

# Children Of Parents Experiencing Divorce

## Divorcing Parents Book and Web Site List

(Updated January 12, 2012)

Compiled by Children and Family Experiencing Divorce (COPEd) Coalition  
Lancaster County, Nebraska

COPEd agencies provides court-approved classes for divorcing parents.

For schedule and more information, go to <http://lancaster.unl.edu/family/divorce.shtml> or call 402-441-7180. These are just a few of the books available at Lincoln City Libraries.

Go to <http://www.lincolnlibraries.org/> or call 402-441-8530.

Contact your child's school counselor or social worker for additional resources.

<b>Title &amp; Copyright Date</b> ( <b>Bold</b> = Recommended by multiple sources)	<b>Authors (Publisher)</b>	<b>Lincoln City Library #</b>
<b>Books for Children Ages 5 &amp; under</b>		
<b>Do you Sing Twinkle? A story about remarriage and new family</b> (2010) (Ages 4 - 8)	Sandra Levins (Magination Press)	jPLEvins
Fred Stays with Me (2007)	Nancy Coffelt (New York: Little Brown)	jP Coffelt
<b>It's Not Your Fault, Koko Bear: A Read Together Book for Parents and Young Children During Divorce</b> (1998)	Vicki Lansky (Book Peddlers)	j306.89Lan
<b>Mama and Daddy Bear's Divorce</b> (1998)	Cornelia Maude Spelman (Albert Whitman)	jP Spelman
My Parents Are Divorced, My Elbows Have Nicknames; and Other Facts about Me (2009)	Bill Cochran	jP Cochran
<b>Two Homes</b> (2001)	Claire Masurel (Candlewick Press)	jP Masurel
<b>Was it the Chocolate Pudding? A Story for Little Kids About Divorce</b> (2006) (Ages 2 - 6)	Sandra Levins and Bryan Langdo (American Psychological Assn.)	jP Levins
<b>Books for Children Ages 6-12</b>		
Ameilia's Family Ties (2000)	Marissa Moss (Pleasant Company Publ.)	JCMoss
Bird Lake Moon (Fiction - divorce & healing) (2008)	Kevin Henkes (New York: Greenwillow)	jHenkes
<b>Help!: A Girl's Guide to Divorce and Stepfamilies</b> (1999)	Nancy Holyoke (Pleasant Company Publications)	j306.89hol
<b>It's Not the End of the World</b> (1972) - Classic	Judy Blume (Yearling)	jBlume
My Parents Are Divorced Too, A Book for Kids by Kids (2006)	Melanie, Annie, and Steven Ford as told to Jann Blackstone-Ford (Magination Press)	j306.89For
Standing on my own two feet: a child's affirmation of love in the midst of divorce (2008)	Schmitz, Tamara	jP Schmitz
What Can I Do? A Book for Children of Divorce (2001)	Danielle Lowry (Magination Press)	j306.89Low
<b>Books for Children Ages 13-18</b>		
How to Survive Your Parents' Divorce, Kids Advice to Kids (2007)	Gayle Kimball, Ph.D. (Equality Press)	j306.89Kim
Stepliving for Teens: Getting Along with Stepparents, Parents and Siblings (2001)	Joel D. Block, Jennifer Frantz, Susan S. Bartell (Price Stern Sloan)	j306.874Blo
Surviving Divorce, Teens Talk. (2007)	Trudi Strain Trueit (Scholastic)	j306.89Tru
The Divorce Helpbook for Teens (2004)	Cynthia MacGregor (Impact Publishers)	j306.89MacG
The Bright Side, Surviving Your Parents' Divorce (2007)	Max Sindell (Health Communications, inc.)	J306.89Sin
<b>When Parents Separate</b> (2007)	Pete Sandars and Steve Myers (Alladin Book Ltd)	j306.89San

<b>Books for Adults</b>		
Between Two Worlds: the Inner Lives of Children of Divorce (2005)	Elizabeth Marquardt (Crown Publishers)	306.89 Mar
Custody Chaos, Personal Peace: Sharing Custody with an Ex Who is Driving You Crazy (2001)	Jeffrey P/ Wittmann	306.89Wit
Does Wednesday Mean Mom's House or Dad's? (1997)	Marc Ackerman (John Wiley & Sons, Inc.)	306.89Ack
<b>Forgive for Good</b> (2002)	Fred Luskin (Harper San Franc.)	158.2 Lus
<b>Helping your Kids Cope with Divorce the Sandcastles Way</b> (1998)	M. Gary Neuman with Patricia Romanowski (New York: Times)	306.89 Neu
<b>Mom's House, Dad's House (1980) - Classic</b>	Isolina Ricci (MacMillan)	306.89 Ric
The Co-parenting Survival Guide: Letting Go of Conflict after a Difficult Divorce (2001)	Elizabeth Thayer (New Harbinger Publication)	306.89Tha
<b>The Five Love Languages of Children</b> (1997)	Gary Chapman (Chicago: Northfield)	649.1 Cha
<b>The Five Love Languages of Teenagers</b> (2000)	Gary Chapman (Northfield Publishing)	649.125
<b>What about the Kids? Raising Children Before, During and After Divorce (2003)</b>	Judith S. Wallerstein, Sandra Blakeslee New York: Hyperion	306.89Wal
We're Still Family, What Grown Children Say About Their Parents' Divorce (2004)	Constance Ahrons (Harper Collins Publishers)	306.89Ahr
How to Help Your Child Overcome Your Divorce (1995)	Elissa Benedek (American Psychiatric Press Inc.)	306.89Ben
<b>Web Sites</b>		
Bonus Families (Step Family Resources)	<a href="http://www.bonusfamilies.org">www.bonusfamilies.org</a>	
Divorce Care for Kids (faith-based)	<a href="http://www.dc4k.org">www.dc4k.org</a>	
Divorce, Children and Stepfamilies - UNL Extension	<a href="http://www.extension.unl.edu/web/child/divorceedu">www.extension.unl.edu/web/child/divorceedu</a>	
Families Change (includes site for teens)	<a href="http://www.familieschange.ca">www.familieschange.ca</a>	
For Parents Remembering Their Kids While Solving Marital Problems (interactive)	<a href="http://www.whileweheal.org">www.whileweheal.org</a>	
For Parents Never Married to Each Other (interactive)	<a href="http://www.proudtoparent.org">www.proudtoparent.org</a>	
For Divorcing and Divorced Parents (interactive)	<a href="http://www.uptoparents.org">www.uptoparents.org</a>	
<b>Just in Time Parenting (Parents with children ages 0 - 5)</b>	<a href="http://www.extension.org/parenting">www.extension.org/parenting</a>	
National Center for Fathering	<a href="http://www.fathers.com">www.fathers.com</a>	
Parenting Resources from land-grant universities	<a href="http://www.extension.org/parenting">www.extension.org/parenting</a>	
<b>Parenting Plan ( Parent Developed)</b>	<a href="http://www.supremecourt.ne.gov/forms/district/DC-6-5-6.pdf">www.supremecourt.ne.gov/forms/district/DC-6-5-6.pdf</a>	
<b>Parenting and Divorce Information - Nebraska Judicial Branch</b>	<a href="http://www.supremecourt.ne.gov/mediation/parenting-divorce.shtml">www.supremecourt.ne.gov/mediation/parenting-divorce.shtml</a>	
University of Nebraska -Lincoln Extension - Parenting	<a href="http://www.extension.unl.edu/web/child">http://www.extension.unl.edu/web/child</a>	

List is updated annually. Forward suggestions to Extension Educator Maureen Burson, University of Nebraska-Lincoln Extension in Lancaster County, 444 Cherrycreek Road, Lincoln, NE 68528; 402-441-7180; e-mail [mburson1@unl.edu](mailto:mburson1@unl.edu). (Updated January 12, 2012).