

The NEBLINE

Nebraska Cooperative Extension
Newsletter
Lancaster County

THE NEBLINE is published monthly by the University of Nebraska Cooperative Extension in Lancaster County, 444 Cherrycreek Rd., Suite A, Lincoln, Nebraska, 68528-1507. Contact the extension office, (402) 441-7180 or lancaster.unl.edu for more information.



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NOTICE: All programs and events listed in this newsletter will be held at the Lancaster Extension Education Center unless noted otherwise. Use of commercial and trade names does not imply approval or constitute endorsement by the University of Nebraska Cooperative Extension in Lancaster County.

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Return to:
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Extension Calendar

All programs and events will be held at the Lancaster Extension Education Center unless otherwise noted.

- April 21**
Kiwanis Karnival-Grandstand Building, State Fair Park 7 p.m.
- April 22-28**
National Volunteer Week
- April 28**
4-H Llama Club Meeting-State Fair Park 11 a.m.
- April 28**
4-H Record Workshop 9:30-11 a.m.
- April 29**
4-H Music Contest-Dawes School 2 p.m.
- May 1**
4-H Council 7 p.m.
- May 11**
Extension Board Meeting 8 a.m.
- May 12**
Performance Lamb Tagging-Lancaster Event Center 9-11:30 a.m.
- May 15**
Pork Quality Assurance Training 7 p.m.

DISEASES

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recently dead and in reasonably good condition. The West Nile virus cannot spread directly from birds to people. However, dead birds should not be handled with bare hands. Use gloves to place the dead bird in a double plastic bag.

Will the state be ready for all the testing and monitoring if the West Nile encephalitis gets to Nebraska? The CDC has granted \$90,000 to the Nebraska Department of Health and Human Services to develop

the laboratory testing procedures that will be needed.

Diseases that have a wildlife connection are not new, but increased human activities where wildlife are abundant have increased the risk of contracting Lyme disease and HPS. As people increasingly spend time outdoors, exposure to these diseases will continue.

On the other hand, West Nile encephalitis is a new disease to North America being introduced into the United

States via infected wildlife or mosquitoes from Africa, Eastern Europe, or West Asia. This may be an unfortunate consequence from increased international activities and trade. These diseases and recent livestock diseases in the news (foot and mouth disease and mad cow disease) remind us how small the world really is.

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FAMILIES

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have the same amounts of vitamins and are as nutritious as fresh. It was thought these were inferior. Many clients were defrosting their frozen vegetables first and not happy with the taste. CSS clients expressed an interest in the difference in milk in the U. S. They were used to buying raw whole milk and boiling it. They were also interested in knowing that all the milk had the same amount of calcium; it only differed in the amount of fat.

Mardel Meinke, extension assistant, provides major leadership for non-English speaking NEP education. In

Lancaster County, 86 Hispanic, and 50 Asian families were enrolled in NEP, this past year. In addition this past year, 156 Catholic Social Service refugee families were provided food safety information as a part of basic education during the first two weeks they arrived in America.

NEP continues to be a valuable link for non-English speaking families throughout Nebraska to provide safe, nutritious economical family meals. Statewide the Nutrition Education Program taught 1105 Hispanic families, this past year. Nebraska NEP has

provided local programs a variety of culturally appropriate resources including curriculum, videos, newsletters, and visuals for Spanish speaking families. The format includes both the English and Spanish version which works well for families who are learning English. In addition to Hispanic families, 96 Asian families were enrolled in Nebraska NEP, this past year.

Working with the non-English speaking families has been a rewarding and learning experience. We have all learned from each other. (MB)



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