

Resources for Divorcing Parents

Lincoln, Nebraska



**Compiled by Children of Parents Experiencing Divorce
(COPEd) Coalition of Lancaster County**

<http://lancaster.unl.edu/family/divorce.shtml>

Additional Resources: <http://www.supremecourt.ne.gov/mediation/parenting-act.shtml>

Member Agencies:

Family Service • www.family servicelincn.org • 441-7949

Lutheran Family Services www.lfsneb.org • 435-2910

Psychotherapy Associates • www.psychotherapyassoc.com • 475-5069

Saint Elizabeth Regional Medical Center • www.saintelizabethonline.com • 219-7000

Southeast Community College • www.southeast.edu • 437-2712

Southwood Psychotherapy Center • www.southwoodpsychotherapy.com • 420-2112

The Mediation Center • www.themediationcenter.org • 441-5740

UNL Extension-Lincoln in Lancaster County • <http://lancaster.unl.edu> • 441-7180

Print additional copies at: <http://lancaster.unl.edu/family/ResourceList.pdf>

CHILD CARE INFORMATION / REFERRALS		
Lincoln/Lancaster County Health Department - Child Care Connection	3140 N Street http://www.lincoln.ne.gov/city/health	441-8026

DIVORCE RECOVERY GROUPS – Contact the faith-based group of your choice for additional options.		
Capitol City Christian Church – Divorce Care for Adults and Divorce Care for Children Sessions two to three times a year	7800 Holdrege www.capitolcitychristianchurch.com/	467-4458
Christ's Place Church <i>Fall and Spring Sessions</i>	1111 Old Cheney Road www.cplace.org/groups/	421-1111
First Plymouth Congregational Church Rebuilding After Divorce <i>Fall and Spring Sessions</i>	2000 D Street www.firstplymouth.org/programs/	476-7550
Lincoln Berean Church – Divorce Care for Adults and Divorce Care for Children <i>Meets weekly, Saturdays - 5:30 to 7 p.m.</i>	6400 South 70 Street www.lincolnberean.org/equipping	483-6512
Saint Mark's United Methodist Church <i>6-week sessions, 2-3 times per year</i>	8550 Pioneers Blvd. www.stmarks.org	489-8885

DIVORCE / SEPARATION SUPPORT GROUPS		
Lincoln Fatherhood Coalition <i>Contact person: Dave Humm</i>	3140 N Street http://www.lincoln.ne.gov/city/health	441-8043
Parents Without Partners	Omaha, Nebraska www.parentswithoutpartners.org	(402) 341-5393 (402) 333-0888

EDUCATION ASSISTANCE		
Education Quest Foundation, Inc.	1300 O Street www.educationquest.org	475-5222

EMPLOYMENT ASSISTANCE		
One Stop Employment Solutions	1010 N Street www.lincoln.ne.gov/main/employ.htm	441-7111
Lincoln Action Program	210 O Street www.lincoln-action.org	471-4515

FINANCIAL / BASIC BUDGETING		
Consumer Credit Counseling Service of Nebraska, Inc	1001 South 70 Street, Suite 200 www.cccsn.org	484-7200
Lincoln Action Program	210 O Street www.lincoln-action.org	471-4515
University of Nebraska-Lincoln Extension in Lancaster County	444 Cherrycreek Road http://www.lancaster.unl.edu	441-7180

HOUSING INFORMATION / ASSISTANCE		
Lincoln Housing Authority	5700 R Street, Box 5327 www.l-housing.com	434-5500
Neighbor Works – Lincoln	2121 North 27 Street www.nwlincoln.org	477-7181

LEGAL NEEDS		
Legal Aid of Nebraska - Lincoln	941 O Street #825 www.legalaidofnebraska.com	435-2161 1-877-250-2016
The Mediation Center	610 J Street www.themediationcenter.org	441-5740
Nebraska Ombudsman’s Office	State Capitol, Room 825	471-2035
Nebraska Advocacy Services (Disability)	134 South 13 th , Suite 600 www.nebraskaadvocacyservices.org	474-3183 1-800-422-6691
Nebraska Health and Human Services Child Support Enforcement	1050 N Street www.nebraskachildsupport.com	441-8715 1-877-631-9973
University of Nebraska Civil Clinic	172 Welpton Courtroom Building http://law.unl.edu	472-3271
Nebraska Bar Association	635 South 14 Street www.nebar.com	475-7091

MEDICAL NEEDS (see Blue Pages for extensive listings)		
Center for People in Need - Clinic with a Heart	3901 North 27 th Street, #1 www.clinicwithaheart.org	421-2924
College of Dentistry (accepts Medicaid)	40th & Holdrege Streets www.unmc.edu/dentistry	472-1301
Lincoln/Lancaster County Health Department	3140 N Street www.lincoln.ne.gov/city/health	441-8000

Lincoln Family Medicine Center	4600 Valley Road, Suite 200 www.lmep.com	483-4571
Lincoln Public Schools Health Services	5901 O Street www.lps.org/stuserv/health	436-1657
Nebraska Health and Human Services Lifespan Health Services	301 Centennial Mall South, 3 rd Floor www.hhs.state.ne.us/LifespanHealth/	471-2907
People's Health Center	1021 North 27 Street www.phclincoln.org	476-1455
Nebraska Urban Indian Medical Center	2331 Fairfield Street www.nuihc.com/	434-7177

MENTAL HEALTH /ANGER MANAGEMENT SERVICES (see Blue Pages for extensive listings)		
LifePointe by Bryan LGH Anger Management Classes	7501 South 27 th Street	481-6300
Men's Domestic Violence Group by Bryan LGH West	2300 South 16 th Street www.medcenter.bryanlgh.org/go/medical-services/mental-health	481-5991 Extension 3
Samaritan Counseling	8650 Pioneers Blvd. www.samaritancenter.com	483-5117

MENTAL HEALTH / CRISIS SERVICES (see Blue Pages for extensive listings)		
Cedars Youth Services 24-hour Crisis Line 437-8888	620 North 48 Street, Suite 100 www.cedars-kids.org	434-5437
Child Advocacy Center	www.smvoices.org	476-3200
Friendship Home – Crisis Line 437-9302	www.friendshiphome.org	434-6353
Lincoln Police Department- Emergency	www.lincoln.ne.gov/city/police	911
Voices of Hope (Domestic Violence/ Sexual Assault) --- groups, individual & walk-in counseling, 24-hour Crisis Line 475-7273	2545 N Street www.voicesofhopelincoln.org	476-2110

MENTAL HEALTH SERVICES (see Blue Pages for extensive listings)		
Catholic Social Services	3700 Sheridan Blvd., Suite 1 www.csisus.org	489-1834
Child Guidance Center	2444 O Street www.child-guidance.org	475-7666
Community Mental Health Center of Lancaster County	2201 South 17 Street www.lincoln.ne.gov/cnty/mental	441-7940
Family Service	501 South 7 Street	441-7949

	www.family servicelincn.org	
Lincoln Medical Education Partnership Young Family's Program	4600 Valley Road, Suite 200 www.lmep.com	488-6511
Lincoln Public Schools - Counseling and Family Specialists Programs	5901 O Street www.lps.org	436-1658
Lutheran Family Services	2900 O Street, Suite 200 www.lfsneb.org	435-2910
Psychotherapy Associates	1919 South 40 Street, Suite 312 www.psychotherapyassoc.com	475-5069
Southwood Psychotherapy Center	5539 South 27 Street, Suite 101 www.southwoodpsychotherapy.com	420-2112
University of Nebraska-Lincoln Counseling & School Psychology Clinic	Teacher's College Hall, #49 14 th & R Streets http://cehs.unl.edu/edpsych/graduate/co psychclinic.shtml	472-1152
University of Nebraska-Lincoln Family Resource Center	35 th Street & East Campus Loop http://cehs.unl.edu/fcs/outreach/frc.shtml	472-5035
University of Nebraska-Lincoln Psychological Consultation Center	325 Burnett, UNL http://unl.edu/psypage	472-2351

MENTORING PROGRAMS (see Blue Pages for extensive listings)		
Family Service – Welcome Baby	501 South 7 Street www.family servicelincn.org	441-7949
Heartland Big Brothers Big Sisters	6201 Havelock Avenue www.hbbbs.org	464-2227
Lighthouse – Middle and High School Students	2530 N Street	475-3220
Hub – Young adults ages 16-25	835 South 12 th Street	471-8504
Northeast Family Center - Children ADHD	6220 Logan Avenue www.frccn.org/NFC	471-3700
TeamMates Mentoring Program	5901 "O" Street www.lincolnteammates.org	436-1990

For additional information about Nebraska resources: Call 211 (not available in all areas of NE) or go to www.answers4families.org

1-7-09 -- Updated annually. Please contact Maureen Burson, UNL Extension in Lancaster County, mburson1@unl.edu 402-441-7180; 444 Cherrycreek Road, Lincoln, NE 68528-1507.