



Reduce

Each year Lincoln and Lancaster County residents dispose of 285,000 tons of waste. This represents an average of 787 tons of waste per day that is buried in the sanitary landfill. An average of 6.5 pounds per person per day is generated by people in Lancaster County.

Reducing the amount of waste disposed of can save landfill space and save you money.

One-third of the trash from households is product packaging. Product packaging has its purpose, such as making products safer and supplying information. However, many items are simply over-packaged. Decisions you make while shopping can save you money and reduce the amount of trash that goes into the landfill.

When making purchases, a savvy consumer considers cost, quality and convenience of the product. But, did you know that more than \$1.00 of every \$10.00 spent on food goes toward packaging?

By considering the amount of waste produced by product packaging, the consumer can save money. By adding the following suggestions to your shopping routine, you can be a more efficient consumer.

- ✓ **Buy large or economy-sized items.** Large-quality items usually have less packaging per unit, lowering your costs.
- ✓ **Avoid over-packaged products.** Reject excessively packaged products.
- ✓ **Buy recyclable products.** Buy products that are made from post consumer waste. These products may not be marked but are made of mostly recycled material: steel, food cans, cars, appliances, furniture, nails, aluminum, glass bottles and jars, molded pulp containers—including brown and gray egg cartons and flour boxes. When buying plastic, attempt to limit to #1 and #2, as much as possible, these types can be recycled in Lincoln and Lancaster County while the higher numbered plastics can not.
- ✓ **Buy reusable products.** Refillable water containers and shopping bags are two examples of reusable products.
- ✓ **Know when not to buy.** Rent products you only need temporarily. Sometimes a borrowed or used item is available and would better fit your needs rather than buying a new product.

✓ **Express your opinion.**

Contact manufacturers about packaging. If you believe that packaging is too much, write the manufacturer. Go a step further and compliment manufacturers who use minimum amount of packaging needed. Also ask store and work managers to stock products you prefer.



Some helpful home and office tips to help you reduce waste. Share these with neighbors and friends:

- ✓ Reuse old clothing for rags.
- ✓ Minimize the use of disposable items, such as: eating utensils, pens, lighters, cameras, razors and paper towels.
- ✓ Donate clothes, furniture and appliances to thrift stores.
- ✓ Use shaving soap instead of aerosol can.
- ✓ Use cloth napkins and hand towels.
- ✓ Reuse empty plastic containers for travel items, nails, bolts, etc.
- ✓ Compost and mulch grass clippings and leaves.
- ✓ Use a mug instead of styrofoam/paper cups. Ask your office or church to do the same.
- ✓ Request that your name be removed from mailing lists by writing:
Mail Preference Service
Direct Marketing Associates
PO Box 3861
New York, NY 10163-3861
- ✓ Reuse old file folders and use two-sided copies.
- ✓ Pass along used magazines to a friend, school, nursing home, etc. Consider sharing a subscription with someone.

What can be reduced?



Reuse

An important aspect in waste reduction is the reuse of material. When shopping, it is economically and environmentally correct to consider the reuse value of the items you purchase. Refillable items are always a good choice. If you are seeking to reuse food containers such as honey, molasses, olive oil, herbs, vitamin extracts, lotions, etc., go to:

Open Harvest Natural Foods Grocery
1618 South Street
475-9069

Thrift Shop

GARAGE Sale!

Reuse of household items

Garage sales are a great economical way to get rid of and obtain good useable items that would otherwise be put in the trash. Items such as clothing, shoes, appliances, furniture, books, dishes, etc. can easily be collected and donated to a variety of thrift stores or to the Lincoln City Mission, a few will even pick up the donation at your residence. Call for more information.

Amvets Pick Up Service

476-8387
1745 "O" Street
Monday-Friday 9 a.m.-6:30 p.m.
Saturday 9 a.m.-5:30 p.m.
*Will not pick up couches or king size beds

The Salvation Army Truck Pick Up Service

474-4747
737 "P" Street
Monday-Saturday 8 a.m.-8 p.m.
(Check listings for other locations)

Family Thrift Center

476-2857
1745 "O" Street
Monday-Friday 9 a.m.-6:30 p.m.,
Saturday 9 a.m.-5:30 p.m.

Junior League Thrift Shop

421-6099
5631 South 56th St., Suite 2
Monday, Wednesday, Friday 10:00 a.m.-6:00 p.m.
Tuesday, Thursday 10:00 a.m.-8:00 p.m.
Saturday 10:00 a.m.-5:00 p.m.
*Only accept clothing donations

Mission Distribution Center

475-6888
1822 "N" Street
Monday-Saturday 8:30 a.m.-4:30 p.m.

Disabled American Veterans

325-8778
3830 North 27 Street
Monday-Saturday 9 a.m.-7 p.m.
(Check listings for other locations)

Goodwill Industries

438-2022
2100 Judson
Monday-Friday 8 a.m.-4:30 p.m.
(Check listings for other locations)

Mission Thrift Mart

434-5390
1825 "O" Street
Monday-Saturday, 9 a.m.-4 p.m.

