

HORSE BITS

A horse incentive program has been started in Lancaster County for 4-Her's who are interested in setting goals for the 4-H year, finding sponsors for educational programs and logging hours of actual 4-H activities. For information and a form, please call Ellen at 441-7180. (EK)

4-H & Youth



4-H Camp Dates

4-H camps at the Eastern Nebraska 4-H Center, near Gretna, are summer adventures that allow your child to have an experience of a lifetime. 4-H camp allows your child to become more independent, build self-confidence and self-worth, discover new recreational skills, and develop a sense of love and respect for others as well as the out-of-doors.

If you'd like to see your son or daughter enjoying the fun and excitement of summer camp, help put them in position to do so. Enroll them with a friend in a 4-H camp. Brochures are available at the Lancaster Cooperative Extension Office. (TK)

Fish Camp June 4-6 Outdoor Skills I June 8-10 Discovery I June 11-13 First Timers June 14-15 Clover Kids Camp I June 16 Discovery II June 18-20 Wet-n-Wild I June 21-23 Boldly Bound June 25-28	Outdoor Skills II June 29-July 1 Spotlight on Talents July 2-4 Niobrara Trip July 8-11 Summer Sports July 14-16 Wet-n-Wild II July 17-19 Clover Kids Camp II July 31 High Adventure August 1-4 Road Trip Nebraska August 6-9
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4-H Speech Contest March 18, State Capitol

Join the fun and enter the 4-H speech contest! You can give a speech or a public service announcement. The contest will be held March 18 at the State Capitol. Registration will begin at 1:30 p.m. For more information about this contest, attend the speech workshop, call the office at 441-7180, or look at the rules in last year's fairbook. Speech registrations are due into the extension office by Friday, March 9. (DK)(TK)



Pets at the Museum!

Sheri Ramirez, Leader
 Pet Pals 4-H Club will be holding its third annual pet show at the new Lincoln Children's Museum. This event will take place on Friday, March 30, 12:30-2 p.m. Pet Pals members will display their household pets and habitats for kids of all ages. So plan to spend a "school off" day with us and enjoy our show!

Spring Rabbit Clinic and Show

The Lancaster County Spring Rabbit Clinic will be March 29, 7 p.m. at the Lancaster Extension Education Center. There will be sessions on stationary exhibits, grooming and rabbit care, showmanship, judging, and quiz bowl. The clinic is free to everyone and you need not bring a rabbit.

The Spring Rabbit Show will be Saturday, March 31, 9 a.m. at the Lancaster Building at the State Fair Park. Registration will begin at 7:30 a.m. The cost is \$2.50 per rabbit at the day of the show. Early registration is available. To request a registration form, call Ellen at 441-7180, or email her at ekraft1@unl.edu. Early registrations are due by March 17. (EK)

Working With An Adjustable Camera - The Focus of Photography Workshop II

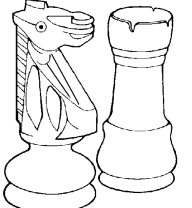


Adjust your schedules and plan now to attend our second photography workshop. Joseph Torrey from Harman's Camera will present information for 4-H'ers interested in learning more about taking sharp pictures. Many of the topics covered are ideal for those taking Photography Level 2. Specific topics include:

1. Getting to know the different parts of your camera.
 2. Different speeds and types of film. Learn what is best for your camera and the kind of pictures you are taking.
 3. Adjusting lens opening and shutter speed settings to get the right light for the best pictures.
 4. How to frame pictures to make them more interesting to viewers.
 5. How a variety of patterns and textures can add interest to your photo.
 6. Tips for taking special photos: close up photos, photos in low light, action photos.
- Bring your parents, club leaders, 4-H friends, camera, and film, and learn great ideas from a local photography expert. You are also encouraged to bring pictures you have taken during this project year. This workshop will be offered on two consecutive Thursdays: March 29 (Northeast Family Center, 5903 Walker, Lincoln) and April 5 (Lancaster County Extension Office) from 7-8:30 p.m. Please call the extension office at 441-7180 to preregister for this free workshop. It will put a smile on your face! (TK)


Chess Club

The 4-H Chess Club will meet Monday, March 26, 7 p.m. Any youth interested in joining the club are invited to attend. The club will meet the 2nd and 4th Monday of each month. For more information, contact Lorene at 441-7180.



4-H Sewing Club

A 4-H sewing club is organizing for youth who are enrolled or would like to be enrolled in the beginning sewing project, "Sewing for Fun." For more information, please contact Jody Hefley at 423-8075. (TK)



Does your 4-H club want \$1000?

If so, apply for a grant sponsored by the Nebraska Investment Finance Authority (NIFA). These dollars can be utilized for educational experiences (programs, service projects, trips, etc.) that will encourage youth to consider agricultural careers. There are more careers than farming in agriculture. Why not explore careers in food science, chemistry, economics, animal science, biology, law, or sociology? To obtain a grant application, please contact Deanna at 441-7180. Applications are due March 23.

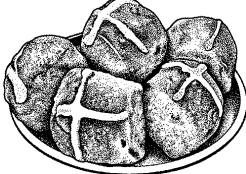
4-H Camp Counselors Needed

If you are 14 years of age or older and enjoy working with youth and sharing your skills, this is a great opportunity for you. Camps are held at the Eastern Nebraska 4-H Center during June and July. Camp counselor applications are available at the extension office and due by March 29. A training will be held at the 4-H Center for all selected counselors. (LB)

Bake & Take Days

Bake & Take Days, sponsored by the Nebraska Wheat Board, are scheduled for Friday and Saturday, March 23-24. Bake & Take Days are a time to bake an item and take it to someone to let them know you're thinking about them. This "someone" could be a friend, neighbor, elderly person, or shut-in who is frequently alone. If you want to deliver baked goods to a nursing home resident, be sure to check for dietary restrictions.

Stickers and pamphlets are available at the extension office. This is a great community service activity for 4-H or FCE clubs or families. (LB)



Come To The Record Book Workshop

Saturday, April 28, 9:30 a.m.

Do 4-H record books confuse you? Would you like to learn some record book "how-to's"? Did you know you can complete your record books on the computer? Attend this workshop and discover answers to your record book questions, tips to make your record books shine, and how to successfully complete them. (TK/DK)

