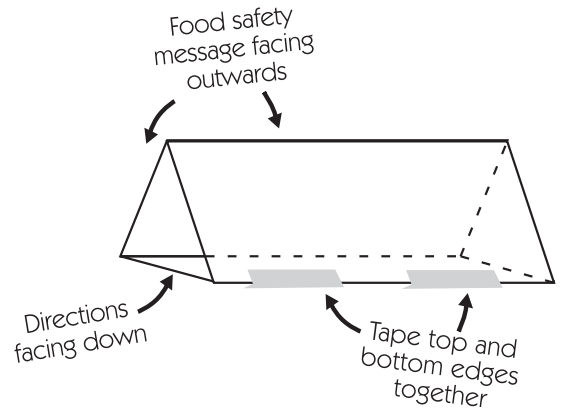


Food Safety  
Table Tent  
#5

Directions

1. Fold along horizontal lines to form a triangle with food safety message facing outward.
2. Tape edge of bottom food safety message to edge of this direction section.
3. Place on table with directions facing down.



University of Nebraska-Lincoln Extension in Lancaster County and Lincoln-Lancaster County Health Department  
**For more food safety information visit <http://lancaster.unl.edu/food>**



- using the bathroom or changing diapers
- sneezing, blowing your nose or coughing
- touching a cut or open sore
- playing outside or with pets
- and BEFORE! handling food or eating

Does washing your hands help keep you healthy?  
 YES! The 10 most common causes of spreading disease are your fingers!  
 Stay healthy — wash your hands as soon as possible AFTER:



# Health Is In Your Hands



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