



HORSE BITS

Roping clinic

Monte Stauffer, Douglas/Sarpy county extension educator, will present a roping clinic May 13 from 1:30-4:30 p.m. This clinic will be provided to introduce roping to youth with little or no experience in roping events. Topics covered include types of ropes, flags and gates, the difference between header and healer roping and judge's scoring in competition.

Youth will be given an opportunity to "dummy" rope either from a standing position or from a stationary horse. They will be shown proper techniques for tying knots, proper positioning of the horse and of the person riding the horse.

(Location has not yet been determined. Look for more information in next month's NEBLINE.)

4-H project leader training

There will be a 4-H Horse Project Leader Training at the Lancaster Extension Education Center Wednesday, March 29, 6:30-9:30 p.m. Kathy Anderson, UNL horse specialist, will cover the topics of basic horse health care and of current horse nutrition. The information presented is required to pass 4-H horsemanship levels and would be of value to leaders and youth alike.

This is a free clinic. To register, call our office at 441-7180.

Pre-District clinic

Mark your calendars: June 10 has been set as the date for the Lancaster County pre-district horse clinic which will be at the East Arena, State Fair Park. (EK)

4-H & Youth



All you can eat Spaghetti - \$4.49

The Lancaster County 4-H CWF group has partnered up with Fazolli's to offer an all you can eat special for \$4.49 per person. This special includes all you can eat spaghetti, fettuccini and bread sticks.



This event will take place at the Fazolli's restaurant, 4603 Vine Street, March 7, 5-8 p.m.

For every person that orders the all you can eat special, Fazolli's will donate \$1.00 to the CWF trip fund. (DK)

2000 photo themes

The new state and county photography themes have been announced. Unit II only: Beautiful Nebraska (as relates to our Nebraska State Song) and Unit III only: Nebraskans at Work. Keep these in mind as you begin taking photographs for your 2000 photography exhibits. (TK)



4-H Clubs in action...

The Sunshine Clover Kitties 4-H Club members decided to celebrate Thanksgiving in a loving and caring way. We decided to prepare a traditional Thanksgiving meal for a family in need.

Hannah Spencer and her mom contacted the Catholic Social Service Department for suggestions. They gave them the name of a family who were from another country and recently moved to Lincoln.

The family had a strict diet to follow because of their beliefs, so we had to adjust their menu. Instead of turkey, we prepared chickens according to their beliefs and cooking ways. We also made a potato casserole, vegetables, rolls and pies. Everyone shared in preparing menu items.

Noelle and Hanna Pinneo, Terra Thomson and their mothers delivered the feast on Thanksgiving day. This was a true feast of thanks.

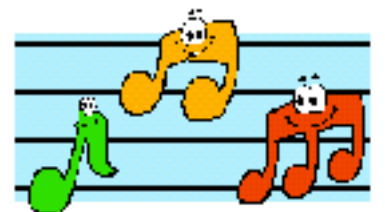
Submitted by the Sunshine Clover Kitties 4-H Club



Hannah Spencer, age 8

Music contest

Join the fun and enter the 4-H Music Contest! Your club can sing and/or dance at this exciting 4-H event. The 2000 Music Contest will be held Sunday, April 30, 2 p.m. at Dawes Middle School Auditorium.



Stop by the office or call Tracy for a registration form and for more information. Rules can also be found in last year's fair book. All registration forms are due to the office by Friday, April 21. (TK)

Character Counts! Corner Caring & Kindness

Thoughts of love and caring surface frequently during the "love" month of February and helping children learn kindness and caring is an essential task of parenting. Children who have strong friendships with other children care about how they feel. They stick up for them when others tease them, and they try to make them feel better when they are hurt or sad.

Caring is an important social skill that will help children in all types of relationships. Even at a very early age, children can tell when others are in distress, but they still must learn how to help them. The most common kinds of help are those that take place every day. Children can learn to give praise when others do well and thank them when they help.

We teach children about caring and helping others by treating them with love and kindness. When their cares and hurts are treated with caring, they experience the good feelings that come from being helped.

From this they understand for themselves the value of helping. They know that when they show kindness, they are making others feel good.

