

PLACE
POSTAGE
HERE

Lancaster County Extension
Attn: Lorene Bartos
444 Cherrycreek Road, Suite A
Lincoln, NE 68528



2009

DISASTER
PREPAREDNESS
CHALLENGE

September 6- September 26, 2009

Offered by Lincoln Community Organizations
Active in Disaster (LCOAD) and sponsored by:



What is National Preparedness Month?

National Preparedness Month (NPM) is sponsored by the U.S. Department of Homeland Security's (DHS) *Ready* Campaign. NPM is held each September and is designed to encourage Americans to take simple steps to prepare for emergencies in their homes, businesses and communities.

September 2009 is the sixth annual NPM, and will focus on the following topic areas:

- Get an Emergency Supply Kit
- Make a Family Emergency Plan
- Be Informed
- Get Involved

For additional information on this National Campaign please contact the Campaign's Web site at www.ready.gov or call 1-800-BE-READY.

Disaster Supply Kits:

Every family will have different needs for a disaster supply kits so it is important that each family assess their personal needs.

Basic kits include:

- Water/food/can opener
- Radio/flashlight/batteries
- First aid kit/medicines
- Personal hygiene/waste disposal supplies
- Whistle/reflective item
- Wrench or pliers to turn off utilities

Pet Kit:

- Food/water
- Medicines/Medical Records
- Collar/Leash/ID tags/carrier
- Waste disposal supplies
- Picture with pet/toys/comfort item

Basic Car Kit:

- Traction items/tow cable
- Fluorescent flag/reflective item/flare
- Scraper/shovel/gloves
- Space blanket/first aid kit/snacks/water
- Flashlight/radio/batteries

For additional items to consider please visit www.nema.ne.gov and click on the "Are you ready" button.





Eligibility Information:

1. You must live, work or attend school in southeast Nebraska to participate and be eligible for prizes.
2. Individuals, families, classrooms, or workgroups are eligible to participate.
3. Only one scorecard per **individual, family, classroom, or workgroup.**

Prizes will include:



- Weather Radio with batteries
- Carbon Monoxide Detector with batteries
- Smoke Detector with batteries
- Drop Ladder (for fire escape from 2nd floor)
- Assembled Disaster Preparedness Kit
- First Aid Kits
- Fire Extinguisher
- Car Disaster Preparedness Kit

Prize winners will be notified by mail or phone. Grand prize winners will be announced in October 2009. Individuals need not be present to win.

Please keep this portion of the scorecard for information on prize drawing.

Directions:



1. Give yourself one point for each completed activity.
2. Total your points at the end of each week. (4 point maximum per week).
3. On September 26, 2009 add up the total points for the 3 weeks (12 point maximum).
4. If you have accumulated at least 8 points, return your scorecard to be eligible for the 2009 Disaster Preparedness Challenge drawing.
5. Tear or cut your scorecard on the dotted line. Fold and tape your scorecard, place a stamp on it, and mail. All scorecards must be postmarked or delivered by September 30, 2009 to be eligible for prize drawings. Mail to:

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Tear or cut along this line and mail your scorecard in by September 30, 2009

Scorecard:



Please Print:

Name _____

Signature (Must be 19 years of age) _____

Home Address _____

School/Business Name _____

City _____

State _____

Zip Code _____

Phone Number _____

How did you participate: Individual Family Classroom Workgroup Other: _____

Number in your group: _____

Total Points Scored: _____

Activity (1 point per activity):

	SCORES
Week 1 (September 6– September 12)	
1. Assemble disaster kits by purchasing containers and getting two items from the lists on the front page or update/add to current kits.	
2. Prepare/review tornado watch and warning information card and post in a prominent area.	
3. Develop family plan for fire/tornado/flood or other disaster and identify your out of state contact.	
4. Locate, update, and review important documents and place in a safe location. (birth certificates, social security card, marriage license, passport, etc.)	
Week 2 (September 13– September 19)	
1. Add at least 3 more items to your disaster kits. If yours are complete, help someone start a kit.	
2. Identify what to do in a power outage. LES customers call 475-4211 or visit les.com Norris call 223-4038 or visit norrisppd.com .	
3. Practice your tornado plan and/or fire drill.	
4. Add entertainment items to your kit. (board game, coloring book and crayons, card game, etc.)	
Week 3 (September 20– September 26)	
1. Add at least 3 more items to your disaster kits (if kit is complete, 1 point).	
2. Learn to cook using at least one alternative method. (grill, charcoal, wood fire, camp stove, etc.)	
3. Identify potential hazards around your neighborhood. (industrial, radiological, chemical, etc.)	
4. Complete the disaster preparedness survey online at www.nema.ne.gov (click the "Are you ready" button).	

**These weekly deadlines are just a suggestion. Points can be counted for any of the above activities that are completed between September 6– 26, 2009

are YOU ready?

www.Ready.gov