Angie Wendt is an Early Childhood Specialist for Educare Project REACH with the University of Missouri. She has a bachelor’s degree in Special Education from Arizona State University, and has worked in the early childhood field for over 31 years. Her background includes teaching preschool for the Air Force, being a licensed military family childcare program, and many years of family childcare. Angie is a certified trainer for the Program for Infant Toddler Care (PITC/WestEd), Beginning Together, Emotional Beginnings and Baby Talk. She has completed trainings in Creative Curriculum for both Preschool and Infant/Toddler, High Scope Preschool and Infant/Toddler, Touchpoints Individual Level and Project Construct Preschool. Angie does independent Early Childhood Consulting and is also a Certified Red Cross Instructor. She is a DCRC Certified Trainer and provides training and technical assistance for the Devereux Regional Training Center at the Institute for Professional Development.

This conference is approved through the Nebraska Department of Education and sponsored by the Southeast Early Learning Connection.

Building Resilience and Healing from Trauma in Early Childhood Settings

In every early childhood setting, there is likely to be one or more children who have experienced trauma, and the teachers will not necessarily know who these children are, or the details of the trauma they have endured. The goal of this training is to raise the awareness of participants around what trauma is and what the impact of trauma and toxic stress looks like in young children. Participants will learn about the impact of early childhood trauma and toxic stress on brain development and behavior, as well as explore specific trauma-sensitive approaches and strategies and gain an understanding of how resilience-building practices support healing. This presentation will also focus on the well-being and resilience of the adults who care for young children who have experienced trauma and toxic stress.