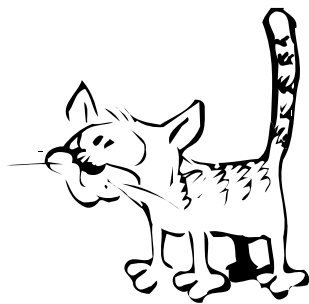


Pets, People and Professions Camp

June 16-18, 1996 are the dates of the first Pets, People and Professions Camp at the University of Nebraska-Lincoln East Campus. The camp is designed for youth ages 13-18 who don't have to be 4-H members to attend. Cost for the three-day camp is \$40 which

includes food, lodging and a t-shirt. The camp is sponsored by a grant from the Nebraska Commission on National and Community Service. June 3 is the registration deadline. If you have questions or need a registration form, contact LaDeane. (LJ)



Will you be going to D.C. in 1999?

If the answer is YES to this question, then call Ann Marie to sign up now! The triennial Lancaster County 4-H Citizenship Washington Focus (CWF) trip will be taken in 1999. Youth ages 14 and older (at the time of the trip) are welcome to attend.

The purpose of CWF is to take youth to our nation's capital, provide them with hands-on opportunities to learn about government and good citizenship. Twenty-three youth from Lancaster County will be going this June on a 12-day trip. The places they will encounter

are Chicago, Detroit, Niagara Falls, New York City, Philadelphia, Gettysburg and Washington, D.C. All of the most wonderful sights and attractions will be taken in by the group. It makes you want to go too...doesn't it?

Then call and sign up to begin fundraising with the 1999 group. Fundraisers are done throughout the three-year period to help defray out-of-pocket costs. Fundraisers, which are done each year, are the first cleaning of the food booths before the county fair and

cleaning the booths each night of the county fair. Plus, sponsoring the food booth for the open class horse show before the county fair.

These opportunities not only help you raise money to take the CWF trip, but they also build friendships with other youth going on the trip. Many of the youth going in June have raised a great percentage of their funds through these fundraisers. Why don't you make it a point to visit with your parent/child and take advantage of the CWF experience? (AMM)

North Central Regional 4-H Forum

Bridging Our Heritage to Our Horizons: 4-H in the Next Millennium is the theme of the 1996 North Central Regional Forum to be held in Columbus, Ohio, September 26-29, 1996. This is a great opportunity to interact with over 700 other volunteers from throughout the North Central Region. Seminars, tours and speakers provide opportunities for new ideas, networking and training.

Scholarships from the 4-H Council for registration fees are available for a limited number of 4-H leaders. Applications are available from the Extension office and must be submitted to

4-H Council 30 days prior to the event. The Regional Volunteer Forum registration fee is \$190 if returned with the registration form to the Nebraska State 4-H Office by July 1, 1996. Fees cover program costs and meals. The Nebraska delegation will be staying at the forum site in the Hyatt Regency, Columbus, Ohio. The hotel rates are \$96 single; \$106 double; \$116 triple and \$126 quad, plus 15.75% tax. Travel help will be available on a per delegate basis to reduce travel costs.

HOW TO REGISTER:

Pick up a registration form from the Extension office.

Complete the registration and return it to the Nebraska State 4-H Office by July 1, 1996.

Make the check for registration payable to the State 4-H Fund—North Central Regional 4-H Forum.

Indicate on a note how many roommates you want and include with the registration.

Do not send the registration directly to Ohio. Please realize the July 1, 1996 deadline is for the Nebraska delegation to make plans.

Registration materials are available from the county Extension office. Please contact LaDeane if you have questions. (LJ)

Share some quiet time with your kid

Arlene Hanna
Extension Assistant

Quiet time is a necessity, especially in a society where our time is structured from morning until night. All people need time alone to rest, think, plan, discover and dream; children are no exception. These days, children with time alone usually spend it in front of the television, their minds filled with someone else's thoughts. As parents and educators, we need to make sure that we leave enough time free for our children to reflect about the

world around them. Here are some ideas to consider.

Occasionally, take a rest period outdoors. Allow children to take a mat or blanket and find a space for themselves. Tell them that this is a time for thinking and exploring with their eyes, and later they can share their experiences with you or their friends.

For children who need a focal point, try lying in a fragrant and soft patch of clover. Ask them to quietly search for four-leaf clovers.

Another exciting focal point is an anthill. Children are

fascinated by the flurry of ants traveling to and from the mound.

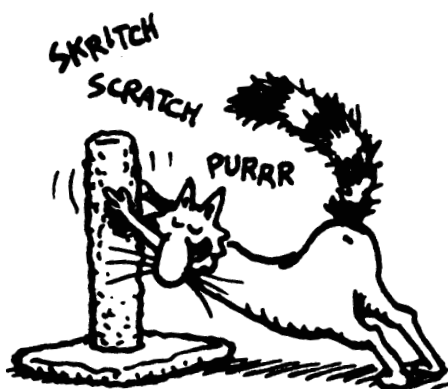
Read the story *Quiet* by Peter Parnall. Allow your children to find a special spot in a natural setting and actually become a part of it! Have them lie down and cover their bodies with leaves, fallen twigs, or pine needles, leaving only their faces visible. Take a moment to identify the smells around them.

Set aside an indoor location that belongs to your child and encourages quiet reflection. It might be the corner of an attic, a screened-off area, even a walk-in closet decorated by your child.

Participation in State Fair Cat Show

A 4-H member must be 12 years but not past 19 years of age by January 1 of the current year to participate in the Nebraska State Fair Cat Show.

Information in 1996 Lancaster County Fair Book (page 7) is incorrect.



4-H & Youth



BULLETIN BOARD

Remember to attend the table setting workshop at Designs for Dining, UNL East Campus Union, Tuesday, June 4, 6:00-8:00 p.m. There is a cost of \$5 for adults and \$2.50 for 4-H members to help support this event. Come see creative and fabulous table settings by Lincoln's best! (AMM)

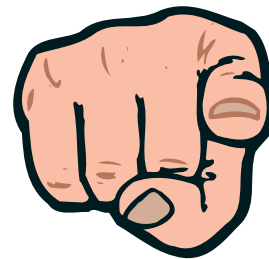
Teen Council is Sunday, June 9, 3:00-5:00 p.m. We will be planning the Ice Cream Social. See you there! (AMM)

Ambassador meeting is Thursday, June 27, 7:00 p.m. The VIP Luncheon will be planned and other fun too! (AMM)

Fair books came out before May 1. Please make sure you have yours and that you refer to it for any questions about the county fair. (AMM)

See the ad for Practice Lifetime Skills Judging and Practice Demonstration! (AMM)

We need YOU...



at the 1996 Lancaster County Fair!

Volunteer helpers (ages 12 and over) are needed to:

- help in information booth
 - assist judges by writing comments
 - putting up project displays
 - check in exhibits on entry day
 - make the fair the best it can be!!
- Call the Extension office to sign up at 441-7180.

Thanks in advance for all your help!

Fair Book corrections!

The fair books are out, and there are a few mistakes. The following are the changes we wish to correct at this time.

Bucket Calves:

Calves must be born between January 1 and June 1 to qualify for bucket calf competition.

Herdsmanship:

Horses end 9:00 a.m., Friday, August 2. All other animals will end 4:00 p.m. Sunday, August 4.

Please note these changes and watch the July NEBLINE for any further corrections. (LB)

Host families needed for summer LABO exchange

This summer, several Nebraska families will have the opportunity to host 38 Japanese youth from July 22 to August 20, 1996. The program is open to families with children close to the Japanese delegates ages, 12 to 17. Families without children in this age range will be considered as hosts for the adult chaperons.



For more information, call Doug Swanson at the State 4-H Office,