

EXTENSION HIGHLIGHTS

Henneman Receives Omtvedt Innovation Award



(From left) John Owens, Alice Henneman and Irv Omtvedt.

In December, Alice Henneman, registered dietitian and extension educator with University of Nebraska Cooperative Extension in Lancaster, received one of eight 2004 Omtvedt Innovation Awards. "These awards recognize areas of strength and promise within UNL Institute of Agriculture and Natural Resources (IANR), as well as innovative research and programming by faculty, staff and students," said John Owens, Harlan vice chancellor of IANR and university vice president.

Henneman has been recognized locally and nationally for the quality of her work and visionary leadership in food safety education. Henneman is routinely asked to serve as a reviewer for national projects and as a speaker for community programming. She also packages her community programs for use by other professionals.

The award-winning Food Web site, a section of UNL Cooperative Extension in Lancaster County's Web site at lancaster.unl.edu, receives nearly one million hits per year. The site was started 1996, just prior to the explosion of Web popularity. Henneman authors, edits and updates the Food Web site which now includes: "Cook it Quick," "Food Reflections" e-mail newsletter, hot topics, publications and resources for educators. The Food Web pages Tufts University Nutrition Navigator has rated the Food Web site "Among the Best" for more than four years. In the "Food Safety" category, Tufts ranks the site higher than the American Dietetic Association's or the Centers for Disease Control and Prevention's.

The Irv Omtvedt Innovation Awards program was established by UNL alumni Neal and Leone Harlan in honor of Irv Omtvedt, IANR vice chancellor from 1975-2000. The Harlans also created the named vice chancellorship within the university system.

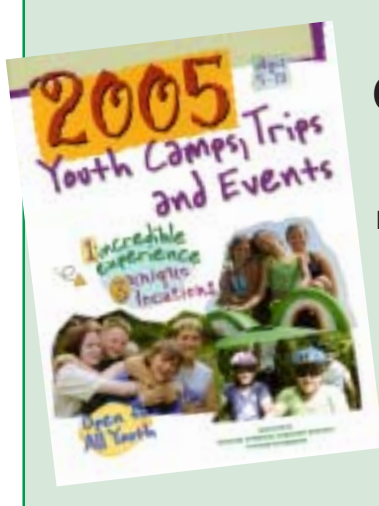
Heidi Schmitz Joins NEP Staff



Heidi Schmitz (left) provides nutrition education to Early Head Start and Head Start families and community professionals.

Heidi Schmitz joined the UNL Cooperative Extension in Lancaster County Nutrition Education Program (NEP) team full-time in January 2005. In July, she began her career with NEP as a part-time nutrition assistant to provide nutrition expertise to Early Head Start and Head Start families and community professionals. She also serves Food Stamp Nutrition Education Program families through her expanded appointment.

Heidi is a North Dakota native. She graduated with a Bachelor of Science degree in Food and Nutrition from North Dakota State University in May of 2000 and is a Registered Dietitian. Heidi moved to Lincoln from Minneapolis, MN where she worked as a Registered Dietitian at Hennepin County Family Medical Center. Heidi and her husband, Aaron moved to Lincoln July 2002. She worked as a WIC nutritionist and CPA trainer at Family Service in Lincoln.



4-H Summer Camp Brochures Now Available

2005 4-H Summer Camp brochures are now available at the extension office or online at 4h.unl.edu/camp/youth. Open to all youth ages 5-19, camps range from one day to four days/three nights. Brochures have complete information about all camps. Discover the adventure!

Hey Kids! - Teachers, Parents & Grandparents too!!

Here's your chance to enter a fun event!



7th Annual Aging Services Photography Contest

Theme: "Cherished Moments in Time"

Lincoln Camera Club & People's Choice Judging
Open to ALL ages, Kindergarten to older folks!
Anyone.....Anywhere!!!

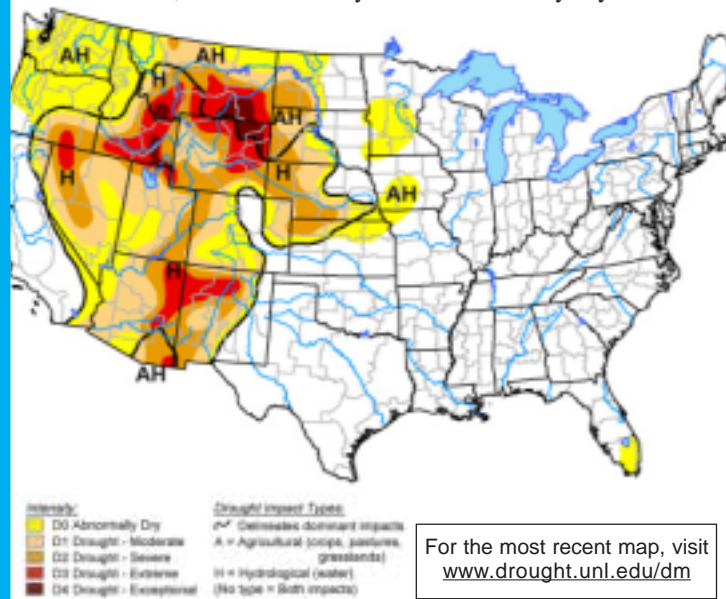
Best of Show, 1st, 2nd, 3rd, and Honorable Mention prizes by age groups of: K-6, 7-12, and Adult.

Two Best of Show winners are awarded \$100

For an entry packet call, (402) 441-7022 (collect calls accepted). Deadline for submission is Monday, May 2, 2005. So don't delay...call today!!

U.S. Drought Monitor Map

As of Jan. 11, Lancaster County was in abnormally dry conditions.



Can You Guess It?



Did you guess it? Find out at lancaster.unl.edu

Did you guess it from the January NEBLINE?
The answer was a mouse.

Unicameral Youth Conference June 12-15

The 2005 Unicameral Youth Conference to be held June 12-15 as a part of the 2005 Big Red Summer Academic Camp. Youth will gain a basic understanding of civic life, politics and Nebraska government while interacting with Nebraska State Senators, legislative aides, policy experts, lobbyist and governmental agency representatives.

Big Red Summer Academic Camps are open to all high school youth. For more information, contact Tracy at 441-7180 or go to bigredcamps.unl.edu.

Applications Open for 4-H Camp Staff

The three 4-H Camps in Nebraska are currently accepting applications for our 2005 summer staff. All positions provide endless opportunities for growth in a fun, fast-paced outdoor atmosphere.

You may apply for a variety of positions:

- **Camp Staff** — Salaried youth ages 18 and older who lead camp programs. Spend mid-May to August working full time to provide day to day leadership of camp activities and teaching groups of all ages. A great summer job for college students with any major. Initial application deadline is Feb. 10.

- **Cabin Mentors** — Youth ages 17 and older who provide cabin supervision and assist in leading camp programs. Mentors receive an honorarium for their service and are scheduled according to their availability. Perfect for high school youth who need a fun getaway from their full time summer job. Mentor for a few days or for the entire summer — the choice is yours! Application deadline is March 15.

- **Camp Counselors** — Youth ages 15-19 who assist with cabin supervision and leading of camp programs. Join over 150 volunteer teens in providing valuable leadership to a group of campers by day and assist with cabin supervision at night. Camp counselors are scheduled according to their availability and counseling is a fantastic leadership experience for any young person. Application deadline is March 15.

More information and applications are available online at <http://4h.unl.edu/camp/staff/>. Need not be in 4-H to apply.

NIFS Scholarships Available

Nebraska Independent Fabric Shops (NIFS) is offering two \$500 college scholarship opportunities to foster the future development of professionals in the fields of family and consumer sciences, textiles and design, quilt or museum studies or related subjects. Applications must be received by March. Information and application is online at www.fabricsandquilts.com, or call Deanna at 441-7180.