

From NU to You



NU Cooperative Extension in Lancaster County contributes to the University of Nebraska's land-grant mission by extending reliable research-based information to the public for use in everyday life.

Considering today's fast-paced society, extension engages residents in Lancaster County and beyond, 24-hours a day, by utilizing multiple delivery methods:

- Programs and workshops
- Publications
- Phone calls
- Person-to-person
- Content-rich Web site
- Internet e-mail
- Radio/TV/Video/Satellite
- Displays and exhibits
- Youth groups, activities and schools

In addition to direct outreach, extension trains individuals who, in turn, impact or teach others. This includes business professionals, service industry workers, health professionals, teachers, childcare providers, government employees, master gardeners and volunteers.

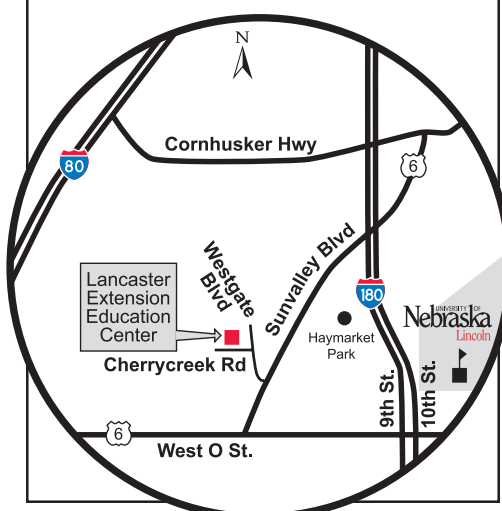
Lancaster County extension collaborates with more than 125 agencies, organizations, businesses and school systems to develop and deliver educational programs. We value our community partnerships as a way to leverage our resources and reach even more people. To our partners, we say thank you.

And finally, a salute to the hundreds of volunteers who are essential to extension's success. Your dedication to programs such as the 4-H youth development program, master gardeners, Nutrition Education Program (NEP) and **earth wellness festival** greatly add to our community and quality of life. We appreciate your important contributions.

Gary Bergman,
Extension Educator and Unit Leader

Lancaster Extension Education Center Facilitates Community Programs

As part of extension's commitment to community learning, the conference facilities at Lancaster Extension Education Center are made available to other nonprofit and governmental organizations at a nominal cost. Last year, more than **4,300 hours of conferences and meetings** were held at the Education Center.



Extension Helps Nebraskans Put Knowledge to Work



Nutrition & Food Safety

- Nutrition, food safety and food preparation
- Stretching food dollars



Farms & Acreages

- Farm management
- Crop & livestock production
- Acreage owner programming
- Managing water resources



Pests & Wildlife

- Insect pest identification
- Low-toxic solutions
- Wildlife educational resources



Yard & Garden

- Horticulture education
- Plant problem diagnosis
- Master Gardener volunteers
- Yard waste management
- Managing water resources

Home Environment

- Indoor air quality
- Home maintenance & safety
- Reduce, reuse, recycle



Community & Leadership Development

- Neighborhoods
- Organizations
- 4-H and youth
- Families
- Family & Community Education (FCE) clubs



"Our community is very fortunate to have a talented extension staff dedicated to extending the knowledge of our land-grant university. As an extension board, we collectively see the impact extension brings to Lancaster County and beyond."

—Clarice Steffens, president
Lancaster County Extension Board



Youth in 4-H Program



The University of Nebraska Cooperative Extension 4-H youth development program is open to all youth ages 5–19. In the past year, **4-H reached 22,994 youth** in Lancaster County. Emphasis is on teaching practical skills and developing life skills through learning-by-doing. Lancaster County 4-H consists of several components:

- **Organized clubs** — Youth work closely with adults to complete projects.
- **Projects** — Youth can choose from more than 150 projects. Project manuals are written by university experts.
- **School Enrichment** — 4-H programs for classrooms include: Garbology, Vermicomposting, Embryology, Blue Sky Below My Feet, Earth Wellness Festival, Ag Awareness Festival, Nutrition Education Program and 4-H Water Riches.
- **4-H Embryology Web Site** — EGG Cam and other resources online at lancaster.unl.edu/4h/Embryology
- **Activities** — 4-H staff organize several educational events each year, such as Clover College and County Fair activities.
- **Leadership Opportunities** — 4-H Teen Council, 4-H Council, Citizen Washington Focus (CWF) group and more.



Lancaster County 4-H'er Nicole Pedersen qualified to attend the National 4-H Horticulture Judging Contest.