



## Specialty 4-H Clubs Invite New Members

*Current 4-H members and those interested in joining 4-H are invited to join these clubs*

### 4-H Teen Council Leadership Organization

The Lancaster 4-H Teen Council is a leadership organization for youth in grades 7–12. Meetings are usually held the second Sunday of each month at 3 p.m. at the Lancaster Extension Education Center.

4-H Teen Council members:

- participate in several community service activities
- organize the Ice Cream Social and Cookie Eating Contest at the Lancaster County Fair
- plan, set up and facilitate the annual 4th & 5th grade Lock-In (pictured below)
- are involved in other leadership activities

Contact Tracy Kulm at 441-7180 for more information or to join!



### Household Pets

Want to learn more about your pet? Or get acquainted with new ones? Join the 4-H Household Pets club for youth ages 8–18 and their small animals! Hamsters, gerbils, guinea pigs, mice, snakes, turtles, fish, reptiles, amphibians, caged birds and any animal small enough to put in your pocket is invited. The club meets monthly. For more information, call 441-7180.

### Rabbits 'R Us

If you like rabbits, hop to it! The Rabbits 'R Us 4-H club helps youth learn all about rabbits! They usually meet on the last Monday of each month (evenings). They also run a dunk tank at the Lancaster County Fair to raise funds to promote 4-H and for county-wide service projects. For more information, contact leader Kirk Gunnerson at 470-0440.

### Star City Llamas

Do you want to learn about llamas and alpacas? This club focuses on the care and maintenance of these animals, and is heavily involved in community service projects. 4-H'ers take their llamas to parades, nursing homes and schools to educate the public. The club also teaches youth entrepreneurship skills by creating products from the wool and marketing them. You do not have to own a llama or alpaca, you can borrow or lease one. For more information, contact Deanna Karmazin at 441-7180.

## 4-H Leader Training, Oct. 22

All 4-H leaders and 4-H volunteers helping with clubs are encouraged to attend the fall 4-H Update on Thursday, Oct. 22. Attend either the 9:30 a.m. or the 6:30 p.m. update at the Lancaster Extension Education Center. Learn about new 4-H curriculum, opportunities for your 4-H members and more. Also, get tips and ideas for your club through sharing with other 4-H volunteers. You must RSVP by calling 441-7180 by Oct. 20.

## Livestock & Dog County Fair Review, Nov. 10

All beef, dairy, sheep, swine, goat, dog and llama 4-H families and volunteers are invited to a fair review session on Tuesday, Nov. 10, 7 p.m. at the Lancaster Extension Education Center. We will discuss the new plans for the 2010 Super Fair and will work together to come up with the new livestock show schedule. We will also be reviewing the Fair Book — changes and suggestions will be discussed at this time. Please RSVP to Deanna Karmazin by Nov. 6 (call 441-7180 or e-mail [dkarmazin2@unl.edu](mailto:dkarmazin2@unl.edu)).

## Make It With Wool Contest Deadline Oct. 24

The Make It With Wool contest offers both youth and adults the opportunity to promote the beauty and versatility of wool fabric and yarn. Personal creations in sewing, knitting, crocheting, spinning and weaving of wool fabric, yarn is encouraged. Categories and ages for this contest are: Preteen, 12 & under; Junior, 13–16; Senior, 17–24; Adult, 25 & over; Home Accessories (any age). The District III contest will be held in Lincoln on Saturday, Nov. 7, with registration beginning at 8:30 a.m. Entry deadline is Oct. 24. You may enter any district contest. For more information, call Tracy at 441-7180.

## Washington D.C. Group Has Five Openings

Five more spots have opened up for the June 2010 4-H Citizenship Washington Focus (CWF) group. Any Lancaster County youth age 14–18 can join CWF, a summer citizenship program which culminates in a nine-day, intensive trip to Washington D.C. and New York. Youth who sign up now are able to start earning funds through organized fund-raising. A \$100 deposit is needed to reserve your spot. For more information, contact Deanna Karmazin at 441-7180.

October

## Jennifer Cusick-Rawlinson



Lancaster County 4-H is proud to announce Jennifer Cusick-Rawlinson as winner of October's "Heart of 4-H Award" in recognition of outstanding volunteer service. Jennifer was nominated for the award by Susan Frobish, who wrote, "She is very involved in 4-H Council, Horse VIPS and Esprit de Corps 4-H Club. She is very knowledgeable, caring, dedicated and extremely committed to youth!"

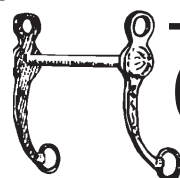


Jennifer has volunteered with 4-H for nearly five years and has helped with the Lincoln Broomtails (a horseless horse club) and Esprit de Corps (a horse club). She serves on 4-H Council and on the Horse VIPS Committee (she is currently chairman of fundraising). Her daughter, Kate, is active in the 4-H horse program.

She says "I like being a 4-H volunteer because the kids love 4-H programs and volunteers are necessary to continue offering the programs. I just love watching the kids succeed and grow! We've also loved meeting so many nice 4-H families through the programs."

Congratulations to Jennifer. Volunteers like her are indeed the heart of 4-H!

**Nominate your favorite 4-H volunteer by submitting the form available online at <http://lancaster.unl.edu> or at the extension office. Nominations of co-volunteers welcome.**



## HORSE BITS

### Horse Awards Night, Oct. 1

The annual Lancaster County 4-H Horse Awards Night will be Thursday, Oct. 1, 7 p.m. at the Lancaster Extension Education Center, 444 Cherrycreek Rd. Awards presentation includes Incentive Awards, Horsemanship Levels, Horse Course Challenge, All-Around Awards, Herdsmanship, Top County Fair Judging buckles and ribbons and a few surprise awards!

The evening includes a pot luck dinner. Please bring a meat dish and either a salad or dessert and your own table service. Drinks will be provided. Come help celebrate the outstanding accomplishments of the 2009 Lancaster County 4-H Horsemen!

### 4-H Trail Ride Near Halsey, Oct. 10–11

Nebraskans can ride horseback through some of Nebraska's most scenic country during the 2009 4-H Trail Ride at the Nebraska National Forest near Halsey Oct. 10–11.

Registration deadline for the 11th annual ride is Sept. 25.

The weekend includes four trail rides through the hills and trees, craft making, cowboy breakfast and a fund-raising auction. The Baker Family of Ord will provide cowboy music and entertainment after the Saturday evening steak fry and inspirational services on Sunday morning.

Participants have several choices for lodging that include camping at the trail-head, staying in cabins at the Nebraska 4-H Camp, camping in nearby campgrounds or staying in local motels.

For the non-horseback riders, wagons pulled by teams are available. Wagon riders will enjoy riding along many trails through the trees and hills as well.

Proceeds from the trail ride go to the Nebraska 4-H Foundation to help support many 4-H activities and events.

For more information and registration information, call Sinda Dux at (402) 472-1178 or Marty at 441-7180. Complete information can also be found online at <http://www.ne4hfoundation.org/trailridebenefit.htm>