



## 4-H & Youth

# 4-H Bulletin Board

- Stop by and pick up your ExpoVision registration packet! (TK)
- 4-H Camp brochures are available at the extension office. (TK)
- There will be no May Teen Council or Ambassador meeting. (TK)
- Lancaster County Fair, August 2-6.

## 4-H Leader Training

Want to learn new and innovative ideas for your 4-H club? Plan to attend the 4-H leader training Tuesday, April 25, 9:30 a.m. or 7 p.m. Along with sharing of ideas and organizational tips, 4-H leaders who recently attended the State Volunteer Forum will again share more information, tips and ideas they learned at the forum. Topics include quilting in the 4-H program, garden stepping stones, heritage projects, jazz up your 4-H meetings and many others. Bring your 4-H parents! (TK)

## 2000 4-H Music Contest

Sunday, April 30, 2 p.m.  
Dawes Middle School  
5130 Colfax Avenue

Everyone is welcome to attend!  
Join the fun and watch talented 4-H members. (TK)

## Pork Quality Assurance Certification Training Date

A PQA workshop will be held Tuesday, May 23, 7 p.m. Certification is good for two years. If you attended a workshop last year, you need not attend. If you have any questions or can't attend, please call Deanna at 441-7180. (DK)

## Helping 4-H

By Valerie Lemke, 4-H Council Member

Selling houses to help out 4-H! Sounds a little strange, huh? Well not to Mitch Sump. Mitch Sump is a realtor for Home Real Estate and for every house he sells or helps a family purchase, to people who mention his new 4-H fundraiser program, 25% of his commission will be donated to the Lancaster County 4-H Council for 4-H programming.

Mitch grew up in Clarinda, Iowa where his parents were farmers. As a boy, Mitch was very active in both Boy Scouts and 4-H. He later came to UNL, receiving a bachelor's degree in Agriculture/Natural Resources in 1991. After college he worked as the Cornhusker Council Boy Scouts Fund-raiser, a youth program in Northern Lancaster and Cass counties. He has been working with Home Real Estate for three one-half years.

His wife, Kathy, was a very active 4-H'er in Randolph, Nebraska and about a year ago, Mitch and Kathy learned of a

similar idea from a realtor in California. That realtor would donate part of his commission to the food banks and other local organizations. The idea sparked both Mitch and Kathy, so they began thinking of youth programs. They wanted programs that they were a part of and would like their future children to be part of ... 4-H topped their charts.

According to Mitch, "There are so many youth organizations out there. 4-H definitely focuses on more than just the winning aspect, but on the learning aspect as well. It is a long term program with set goals established, and Kathy and I strongly believe in it!"

So the next time you're looking for a house, or a friend who is selling one, remember Mitch Sump and his 4-H fundraising program. This very relaxed, laid back man states, "It's a great way to receive help with your housing plans and support our local 4-H youth program!"

## 4-H Clover College

Here's a great opportunity for 4-H'ers to learn about a variety of topics by participating in these "hands-on" workshops.

To register, complete the registration form (one person per form) listing the classes you wish to enroll in and return with the full fee. Registrations must be received by June 9. They will be handled on a "first come" basis and will only be accepted upon receipt of fees. Telephone registration will not be accepted. To register mail your registration form and check or money order (made payable to Lancaster County Extension) to: Lancaster County Cooperative Extension, 444 Cherrycreek Road, Lincoln, NE 68528-1507.

Early registration is recommended. If you have questions, need additional forms or need to know if space is available, contact Tracy at 441-7180.

ALL FEES ARE NON-REFUNDABLE unless a class is filled to capacity or canceled.

Youth attending workshops that overlap the lunch period may bring a sack lunch. No other food will be available unless otherwise stated in the workshop description. (TK)

### Four-day workshops

All four-day workshops will be held Tuesday, June 13 - Friday, June 16.

**1. Rockets... Countdown to Family Fun**  
How to's on rocket building. Participants are required to purchase their own rockets. The first day will concentrate on the different kinds of rockets, how to's of buying the right rocket and rockets that can be made.  
TIME: 8-10 a.m.  
FEE: None  
CLASS SIZE: 10 maximum  
AGES: 8 to 12  
INSTRUCTOR: Ron Suing, 4-H volunteer

**2. Shooting Sports**  
Upon completion of program, youth will be qualified to shoot in the Lancaster County Fair BB/Air rifle competition. Fee includes supplies, refreshments and insurance. Parents are encouraged to attend. Adults and youth need shooting glasses (child's prescription eyeglasses acceptable). Guns are provided, do not bring your own.  
TIME: 8 a.m.-12:15 p.m.  
FEE: \$15.00  
CLASS SIZE: 10  
AGES: 8 and up  
INSTRUCTOR: Gene Veburg, 4-H volunteer

**3. Clover Kids 4-day Day Camp**  
Clover Kids will participate in several hands-on activities while learning about animals, food fun, science, the outdoors, and more. Refreshments provided.  
TIME: 8 a.m.-12:15 p.m.  
FEE: \$10.00  
CLASS SIZE: 15 maximum  
AGES: 5-8

**4. Outdoors, Small Animals, and More**  
Make a bird seed feeder, learn about habitats for household pets, and acquire tips for small animal care.  
TIME: 12:45-2:45 p.m.  
FEE: \$4.00  
CLASS SIZE: 10 maximum  
AGES: 8 and up  
INSTRUCTOR: Shirley Condon, 4-H volunteer

**5. Nursery Rhyme Wall Hanging**  
Four of your favorite nursery rhymes will be set amongst five traditional pieced quilt blocks. Participants need to bring the following: (fabric needs to be 100% cotton, prewashed, and ironed) 3/4 yd fine quality bleached or unbleached muslin, 6 pieces of 1/4 yd

cuts of small print (1930 reproduction fabric- if using scraps, must be minimum of 5" squares), 1/4 yd print fabric for binding. Also needed: size 01 black pigma micron pen, straight pins, fabric scissors, seam ripper, cream thread, sewing machine.  
TIME: 12:45-2:45 p.m. (Class may last longer)  
FEE: \$7.50  
CLASS SIZE: 6  
AGES: 8 and up. MUST have completed Clothing Level 1 project book.  
INSTRUCTOR: Kim Bock, 4-H volunteer

**6. Babysitting Clinic**  
Learn the basic skills needed to be a responsible, safe babysitter. Focus is on handling major and minor emergencies, learning safety procedures, making creative snacks and babysitting toys.  
TIME: 3-5 p.m.  
FEE: \$5.00  
CLASS SIZE: 20 maximum  
AGES: 11 and up  
INSTRUCTOR: Lorene Bartos, Extension Educator

**One-day workshops**  
These workshops will be held for two hours each, one day only. Check for day and time.

**7. Cooking Class**  
Ever wonder how the bakery makes their cakes and cookies look so inviting? Attend this workshop and you, too, can learn the techniques to decorate like a professional.  
DATE: Tuesday, June 13  
TIME: 10:15 a.m.-12:15 p.m.  
FEE: \$5.00  
CLASS SIZE: 15 maximum  
AGES: 8 and up  
INSTRUCTOR: Lorene Bartos, Extension Educator

**8. Money, Money, Money**  
Learn the basics of banking and how to spend and save wisely.  
DATE: Wednesday, June 14  
TIME: 10:15 a.m.-12:15 p.m.  
FEE: None  
CLASS SIZE: 15 maximum  
AGES: 8 and up  
INSTRUCTOR: First Federal Lincoln Bank, Clock Tower Branch

**9. Pick It-Smush It-Eat It.**  
Did you know nearly all agricultural products must be processed in some way before we can use them? During this workshop we will process wheat

into bread and cream into butter. We will also taste many agricultural products in their raw forms and in different stages of processing. Come hungry!  
DATE: Thursday, June 15  
TIME: 10:15 a.m.-12:15 p.m.  
FEE: \$2.00  
CLASS SIZE: 20 maximum  
AGES: 8 and up  
INSTRUCTOR: Deanna Karmazin, Extension Assistant

**10. Pet Pics**  
Start snappin' 'cuz we're gonna be scrappin'!! Tell a story or just share your favorite pet photos. Choose either a poster, picture board, scrapbook or create your own display. Habitats, pet care, facts and fun are just a few ideas for this pet project. (Participants will receive a materials sheet from the instructor before class.)  
DATE: Friday, June 16  
TIME: 10:15 a.m.-12:15 p.m.  
FEE: \$5.00  
CLASS SIZE: 8 maximum  
AGES: 8 and up  
INSTRUCTOR: Sheri Ramirez, volunteer

**11. Style Revue**  
Learn how to model your clothing items. Perfect your modeling technique and learn new styling procedures.  
DATE: Tuesday, June 13  
TIME: 12:45-2:45 p.m.  
FEE: No cost  
CLASS SIZE: No limit  
AGES: 8 and up

**12. Getting Set for the Table Setting Contest**  
Have a great time learning everything you need to know to participate in the table setting contest. Come away with a planned table for the fair.  
DATE: Wednesday, June 14  
TIME: 12:45-2:45 p.m.  
FEE: \$5.00  
CLASS SIZE: 15 maximum  
AGES: 8 and up

**13. Fun in the Kitchen**  
It's easier than it looks to shape bread, rolls, and pretzels. Learn techniques through this hands-on workshop.  
DATE: Thursday, June 15  
TIME: 12:45-2:45 p.m.  
FEE: \$5.00  
CLASS SIZE: 15 maximum  
AGES: 8 and up  
INSTRUCTOR: Lorene Bartos, Extension Educator

### 2000 Clover College Registration Form (one person per form)

ALL FEES MUST BE PAID IN FULL UPON REGISTRATION

Name: \_\_\_\_\_ Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_  
Parent Name(s) \_\_\_\_\_  
Mailing Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Daytime Phone Number \_\_\_\_\_ Home Phone Number \_\_\_\_\_  
Special Needs \_\_\_\_\_

I WANT TO ENROLL IN THE FOLLOWING SUMMER PROGRAMS:

NUMBER	TITLE	FEE
# _____	_____	\$ _____
# _____	_____	\$ _____
# _____	_____	\$ _____
# _____	_____	\$ _____
# _____	_____	\$ _____
# _____	_____	\$ _____

TOTAL AMOUNT PAID \$ \_\_\_\_\_

1. Checks/money orders should be made payable to Lancaster County Extension
2. Bring this form and registration fees, or mail this along with check or money order, to Lancaster County Extension located at 444 Cherrycreek Road, Lincoln, NE 68528-1507.
3. Registrations must be received by June 9, 2000.