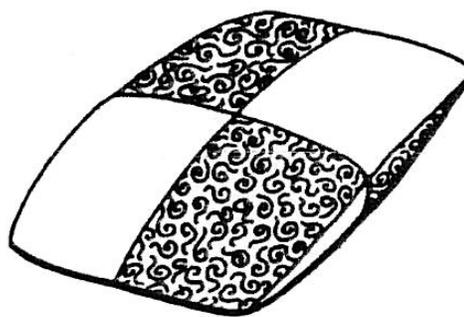


PATCHWORK PILLOW TOP

Sewing Skills You Will Learn

1. Measure and cut fabric to size.
2. Stitch 1/2" seam allowances.
3. Backstitch.
4. Match seams.
5. Press seams open.
6. Pivot at corners.
7. Trim seam.

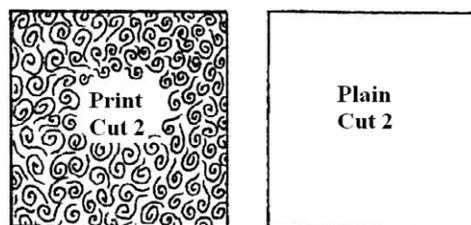


Supplies Needed:

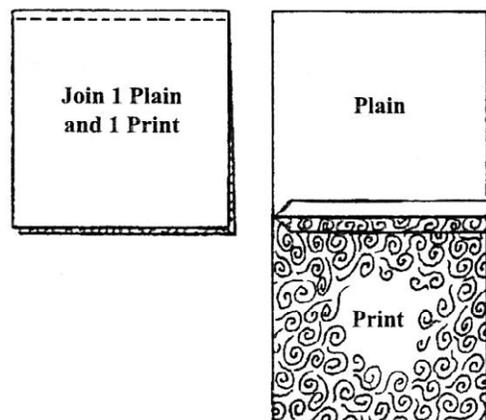
1/2 yard of two contrasting woven fabrics 44-45" wide
Matching thread
1 16" pillow form

Directions:

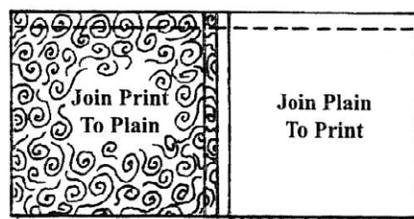
Step 1: Cut two 9" squares from each piece of fabric. You have a total of 4 squares. Cut the squares accurately so when joining them together they will be exact.



Step 2: Join two 9" contrasting squares together with a 1/2" seam allowance. Join the remaining two squares. Press seams open. Do the same for the remaining two pieces.



Step 3: Join the two sections together with a 1/2" seam allowance to create the patchwork pillow top. Be sure seams meet at the center. Press seams open.

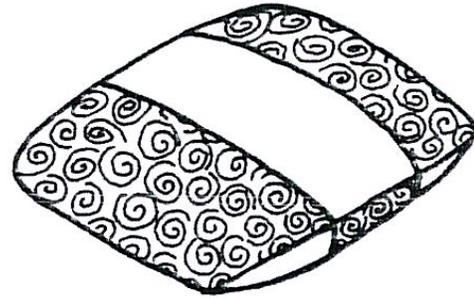


See Envelope Closure Instructions for the next steps.

STRIPED PILLOW TOP

Sewing Skills You Will Learn

1. Measure and cut fabric to size.
2. Stitch 1/2" seam allowances.
3. Backstitch.
4. Match seams.
5. Press seams open.
6. Pivot at corners.
7. Trim seam.

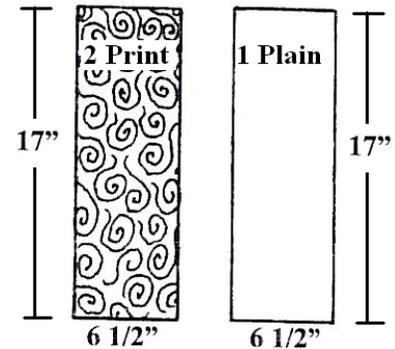


Supplies Needed:

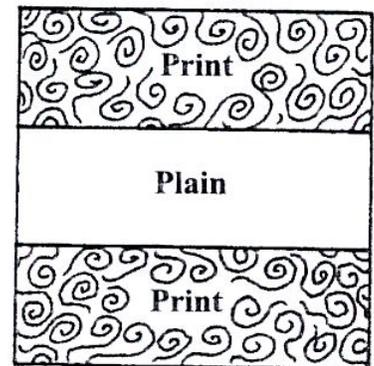
1/2 yard of two contrasting woven fabrics 44-45" wide
Matching thread
1 16" pillow form

Directions:

Step 1: Cut 3 pieces of fabric 17" x 6 1/2". Two pieces from one fabric and one piece from the contrasting fabric.



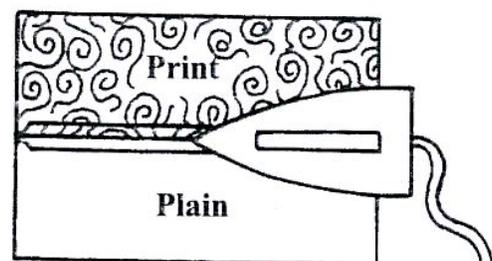
Step 2: Following the illustration, join the long sides of the strips together with 1/2" seam allowance to make one side of the pillow.



1/2" seam allowance



Step 3: Press seams open.

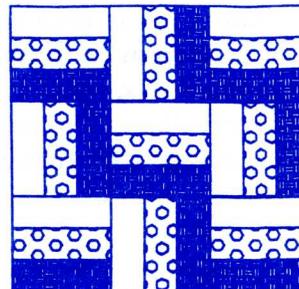


See Envelope Closure Instructions for the next steps.

RAIL FENCE PILLOW (3)

Skills You Will Learn:

1. Cut fabric to size with rotary cutter.
2. Sew with 1/4" seam allowance.
3. Chain piecing.
4. Pressing.
5. Sewing pieced blocks together.



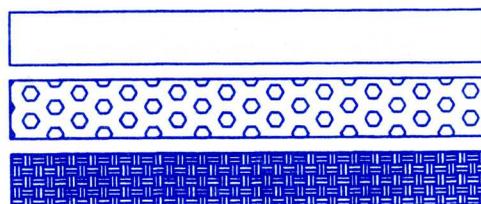
Supplies Needed:

1/4 yard of 3 contrasting fabrics (one light, one medium and one dark)

Thread to match medium fabric

16" or 18" pillow form

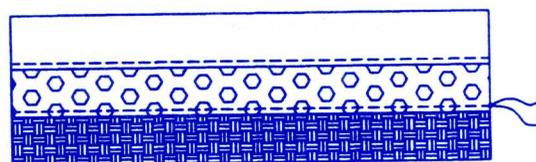
- Step 1. Preshrink the fabric and straighten the crosswise grain.
- Step 2. Using a rotary cutter and clear plastic ruler, cut three 2 1/2" x 22" strips of each of three contrasting fabrics. Rotary cutters are extremely sharp! Do this with adult supervision only.
- Step 3. Pin light strips to medium strips along the long 22" side. Stitch with 1/4" seam. Press both seam allowances toward the medium strip.
- Step 4. Pin the dark strip to the other long 22" side of the medium-colored strip. Stitch using 1/4" seam. Press both the seam allowances toward the dark fabric. Measure the width across the three fabrics. Jot the measurement here _____. (It should be somewhere between 6" - 6 3/4".)
- Step 5. Use the rotary cutter to cut the selvages off the pieced strips, then cut strips into squares by cutting the same length as your measurement from step 4. You will now have nine square blocks.
- Step 6. Pin one block to another, right sides together, by placing the bars at right angles so that the light fabric is on top of the first block, and on the left side of the second block (as you look at the right sides). Stitch with a 1/4" seam. Repeat 2 times. You will now have three pairs of blocks. Press toward the straight, light rectangle.



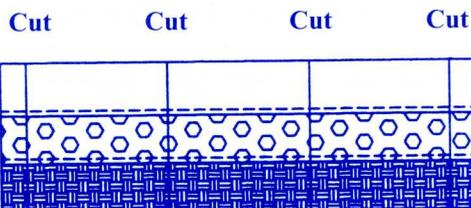
STEP 3



STEP 4

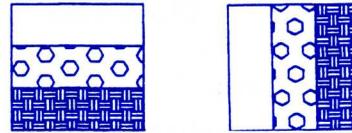


STEP 5



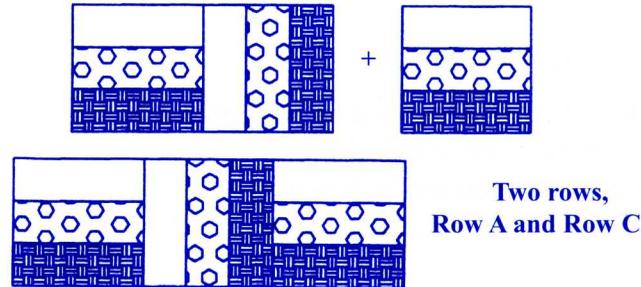
STEP 6

Step 7. Pin a third block with the light rectangle on top to the pair on the straight, dark rectangle. Stitch with a 1/4" seam. You now have a row of three blocks. This is Row A. **Repeat once, making another three-block row, which is Row C.** Press both seam allowances toward the straight, dark rectangle. (Notice that is the side without any seams.)

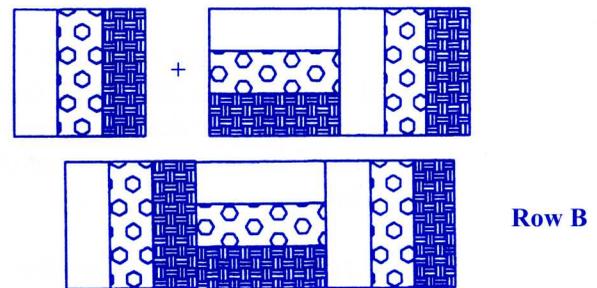


STEP 7

Step 8. Pin a third block to the remaining pair, pinning the dark rectangle to the left side of the three horizontal bars block. Stitch with a 1/4" seam. Press toward the straight dark rectangle. You now have 1 row of 3 blocks. We'll call this Row B.



Step 9. **Pillow Front:** The front side of the pillow will consist of three rows of blocks. Pin the bottom of Row A to the top of Row B. Match the seams. Since seam allowances are pressed in opposite directions, the seams should interlock, and they will line up beautifully. Stitch with 1/4" seam. (Be careful to keep the seam allowances lying the direction you pressed them as you stitch over them.) Press seam allowances toward Row B. Pin the bottom of Row B to the top of Row C. Stitch using 1/4" seam. Press seam allowances toward Row B.

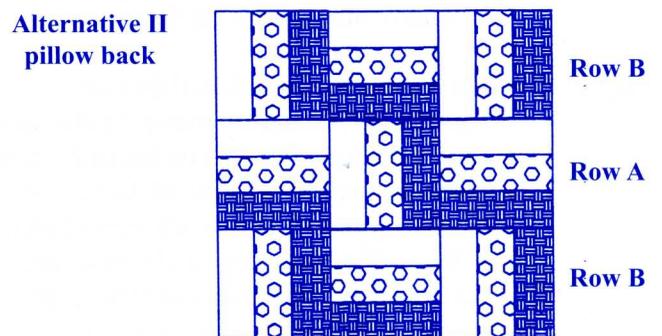
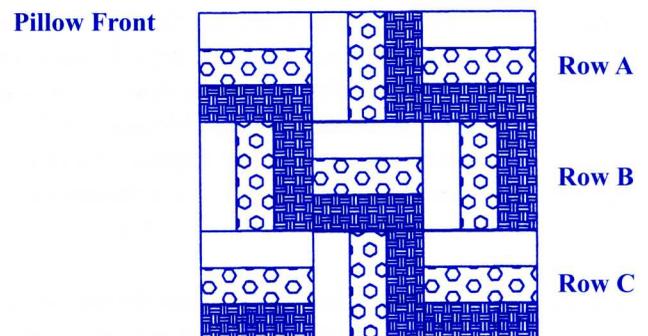


STEP 8

Pillow Back: You can do the back in two different ways. The simplest back is the **Optional envelope pillow back**, which you will find in the Sewing for Fun packet.

Alternative II: (more difficult) Repeat steps 1 through 7. This time, in step 8, make one row which will be Row B, and in step 9, make two rows which will be Rows A and C. Complete Step 10.

Pin pillow top and back right sides together so that the seam allowances of the front and back interlock at seam crossings. Stitch with a 1/4" seam, leaving an 8" opening along one side. Clip corners, turn, stuff with pillow form, stitch the 8" opening using tiny hand stitches.



STEP 9

PILLOW BACK WITH ENVELOPE CLOSURE

This back can be used for the Pillow Stripes, Patchwork Pillow, and the Rail Fence Pillow. It eliminates the need for hand stitching.

Skills you will learn:

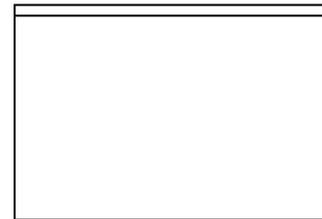
1. Cut fabric to size.
2. Sew narrow hem.
3. Sew with 1/2" seam allowance.
4. Trim corners.

Supplies Needed:

3/8 – yard fabric to match or coordinate with the pillow top
Matching thread
16" Pillow form

Directions:

- Step 1: Cut two 12" x 17" rectangles.
Step 2: Along the 17" side of fabric, fold under 1/2", pin and press.

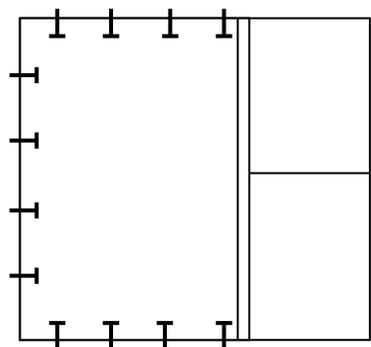


- Step 3: Fold under another 1/2", press. Pin to hold fold in place. Stitch close to the edge of the fold.



Repeat steps 2 and 3 for the other piece of fabric.

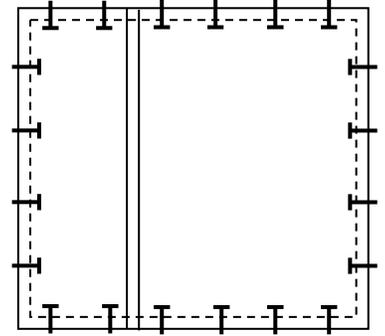
- Step 4: Pin one of the rectangles to the pillow top with the right sides together as shown in the diagram. Place pins perpendicular (at a 90 degree angle) from the edge of the fabric as shown, NOT parallel. (Line up the un-hemmed 17" edge of the rectangle with one side edge of the pillow top.)



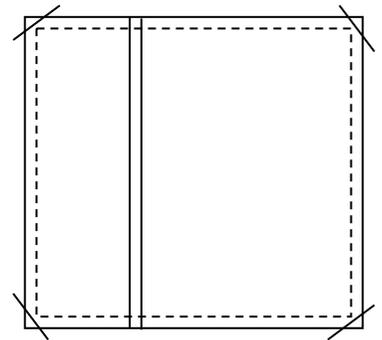
**For the *pillow stripes pattern*, one side of the pillow will be 17" while the other side is 17.5", make sure you match up the 17" side of the pillow back (12" x 17" piece) with the 17" side of the front (17" x 17.5" piece).

(TURN OVER for FINAL STEPS)

Step 5: Pin the un-hemmed 17" side of the other rectangle to the pillow top, overlapping the last rectangle in the center of the pillow top. Remove extra pins in overlap area. Stitch all sides of the rectangle, being sure to backstitch.



Step 6: Trim corners and turn right side out. Use a point turner or straight pin to push or pull out the corners. Press if necessary.



Step 7: Stuff the pillow form into the opening in the back and enjoy your soft, fluffy pillow!