

Divorcing Parents Book and Web Site List

(December 10, 2008)

Children Of Parents Experiencing Divorce

Compiled by Children and Family Experience Divorce (COPEd) Coalition
Lancaster County, Nebraska

COPEd agencies provides court-approved classes for divorcing parents.
For schedule and more information, go to <http://lancaster.unl.edu/family/divorce.shtml> or
call 402-441-7180. University of Nebraska-Lincoln family life education available at
<http://unlforfamilies.unl.edu>

These are just a few of the books available at Lincoln City Libraries.

Go to <http://www.lincolnlibraries.org/> or call 402-441-8530.

Contact your child's school counselor or social worker for additional resources.

Title & Copyright Date (Bold = Recommended by multiple sources)	Authors (Publisher)	Lincoln City Library #
Books for Children Ages 5 & under		
At Daddy's on Saturday (1987)	Linda Wolvoord Girard	jP Girard
Dinosaurs Divorce: A Guide to Changing Families (1986)	Laurene Brown & Lawson Brown Little (Brown & Company)	j306.89
Fred Stays with Me (2007)	Nancy Coffelt (New York: Little Brown)	jP Coffelt
It's Not Your Fault, Koko Bear: A Read Together Book for Parents and Young Children During Divorce (1998)	Vicki Lansky (Book Peddlers)	j306.89Lan
Mama and Daddy Bear's Divorce (1998)	Cornelia Maude Spelman (Albert Whitman)	jP Spelman
To & Fro, Fast & Slow (2001)	Bernard, Durga (New York: Walker)	jP Bernard
Two Homes (2001)	Claire Masurel (Candlewick Press)	jP Masurel
Was it the Chocolate Pudding? A Story for Little Kids About Divorce (2006)	Sandra Levins and Bryan Langdo (American Psychological Assn.)	jP Levins
Books for Children Ages 6-12		
Bird Lake Moon (Fiction - divorce & healing) (2008)	Kevin Henkes (New York: Greenwillow)	jHenkes
Help!: A Girl's Guide to Divorce and Stepfamilies, (1999)	Nancy Holyoke (Pleasant Company Publications)	j306.89hol
It's Not the End of the World (1972) - Classic	Judy Blume (Yearling)	jBlume
My Family's Changing: A First Look at Family Break Up (1998)	Pat Thomas (Barron's Educational Series, Inc.)	j306.89Tho
My Parents Are Divorced Too, A Book for Kids by Kids (2006)	Melanie, Annie, and Steven Ford as told to Jann Blackstone-Ford (Magination Press)	j306.89For
What Can I Do? A Book for Children of Divorce (2001)	Danielle Lowry (Magination Press)	j306.89Low
Why Do Families Break Up? (2005)	Jane Bingham, (Raintree)	j.306.89bin
Books for Children Ages 13-18		
How to Survive Your Parents' Divorce, Kids Advice to Kids (2007)	Gayle Kimball, Ph.D. (Equality Press)	j306.89Kim
Stepliving for Teens: Getting Along with Stepparents, Parents and Siblings (2001)	Joel D. Block, Jennifer Frantz, Susan S. Bartell (Price Stem Sloan)	j306.874Blo

Surviving Divorce, Teens Talk. (2007)	Trudi Strain Trueit (Scholastic)	j306.89Tru
The Divorce Helpbook for Teens (2004)	Cynthia MacGregor (Impact Publishers)	j306.89MacG
The Bright Side, Surviving Your Parents' Divorce (2007)	Max Sindell (Health Communications, inc.)	J306.89Sin
When Parents Separate (2007)	Pete Sandars and Steve Myers (Alladin Book Ltd)	j306.89San
Books for Adults		
Between Two Worlds: the Inner Lives of Children of Divorce (2005)	Elizabeth Marquardt (Crown Publishers)	306.89 Mar
Custody Chaos, Personal Peace: Sharing Custody with an Ex Who is Driving You Crazy (2001)	Carla Garrity and Mitchell Baris (Lexington)	306.89Gar
Divorce Book for Parents (1989)	Vicky Lansky (New American Library)	306.89 Lan
Divorce and New Beginnings (2000)	Genevieve Clapp (John Wiley & Sons, inc)	306.89Cla
Does Wednesday Mean Mom's House or Dad's? (1997)	Marc Ackerman (John Wiley & Sons, Inc.)	306.89Ack
Forgive for Good (2002)	Fred Luskin (Harper San Franc.)	158.2 Lus
Helping your Kids Cope with Divorce the Sandcastles Way (1998)	M. Gary Neuman with Patricia Romanowski (New York: Times)	306.89 Neu
Making Divorce Easier on Your Child: 50 Effective Ways to Help Children Adjust (2002)	Nicholas Long, Rex L. Forehand (Contemporary Books)	E-Book
Mom's House, Dad's House (1980) - Classic	Isolina Ricci (MacMillan)	306.89 Ric
The Co-parenting Survival Guide: Letting Go of Conflict after a Difficult Divorce (2001)	Elizabeth Thayer (New Harbinger Publication)	306.89Tha
The Five Love Languages of Children (1997)	Gary Chapman (Chicago: Northfield)	649.1 Cha
The Five Love Languages of Teenagers (2000)	Gary Chapman (Northfield Publishing)	649.125
What about the Kids? Raising Children Before, During and After Divorce (2003)	Judith S. Wallerstein, Sandra Blakeslee New York: Hyperion	306.89Wal
We're Still Family, What Grown Children Say About Their Parents' Divorce (2004)	Constance Ahrons (Harper Collins Publishers)	306.89Ahr
How to Help Your Child Overcome Your Divorce (1995)	Elissa Benedek (American Psychiatric Press Inc.)	306.89Ben
In the Best Interest of the Child, How to Protect Your Child from the Pain of Your Divorce (2002)	Stanton Samenow (Crown Publishers)	306.89Sam
Web Sites		
Banana Splits (Resources for children and families)	www.bananasplitsresourcecenter.org	
Bonus Families (Step Family Resources)	www.bonusfamilies.org	
Divorce Care for Kids (faith-based)	www.dc4k.org	
Families Change (includes site for teens)	www.familieschange.ca	
For Parents Remembering Their Kids While Solving Marital Problems (interactive)	www.whileweheal.org	
For Parents Never Married to Each Other (interactive)	www.proudtoparent.org	
For Divorcing and Divorced Parents (interactive)	www.uptoparents.org	
It's My Life (Public Broadcast System youth site)	www.pbskids.org	
National Center for Fathering	www.fathers.com	