

## FAMILY & COMMUNITY EDUCATION (FCE) CLUBS

### President's Notes — Janet's Jargon

**Janet Broer**  
FCE Council Chair



Old Glory season is upon us. It is a great time for families to celebrate our country's birthday with programs and pageants, picnics, parades, parties and of course, fireworks. Wherever people live in a land that is free their Independence Day is a glorious holiday.

We have a scholarship winner, Dawn Fulton, a student at BryanLGH who will soon begin her fourth quarter with this financial help. I want

to thank those who worked on this committee and the applicants from the various schools. Dawn is to be recognized at our June 28 county Council meeting.

Plans are completed for our "Sizzling Summer Sampler" on July 13. We will begin eating at 6 p.m. followed by our program and basket raffle. The originality in basket theme ideas never ceases to amaze me. This event is open to everyone — you do not have to be an FCE

member to attend this fun-filled evening. Look for reservation information below.

Looking ahead to August and Lancaster County Fair, FCE members are responsible for Health Awareness Day. Sharon Brunke of Home Serve club will chair the event scheduled for Thursday, Aug. 5, 10 a.m. to 2:30 p.m. She would like volunteers from all clubs.

Have a safe and happy Fourth of July celebration. I hope to see many of you on July 13 for a fun evening.



## FCE News & Events

### Next Council Meeting June 28

The June FCE Council meeting will be held Monday, June 28, 7 p.m. at the

Lancaster Extension Education Center. Mary Knabe, Assistant Nurse Manager, Cardiac and Vascular Services, BryanLGH Medical Center will present a program on Women and Heart

Disease. Delegates to the State Convention in October will be elected. Bring ideas for the county lesson for 2005. Plan to attend and make sure your club is represented.

Lancaster County Association for Family and Community Education presents

# Sizzling Summer Sampler

Tuesday, July 13 • 6 to 9 p.m.

Light Supper at 6 p.m.

Lancaster Extension Education Center  
444 Cherrycreek Road, Lincoln

### LEARNSHOPS

#### "Bring in the Blooms"

Kevin Smith, Southeast Community College  
instructor & manager of Flowerama

#### "Colorizing Your Spaces"

Brenda Danley and Bonnie Evert,  
Sutterplace Interiors

Cost \$10

Make checks payable to FCE Council  
Send reservations and check by July 7 to:  
Kruse, 850 Adams Street, Lincoln, NE 68521



## Protecting Against Identity Theft

When was the last time you did an inventory of the contents in your wallet? If you have a list from the last six months — great!!! If you don't have a list, could you replicate a list of the contents in your wallet? You may ask why. If you have been a victim of identity theft, you'll know why. In a group of 20 people, at least one person has been a victim of identity theft — better odds than winning the lottery.

Identity theft is when someone has used your personal information such as your name, social security number, bank account and/or credit card without your permission to commit fraud or other crimes. Identity theft is a serious crime. People whose identities have been stolen can spend months or

years cleaning up the mess thieves have made of their good name and credit record. In the meantime, victims may lose job offers, be refused loans for education, housing or cars, or even get arrested for crimes they didn't commit.

In 2003, the Federal Trade Commission (FTC) received over 500,000 consumer fraud and identity theft complaints. Consumers reported over \$400 million in losses from fraud. According to the FTC, this crime affects all ages.

### Wallet Inventory

To make your wallet inventory, make a list of the important things in your wallet. Hints: driver's license number, credit card, bank account, health insurance card, etc. Include

phone numbers and who to contact. Some people will use a copy machine and make copies of both sides of the cards. Remember to take all your cards from the copy machine.

Look at the list; do any of the cards have your social security number on them? Your health insurance or Medicare cards probably have your social security number on them. This number to an identity thief will open up the following accounts — pension plan, bank account, investments and social security earnings and benefit statement. Complete the list and review what is in your wallet. Dispose of any expired cards. Did you find some cards you didn't remember having? Do you still need them? It may be time to see *IDENTITY THEFT* on p. 11



by Lorene Bartos, Extension Educator

## Summertime Stains

Summertime stains are very common. Pack a stain stick for vacation or send it with children to camps. Treat the stain as soon as possible and then it will be ready to launder when you return home. A cleaning solvent, such as Energine® or Goof Off®, are good products to keep on-hand to treat stains. Always read and follow label instructions before using any stain removal product.

## More Tools for Student Success

The U.S. Department of Education offers free research-based publications to help families and educators make good decisions about learning. They can be ordered by contacting EDPubs, The Department of Education's publications Distribution Center at ED Pubs, P.O. Box 1398, Jessup, MD 20794-1398; 1-877-4-ED-PUBS or online at [www.ed.gov/pubs/edpubs.html](http://www.ed.gov/pubs/edpubs.html).

Three available publications are:

**Helping Your Preschool Child** (available in English and Spanish): How well children will learn and develop and how well they will do in school depends on a number of things, including their health and physical well-being, social and emotional preparation and language skills and general knowledge of the world. This booklet highlights techniques parents can use to encourage their children to develop the skills necessary for success in school and life by

focusing on activities that make learning fun.

**Helping Your Child Learn Mathematics** (available in English and Spanish): Our increasingly technological world demands strong skills in math-

ematics, not only in the workforce but also in everyday life, and these demands will only increase over the lifetimes of our children. The major portion of the booklet is made up of fun activities parents can use with children from

preschool age through grade 5 to strengthen their math skills and build strong positive attitudes toward math.

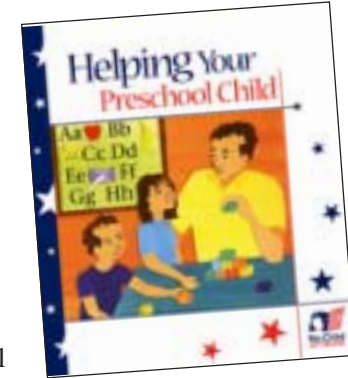
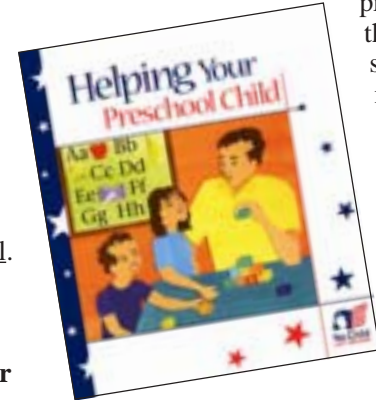
### Helping Your Child Learn Science

(available in English and Spanish):

Every day is filled with opportunities to learn science — without expensive chemistry sets or books. Parents don't need degrees in chemistry or physics to help their children learn science.

All that is needed is a willingness to observe and learn with them, and, above all, to make an effort and take the time to nurture their natural curiosity. This booklet provides parents of children ages

3 through 10 with information, tools and activities they can use in the home and community to help their child develop an interest in the sciences and learn about the world around them. (LB)



## CHARACTER COUNTS! CORNER

### Responsibility

Responsibility means being accountable for what we do and who we are. Everyone is responsible for the development of his or her personal character.

- Do Your Duty
- Be Accountable
- Pursue Excellence
- Exercise Self-Control

