

4-H Speech Workshop Feb. 24

The speech workshop will be held Tuesday, Feb. 24, 6:30 p.m. at the Lancaster Extension Education Center. We will focus this year on beginning speakers. The workshop will teach youth how to pick out a topic and talk them through writing a speech.

Depending upon building availability, the 4-H Speech Contest is temporarily set for Sunday, March 14 at the State Capitol. Keep checking THE NEBLINE for updates!

For more information about the 4-H speech program, call Deanna at 441-7180. (DK)

Horse Judging Certification

Starting in 2004 there will be a new 4-H judging certification program. Judges currently listed on the 4-H horse judges list will be required to attend a certification seminar within the next two years and then once every three years after that. Prospective judges may attend a seminar and successfully complete a written test at the end of the seminar to be added to the list. The first seminar will be held March 12. More information can be found at animalscience.unl.edu/horse/judgingseminar.htm. (MC)

Karnival Time is Near, Booths Needed

The Kiwanis Carnival is a free family event sponsored by Lincoln Center Kiwanis. It is scheduled for Saturday, April 17, 7-9 p.m. at the Lancaster Event Center in the Exhibit Hall. All 4-H families are invited to attend this fun and free activity.

4-H clubs or families are needed to provide carnival-type game booths for the evening. Each booth will have an area 4' x 6' to use. Prizes are provided. If your club or family would like to provide a booth, call the extension office to register by April 2.

There will be bingo for the adults and treats for all. Plan now to attend this fun, family activity. For more information, call Lorene at 441-7180. (LB)

4-H Club Officer Training

Mark your calendars now for the upcoming April 19, 6:30 p.m. 4-H Club Officer Training. All 4-H members are encouraged to attend! Everyone will discover how to conduct a meeting and use parliamentary procedure. 4-H members will also have an opportunity to participate in a mock meeting. (TK/DK)

CWF Collecting Best Choice UPCs, Ink Jet Cartridges

The Lancaster County Citizen Washington Focus (CWF) group is collecting Best Choice UPC labels.

CWF is also collecting used computer printer ink jet cartridges. CWF receives \$3 per cartridge. The following types of ink cartridges are accepted: all Hewlett Packard, all Lexmark, all Compaq, and Canon BC01/02/05, Bc20 and BX3.

Help raise funds for their June 2005 trip by helping collect "Best Choice" brand UPC labels from products and ink jet cartridges. Both can be dropped off at the extension office. Thank you for your help!

Dine Out for CWF at Don & Millie's Continue

On the second Sunday of each month, from 11 a.m. to 4 p.m., Don & Millie's continues to host Dine Out for 4-H Citizen Washington Focus (CWF). When people indicate they are eating for 4-H, Don & Millie's donates 20 percent of the profits of those meals. Don & Millie's is located at 5200 S. 56th Street.

FEBRUARY



Judy Fitzgerald

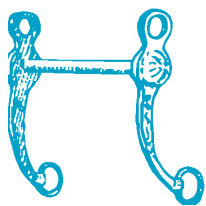
Lancaster County 4-H and 4-H Council are proud to announce Judy Fitzgerald as winner of February's "Heart of 4-H Award" in recognition of outstanding volunteer service.

Judy has been involved in the 4-H rabbit program for about 15 years. She is a presenter at many workshops, seminars and clinics for 4-H'ers, 4-H clubs and extension staff. She judges rabbits, static exhibits and showmanship. As a rabbit breeder (her rabbitry is J's Jolly Jumpers), she provides many 4-H'ers with rabbits and extensive information about their care. In addition to her work with Lancaster County 4-H, Judy also helps 4-H in nearby counties.

Judy was nominated by Ken Majors (a member of the Rabbit VIPS committee) and Robert Dresser (a 4-H parent). Said Ken, "Judy is a friend to 4-H'ers. She gives many hours to the 4-H community, always willing to answer questions, seeking out the right bunny, and encouraging the beginners and experienced 4-H'ers in their various projects."

Robert said, "I met Judy when my daughter and I attended a fall rabbit clinic. Judy was most receptive to questions and

see HEART 4-H on page 11



HORSE BITS

4-H Horse Stampede Rounds Out Horse Knowledge

The statewide 4-H Horse Stampede is scheduled for March 13. It is being held at the same time as the Horse Expo at the Lancaster County Event Center. 4-H'ers participating in any area of the Stampede will get a free ticket to the Expo.

Lancaster County is looking for more representation. We would love to see more participation this year or you might just come in and watch so you would know more about it and be ready to compete next year. The event can be both a tremendous learning experience and a lot of fun for youth participating in the 4-H horse program. Winners can go on and represent Nebraska at the national competition. This type of experience also looks great on resumes for scholarships and job applications.

In speaking with a few 4-H'ers and asking why they don't participate, one response they had in common was that they didn't know much about it. I spoke with Gabby Warner who is one of the Lancaster County 4-H'ers involved in the

public speaking, demonstrations and hippology events.

The following is from that interview.

"My Mom made me do it the first time," says Gabby. "She was in speech in high school and froze. She didn't want that to happen to me. At school I had to give a couple of speeches. I didn't freeze. I enjoyed it."

"If you like challenges, like testing yourself, it is really, really fun. It is very fun getting ready for speeches and finding information, stuff that you didn't know before. It helps you get over the fear of public speaking. It gives you a chance to learn more about horses. It has made me a better rider, too. Like when I was riding my horse and she cut her leg. I felt it right away from on top of her. I talked to the vet on the phone and was able to tell him exactly where on the leg she was hurt and then he told me not to worry and how to medicate the injury."

"In public speaking, I just pick a subject I don't know much about and research it for a couple of weeks. Junior speeches are from 5-7 minutes long. Seniors are 7-10 minutes. Demonstrations are sort of the same but are more fun than the public speaking because you have props. You have to be more prepared because you want the props to look nice and you get more points for that. I did individual demonstrations but you can do it as a team also. Putting together the posters is fun. Also finding interesting and fun facts to put into the

report is fun"

"With hippology (the study of horses) there are stations set up with a bunch of questions at each. You go around to each station and write your answers. It's not easy if you aren't prepared. There are questions on anatomy, confirmation, different types of bits, movements of the horse, etc. One station we had to name the bones of the lower leg of the horse."

"I haven't done a horse bowl. It's like a game show that you buzz in your answers. It really looks like fun but you have to have a team of three or four people. I'm trying to talk people into doing it with me!"

Gabby is the daughter of Kelly and Colleen Warner. (MC)



Gabby Warner credits the Stampede with helping her learn more about horses and becoming a better rider.

Complete 4-H Horse Stampede information can be found at animalscience.unl.edu/horse/stampede.htm. Those interested in forming or being a part of a quiz bowl team or anyone having any other questions please call Marty at 441-7180. The deadline for entry forms is Feb. 2.

4-H Horse Stampede Schedule

- 8:00 a.m. — Check in Demonstrations
- 8:00 a.m.-4:00 p.m. — Art Contest Judging and Display
- 8:30 a.m. — Check in Public Speaking
- 9:00 a.m. — Demonstration Contests
- 9:30 a.m. — Public Speaking Contests
- 9:30 a.m. — Check in Horse Bowl Teams
- 10:30 a.m. — Horse Bowl
- 7:00 p.m. — Awards Presentation

This schedule is tentative and may change. Participants will be notified of changes.