

The NEBLINE

Nebraska Cooperative Extension
Newsletter
Lancaster County

THE NEBLINE is published monthly by the University of Nebraska Cooperative Extension in Lancaster County, 444 Cherrycreek Rd., Suite A, Lincoln, Nebraska, 68528-1507. Contact the extension office, (402) 441-7180 for more information.



Gary C. Bergman, Extension Educator—Unit Leader

NOTICE: All programs and events listed in this newsletter will be held at the Lancaster Extension Education Center unless noted otherwise. Use of commercial and trade names does not imply approval or constitute endorsement by the University of Nebraska Cooperative Extension in Lancaster County.

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Extension Calendar

All programs and events will be held at the Lancaster Extension Education Center unless otherwise noted.

- September 14**
4-H Cat Club Meeting
- September 18**
Fair's Over- Now What? 4-H Leader Training 9:30 a.m. or 7 p.m.
- September 19-20**
Ak-Sar-Ben 4-H Horse Show Omaha
- September 20-25**
Ak-Sar-Ben Livestock Exposition Omaha
- September 21**
Lancaster County Fair Board Meeting 6:30 p.m.
4-H Rabbit VIPS Committee 7 p.m.
- September 30**
Character Counts Training for Child Care Providers 9:00 a.m.-11:30 p.m.
- October 1-7**
National 4-H Week
- October 8**
4-H Ambassador Meeting 2 p.m.
4-H Teen Council Meeting 3-5 p.m.
- October 10**
4-H CWF Tour-State Capitol 5-6 p.m.
- October 11**
4-H Horse VIPS Committee 7 p.m.
- October 12**
4-H Rabbit VIPS Committee Meeting 7 p.m.
4-H Cat Club Meeting 7 p.m.
- October 13**
Extension Board Meeting 8 a.m.

GRAIN BINS

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consider treating the cleaned bin with protective insecticides at least two weeks before adding any grain. Apply the spray to the point of runoff to as many interior surfaces as possible, especially joints, seams, cracks, ledges, and corners. Also spray outside the bin at the foundation and near doors, vents, ducts, and fans.

Malathion, methoxychlor, Tempo, Reldan (stored sorghum only), or diatomaceous earth can

be used for treating bin surfaces. Methoxychlor and Tempo should not be applied directly to the grain. As with all pesticides, read and follow product label instructions for handling, dilution, mixing, and application directions. NOTE: Do not spray bins where soybeans will be stored. Stored soybeans rarely experience insect problems and few insecticides are labeled for use on soybeans.

Stored grain represents a

major investment. Precautions taken before grain is put into the bin can pay dividends later by helping to assure that quality is maintained. (TD)

Source: David P. Shelton, Extension Agricultural Engineer; David D. Jones, Associate Professor, Biological Systems Engineering; Keith J. Jarvi, Extension Assistant, Integrated Pest Management



TEENS

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or surfing the Internet. Without parents around to monitor what they are doing and how much time they spend with these hobbies, teens may form an unhealthy dependency to this kind of entertainment. Excessive television watching can lead to obesity due to inactivity. Excessive video game playing can lead to violent behaviors (if the games are violent), and surfing the Internet can be dangerous if teens are clicking onto sites their parents would not approve of (such as pornography).

If both parents have work

commitments, arrangements should be made to keep youth busy after school. Parents should sit down together and decide what actions should be taken to ensure their teens are supervised after school. Some suggestions include:

- Ask for flex-time at work. Try to arrange a schedule so one parent can be home after school and monitor what they are doing
- Have your teens choose between working part-time after school or volunteering.
- Encourage your teen to get involved with after-school sports

or extra-curricular activities. The busier the teen, the less time they will have for trouble.

- Work on forming after school study halls for teens at area churches or family resource centers.
- Never let your teen stay home alone after school.
- Always remember your behaviors and priorities are examples to your teens, so don't engage in behaviors you wouldn't want your children to. (SS)



CHORES

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time i.e., "to-do" lists.

Step 6: Set a deadline for the work to be done.

Step 7: Decide on the rewards for a job well done and the consequences of not completing tasks.

Discuss problems before they occur and let everyone know what to expect. Agree in advance about consequences and consistently apply them.

Step 8: Be a good role model.

Step 9: Make sure everyone has time for fun and enjoyment.

With a little luck and the cooperation of all family members, you too can reap the rewards of shared chores and a neat and tidy home. (LJ)