



4-H Table Setting Contest — Procedures and Guidelines



The Table Setting Contest is open to all 4-H members ages 8–18 (by January 1 of current year) — participants need not be enrolled in a specific project. It will be held during the Lancaster County Super Fair on **Friday, July 30, 5 p.m.** at the Lancaster Event Center, 84th & Havelock, Lincoln (Exhibit Hall — use east entrance).

Participants select a theme and display one place setting, including table covering, dishes, glassware, silverware, centerpiece and menu. (Do not bring/prepare food.)

Why participate in the Table Setting Contest? It is a fun way learn how to:

- properly set a table
- plan nutritious meals using MyPlate, online at www.choosemyplate.gov
- express originality and creativity in choosing a theme
- present to the judge
- express knowledge of food, nutrition and food safety

Age divisions:

- Junior (ages 8–10)
- Intermediate (ages 11–14)
- Seniors (ages 15–18)

Register by July 20

Register by Tuesday, July 20 by contacting the Extension office at 402-441-7180. You must give the age of youth (by January 1 of the current year) and category they will be entering. There is no entry form.

Categories

Members may enter only one category: Birthday, Casual, Formal or Picnic (holiday theme can be in any appropriate category).

Category hints:

- Formal — use candles (not lit), more than three pieces of flatware, china (no stoneware), tablecloth and/or mats are acceptable and cloth napkins.
- Casual, Picnic, Birthday — be creative! Theme can be indoors or outdoors. Use any type of cover (tablecloth, blanket, paper, etc.) and any type of table service. Overall place setting should be an expression of the youth's originality and creativity. Homemade items will be judged more favorably than prepackaged items. The chosen theme should be clear to the judge and spectators.

Table Setting Contest Guidelines

The goal of this contest is for youth to present the table setting they created to the judge. The 4-H'er acts as the host, and the judge is their guest. The 4-H'er should extend a welcome to their guest and guide their guest through the menu, as if actually hosting the meal. Participants should explain the ideas behind the theme, menu items and table setting techniques. For example, for the formal theme, if your dessert plate and dessert utensils will be brought in after dinner, be sure to explain this to the judge.

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4-H Table Setting Contest Score Sheet (continued)

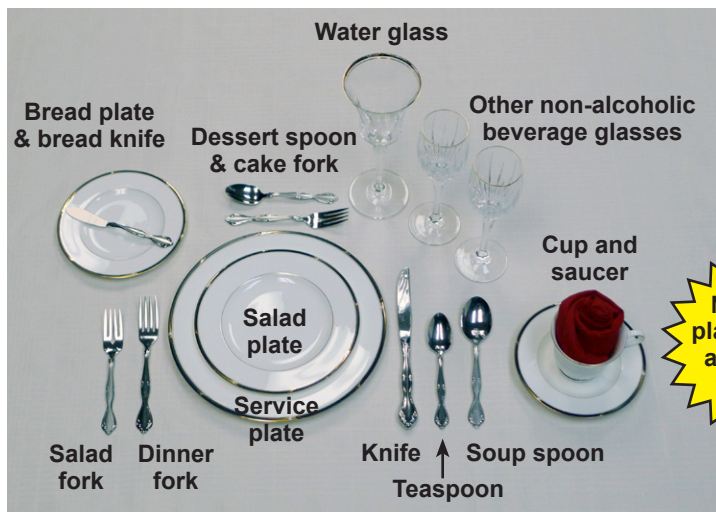
Rule(s) for setting a formal table

Note: Only the tableware needed for the meal are placed on the table.

- 1. Flatware, plate and napkin should be one inch from the edge of the table.
- 2. Dinner plate
- 3. Dinner fork
- 4. Salad fork
- 5. Cloth napkin (placement may vary)
- 6. Knife
- 7. Teaspoon
- 8. Soup spoon
- 9. Soup bowl may be placed on the salad plate and/or service plate or above fork(s)
- 10. Drinking glass is placed at the tip of the knife and/or above spoon if second glass is used
- 11. Salad, bread and/or dessert plate(s) — or bowl(s)
- 12. Cup with saucer

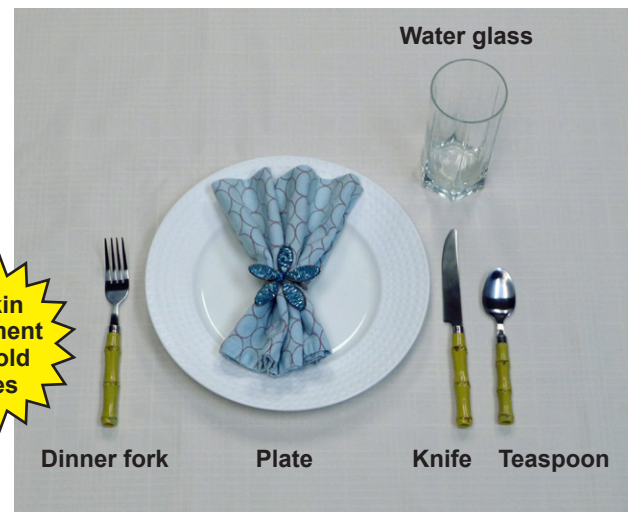
FORMAL PLACE SETTING

Formal categories must follow this placement,
Cloth napkin placement may vary.



INFORMAL PLACE SETTING

These are general guidelines. For non-formal categories,
placement may vary. Let your creativity go!



Only the tableware needed for the meal are placed on the table.