Thank You Donna Bundy

The Lancaster County 4-H Volunteers in Programming and Service (VIPS) Committee would like to thank Donna Bundy for her many years of service as superintendent of the 4-H Dog Show at the Lancaster County Super Fair. A 4-H volunteer for over 20 years, Donna was superintendent for most of those years and leader of the Canine Companions club. She has been instrumental in finding equipment to borrow for the dog show, as well as setting up the equipment safely. Donna will continue volunteering for the 4-H Dog Program, but is helping train a new superintendent. Donna's dedication to the dog program is remarkable. Her guidance over the years has helped to shape the dog show into the what it is today. Thank you Donna.

Healthy Food Workshop, July 10

All youth ages 8 and up are invited to participate in a “Fun with Healthy Food!” workshop on Thursday, July 10, 8:30 a.m. to 4:30 p.m. at the Lancaster Extension Education Center, 444 Cherrycreek Road. Making healthy food choices can be fun and tasty! Youth will make their breakfast, lunch, supper and more! $10 fee. Register by July 7 with payment. Registration form is available at the Extension office and online at http://go.unl.edu/nhf6.

State Fair 4-H Foods Event

New this year — a State Fair 4-H Foods Event will be held during the Nebraska State Fair. Only two teams of people may enter, and both must be at least 10 years old by Jan. 1, 2014. You will need to create a menu, prepare one food item, set up a table, choose a theme, decorate the table, and prepare a food, nutrition and food safety knowledge during an interview with a judge. Each county may submit up to four teams of two 4-H members if you are interested, Lancaster County 4-H’s selection will be on the first come, first served basis. Contact Tracy at 402-441-7180 for more information no later than Aug. 5.

Donated Sewing Machine To Go To a 4-H’er

This is the sixth year Kath Conroy, a 4-H clothing superintendent, and her husband, Mike, are graciously donating a brand new sewing machine to one Lancaster County 4-H youth. All interested 4-H youth should submit a paper describing the clothing projects they have done in the past and plan to do in the future. Also explain why they should be the youth to receive it. All papers will be reviewed by Friday, June 27 to Tracy, Lancaster County Extension, 444 Cherrycreek Road, Ste. A, Lincoln, NE 68528.

4-H Sewing Help Sessions

Kath Conroy, Clothing Superintendent, and Carolyn Eschlimann, 4-H volunteer, are offering to help 4-H’ers with their sewing projects. These exceptional seamstresses have many years of experience helping 4-H’ers with their sewing projects. Their help sessions will be held at Bernina Sewing Studio in the Piedmont Shopping Center on Wednesday, June 25, 1-5 p.m.; Friday, June 27, 1-5 p.m.; Friday, July 18, 1-5 p.m.; and Saturday, July 19, 1-3 p.m. There is no cost and registration is not required.

Decorate Your Duds Using Software Class, June 28

Participants of a class on Saturday, June 28, 10 a.m. to 4 p.m. will create a Decorate your Duds project using design software. Class will be taught by Kath Conroy and will be held at the Bernina Sewing Studio in the Piedmont Shopping Center. Each participant must have a pre-washed fabric with a design sewn onto or prewashed article that you want the design sewn to or prewashed article of clothing (jeans, shirts, jackets, shirt, etc.) and fabric (cotton or poly) is available. Cost is $10 and registration is limited. Must pay at time of registration. Call 402-441-7180 for more information.

State Fair Horse Show

The Fonner Park State 4-H Horse Exposition will be held July 13–17 at Fonner Park in Grand Island. Information is at http://go.unl.edu/statefairhorseshow.

Health Papers

A 14-day health certificate and a Coggins Test will be required for a horse to be shown at the Fonner Park State 4-H Horse Show. Hillcrest Animal Clinic will offer two Health Certificate/Coggins Testing clinics at a reduced rate for 4-H’ers. Cost for the health certificate will be $10 per trailer and the coggins test is $20 per horse. Locations and times are:

- Salt Creek Wranglers, Thursday, June 20, 6 p.m.
- Hillcrest Clinic, Wednesday, June 26, 5:30–6:30 p.m.

Policy on Horse Drugs

No 4-H Horse exhibitors and/or owner shall exhibit a horse at the Fonner Park State 4-H Horse Exposition that has been given, in any manner whatsoever, internally or externally, and narcotic or any kind of prescription within 24 hours before the first scheduled piers as below 8 a.m. a day. Horses on prescribed treatment of pharmaceuticals and/or herbal remedies must file a statement in the 4-H Horse Show office before the horse is shown. This statement must describe the treatment reason and be signed by an accredited DVM. One or more class winners and one or more horses in the same class that is tested, may be tested on Tuesday, Wednesday or Thursday by the Test Committee.

Jumping Clinic, July 12

Due to popular request, Hunter’s Pride 4-H Club will hold another 4-H Jumping Clinic instructed by Carina Stava on Saturday, July 12 at the Lancaster Event Center – Pavilion 3. Students will get ½ hours of quality instruction per group of 4 or 5 riders, and all experience levels are welcome and encouraged! Groups will be separated by experience level. Students will be coached on the basics and fundamentals of safety and will be taught how to ride courses based upon what judges are looking for. Premiums and ribbons will be awarded to July 3 with payment. For more information and registration form is at http://go.unl.edu/4h/4h/HuntersPrideJumpingClinicJuly14.pdf. Call 402-890-6291 with questions.

Ak-Sar-Ben 4-H Show Entries Due Aug. 3

The Ak-Sar-Ben 4-H Stock Show will be held Sept. 25–28 at the CenturyLink Center in Omaha. Categories of this 4-H only competition are dairy, feeder calf & breeding beef, market beef, market broilers, meat goats, lamb, market swine, rabbit and dairy steer. Stock Show exhibitors must be at least 10 years of age by Jan. 1.

All Ak-Sar-Ben 4-H Horse Show entries are due Sept. 20–21 at the Lancaster Event Center in Lincoln. Horse exhibitors must be 12 years of age by Jan. 1.

All Ak-Sar-Ben 4-H Stock Show and Horse entries are due to extension staff no later than Sunday, Aug. 3. At the Extension office or the Super Fair Forms will be available online, at the Extension office, or for pick up in the livestock and horse offices at the fair. Registration fees must be included with the entries.

State Fair 4-H & FFA Animal Entries Due Aug. 10

- 4-H & FFA animal exhibitors ages 10–18 are eligible to participate at the Nebraska State Fair regardless of county placing. Again this year, 4-H/FFA youth and their families will be responsible for making their own livestock, completing paperwork and registration for the Nebraska State Fair. This means Lancaster County Extension staff will not be collecting State Fair entries or entry fees during county fair. Entries will be due Aug. 10.

Instructions and link to register are at www.statefair.org/fair/competitions/4HFFAAgOnlineSeries.asp. For more information, contact Cole Meador at 402-441-7180. This only applies to livestock — static entries will still be taken care of by Extension staff.

Horse Course Challenge, July 27

For a sixth year, the 4-H Horse Course Hippology Challenge will be a part of the Lancaster County Super Fair. The Challenge will be held Friday, July 25, 9:30 a.m. at the Lancaster Extension Education Center. There will be three age divisions, elementary (8–11) junior (12–14) and senior (15–18). Premiums and ribbons will be awarded. Top ten placings and Reserve and Champion trophies will be awarded at the 4-H Horse Awards Night on Thursday, Oct. 2. All Lancaster County 4-H’ers are welcome and encouraged to attend! No pre-registration required. All test questions will come from the 2013–2014 email Horse Course. The testing will include identification stations and horse knowledge questions. For more information, contact the email Horse Course, but would like to participate in the challenge, email mrcruickshank2@unl.edu to have the lessons sent to you. Pizza will be served at the end of the contest at a charge of $1 a slice. Come learn and have fun!