Tower Building

Grade Level
5th – 6th grade

Lesson Length
30 minutes

Life Skills
● Social Skills
● Accepting Differences
● Marketable Skills

Learning Objectives
By the end of the lesson, students should be able to:
● Learn to work together to achieve the desired outcome.
● Build their ability to work with others as a team.
● Work in teams to improve their communities.

Activity Instructions
- Your team is going to build a tower with only the materials I give you. All teams will be receiving the same materials.
- You will have three minutes to plan your tower.
- Your tower must be free standing. You may not add other materials to your tower or physically hold it up.
- The team with the tallest tower wins.
- OPTIONAL: After five minutes of building, each student can only use one arm to finish the tower.

Materials Needed:
Various cans of food
Various small boxes; cereal, shoe, food or gift boxes
Each person or team should have the same number and sizes of cans and boxes to build a tower

This is one of the lessons to be utilized during the Leadership Summit Field Day. These lessons are designed to help youth gain personal and collaborative leadership skills.
Reflect
- What did your team do well?
- What were the different roles that people took?
- What could your team do to improve?

Apply
- How do other teams you are involved in work as a team?
- How could they improve?