



## November



### Mike and Lanna Shrader

Lancaster County 4-H is proud to announce Mike and Lanna Shrader as co-winners of November's "Heart of 4-H Award" in recognition of outstanding volunteer service.

They have been 4-H volunteers for 15 years. They began as parent

volunteers for the Happy Go Lucky 4-H club and in 2001, became leaders of the Flying Hoofs 4-H horse club. They are often the superintendents of the Lancaster County Fair 4-H Western Horse show.

Lanna grew up in 4-H. She says, "I learned so much from my first leader, Mrs. Charles Wiechert. To this day, I love to sew and it's because of her I gained those skills. I like watching the 4-H youth grow in their knowledge and riding skills with their horses. By being a 4-H volunteer, I can give youth the opportunities and wonderful memories I had growing up. It's our way to give back and say thank you."

The Shraders have enjoying getting to know many other 4-H families. "Our three daughters have gained many new friends and valuable skills for their futures," says Lanna.

In addition to volunteering with 4-H, Mike and Lanna are high school sponsors for the youth group at their church.

Congratulations to the Shraders. Volunteers like them are indeed the heart of 4-H!



## 4-H Career Portfolios Due Jan. 2



Career portfolios are a record of your 4-H Career. They include a listing of your personal growth and leadership experiences related to the knowledge learned, skills gained and community service/volunteer activities experienced through 4-H.

Career portfolios focus on one of Nebraska 4-H's eight curriculum areas: Animal Science, Communication & Expressive Arts, Consumer & Family Science, Environmental Education & Earth Sciences, Healthy Lifestyles Education, Leadership & Citizenship, Plant Science, and Science & Technology.

In Lancaster County, 4-H members who complete two years of a 4-H project may submit a Career Portfolio in the corresponding curriculum area (each 4-H'er may submit one portfolio in each of the eight curriculum areas). Lancaster County 4-H selects the top qualifying career portfolios to advance to the state level. 4-H members ages 15-19 can qualify to have two career portfolios sent to state.

Go to the Nebraska 4-H Web site at <http://4h.unl.edu> for more information and Career Portfolio Form.

### Career Portfolio Training, Nov. 15

There will be a 4-H Career Portfolio training on Thursday, Nov. 15, 6:30 p.m. at the Lancaster Extension Education Center. Please RSVP to Tracy at 441-7180 by Nov. 13.

### Statewide Volunteer Training held in Lincoln, Nov. 17

A Volunteer R&R (Retool & Refuel) Training aimed at 4-H and youth volunteers will be held at the Lancaster Extension Education Center on Saturday, Nov. 17, 9:30 a.m.-3:30 p.m.

Some of the workshops available include "Operation: Military Kids," "Digital Storytelling," "Experiential Learning" "Livestock Club Meeting Ideas Using Learning Laboratories" and "Involving Your Club in Community Service."

Registration for the training is \$30 and is due Nov. 9. The fee includes snacks, workshops, lunch and handouts. 4-H Council will reimburse all Lancaster County 4-H leaders who attend this training. Call Tracy at 441-7180 for a detailed schedule and registration form.

### 4-H Reorganization Postcards Due

Remember to return your "reorganization" postcards to Tracy ASAP. This is important for club leaders and independent members! If you have questions, call Tracy at 441-7180.

### Application for 4-H Clubs of Excellence Due Jan. 2

Leaders: don't forget to complete your Nebraska 4-H Club of Excellence application! All leaders received an application form in their September reorganization packet. All clubs meeting the requirements and sending in the application form will be recognized at Achievement Night and will receive a Nebraska 4-H Club of Excellence certificate. Seals will be awarded in subsequent years. Applications are due to the office by Jan. 2. Contact Tracy at 441-7180 if you have questions.

### Some Fair Projects Need Picked Up

Do you have all your Lancaster County Fair and Nebraska State Fair projects? There are still 4-H projects and ribbons that need to be picked up at the extension office.

### 4-H/FFA Beef Weigh-In, Feb. 2

Lancaster County's Beef weigh-in will be held Saturday, Feb. 2, 8-11 a.m. in Pavilion 2 at the Lancaster Event Center. All market animals need to be weighed, tagged and nose printed before April 1. If you can't make this weigh date, you will need to call Deanna or your FFA advisor to set up another appointment. Everyone is encouraged to try to make this weigh date. If you have any questions call Deanna at 441-7180.

## December



### Greg Crawford

Lancaster County 4-H is proud to announce Greg Crawford as winner of December's "Heart of 4-H Award" in recognition of outstanding volunteer service.

He has been involved with 4-H for 23 years and is the longtime beef project leader for the Happy Go Lucky 4-H club. Greg's father started the club in the 1930s, and Greg's daughter Bev Pearson is the new club leader. He also has grandchildren who are members of the Happy Go Lucky club. Greg has been the superintendent of the Lancaster County Fair 4-H Beef show for over 10 years and he assists at all beef weigh-ins and nose printings.

"4-H gives me a chance to give back to the community and to be involved with other 4-H families," says Greg. "My favorite experience as a 4-H volunteer is watching as my grandkids become the 4th generation of our family to show at the Lancaster County Fair."

Greg is a board member of the Nebraska Shorthorn Association and Nebraska Junior Beef Expo, and a junior advisor to the Nebraska Junior Shorthorn Association.

Congratulations to Greg. Volunteers like him are indeed the heart of 4-H!



## 4-H Award & Scholarship Forms Due Jan. 2

Forms are now available at <http://lanaster.unl.edu/4h> and the extension office. The online forms are provided as fill-in pdfs, which anyone with Adobe Reader 7 or 8 can fill in, save and print.

### Awards

**Community Service Awards** — all Lancaster County 4-H members are eligible to apply for this award which is based on the number of hours of community service through 4-H. There will be two categories: Five winners in the 14 years of age and over category and 10 winners in the 13 and under.

**I Dare You Leadership Award** — The award recognizes youth who strive to be their personal best and make a positive difference in their schools, youth groups, 4-H clubs, and communities. Anyone can make nominations.

**Outstanding 4-H Member Award** — presented to an individual 14 years of age or older who has excelled in their involvement with the 4-H program. The basis for selection appraises the variety and depth of 4-H activities. Anyone can make nominations.

**Meritorious Service Award** — presented to individuals or organizations who have exhibited consistent and strong support of the Lancaster County 4-H program. 4-H members are not eligible. Anyone can make nominations.

### College Scholarships

**4-H Council** — six \$500 scholarships to active Lancaster County 4-H members who have excelled in their involvement with the 4-H program.

**4-H Teen Council** — two \$250 scholarships to 4-H'ers who are active in 4-H Teen Council.

**Lincoln Center Kiwanis** — two \$1,000 scholarships to active Lancaster County 4-H'ers.

**Lane Community 4-H Scholarship** — one \$200 scholarship to a Lancaster County 4-H member attending Raymond Central High School.

**Nebraska 4-H Scholarships** — there are several statewide Nebraska 4-H scholarships. Go to <http://4h.unl.edu> for more information. Note: Deadline is March 1.

**Nebraska Association of Fair Managers** — \$500 statewide scholarships: **Martha & Don Romeo Scholarship** to two 4-H'ers and **Staats Custom Awards** to one 4-H and/or FFA senior. Each applicant must have exhibited his/her projects in a County Fair or at the State Fair within the last four years. Lancaster County 4-H selects county finalists. Deadline is Dec. 1.

Nominate your favorite 4-H volunteer by submitting the form online at <http://lanaster.unl.edu/4h> or available at the extension office. Nominations of co-volunteers welcome.

(Note: Deadline for 4-H Camp scholarships has changed to March 1.)