Emalee likes to pull her hair up into a ponytail when she is in gym class. She learned to make her own scrunchies, and wears a different one to match every outfit. Her friends have noticed Emalee’s cool scrunchies, and have asked her to make some for them. She had a better idea, and invited all her friends over to a creative scrunchie-making party. The girls were so excited, they decided to make a lot and sell them to friends at school. They also made bigger ones in their school colors for wristbands and sold them to the guys!

Skills to Know

STEAM Clothing 1: FUNDamentals, Chapter 3: Start Sewing
How Two Magically Become One (seams)

What You Need

- Scraps of fabric that are at least 4” by 15”
- Flexible ¾” elastic - buy elastic that narrows when stretched
Make the Pattern

1. Make a pattern by drawing a rectangle that is 3 1/2" by 1 1/4". Cut out the pattern with a paper scissors.

Cut the Fabric

1. Pin the pattern to a single layer of fabric.
2. Cut out the fabric.

Make the Scrunchie

1. Fold each 3 1/2" end under 1/2" and press.
2. Fold the fabric in half lengthwise with right sides together.
3. Tuck the end of a 7" piece of elastic under one end of the folded fabric. Stitch the elastic in place through the folded 1/2".
4. Attach a safety pin to the free end of the elastic.
5. Stitch a 1/4" seam down the side of the scrunchie. Be very careful not to catch the elastic or the safety pin in this seam. Turn the scrunchie right sides out. The elastic will now be inside the tube.
6. Work the safety pin and elastic out of the open end, gathering the scrunchie as the elastic is pulled out.
7. Pin the elastic to the open end, and stitch the end closed close to the folded edge.
8. Insert the stitched end into the open end, and stitch through all. Sew back and forth 2 times to hold the elastic in place.