

EXTENSION CALENDAR

All programs and events will be held at the Lancaster Extension Education Center unless otherwise noted.

August

Aug. 22–Sept. 1 **NEBRASKA STATE FAIR**, State Fair Park, Lincoln

September

- 2 **4-H Council Meeting** 7 p.m.
- 11 **Parents Forever/Kids Talk About Divorce** 5:30–9:30 p.m.
- 11 **Freezing Meals for Future Use Workshop**, Plaza Conference Center, BryanLGH Medical Center East, 1600 S. 48th St., Lincoln . 7–8:30 p.m.
- 12 **Extension Board Meeting** 8 a.m.
- 14 **4-H Teen Council Meeting** 3 p.m.
- 22 **Family & Community Education (FCE) Council Meeting** 7 p.m.
- 23 **Guardian/Conservator Training** 1:30–4:30 p.m.
- 23 **55 ALIVE Driver Safety Course** 12:30–4:30 p.m.
- 24 **55 ALIVE Driver Safety Course** 12:30–4:30 p.m.
- 25 **Family & Community Education (FCE) & Community Leader Training Lesson: "What Is It, Where Do You Get It and How Do You Pay for It?"** 1 p.m.
- 25–28 **Ak-Sar-Ben 4-H Livestock Exposition**, Qwest Center, Omaha
- 27 **4-H Horse Level Testing**, Lancaster Event Center Pavilion 2 - Warm-up Arena 9 a.m.
- 27 **Composting Demonstration**, Pioneers Park Nature Center's Backyard Composting Demonstration Area 10 a.m.–Noon

Make It With Wool Contest, Deadline Sept. 27

This contest offers both youth and adults the opportunity to promote the beauty and versatility of wool fabric and yarn. Personal creations in sewing, knitting, crocheting, spinning and weaving of wool fabric, yarn is encouraged. Categories and ages for this contest are: Preteen, 12 & under; Junior, 13–16; Senior, 17–24; Adult, 25 & over; Made for Other (any age). The District III contest will be held at the UNL East Campus Home Economics Building in Lincoln (note: location listed in August NEBLINE was incorrect) on Saturday, Oct. 11, with registration beginning at 8:30 a.m. Entry deadline is Sept. 27. You may enter any district contest. For more information, call Tracy at 441-7180.

4-H Foundation Trail Ride, Oct. 10–12

The 10th annual 4-H Foundation Charity Trail Ride will be held Oct. 10–12. Savor the outdoors riding trails in the Nebraska National Forest near Halsey. Enjoy meals, activities and entertainment at the Nebraska State 4-H Camp. Details are online at <http://4h.unl.edu/foundation/trailride.htm>

STRENGTHENING FAMILY TREASURES Daughter/Mother Camp

A retreat designed for 6th grade girls and their mothers (or grandmothers or other adult females)

Friday, Oct. 10, 5 p.m. to Saturday, Oct. 11, 5 p.m.



This camp is 2 days and 1 night of fun, educational and confidence-building activities. As the teen years approach, this is an opportunity to:

- Enhance effective communication including expressing emotions
- Learn more about body image and sexuality
- Explore techniques to handle peer pressure and stress
- Discuss the importance of individual family values

Cost includes meals, snacks and lodging at Eastern 4-H Center near Gretna. Fee is \$125 per pair.

Presented by UNL Extension. For more information or a registration form, go to <http://lanaster.unl.edu/family/guf.shtml> or call Extension Educator Maureen Burson at 441-7180.

UNIVERSITY OF Nebraska EXTENSION Lincoln

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University of Nebraska–Lincoln Extension in Lancaster County

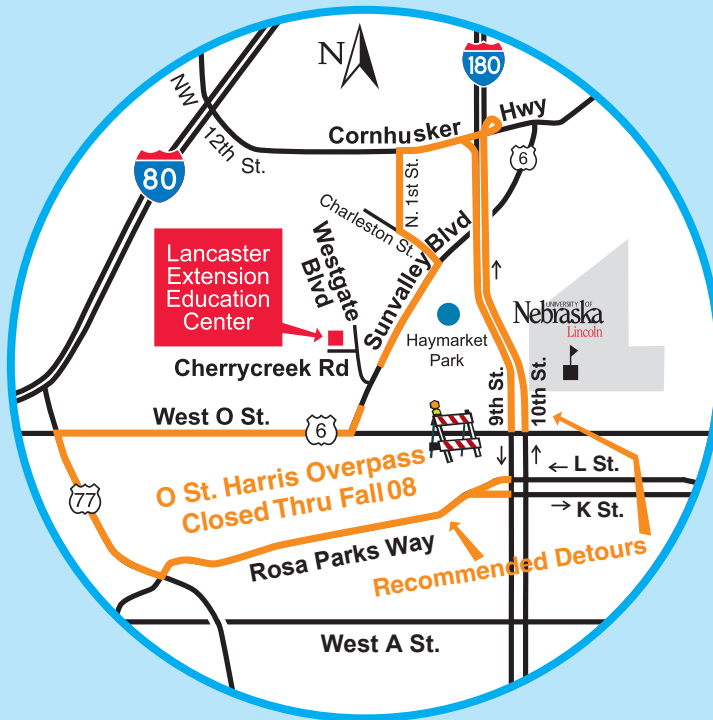
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