

# EXTENSION CALENDAR

All programs and events will be held at the Lancaster Extension Education Center unless otherwise noted.

## JULY

- 27 County Fair 4-H Style Revue Judging, *Lancaster Event Center, Pavilion 3, Exhibit Hall*. . . . . Begins at 8 a.m.
- 28 County Fair 4-H Food Booth Training, *Lancaster Event Center* . . . . . 6–7 p.m.
- 28 4-H Teen Council Meeting (Informal), *Lancaster Event Center* . . . . . 7 p.m.
- 30 County Fair Static Exhibit Room Set-Up Day, *Lancaster Event Center, Lincoln Room*. . . . . 8 a.m.
- 31 County Fair 4-H/FFA Livestock Set-Up Day, *Lancaster Event Center, Pavilion 2*. . . . . 2 p.m.
- 31 County Fair 4-H Horse Show Pre-Fair Briefing, *Lancaster Event Center, Pavilion 3, Extension Satellite Office*. . . . . 2 p.m.

## AUGUST

- 1 County Fair Static Exhibit Entry Day, *Lancaster Event Center* . . . . . 4–8 p.m.
- 2 County Fair 4-H Horse Check-In: Dressage and English (Western if desired), *Lancaster Event Center* . . . . . 8 a.m.–Noon
- 2–3 County Fair 4-H Poultry Check-In, *Lancaster Event Center*
- 2–3 County Fair 4-H Rabbit Check-In, *Lancaster Event Center*
- 2 County Fair 4-H Horse Check-In: Western, *Lancaster Event Center* . . . . . Noon

### AUG. 3–7 LANCASTER COUNTY FAIR, LANCASTER EVENT CENTER

- 7 County Fair Premium Payouts, *Lancaster Event Center* . . . . . Noon–4 p.m.
- 7 Deadline for Entries to Ak-Sar-Ben 4-H Youth Expo
- 11 Acreage Insights: Rural Living Clinics — “Large Pond Maintenance”. . . . . 7–9 p.m.
- 12 Lancaster Extension Board Meeting. . . . . 8 a.m.
- 12 Soybean Management Field Day, *DeBoer farm near Holland* . . . . . 9 a.m.–2:30 p.m.
- 25 State Fair 4-H Entry Day, 4-H Building, *State Fair Park* . . . . . 7:30–10 a.m.

### AUG. 25–SEPT 5 NEBRASKA STATE FAIR, STATE FAIR PARK

## Safety Course for Drivers 50 & Up, Sept. 7 & 8

University of Nebraska–Lincoln Extension in Lancaster County is co-sponsoring a 55 ALIVE Driver Safety Course on Wednesday, Sept. 7 and Thursday, Sept. 8, 12:30–4:30 p.m. Cost is \$10 payable at the first class. Call 441-7180 to register.

The AARP Driver Safety Program is the nation’s first and largest classroom driver refresher course especially designed for motorists age 50 and older.

Drivers aged 55 and over, compared with drivers aged 30–54, are involved in more accidents per mile driven. The number of accidents per mile rises sharply at about age 75.

The eight-hour course is taught in two, 4-hour sessions

spanning two days. The course helps drivers refine existing skills and develop safe, defensive driving techniques. AARP members and non-members alike may take the course. There are no tests.

The AARP Driver Safety Program course covers the following topics:

- Vision and hearing changes
- Effects of medication
- Reaction time changes
- Left turns and other right-of-way situations
- New laws and how they affect you
- Hazardous driving situations

Research shows a direct link between the kinds of driving problems experienced by older motorists and the physical changes that can occur in

all older persons. The loss of vision, hearing and physical strength is gradual and can go virtually unnoticed until older drivers are faced with a driving emergency they are no longer able to handle.

For example, the gradual failure of sensory acuity associated with aging reduces the quantity and accuracy of information capable of being processed. This reduces the ability of the individual to respond or react to his/her environment with speed and judgement current traffic often requires.

By being aware of these normal age-related changes and learning how they affect driving, older motorists can compensate for them and become better drivers.

# UNIVERSITY OF Nebraska Lincoln

Extension is your connection to the research and expertise of your land-grant university. We help you put knowledge to work — in your home, workplace and community.

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Discover all the exciting opportunities 4-H can offer you!

**4-H is open  
to all youth  
ages 5-18**

**Prizes!**

**Food!**

**Fun!**

# 4-H Kick Off



**Tuesday, Sept. 20 • 6 p.m.**

**Lancaster Extension Education Center  
444 Cherrycreek Road, Lincoln**

Lancaster County 4-H kicks off the 4-H year with an opportunity for youth and their families to discover 4-H!

Four ways to get involved:

- Join an existing 4-H club
- Help form a new 4-H club
- Be an independent member
- Participate in 4-H activities such as camps

**DISCOVER 4-H DISCOVER  
4-H YOU**

Find out more about 4-H at <http://lancaster.unl.edu/4h>