>"Love and Logic Parenting" is a 6-week class that meets once per week. Open to any parent interested in learning various parenting techniques for children ages 2-18, including techniques for difficult behaviors such as arguing, begging and whining.</i>	6601 Pioneers Boulevard <b>402-434-5437</b>	<a href="http://www.cedars-kids.org/helping_kids/resources-and-tips.html">www.cedars-kids.org/helping_kids/resources-and-tips.html</a>

## SUPPORT SERVICES

<b>Cedars Youth Services</b>	6601 Pioneers Boulevard <b>402-434-5437</b>	<a href="http://www.cedars-kids.org">www.cedars-kids.org</a>
<b>Child Guidance Center (children)</b>	2444 O Street <b>402-475-7666</b>	<a href="http://www.child-guidance.org">www.child-guidance.org</a>
<b>Family Service (families)</b>	501 South 7 Street <b>402-441-7949</b>	<a href="http://www.familyservicelincoln.org">www.familyservicelincoln.org</a>
<b>Lincoln Public Schools Social Workers</b>	<b>402-436-1662</b>	<a href="http://www.lps.org/stuserv/socialworkers">www.lps.org/stuserv/socialworkers</a>
<b>University of Nebraska-Lincoln Counseling &amp; School Psychology Clinic (children)</b>	49 Teachers College Hall 1400 Vine Street <b>402-472-1152</b>	<a href="http://cehs.unl.edu/edpsych/clinic">http://cehs.unl.edu/edpsych/clinic</a>
<b>University of Nebraska-Lincoln Couple and Family Clinic</b>	35th Street & East Campus Loop (north of Holdrege) <b>402-472-5035</b>	<a href="http://cehs.unl.edu/cfc">http://cehs.unl.edu/cfc</a>

## DOMESTIC VIOLENCE RESOURCES

<b>Child Advocacy Center (for children who have witnessed domestic violence)</b>	5025 Garland Street <b>402-476-3200</b>	<a href="http://www.smvoices.org">www.smvoices.org</a>
<b>Friendship Home</b>	<b>402-437-9302</b> Emergency Line <b>402-434-6353</b> Office <b>877-474-4820</b> Toll Free	<a href="http://www.friendshiphome.org">www.friendshiphome.org</a>
<b>Lincoln Police Department - Emergency</b>	<b>911</b>	<a href="http://www.lincoln.ne.gov/city/police">www.lincoln.ne.gov/city/police</a>
<b>Voices of Hope (Domestic Violence/ Sexual Assault) (groups, individual &amp; walk-in counseling)</b>	2545 N Street <b>402-475-7273</b> 24-hour Crisis Line <b>402-476-2110</b>	<a href="http://www.voicesofhopelincoln.org">www.voicesofhopelincoln.org</a>

## ANGER MANAGEMENT SERVICES

<b>Men's Domestic Violence Group - Bryan Health West Campus</b>	1600 S. 48 Street <b>402-481-4119</b>	<a href="http://www.bryanhealth.com/services/counseling-mental-health/services/domestic-abuse-group">www.bryanhealth.com/services/counseling-mental-health/services/domestic-abuse-group</a>
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## HOUSING INFORMATION / ASSISTANCE

<b>Lincoln Housing Authority</b>	5700 R Street <b>402-434-5500</b>	<a href="http://www.l-housing.com">www.l-housing.com</a>
<b>Neighbor Works - Lincoln</b>	2530 Q Street <b>402-477-7181</b>	<a href="http://www.nwlincoln.org">www.nwlincoln.org</a>