

January



Kelly & Colleen Warner

Lancaster County 4-H is proud to announce Kelly and Colleen Warner as co-winners of January's "Heart of 4-H Award" in recognition of outstanding volunteer service.



Kelly and Colleen have been active in the Ropes & Riggins 4-H horse club for six years, beginning when their daughter joined 4-H. They have been getting more involved in 4-H each year. Currently their children Gabby and Shawn are both members of Ropes & Riggins.

Colleen is president of the Salt Creek Wranglers Saddle Club (Kelly is a board member). Last year, the group looked into additional ways of using their arena grounds and decided to host the 4-H Silver Dollar Series. Response was so great, the series will be repeated in 2005 and the Salt Creek Wranglers may offer several clinics for youth and adults.

"At 4-H horse shows, if you need anything, you can always count on both of them to help out," said 4-H staff member Marty Cruickshank. She noted that Kelly did the work of 10 people at the Silver Dollar Series, working up the arena, setting up jumps and trail obstacles, manning the gates and being ring steward.

Colleen says she likes being a 4-H volunteer because she didn't have the opportunity to participate in 4-H while growing up, as Kelly did. They both enjoy seeing 4-H members improve their riding skills.

The Warners also volunteer at the Lancaster County Fair Open Class Horse show, the Capital City Horse and Pony Club, their church and at their children's school activities. Something many people might not know about the Warners is they started dating when Kelly was 16 and Colleen was 15!

Congratulations to the Warners! Volunteers like them are indeed the heart of 4-H!

Nominate your favorite 4-H volunteer by submitting the form available at the extension office or online at lancaster.unl.edu/4h. Nominations of co-volunteers welcome.

4-H and FFA Beef Weigh-In on Jan. 14

Lancaster County's 4-H Beef weigh-in will be held, Friday, Jan. 14 from 5:30-8 p.m. in Pavilion 2 at the Lancaster Event Center. All market animals need to be weighed, tagged and noseprinted before April 1. If you can't make this weigh date, call Deanna Karmazin or your FFA advisor to set up another appointment. Everyone is encouraged to try to make this weigh date. This year, there is a \$1 charge per tag. If you have any questions call Deanna at 441-7180. (DK)

"Healthy Choices for 4-H Clubs" Starts Jan. 17

Nebraska 4-H has a new statewide program, "Healthy Eating for Healthy Clubs!" to encourage club members to develop healthy habits. "Health" is one of the four H's that 4-H is founded on.

A colorful brochure — available at Lancaster County Extension — gives 4-H clubs several ideas for exploring nutritious foods and physical activity through: roll call, meeting activities, field trips, community service, healthy snacks and additional resources.

Starting Jan. 17, 4-H clubs can track their activities on the 4-H Web site and see what other clubs are doing. The project culminates in a statewide celebration next summer. Information will be posted Jan. 7 online at 4h.unl.edu.

Dine Out for CWF at Runza on Jan. 25

You can help raise funds for the 4-H 2005 Citizenship Washington Focus (CWF) group by dining out at the Runza on 84th and Holdrege on Tuesday, Jan. 25 from 5-8 p.m. Runza is generously donating 15% of its profits to CWF trip funds.

4-H Achievement Night Tuesday, Feb. 1

Achievement Night, part of Nebraska 4-H Month, is tentatively set for Tuesday, Feb. 1. It will be on UNL campus in the Westbrook Music Building (near 10th and R steets).

Evening festivities include 4-H awards presentation and select performances presented by the UNL Hixson-Lied College of Fine and Performing Arts. Lancaster County 4-H and 4-H Council invite 4-H'ers and their families to attend this special evening. RSVP required.

More information will be published in the February NEBLINE, or call 441-7180.

Mandatory Trap Shooting Meeting on Feb. 8

There will be a mandatory meeting for all interested trap shooters on Tuesday, Feb. 8, 7 p.m. Interested youth must be at least 12 years old and not older than 18 by January 1, 2005 and have a hunter safety certificate. Contact Gene Veburg at 421-1274 if you have questions.

Speech & PSA Workshop Feb. 22

A "4-H Speech and Public Service Announcement" workshop will be held Tuesday, Feb. 22 at 7 p.m. We will discuss how to write and deliver a speech and/or public service announcement (PSA).

Senior level 4-H'ers wishing special attention are encouraged to set up an individual appointment with Deanna Karmazin.

This year's Speech Contest is tentatively set for Sunday, April 10, 1 p.m. at the State Capitol. New this year, the PSA contest will be held separately — it is set for Tuesday, April 5, 6:30 p.m. at the Lancaster Extension Education Center. PSAs must be 60 seconds. Contestants must give their PSA in person, no pre-recorded tapes allowed.

Keep checking THE NEBLINE for further up to date information on these events! If you have any questions, please call Deanna at 441-7180.

4-H Scholarships, Due March 1

The Nebraska 4-H Foundation has announced they have several thousand dollars worth of scholarship money available. A detailed description of each scholarship along with eligibility requirements and the application form can be obtained at 4h.unl.edu. All applications are due into the Nebraska Foundation office by March 1. If you have any questions or need further assistance, please call Deanna Karmazin at 441-7180.

HORSE BITS

Horse Stampede Entries Due Jan. 26

The third annual 4-H Horse Stampede will be held Saturday, March 12 at the Animal Science Building on UNL East Campus. It is held in conjunction with the Nebraska Horse Council's Horse Expo, running March 11-13 at the Lancaster Event Center.

14-18, junior division is ages 12-13. Teams are to consist of three to five youth.

This year, for the price of \$6, a brown sack lunch will be offered for 4-H'ers and anyone else that may be interested. Orders for lunches will only be taken with entries, you may not order day of event. Note: Quiz Bowl contestants need arrangements for something to eat during the day as they will not be allowed to leave.

Stampede entry forms are due to the Lancaster County Extension office by Jan. 26. Entry fee per individual is \$5 — checks

should be made out to Lancaster County Extension. Forms can be picked up at the extension office or online at lancaster.unl.edu/4h/news.htm.

For more information about the Stampede, call Marty at 441-7180 or go to animalscience.unl.edu/horse/horse4h.htm (please use entry forms from Lancaster County).

For more information on the Nebraska Horse Council Horse Expo please refer to www.nebraskahorsecouncil.org.



Members of last year's senior Quiz Bowl team.

The Stampede consists of the 4-H state horse-related competitions: Horse Bowl, Public Speaking, Demonstration and Art Contest. These contests are tremendous learning experiences and a lot of fun!

Stampede contestants must be enrolled in a 4-H horse project (with the exception of the art contest).

Contestants may participate in all contests. Senior division is ages

Wranglers Take Broomtails For a Ride



As part of their community service, members of the Riding Wranglers 4-H club recently invited



The Lincoln Broomtails horseless horse club out to ride their horses. The Wranglers led the horses as Broomtails members rode, many for their first time. The Wranglers also gave a mini-clinic about the differences between English and Western horses, tack and riding.

Dye Wins Reining Rookie at Sandhills Slide



Martina Dye and her gelding, Manly Martha "Gunner" won the Reining Rookie class at the Sandhills Slide, a National Reining Horse Association and American Quarter Horse Association sanctioned show held in August at Broken Bow. The Sandhills Slide is a nationally recognized show drawing riders from

11 states. The Rookie class included 31 other riders age 18 to 55 years old. Sadly, Martina lost her mare, Playgirl (pictured), to colic on the Sunday after the Lancaster County Fair. During the fair, Playgirl — who had not been saddled since December 2003 — was substituted for Gunner who was unable to show. With Playgirl, Martina won Senior Reining and Reserve Halter Champion in Stock Horse 4 years & older.