

EXTENSION CALENDAR

All programs and events will be held at the Lancaster Extension Education Center unless otherwise noted.

AUGUST

25 State Fair 4-H Entry Day, 4-H Building, State Fair Park 7:30–10 a.m.

AUG. 25–SEPT 5 NEBRASKA STATE FAIR, STATE FAIR PARK

SEPTEMBER

6 4-H Council Meeting 7 p.m.
 7–8 55 ALIVE Driver Safety Course 12:30–4:30 p.m.
 9 Lancaster Extension Board Meeting 8 a.m.
 11 4-H Teen Council Meeting 3 p.m.
 12–13 The Grantsmanship Training Program
 15–16 Nebraska Women In Agriculture Conference, *Kearney Holiday Inn, Kearney*
 20 4-H Kick Off 6 p.m.
 26 Family & Community Education (FCE) Council Meeting 1 p.m.
 27 Leader Training, "Credit Card, Friend or Foe?" 1 p.m.

Sept 27–Oct 2 AkSarBen 4-H Livestock Exposition, Qwest Center, Omaha

28–29 Hands-on Termite Applicator Training
 29 4-H "Fair's Over, Now What?" Volunteer Training 9:30 a.m. and 7 p.m

Safety Course for Drivers 50 & Up, Sept. 7 & 8

University of Nebraska–Lincoln Extension in Lancaster County is co-sponsoring a 55 ALIVE Driver Safety Course on Wednesday, Sept. 7 and Thursday, Sept. 8, 12:30–4:30 p.m. Cost is \$10 payable at the first class. Call 441-7180 to register.

The AARP Driver Safety Program is the nation's first and largest classroom driver refresher course especially designed for motorists age 50 and older.

Drivers aged 55 and over, compared with drivers aged 30–54, are involved in more accidents per mile driven. The number of accidents per mile rises sharply at about age 75.

The eight-hour course is taught in two, 4-hour sessions

spanning two days. The course helps drivers refine existing skills and develop safe, defensive driving techniques. AARP members and non-members alike may take the course. There are no tests.

The AARP Driver Safety Program course covers the following topics:

- Vision and hearing changes
- Effects of medication
- Reaction time changes
- Left turns and other right-of-way situations
- New laws and how they affect you
- Hazardous driving situations

Research shows a direct link between the kinds of driving problems experienced by older motorists and the physical changes that can occur in

all older persons. The loss of vision, hearing and physical strength is gradual and can go virtually unnoticed until older drivers are faced with a driving emergency they are no longer able to handle.

For example, the gradual failure of sensory acuity associated with aging reduces the quantity and accuracy of information capable of being processed. This reduces the ability of the individual to respond or react to his/her environment with speed and judgement current traffic often requires.

By being aware of these normal age-related changes and learning how they affect driving, older motorists can compensate for them and become better drivers.

"Make it Yourself with Wool" Entries Due Oct. 31

The 2005 "Make It Yourself with Wool" will feature one state contest instead of district competitions. It will be held Nov. 18–19 at the University of Nebraska–Lincoln East Campus. Competition categories are Pre-Teen, Junior, Senior and Adult. Garments must be made of wool fabric (or blends made with a minimum of 60 percent wool). Nebraska will choose a Junior winner and a Senior winner at the state competition to represent the state in the National finals.

Entry fee is \$5 for Pre-Teens and \$10 for Juniors, Seniors and Adults. Entry forms are due Oct. 31. For an entry form and more information contact Tracy at 441-7180.

This Nebraska Student Hails the Husker Experience

Jill Wieskamp, a junior majoring in Spanish and secondary education at the University of Nebraska–Lincoln and a Norris High graduate, lives - and loves - the Nebraska experience. She is involved in her sorority, she's a leader in the Navigators program, she works on campus, and she even studied abroad in Spain last summer. A future teacher, Wieskamp is learning every chance she gets. *"It's a big campus involved – you can't help but activity that fits you. And like till you're here – every with so many ways to get find some club or some you can't know what it's experience is different."*

FOR EXPERIENCING MORE...
There is no place like Nebraska.



Admissions:
800-742-8800
admissions.unl.edu

An equal opportunity educator and employer with a comprehensive plan for diversity.



Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska–Lincoln cooperating with the Counties and the U.S. Department of Agriculture.

University of Nebraska–Lincoln Extension in Lancaster County

**444 Cherrycreek Road, Suite A
Lincoln, NE 68528-1507**

Phone: (402) 441-7180

Web site: <http://lancaster.unl.edu>

E-mail: lancaster@unl.edu • Fax: 441-7148

Lancaster Extension Education Center
Conference Facilities

444 Cherrycreek Road, Lincoln
Lobby Phone: 441-7170



UNL Extension educational programs abide with the nondiscrimination policies of the University of Nebraska-Lincoln and the U.S. Department of Agriculture. We assure reasonable accommodation under the Americans with Disabilities Act; for assistance contact UNL Extension in Lancaster County at 441-7180.

Extension Educator & Unit Leader
Gary C. Bergman

Extension Educators

Lorene Bartos
Maureen Burson
Tom Dorn
Alice Henneman
Don Janssen
Yelena Mitrofanova
Barb Ogg

Extension Technologist

David Smith

Extension Assistants

Hilary Catron
Marty Cruickshank
Zainab Rida
Heidi Schmitz
Jim Wies
Dana Willeford

Extension Associates

Mary Abbott
Soni Cochran
Mary Jane Frogge
Deanna Karmazin
Tracy Kulm
Mardel Meinke
Karen Wobig

Support Staff

Pam Branson
Kay Coffey
Deanna Covault
Karen Evasco
Vicki Jedlicka
Chuck Jungbluth
Virginia Piening
Karen Wedding

THE NEBLINE

THE NEBLINE is published monthly (except December) and mailed to more than 10,500 households in Lancaster County.

THE NEBLINE articles may be reprinted without special permission if the source is acknowledged as "University of Nebraska–Lincoln Extension in Lancaster County NEBLINE." If the article contains a byline, please include the author's name and title.

Use of commercial and trade names does not imply approval or constitute endorsement by UNL Extension.

Subscribe!

Subscriptions to THE NEBLINE are free to Lancaster County residents. There is an annual \$5 mailing and handling fee to addresses in zip codes other than 683—, 684—, 685—, 68003, 68017 and 68065.

Order subscription Change of address

Name _____

Address _____

City _____ Zip _____

Mail to: UNL Extension in Lancaster County
444 Cherrycreek Road, Suite A • Lincoln, Nebraska 68528-1507