



Children enrolled in *Kids Talk About Divorce* learn positive ways of dealing with their feelings of grief and loss.

The program is offered at select sites by University of Nebraska–Lincoln Extension at the same time as *Co-Parenting for Successful Kids*. Although not required by law, *Kids Talk About Divorce* is highly recommended. Children who are registered are expected to complete the program.

Children of divorcing parents have such rights as to:

- be treated as important human beings, with unique feelings, ideas and desires;
- express love and affection for each parent without disapproval by the other parent;
- know their parents' decision to divorce is not their responsibility;
- continue receiving care and guidance from both parents;
- have honest answers to questions about changing family relationships;
- have a relaxed, secure relationship with both parents;
- visit a parent without threats, punishment or offers of more fun by the custodial parent.



## Kids Talk About Divorce

*Kids Talk About Divorce* is a confidential, respectful educational course for children ages 6-18 whose parents are divorcing or seeking custody. Children learn that others are going through the same experiences, how better to share their feelings, how to feel better about themselves and their family members, how to cope with a new living arrangement and more.

Children of divorcing parents may lack the ability to comprehend why the family is separating, often blaming themselves. Children's concerns commonly include:

- “Why are you and Mommy getting a divorce?”
- “Is it my fault?”
- “Will we ever live together again?”
- “When will I get to see Dad?”
- “Why do we have to move?”

During divorce children often are unable to communicate and express their sadness, hurt, anger and fears. *Kids Talk About Divorce* can significantly help children and adolescents learn coping skills to better communicate with parents, relatives, teachers and counselors.

Know how. Know now.

## 2012 Co-PARENTING FOR SUCCESSFUL KIDS



*Co-Parenting for Successful Kids* is an unbiased, research-based education class designed to help separating and divorcing parents cope with divorce and custody. Parents learn to answer children's questions and keep children safe and out of their conflict. *Co-Parenting for Successful Kids* strengthens communication skills that can improve interactions with children and the other parent. The goal of *Co-Parenting for Successful Kids* is to develop respectful, responsive and responsible co-parenting.

*Kids don't cause divorce but they are caught in the middle for the rest of their lives.*

Lancaster County  
Gage County



Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska–Lincoln cooperating with the Counties and the United States Department of Agriculture.  
University of Nebraska–Lincoln Extension educational programs abide with the nondiscrimination policies of the University of Nebraska–Lincoln and the United States Department of Agriculture.

Comments from past participants include:

“If I had taken this class before, I wouldn't be divorced.”

“Every parent should take this class.”

“I wish my Mom and Dad had taken this class!”

“I was glad that we had talked about all of the possibilities so I could help my children understand the difficult situations that come up.”

*Co-Parenting for Successful Kids* (formerly *Parents Forever*) course topics include:

1. What are the benefits of teaching children about divorce?
2. How can adults create smooth transitions during shared parenting time?
3. How can communications be improved between parents and their children?
4. What are the steps in developing an effective, child-focused parenting plan?

*Co-Parenting for Successful Kids* is designed to help divorcing parents implement positive parenting skills. It is taught by University of Nebraska–Lincoln Extension and meets the 2008 Nebraska Updated Parenting Act guidelines for parents who are divorcing or seeking custody modification, or for never-married parents seeking custody.

**Co-Parenting for Successful Kids Registration**

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, zip code \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email address (for registration confirmation): \_\_\_\_\_

Class dates attending: \_\_\_\_\_  
 Class time attending: \_\_\_\_\_  
 Birth date (required): \_\_\_\_\_  
 Name of other parent: \_\_\_\_\_

(check all that apply)

\_\_\_\_ low conflict      \_\_\_\_ high conflict  
 \_\_\_\_ protection order for child or adult

*It is recommended that parents of the same child or children take **different** classes.*

Children's ages \_\_\_\_\_  
 District Court case filed in (county) \_\_\_\_\_  
 Case Number (required) \_\_\_\_\_  
 \$50 per person registration fee \_\_\_\_\_  
 \_\_\_\_ Necesite un Interprete

Complete and mail form with payment prior to class date. Payment must accompany the registration. Walk-ins available depending upon space availability — call number below to guarantee a space. Morning classes (9:00 a.m. - 12:30 p.m.) need a minimum of five people registered by the Friday prior to Thursday class. Participants will be notified by email/phone on Monday if the class is cancelled. Participants may shift their registration to the evening class or receive a full refund. **Make checks payable to University of Nebraska-Lincoln** and mail to:

Lincoln Classes are held at:  
 UNL Extension Office in Lancaster County  
 444 Cherrycreek Rd.  
 Lincoln, NE 68528  
 402-441-7180  
 lancaster@unl.edu

**If submitting registration online, bring payment to first class.**

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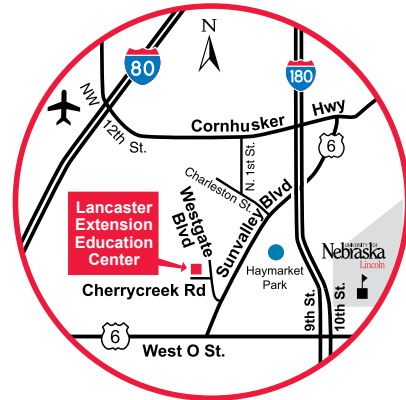


**Co-Parenting for Successful Kids** is approved by the Nebraska Supreme Court. A companion class is **Kids Talk About Divorce**. See blue-screened part of this brochure for more about the **Kids Talk About Divorce** class.

**Co-Parenting for Successful Kids** classes are held at the following locations. (The statewide class listing is available at <http://www.extension.unl.edu/divorce>.) For online classes see <http://marketplace.unl.edu/extension> (available after January 2012, pending Nebraska Supreme Court approval) and click on Educational Program Registration.

**Lincoln Classes are held at:  
 UNL Extension Office in Lancaster County  
 444 Cherrycreek Rd.**

January 19 – 9:00 a.m.-12:30 p.m., Lincoln  
 February 16 – 9:00 a.m.-12:30 p.m. **or** 5:30 p.m.-9:00 p.m.  
 March 15 – 9:00 a.m. - 12:30 p.m., Lincoln  
 April 19 – 9:00 a.m.-12:30 p.m. **or** 5:30 p.m.-9:00 p.m.  
 May 17 – 9:00 a.m. - 12:30 p.m., Lincoln  
 June 21 – 9:00 a.m.-12:30 p.m. **or** 5:30 p.m.-9:00 p.m.  
 July 19 – 9:00 a.m. - 12:30 p.m., Lincoln  
 August 16 – 9:00 a.m. - 12:30 p.m., Lincoln  
 September 13 – 9:00 a.m.-12:30 p.m. **or** 5:30 p.m.-9:00 p.m.  
 October 25 – 9:00 p.m. -12:30 p.m., Lincoln  
 November 15 – 9:00 a.m.-12:30 p.m. **or** 5:30 p.m.-9:00 p.m.  
 December 13 – 9:00 a.m. - 12:30 p.m., Lincoln



**Beatrice Classes are held at UNL Extension in Gage County, 1115 W Scott Street**

March 6 – 9:00 p.m. -12:30 p.m.  
 June 5 – 9:00 a.m. - 12:30 p.m.  
 September 4 – 9:00 a.m. - 12:30 p.m.  
 December 4 – 9:00 a.m. - 12:30 p.m.

Parent Education Approval granted by: Neb. Rev. Stat § 43-2920, et seq. Supreme Court of Nebraska (2008).

**Kids Talk About Divorce** classes are held at the following locations. (The statewide class listing is available at <http://www.extension.unl.edu/divorce>.)

- Blair** — UNL Extension office in Washington County, 597 Grant St. 402-426-9455.
- Burwell** — Garfield County Courtroom, 250 S. Eighth St. 308-346-4200.
- Fremont** — UNL Extension office in Dodge County, 1206 W. 23rd St. 402-727-2775.
- Geneva** — United Methodist Church, 942 H St. 402-759-3712.
- Grand Island** — UNL Extension office in Hall County, 3180 W. Highway 34. 308-385-5088.
- Hastings** — First Presbyterian Church, Seventh and Burlington. 402-762-3644.
- Kearney** — UNL Extension office in Buffalo County, 1400 E. 34th St. 308-236-1235.
- Seward** — UNL Extension office in Seward County, 216 S. Ninth St. 402-643-2981.

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**Kids Talk About Divorce  
 Child Registration/Consent Form**

\_\_\_\_\_ **My child will attend Kids Talk About Divorce (There is no fee.)**

**Parent**  
 Name \_\_\_\_\_

Address \_\_\_\_\_

City, zip code \_\_\_\_\_

Phone \_\_\_\_\_

**Parent**  
 Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

**Children's Name(s)**  
 \_\_\_\_\_ age \_\_\_\_\_  
 \_\_\_\_\_ age \_\_\_\_\_  
 \_\_\_\_\_ age \_\_\_\_\_

Parental signature (at least one required):  
 \_\_\_\_\_  
 \_\_\_\_\_

Location: \_\_\_\_\_

For more information call the number of the location you wish your children to attend (see left blue panel).