

## Upcoming Dine Out for CWF Events

You can help raise funds for the 4-H 2005 Citizenship Washington Focus (CWF) trip by dining out at the following:  
**Runza on Jan. 25**

The Runza on 84th and Holdrege will donate 15% of its profits from all sales on Tuesday, Jan. 25 from 5-8 p.m.

## Bruegger's Bagels Feb. 21-27

During the entire week of Feb. 21-27, both Bruegger's Bagels locations in Lincoln will donate 20% of their profits from sales in which customers submit a CWF voucher. Vouchers are available online at [lancaster.unl.edu/4h](http://lancaster.unl.edu/4h) and will be printed in the March NEBLINE. Photocopies of the voucher will be accepted.

## Trap Shooting Meeting on Feb. 8

There will be a MANDATORY meeting for all interested trap shooters on Tuesday, Feb. 8, 7 p.m. To participate, youth must be ages 12-18 and have a hunter safety certificate. For more information, contact Gene Veburg at 421-1274. (TK)

## New Supplemental 4-H Resources Available

New supplemental resources are available for the following 4-H project areas:

- Arts & Crafts
- Water Resources
- Science Discovery Series
- Community Service
- First Aid

Contact Tracy at 441-7180 to checkout these resources.

## 4-H Scholarships Due March 1

The Nebraska 4-H Foundation has several thousand dollars worth of college scholarships available to eligible 4-H'ers. Information and application forms are online at [4h.unl.edu](http://4h.unl.edu). Scholarships include:

- R. B. Warren 4-H Horse Educational Scholarship (\$500)
- 4 Grand Island Saddle Club Scholarships (\$1,000)
- 3 Orschlen Industries Foundation Scholarships (\$1,000)

All applications are due into the Nebraska Foundation office by March 1. If you have any questions or need further assistance, please call Deanna at 441-7180.

## 4-H Citizenship Washington Focus Organizing for 2008 Trip to D.C.

Lancaster County 4-H Citizenship Washington Focus (CWF) is now taking applicants for the June 2008 trip to Washington D.C.! CWF organizes a trip every three years, raising money for the trip during the off years.

On an ambitious 15-day itinerary, CWF travels by bus to D.C., exploring our nation's history along the way. The group spends five days at the National 4-H Conference Center near Washington D.C. where they hold mock congressional sessions and learn how bills become law. Tours of D.C. include the Capitol building, the Smithsonian and all of the memorials.

If you will be the age of 15-18 as of June 1, 2008 and are interested in joining an adventure of a lifetime, please call Deanna Karmazin at 441-7180. A space can be held with a deposit of \$100. *This is open to the first 50 respondents — space is already limited!*

For more information, go to [lancaster.unl.edu/4h](http://lancaster.unl.edu/4h) and/or attend the May 19 CWF reorganizational meeting at 7 p.m., held at the Lancaster Extension Education Center.



## 4-H Sheep Lead Show Highlights Wool

The aim of the 4-H Sheep Lead Show is to present a stylish and elegant picture of wool and bring out its value in sheep and clothing.

In the show, 4-H'ers wear an outfit with at least one garment made from 50 percent or more wool, and lead a ewe by halter. The outfit need not be handmade, but some exhibitors choose to showcase some of their own sewing!

All 4-H sheep exhibitors are encouraged to participate in the Sheep Lead Show.

Last year, Alexis Spath was enrolled in several 4-H projects, including "Sewing for Fun" and "Market Lamb." So she thought it was only natural to enter the Sheep Lead Show at both the Lancaster County Fair and Nebraska State Fair. For her outfit, she made a wool skirt and purchased a blouse and shoes.



*Alexis Spath models an outfit which includes a wool skirt she sewed, while leading her sheep, Sunset.*

She and her ewe, Sunset, earned a purple ribbon at the 2004 Lancaster County Fair and blue at the State Fair. Following is the text of her narrative:

"Heather grey was Alexis Spath's choice for her 100% lightweight wool skirt. The straight cut, fully lined, above-the-knee length skirt has an elastic waist band and rolled hem. To compliment her skirt, Alexis has chosen a long sleeve pullover blouse of a soft red crushed panne which is 100% polyester. Black shoes complete her outfit.

Alexis is being accompanied by her Suffolk cross yearling ewe, Sunset, whom she had raised from birth. Alexis share many responsibilities with the family commercial flock. Her duties include giving input in selection of breeding stock, assisting with lambing, maintaining flock health and daily care of the animals.

This is Alexis' fourth year as member of the Stevens Creek Stars 4-H club. In addition to her sheep project she also involved in gardening, babysitting, beginning sewing and cooking projects. Alexis plays volleyball, basketball, softball, trumpet and piano."



## Second Annual Nebraska Beef Leadership Symposium

Junior and Senior 4-H'ers are encouraged to attend this symposium. The day will include instruction on leadership development, discussion of the beef industry and current topics, a chance to interact with University of Nebraska faculty and students, discussion on careers and tours of the campus and Memorial Stadium. This is a great way to determine if a career in the beef industry is for you, plus make many new contacts!

If you are interested, application and additional information can be obtained from Deanna. Applications are due by March 15, along with a registration fee of \$50. Information is also online at [animalscience.unl.edu/youth/beefsymp.htm](http://animalscience.unl.edu/youth/beefsymp.htm).



February

## Leah Spencer

Lancaster County 4-H is proud to announce Leah Spencer as the winner of February's "Heart of 4-H Award" in recognition of outstanding volunteer service.

Leah was co-leader of the Sunshine Clover Kitties 4-H club since her oldest daughter became involved in 4-H seven years ago. The club is now known as the Extreme Green 4-H club and Leah is the organizational leader. She regularly volunteers for Style Revue and 4-H snack booth at the County Fair. She also volunteers at the Nebraska State Fair 4-H Discovery Center.

"Leah has gone the extra mile with wildlife education and makes the meetings fun," says 4-H parent Denise Farley, who nominated Leah. "She is well researched and well prepared. She provides some unique

learning experiences that tie learning to careers and hobbies."

A former 4-H member in Dakota County, Leah says, "I like being a 4-H volunteer because I remember the fun and learning experiences as a 4-H member. It's great to see the kids improve their skills and recognize their own accomplishments."

Leah lives in Lincoln with husband John and children Hannah, Abbey and Cole. She also volunteers at Beattie Elementary School (in media) and Trinity United Methodist Church (in Sunday school, youth class and Foodnet).

Congratulations to Leah! Volunteers like her are indeed the heart of 4-H!

Nominate your favorite 4-H volunteer by submitting the form available at the extension office or online at [lancaster.unl.edu/4h](http://lancaster.unl.edu/4h). Nominations of co-volunteers welcome.



## HORSE BITS

### 4-H Horse Stampede Entries Due Jan. 26

The third annual 4-H Horse Stampede will be held Saturday, March 12 at the Animal Science Building on UNL East Campus. The Stampede consists of the 4-H state horse-related competitions: Horse Bowl, Public Speaking, Demonstration and Art Contest. These contests are tremendous learning experiences and a lot of fun! **Entry forms are due to the Lancaster County Extension office by Jan. 26.** Entry fee is \$5/person — checks should be made out to Lancaster County Extension. Forms can be picked up at the extension office or online at [lancaster.unl.edu/4h/news.htm#HorseNews](http://lancaster.unl.edu/4h/news.htm#HorseNews). For more information call Marty at 441-7180.

### Horse Knowledge 4-H Club Forming, Next Meeting Jan. 27

In December, more than 50 4-H'ers, parents and leaders attended the first meeting of the Lancaster County Horse Knowledge 4-H Club. The club is being formed and taught by Kala Ball. Each meeting will focus on a different system of the horse, such as skeleton, digestive, respiratory, etc. New members of all ages are welcome. The next meeting will be Jan. 27, 7 p.m. at the Lancaster Extension Education Center, 444 Cherrycreek Road. The club will meet at 7 p.m. every other Thursday through winter. If you are interested in joining or have any questions, please call Marty at 441-7180. (MC)

See page 11 for more horse-related announcements.