



4-H Kick Off Starts New Activity Year

More than 175 people attended the September 4-H Kick Off. Many expressed interest in joining 4-H. Thanks to 4-H Council and all the volunteers who helped make the Kick Off a success — especially the 4-H youth who shared their 4-H projects! Thanks also to the following: Lancaster Event Center, Lancaster County Fair Board, Weaver's and Burger King.

COMMUNITY SERVICE CORNER

Teen Council Donates Items to Cedars Youth Services

Lancaster County 4-H Teen Council is participating in a community service project for youth in need. They are donating toiletry items (such as shampoo, soap, toothbrush and toothpaste) to Cedars Youth Services for its Street Outreach Service (SOS) and Freeway Station Emergency Shelter programs. Teen Council members also sewed bags to provide the items in.



Other 4-H clubs wishing to help Cedars can contact Rhonda Saunders at 437-8961 or go to www.cedars-kids.org.

Assisted-Living Homes Request 4-H Community Service

Two assisted-living homes have requested Lancaster County 4-H'ers and/or 4-H clubs participate in community service projects with their residents:

- The Lexington — contact Judy at 486-4400
- Milder Manor — contact Marcia at 475-6791
- Or volunteer at your local assisted-living home.

Projects and activities suggested include helping with bingo, singing songs with residents, modeling clothing projects, bringing pets such as rabbits, showcasing 4-H projects and participating in various other intergenerational activities.

Note that participation in this type of community service can be turned into a 4-H County Fair "Discover Me.... Discover You" intergenerational exhibit. (TK)

Holiday Gifts Needed

A good community service project for the holidays is helping the less fortunate by providing gifts for the Lincoln Public Schools Headstart Program. This program is in need of over 500 gifts for children birth to 5-years old. Literacy is being emphasized this year, so books and items to encourage reading are suggested. Books have been requested this year. Other gifts will be used with the books. Items, such as puppets, activity books, puzzles, small toys, etc. relating to the story would be fun for the children. The goal is to give each child a book. **Gifts should be unwrapped** and recommended cost is up to \$5. Bring gifts to the extension office by Dec. 1. For more information, contact Lorene at 441-7180. This is an excellent project for 4-H, FCE and other community clubs. Individuals are welcome to participate.

4-H FALL RABBIT CLINIC & SHOW

Saturday, Nov. 6

Lancaster Event Center, Pavilion 3-Exhibit Hall

OPEN TO ALL YOUTH!

CLINIC 8-9:30am



LEARN ABOUT THE 4-H RABBIT PROGRAM

- How to Join 4-H • Buying a Rabbit • Care of the Rabbit
 - Visit with Rabbit Breeders • Showmanship • Static Exhibits
- SHOWMANSHIP DEMONSTRATION AT 9AM

SHOW 9:30am Registration 7:30-9 a.m.

TROPHIES & RIBBONS WILL BE AWARDED

Best of Breed awards will be given to each breed that has **5 or more entries**.

Classes for Youth Ages 8-19	
Fancy Rabbits	Juniors—under 6 months Seniors—6 months and over
Commercial Rabbits	Juniors—under 6 months Intermediate—6-8 months Seniors—9 months and over
Pet Class*	Junior exhibitors—ages 8-12 Senior exhibitors—ages 13-19

*This class is for crossbred rabbits and rabbits which have disqualifications for their breed.

Registration Fees	
\$2.50	Per rabbit or cavy
\$1.00	Fur class
\$1.50	Showmanship

Please bring a raffle prize to donate to the 4-H Rabbit Program

For Youth Ages 7 and under	
Pee Wee Class	Any breed/any age rabbit to be shown by youth age 7 and under

Each participant will receive a participation award. No registration fee.

For more info, call Rodney at 782-2186 or Marty at 441-7180

*Sponsored by the Lancaster County 4-H Rabbit VIPS Committee & Rabbits 'R' Us 4-H club
Free exhibit space courtesy of the Lancaster Event Center*

Eat Out for CWF Nov. 15 at Dairy Queen

The Lancaster County 4-H CWF youth group has teamed up with the Dairy Queen located at 1447 N. 27. If you eat there between the hours of 4-8 p.m. on Monday, Nov. 15 the 4-H youth will receive 10% of your total purchase. Please pass this on to your friends, families and neighbors. The proceeds from this fundraiser will help cover travel expenses for next years' trip to Washington D.C. Thanks in advance for your support! (DK)

Statewide Newsletter for 4-H Volunteers

Nebraska 4-H has created a quarterly newsletter, *Helping Hands*, for 4-H volunteers. You can access it online at 4h.unl.edu/volunteers or ask for a copy at the extension office.

4-H Teen Council Invites New Members

The Lancaster 4-H Teen Council is a leadership organization for youth in grades 7-12. Meetings are held the second Sunday of each month at 3 p.m. at the Lancaster Extension Education Center (unless otherwise noted).

- 4-H Teen Council members:
- organize the Ice Cream Social, Cookie Eating Contest and Teen Dance at the Lancaster County Fair
 - plan, set up and facilitate the annual 5th & 6th grade Lock-In
 - participate in several community service activities
 - are involved in other leadership activities

For more information or to join, call Tracy at 441-7180.

4-H Shooting Sports Leader Certification Workshop Dec. 4-5

Local certified shooting sports leaders are needed in Lancaster County. If you or someone you know are interested in participating in this program, plan to attend the Nebraska 4-H Shooting Sports Leader Certification Workshop. It will be held Dec. 4-5 at the State 4-H Camp near Halsey. Adult volunteers and junior leaders can choose one of seven disciplines to become certified. Muzzle-loading, wildlife, archery, rifle, shotgun, pistol and re-loading will be offered. Participants will learn under expert instruction. For more information and registration materials see the 4-H Shooting Sports Web page at 4h.unl.edu or contact Tracy at 441-7180.

Ak-Sar-Ben 4-H Expo Results

Several Lancaster County 4-H'ers participated in the 77th annual Ak-Sar-Ben 4-H Livestock Exposition held Sept. 21-26 at the Omaha Qwest Center. More than 2,000 4-H families from eight-states participate in the Expo. Full ribbon results are online at www.aksarben.org. Congratulations to the following, who won top honors!



Jeana Bulling was named the grand champion feeder calf showman.



Receiving the championship in Advanced English Equitation was Cassie Sell.



Melissa Raisch won the championship in Two-Year-Old Snaffle Bit Western Pleasure.