



July



Debbie Brandt

Lancaster County 4-H is proud to announce Debbie Brandt as winner of July's "Heart of 4-H Award" in recognition of outstanding volunteer service. Debbie has been one of the 4-H Food Superintendents at the Lancaster County Fair for more than 20 years. She was leader of the Needles and Noodles 4-H club for 11 years and has served two years on 4-H Council.



"Working and learning with young people is exciting when you see them succeed and take pride in what they've accomplished," says Debbie. "Being a lifelong learner is important to me. My favorite experience as a 4-H volunteer was the wonderful group of moms I got to know with the Needles and Noodles group. They would stay and often help at our meetings, so it was one big caring group. They even had a baby shower for me!"

Debbie lives in Lincoln with her husband Gary. Their four children are 4-H alumni. She also volunteers with Bright Lights, Boy Scouts, East High Band and her church.

Congratulations to Debbie. Volunteers like her are indeed the heart of 4-H!

Nominate your favorite 4-H volunteer by submitting the form available online at <http://lanaster.unl.edu/4h> or at the extension office. Nominations of co-volunteers welcome.

CWF (2010 Trip to D.C.) Informational Meeting, July 8

Find out about the Lancaster County 4-H Citizenship Washington Focus (CWF) Group at an informational meeting on Tuesday, July 8, 6:30 p.m. at the Lancaster Extension Educational Center, 444 Cherrycreek Road in Lincoln. Youth from this June's CWF trip to Washington D.C. will share their experiences.

Any Lancaster County youth age 14-18 can join CWF, a summer citizenship program which culminates in a nine-day, intensive trip to Washington D.C. in June 2010. CWF delegates learn about the democratic process and their role as citizens. Get the inside scoop about how government really works from prominent guest speakers and from Senators and Congressman themselves. We will also take a few more days to discover the wonders of New York City.

Youth who sign up now are able to start earning funds through organized fund-raising. A \$100 deposit is needed to reserve your spot. For more information, contact Deanna Karmazin at 441-7180.

District Speech & PSA Contest Results

Thirteen Lancaster County 4-H'ers participated in the Southeast District Speech and Public Service Announcement (PSA) Contest held May 29 at the UNL East Campus. District Contest winners in the senior division in Speech and PSA advance to the State Contest which will be held during the Nebraska State Fair. Congratulations to all the participants! The following youth earned purples in their division – the top five in each division received medals.

Senior Speech — Elizabeth Boender, Erica Peterson, Jessica Stephenson

Intermediate Speech — Hannah Ronnau

Junior Speech — Anne Greff (medal), Samantha Leyden, Molly Noel

Senior PSA — Rachel Pickrel (medal), Jessica Stephenson (medal)

Junior PSA — Jamie Stephenson (medal), Liza Christensen

Ak-Sar-Ben 4-H Youth Expo, Entries Due Aug. 10

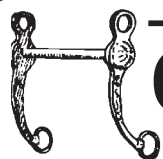
The 81st Ak-Sar-Ben 4-H Youth Livestock Exposition will be held Sept. 23-28 at the Qwest Center in Omaha. Categories of this 4-H only competition are dairy, feeder calf & breeding beef, horse, market beef, market broilers, meat goats, market lamb, market swine and breeding swine. Exhibitors must be at least 10 years of age as of January 1. Registrations are due to extension staff by Sunday, Aug. 10 (may give to them at the Lancaster County Fair). For more information, entry forms and tentative schedule, go to <http://aksarben.org/4-H>.

4-H Photography Forms Online

4-H County Fair photography data tag forms parts A & B are now available as a fill-in pdf online at <http://lanaster.unl.edu/4h/Fair>

4-H Trail Ride Dates Set

Plans are underway for the 10th annual 4-H Foundation Charity Trail Ride to be held Oct. 10-12. Savor the outdoors riding trails in the Nebraska National Forest near Halsey. Enjoy meals, activities and entertainment at the Nebraska State 4-H Camp. Details will be posted online at <http://4h.unl.edu/foundation/trailride.htm>



HORSE BITS

County Fair 4-H Horse Entry Forms Due July 14

All County Fair Horse Entry Forms are due in the extension office by Friday, July 14. NO LATE ENTRIES will be accepted. Reminder—You must have passed all Walk-Trot or Level I Horsemanship requirements before July 14 to show at the County Fair. You must have passed Level II to participate in off-the-horse roping classes. Bareback Equitation requires passing Level III.

Horse Course Challenge to be a County Fair Contest

The first ever 4-H Horse Course Challenge will be part of the Lancaster County Fair! It will be held Tuesday, July 29, 9 a.m. at the Lancaster Extension Education Center. There will be three age divisions: elementary, junior and senior. The Horse Course Challenge will cover material from lessons 1-15 and 17-25 of the e-mail Horse Course. The testing will include identification stations and a written test. Premiums and ribbons will be awarded at the fair. Top 10 ribbon placings, Reserve and Grand Champion Trophies will be awarded at the 4-H Horse Awards Night.

Special Needs Horse Show

The Lancaster County Fair will hold two horse riding classes for special needs youth on Saturday, Aug. 9. There will be a mounted obstacle class, assisted and a mounted obstacle class, non-assisted. Classes are open to all riders ages 8 to 18, need not be enrolled in 4-H. Attire should be consistent with tack (English or Western). However, competitors must wear an ASTM/SEI approved helmet. Participants must provide their own horse and any special equipment needed such as mounting ramps, etc. Participants may show out of a stall or off a trailer. Riders may sign up for one class only. Class size will be limited to eight riders each. To sign up call Marty at 441-7180. Sign-up deadline is July 14.

County Fair Dress Code Western Attire:

Shirts and blouses must be all white, including button, thread, etc., with convertible collars (one that is meant to be folded at the seam) and long sleeved. Tuxedo, turtleneck or other stand-up collars are not permitted. No national, county or club emblems, medals, etc., permitted. Shear, see-through or form-fitting blouses are inappropriate and not permitted. The bottom line—the traditional "pearl snap" western shirt or a white cotton oxford-type shirt are permitted. Plain, dark-blue denim jeans must be worn. No fringe is allowed nor are jeans that button down the side. A Western hat or a safety helmet must be worn. Hats and helmets are optional in the speed events. A belt, tie, 4-H armband (left arm above the elbow) and riding boots must be worn. Boots with waffle-type tread greater than or equal to 1/8" will not be allowed in riding classes. The judging event requires a long-sleeved white shirt with 4-H armband or the short-sleeved white 4-H T-shirt, blue jeans, belt and boots. A tie must be worn with the long-sleeved shirt.

English Attire:

1. Helmet—ASTM approved helmet required in all jumping classes.
2. White or light colored shirt with stand up collar—can be long or short sleeves or sleeveless. If the weather is extremely hot, the judge may waive the jacket. In which case, the white or light colored shirt or a short sleeved polo shirt in any color is acceptable.
3. Armband—left arm above the elbow—must be worn with long or short sleeves or sleeveless.
4. Broach or pin for collar
5. Jacket
6. Breeches
7. Belt if breeches have loops
8. Long boots or half chaps with a paddock boot are acceptable. (Also acceptable, garter straps)

Upcoming Level Testings

Attention all Lancaster County 4-H horse riders: all riding skills level tests must be done in group testings! All testing will be held at the Lancaster County Event Center (Pavilion 2 - Warm-up Arena).

Dates and times are as follows:

- Tuesday, June 24 at 6:30 p.m.
- Tuesday, July 8, 6:30 p.m.
- Saturday, Sept. 27, 9 a.m.

Please RSVP at least one week in advance of the test date to Marty at mcruckshank2@unl.edu or 441-7180.

State 4-H Horse Show

The Fonner Park State 4-H Horse Show and Exposition will be held July 13-17 at Fonner Park in Grand Island. Information is online at www.animalscience.unl.edu/extension/equine/4H/districtstateshows.html

Health Papers

A 14-day health certificate will be required for the State 4-H Horse Show.

Policy on Horse Drugs

No 4-H horse exhibitors and/or owners shall exhibit a horse at the Fonner Park State 4-H Horse Exposition that has been given any manner whatsoever, internally or externally, a narcotic, stimulant, depressant, analgesic, local anesthetic or drug of any kind or description within 24 hours before the first scheduled event of each show day (8 a.m.). Horses on prescribed treatment of phenylbutazone and/or aspirin-like products must file a statement in the 4-H Horse Show office before the horse can be shown. This statement must describe the treatment reason and be signed by an accredited DVM. One or more class winners and one or more horses in the same class may be tested on Tuesday, Wednesday or Thursday by the Test Committee.