

4-H Fashion Show — Procedures and Information

The 2024 Lancaster County Super Fair Book has information about 4-H contests — see page 14.

In the Fashion Show contest, 4-H'ers learn how to present themselves and gain confidence as they model their constructed or purchased clothing projects and show the proper fit of their clothing. Fashion Show is open to 4-H'ers ages 5–18.

The contest consists of two parts:

- 1) Judging — held 1 or 2 weeks before the Lancaster County Super Fair.
- 2) Public Fashion Show — held during the Lancaster County Super Fair.

Once you have exhibited in a higher level, you are not eligible to exhibit in a lower level. Example: once you exhibit in STEAM Clothing 3, you are not eligible to exhibit in STEAM Clothing 2. Exhibitors may only exhibit in 1 level each year.

Garments should be age appropriate. Clothing garments to be modeled shall display tasteful design and modestly cover the body. Examples of design features to avoid include — but are not limited to — revealing low-cut necklines, extremely short hemlines, extremely short shorts and swimwear with minimal body coverage. 4-H'ers should confer with Extension staff prior to Fashion Show Judging Day if there is a question about the appropriateness of their design or pattern to avoid disqualification. Note: nightwear or loungewear cannot be modeled at the state level.

If a 4-H'er sewed a garment(s) for someone else to wear, garment(s) may be modeled by the individual it was sewn for.

A parent or helper is allowed to assist youth in preparing for the Fashion Show judging and the public Fashion Show.

Fashion Show Judging

Judging is held before the Lancaster County Super Fair on **Tuesday, July 23, 8 a.m. at the Nebraska Extension in Lancaster County conference rooms, 444 Cherrycreek Road, Suite A.** Prior to judging, a letter will be mailed to participants assigning specific check-in and judging times.

STEAM Clothing 1 Non-Wearables (including Fiber Arts/ Knitting or Crocheting Level 1) participants will not be judged on judging day. Clothing 1 Non-Wearables participants need to register and complete the Fashion Show Narration form.



They will receive participation ribbons at the public Fashion Show.

Public Fashion Show

The public Fashion Show is held during the Lancaster County Super Fair, on **Thursday, Aug. 1 at 7:30 p.m.** at the Sandhills Global Event Center – South Hall (formerly Exhibit Hall) — please use east entrance. 4-H'ers will model runway style in the middle of the audience. Invite parents, relatives and friends to this event!

The evening of the public Fashion Show, the 4-H members will model their clothing projects. Dressing rooms will be marked with respective clothing areas. Participants may begin dressing at 6:30 p.m., but must be in line by 7:15 p.m.

4-H staff will transport garments for the public Fashion Show from the static exhibit displays in the Ag Society Hall to the South Hall the afternoon of the show.

Ribbons and trophies will be handed out during the public Fashion Show.

Register by July 15

4-H members must preregister for Fashion Show by Monday, July 15. Participants need to fill out one of the following entry forms for EACH entry:

- **Fashion Show Narration Entry Form** — for item(s) constructed by youth ages 8–18.
- **Shopping in Style Fashion Show Written Report with Narration Entry Form** — for purchased item(s) exhibited by youth ages 8–18.
- **Clover Kids Fashion Show Entry Form** — for item modeled by youth ages 5–7.

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On each entry form, 4-H'ers write the narration which will be read as they model their clothing during judging and the public Fashion Show. Be creative in describing your outfit. Sample narrations are on the next page.

Forms are available online as fill-in PDFs at <http://lancaster.unl.edu/4h/fair>. Completed PDF form(s) MUST be attached in an email — please also copy the narration into the body of the email — to Kristin Geisert at kristin.geisert@unl.edu. For garments sewn by youth ages 8–18, fabric samples MUST be mailed or delivered with a printed copy of the narration entry form to: Nebraska Extension in Lancaster County, 444 Cherrycreek Road, Suite A, Lincoln, NE 68528.

Clover Kids Fashion Show Project

Clover Kid members may model one item in the Fashion Show. Clover Kids Fashion Show items may NOT be entered as static exhibits. No premium payouts — Clover Kids receive participation ribbons only. Not eligible for the State Fashion Show.

Register by submitting “4-H Clover Kids Fashion Show Entry Form” (available at the Extension office and online at <http://lancaster.unl.edu/4h/fair>) by Monday, July 15. Submit to the Extension office or email to kristin.geisert@unl.edu.

Clover Kids may:

- Carry and show: pillow, pillowcase, purse, bag or other item they have sewn.
- Wear: purchased top, shorts, pants or cape they have decorated/embellished.
- Wear: top, shorts or pants they have sewn.
- Clover shoppers: wear a purchased outfit on a budget.

Clover Kids may practice modeling (not required) during judging on **Tuesday, July 23, at the Nebraska Extension in**

Lancaster County lobby, 444 Cherrycreek Road, Suite A. Arrive in the morning, any time after 8 a.m.

Clothing Static Exhibits

All clothing items modeled in the Fashion Show must be entered as a Clothing Static Exhibit to be judged for construction (except Clover Kids Fashion Show items may NOT be entered as static exhibits).

4-H/FFA Static Exhibit check-in is Tuesday, July 30 from 4–8 p.m. in the Ag Society Hall (formerly Lincoln Room) at the Sandhills Global Event Center. **On the Static Exhibit Entry Tag, clearly mark the check box that indicates the item is a Fashion Show article.**

All Static Exhibits are released Monday, Aug. 5, 7–11 a.m.

State Fashion Show

Ten top models at the county contest (7 constructed garments and 3 Shopping in Style garments) will be selected to participate in the State Fashion Show held during the Nebraska State Fair. Any 4-H member who is 8 years old by January 1 of the current year, and is in STEAM Clothing 2, Clothing 3, Beyond the Needle, Knitting or Crocheting, or Shopping in Style is eligible for the State Fashion Show.

Additional Information

If you have any questions about the Fashion Show, please contact Kristin Geisert at kristin.geisert@unl.edu or 402-441-7180.

HELPFUL RESOURCES



Three YouTube livestreamed videos, “4-H Fashion Show at Lancaster County Super Fair,” from 2021, 2022 and 2023 are at <https://lancaster.unl.edu/4h/fair#contest>

Sample Fashion Show Narrations

STEAM Clothing 1

- Sarah Doe is ready for school in her close-fitting cotton capri pants and a cotton pullover sleeveless top. Her pants are accented with trim to coordinate with the top, making it a complete outfit. Making this outfit was a new experience for Sarah! She plans to wear this outfit to school, church or when she goes shopping with friends.
- Emily Doe is ready for the heat in her cool summer outfit. This easy pull-on outfit is accented with bright smiley faces. Emily chose 100% cotton because it is breezy and easy care. While sewing her first outfit, she learned how to hem and create a casing for elastic. Keep smiling, Emily!

STEAM Clothing 2

- Jane Doe will be counting ladybugs instead of sheep in her cotton/flannel pajama top and coordinating black cotton/flannel boxer shorts. Her pajama top features a front button placket and patch pocket. Adding the long set-in sleeves was a new skill for Jane and the process was very challenging. Watch out for Jane as she'll be the best dressed at the next “sleep over” with her friends!
- For Maria Doe's clothing project this year, she chose a plaid jumper made from a wool and rayon fabric with a matching beret. This is the first time Maria has constructed pleats. To finish her ensemble, she's wearing a white cotton long-sleeved blouse accented with gold buttons. Maria is looking forward to this fall when she can enjoy wearing this outfit.

STEAM Clothing 3

- Becky Doe is showing off her dress she made for a high school dance last January. She chose a 100% polyester crepe in periwinkle blue fabric. The close fitting, A-line dress has front princess seaming, back crossing straps and a side zipper. Becky fully lined this short formal dress which was a new experience. Looking elegant, Becky!
- Ann Doe is showing fashion from the 1950's. This costume has a blue felt circle skirt complete with a poodle appliqué. Complimenting the skirt is a white cotton semi-fitted blouse with buttons. Putting in a collar, sleeves and making buttonholes were new skills learned in this project. Very retro, Ann!

Beyond the Needle

- Nola Doe decorated this shirt with a few of her favorite things. After learning the skill of stenciling, she stenciled butterflies, caterpillars, bees and flowers on the collar, cuffs and pocket. Hand sewn bugle beads add intricate detail to her design. This beautiful and versatile shirt can be worn over a sun dress, or with pants, capris or jeans. Excellent embellishment, Nola!
- After John Doe was on an outdoor adventure vacation with his family, he was inspired to create this shirt. He tried a new procedure, arranging the leaves on the shirt and lightly spraying it with a bleach mixture and quickly rinsing it to stop the bleaching action. Now he will “blend right in” to the forest the next time he goes hiking. Very creative, John!